

Turtle ties to **Mother Earth**

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tuuCai honors graduate

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Up to date COVID-19 information for the Southern Ute Indian Tribe online at www.southernute-nsn.gov and on Facebook.



Corinna Mokotoff (far left) stands with her crewmembers from the Southwest Conservation Corps on the banks of the Animas River, Tuesday, Sept. 22, where the team of sawyers have been hard at work cutting and clearing invasive tree species on Southern Ute tribal lands.

NATURAL RESOURCES

Conservation Corps assists Tribe with invasive tree removal

the Southwest Conservation Corps (SCC) was contracted by the Southern Ute Indian Tribe and Mountain Studies Institute to help remove two invasive tree species, Russian olive and tamarisk, along the Animas and La Plata Rivers.

Earlier this year the Southern Ute Wildlife Management Division received a grant from the Bureau of Indian olive are specifically iden-Affairs, Invasive Species Program for \$45,557 to remove these two species. "We have leveraged

By Jeremy Wade Shockley money and work in partner-THE SOUTHERN UTE DRUM ship with Mountain Studies Institute to treat areas A chainsaw crew from on the reservation and adjacent private land parcels," Project Manager Ben Zimmerman explained. "There are several dense stands of tamarisk and Russian olive found on the west side of the Reservation." Within the SUIT Natural Resources Management Plan, a goal is established to limit the spread of invasive noxious weeds and reduce their presence. Tamarisk and Russian tified as weed species targeted for treatment.

"We look forward to continuing our partnership with

mountain studies institute to continue this important work to continue preserving our native vegetation and cottonwood stands along these river corridors," Zimmerman stated. "I am very gratefully for their hard work and helping to allow our native cottonwoods to persist."

Russian olive was introduced into North America by the late 19th century, and was both planted and spread through the consumption of its fruits by birds, which then disperse the seeds. Russian olive is considered to be an invasive species in many places in North

Conservation page 11

BOBCATS GIRLS CROSS-COUNTRY

Lady 'Cats cop fifth at **Southwest Classic**

Barnes, Valdez post top-20 times in Durango

By Joel Priest SPECIAL TO THE DRUM

Admitting it may seem that, on paper, his two-time Class 2A State Cross-Country Championships veteran has been struggling as of late, Ignacio head coach Daniel Holley isn't remotely worried about Avaleena Nanaeto with the 2020 season beginning its final month.

"Absolutely not," he stated recently. "I know Avee; I've coached her for almost two years now and I know that she finds her stride in the middle of October, right when it counts."

And one way or another, the Lady Bobcats can only benefit.

Worst-case scenario, Nanaeto could lead a potential State-qualifying team bid from behind should she remain a strong No. 4 attempting to push present No. 1 Maci Barnes, fellow 2019 State qualifier Charlize Valdez and steady junior Alannah Gomez forward through traffic, while staying as close as possible to tighten IHS' pack.

"She's really starting to find her stride, figuratively and literally," Holley said of Nanaeto. "She's starting to settle into a good pace and ... she's going to bring her times down more."

And at best, Nanaeto, Barnes and Valdez will all run like 1s - or something akin to 4A Durango's performance Friday afternoon, Sept. 18, at the Four Corners Southwest Classic. 3A Alamosa's Sarah De La Cerda won the girls' indi-



Joel Priest/Special to the Drum

Lexy Young (537) and Lauren deKay (538) pursue Fruita Monument's Kelli Bond (520) during the Grand Junction Tiger Invitational's JV feature Friday evening, Sept. 11.

DHS' Angela McManus by nine seconds, but AHS ultimately finished distant runteam standings as the Lady by just 47 seconds.

dominating Alamosa's adjusted 79. La Jara-based 2A Centauri earned, via tiebreaker - each team's No. 6 placer - over 3A Pagosa pretty good; the wind felt 80 while Ignacio amassed an adjusted 107 (11-17-21-28-30) to take fifth from 2A vidual title in 20:25, beating San Juan Basin League rival

"It was way better in Grand Junction; it was on concrete ners-up to Durango in the and it was in the shade - it was nice," said Barnes, com-Demons' scoring quintet menting on the late-summer placed 2-3-4-5-6 – with the conditions at Hillcrest Golf latter four harriers separated Course in Durango, Colo. as compared to the previ-All told, Durango totaled ous Saturday's GJHS Invitascore-5 low of 20 points, tional held on the James M. Robb Colorado River State Park, Connected Lakes Section route.

"But I felt like we did Springs, third place with really good when we were running against it."

Barnes' outstanding fresh-

Lady Cats page 16

FORT LEWIS COLLEGE

Red appointed to Board of **Trustees at Fort Lewis College**

By Robert L. Ortiz THE SOUTHERN UTE DRUM

Southern Ute tribal member Adam Red was recently elected to the Fort Lewis College Board of Trustees. Red is a former Southern Ute Council member and employee of the Southern Ute Growth Fund. Red brings a Native perspective to table, and with this appointment guarantess there will always be a Native American Voice on the Fort Lewis College Board of Trustees.

Red was asked by Fort Lewis College Board of Trustees President, Ernest House Jr. to apply for the board position. House Jr., was the Executive Director for Colorado Commission of Indian Affairs for many years, and familiar with Red and the Southern tribal member.

Red was appointed by Governor Polis to the newly created Native American seat. In March, Governor Polis signed HB20-1108 creating two new seats to fill on the Board. Mary Rubadeau of Durango,

20-1108, no more than five American students



Adam Red Fort Lewis College **Board of Trustees**

members shall be from any one political party; card' approach, who is at least one member must be an enrolled member of a federally recognized Native American tribe; and at least 2 members must reside in Archuleta, Dolores, La Plata, Montezuma, or San Juan coun-Ute Indian Tribe, House Jr., ties, or on the Ute Mounbeing a Ute Mountain Ute tain Ute or Southern Ute Council will help him on Indian reservations.

Fort Lewis College has the largest Native American student population of any college in the United States. Native American mission of Indian Affairs, students can attend Fort and other tribes - I can Lewis tuition free.

On the Fort Lewis Col-Colo. was appointed to the lege website, Red states, Board," he explained. "FLC leads the way when As stated in House Bill it comes to giving Native

opportunity to continue their education that they might not have otherwise. I look forward to continuing and building on the strong tradition FLC has built in Southwest Colorado."

Red sees this as a good opportunity to bring a Native voice to the table, growing up in Ignacio on the Southern Ute Reservation and attending many Fort Lewis College events. Red has seen the work current Fort Lewis College President Tom Stritikus has brought to the school.

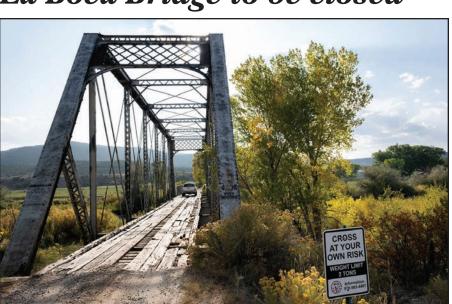
"Stritikus has 'a wildopen to ideas, and who has reached out to the Southern Ute Tribe on various ideas. Stritikus understands the importance of the Native collaboration," said Red.

Red says that his previous experience serving on the Southern Ute Tribal the FLC Board of Trustees. "Knowing Native Laws, both nationally and on the state level, and working with the Colorado Combring a Native and local experience to the FLC

Red sees similarities

Red appointed page 6

La Boca Bridge to be closed



photos Jeremy Wade Shockley/SU Drum

Repairs to begin on the historic La Boca Bridge south of Ignacio, spurring temporary closure for crossing. The Southern Ute Indian Tribe is set to replace the aging bridge deck this fall, with repair crews onsite throughout much of October, possibly into November, depending on weather conditions. The bridge crosses the Pine River on La Boca Ranch Road and provides access to Indian Mesa, and sections of northern New Mexico to the south.

original wooden decking is fatigued to the point of potential hazard. While many sections have been patched and repaired over the years, the surface is uneven and heavily worn. Clear signage on either side of the bridge, urges caution and emphasizes weight limits for vehicles crossing over the Pine River.



AIR QUAILTY

Inhaling air pollution from Western wildfires like 'smoking 25 cigarettes a day'

By Brian Lada

have impacted the air quality in the San Francisco region. Dexter Henry spoke with Bay Area residents about how they've been impacted.

As the sun rose over the western United States on Wednesday, residents in San Francisco stepped outside into an otherworldly scene. The sun was dimmed and everything appeared rusty orange as dense smoke from wildfires burning across the West obscured the sky.

"It reminded me of that scene in Independence Day when the aliens landed. That's what it felt like," Carolina Nassif, a San Francisco resident, told AccuWeather's Dexter Henry. Nassif has lived in San Francisco for 16 years and explained that she has never experienced air quality conditions this poor.

"When you experience [it] in real life, it looks like an ominous, deep, dark brown. Imagine the sky was just dark, dirty brown," Nassif added.

Patrick Kenefick, left, and Dana Williams, both of Mill Valley, Calif., record the darkened Golden Gate Bridge covered with smoke Sept. 9, 2020, from a pier at Fort Baker near Sausalito, at 9:47 a.m. in the morning. (AP Photo/Eric Risberg)

in Daly City, California, Francisco are just as bad. just south of San Francisco, agreed that she has never experienced anything like the smoky conditions that enveloped the West this past week.

"You notice it immediately. and Portland. ACCUWEATHER It's very hazy. You can feel it in your throat," Madina told Wildfires in California Henry, adding that you can even feel the effects of the

smoke when indoors.

The blanket of smoke -social media to describe as "apocalyptic" -- has grown so large that it is easy to see from space, stretching all along the coast of the western U.S. and expanding more than 1,000 miles westward over the open waters of the Pacific Ocean.

The far-reaching effects of the wildfire smoke have done more than just block out the sun. The plethora of smoke has caused air pollution to spike across the region all the way from San Diego to Seattle, with the worst pollu-National Weather Reporter tion levels focused on Northern California and western Oregon, where the largest fires are burning.

> The air pollution in this area is approaching the worst levels in years, according to Plume Labs, a company that monitors air pollution around the globe.

> Wildfire smoke can be seen hovering over much of the western U.S. and expanding westward over the Pacific Ocean on Thursday, Sept. 10, 2020. (NOAA)

In the past five years, the from wildfires Wednesday, highest air pollution levels were observed in Palmdale, California, just north of Los Calif. The photo was taken Angeles, during December of 2017, Plume Labs said. Currently, the air pollu-Nikki Midina, who lives tion levels just north of San

> Across the border in Oregon, the air pollution along the Interstate 5 corridor is a 'hazardous' levels, including Medford, Eugene, Salem

"Wildfire smoke exposure can have very real health consequences. The most common health risks associated with smoke exposure are found within our lungs," which many have taken to Plume Labs told Accu-Weather in an email.

> "Smoke exposure can lead to difficulty with breathing, including coughing, runny nose, bronchitis, wheezing and exacerbation of chronic diseases such as asthma and chronic obstructive pulmonary disease (COPD)," the company added.

Even people who are otherwise healthy are at risk of health complications due to inhaling the smoke.

According to a study conducted by Berkley Earth, given the current air pollution levels across the western U.S., inhaling the air is equivalent to smoking 25 cigarettes a day.

Health effects may be exacerbated if you have heart or lung disease, are an older adult or a child, are pregnant, are a smoker or are involved in strenuous outdoor work or outdoor sports, Plume Labs said.

The air pollution that has enveloped the western U.S. is much different than other types of air pollution, such as smog that is produced by factories.

"Wildfires emit a mixture of particulate matter (PM) and gases," said Dr. Boris Quennehen, a scientist a Plume Labs. "In particular, forest fires emit significantly more pollutants, mostly because they last longer. Even variations of wood and how it is burning

Air pollution page 7





Jeremy Wade Shockley/SU Drum archive

10 years ago

Southern Ute Brave Carlos Whiteman lays an electric guitar across his lap as he passes down Goddard Avenue during the Southern Ute Tribal Fair parade Sept. 11, 2010. Spectators gathered to see floats, bikes, trikes and horses in a long procession from one end of town to the other.

This photo was published in the Sept. 24, 2010, issue of The Southern Ute Drum.



Dave Brown/SU Drum archive

Colorado State Senator Jim Dyer presents the D-Day "Jubilee of Liberty" Medal to Southern Ute Tribal Council Woman Pearl Casias, who accepted on behalf of her late father Manuel E. Casias, a World War II Normandy Invasion Veteran. The metal ceremony was held at Durango's Rotary Park on August 12, 2000.

This photo was published in the Sept. 24, 2000, issue of The Southern Ute Drum.

There were not any photos for 30 and 40 Years Ago that coincided with this issue. Look for the Many Moons Ago in the upcoming Oct. 9 issue of the Drum.

Summary of Continuing Core Services for the Southern Ute Indian Tribal Membership During Covid-19

Updated on September 18, 2020

The Southern Ute Tribal Council and the Southern Ute Indian Tribe's Incident Management Team (IMT) would like to provide an updated summary of modified tribal services to the tribal membership. The Tribe remains under the 'Stay at Home' Order and the order requiring the use of face coverings, both will remain in effect until further notice.

The COVID-19 pandemic has forced the Tribe to make changes to the services and programs provided to the tribal membership to ensure the protection and safety of the tribal members, tribal employees, and our community. The modified tribal services explained below have been approved by the IMT and adhere to the 'Stay at Home' Order and Human Resource's policies and procedures.

Please continue to follow the tips and guidelines set in place to slow or stop the spread of COVID-19. Thank you for staying home, washing your hands, wearing your face covering and staying in contact with your loved ones and friends. We will get through this together.

If you have questions on the modified services and hours of operations detailed below, please contact the Southern Ute Indian Tribe's COVID-19 Call Center at 970-563-0214, Monday through Friday from 8 a.m. to 5 p.m.

TRIBAL COURT

Hours of Operation: Monday through Thursday from 8 a.m. to 5 p.m. (closed for lunch from 12 to 1 p.m.). The Court shall be available for emergencies on Fridays and the public may speak to a Court Clerk from 8 a.m. to 5 p.m. on Fridays (closed for lunch from 12 to 1 p.m.) The Court shall also hear a limited number of hearings and trials conducted completely by telephone, Webex, Zoom, or answering system.

other electronic methods. An in-person **FINANCE** appearance shall only be permitted by specific discretion of the presiding judge. Any motions or pleadings can be submitted by email (Tribal Court will be accepting filings by email given the current circumstances and the filing fee should be mailed), mail, or fax.

The clerk's office, probation services, and family court support office shall operate on minimal staffing. The attorneys and public are encouraged to communicate with the court via email or telephone to avoid any unnecessary appearances at the Southern Ute Tribal Court. Until further notice, the court will permit and require (as directed by the Southern Ute Tribe) persons to wear surgical masks and gloves in court. It is also permissible to bring small plastic containers of hand sanitizer into court and its probation and family court support offices. Please remit criminal or traffic payments using the Tribal Court's online payment system found at www.citepayusa.com.

- Child Support No child support will be available for pick-up at the tribal court. All child support checks will be mailed to
- the recipients by the Finance Department. • Probation Office – Probation will maintain services but will be contacting probationers by phone.
- Family Court Support Office The Family Court Support Office will be available by phone only for emergency situations.

The clerk of the court shall keep updated information on the telephone answering service 970-563-0240. The hours of operation may change as conditions require and if in the interest of the Southern Ute Tribe and its employees. Notice of the court's hours of operation shall be posted on the door at the entrance to the Southern Ute Tribal Court and on its telephone

Hours of Operation: Monday through Friday from 8 a.m. to 5 p.m.

The processing of monthly tribal distribution payments will continue as normal, including communications with membership for changes to method of payment (check /direct deposit), any other changes, and answering questions. All checks/ advices will be mailed. Checks will not be For questions, please contact the Tribal available for pick up at the tribal offices. Minors trust account services will con-

tinue. All checks/advices will be mailed. • **Tribal Credit** – To help mitigate the continued financial hardship to the tribal membership caused by the COVID-19 pandemic, the Tribal Credit division presented an additional waiver of policy option which Tribal Council approved on Tuesday, July 14, 2020, via Resolution No. (2020-088) and effective on Wednesday, July 15, 2020. This resolution increased the line-of-credit loan limit from \$8,000 to \$10,000 for every enrolled tribal member over the age of 21. It also increases the line-of-credit for tribal members ages 18 through 21 from \$3,000 to \$5,000.

The new waiver of policy will allow for eligible tribal members to request additional monies up to the increased loan limit. This policy waiver is effective for the duration of the COVID-19 emergency. Also approved in the policy waiver is a revised amortization schedule, lengthening the term of the loan to keep repayment amounts similar to those pre-pandemic. In addition to the policy waiver, Tribal Credit

made the following changes to the procedural steps in processing Line-of-Credit loans. Applications may be taken over the

phone, and a signature from the appli-

cant signature but will not require a notary.

cant will not be required. Final loan documents will require appli-

- · All checks/direct deposits will be avail-
- able only on Fridays of each week. Applications must be received by Tuesday at 3 p.m., and loan documents must be finalized and signed by the following day, Wednesday at 3 p.m. to be processed by Friday of that week. If the application is not received or documentation completed by the deadlines, loans will be processed the following week.

Credit Division Head at 970-563-2458 or via email at dlarsen@southernute-nsn. gov. Tribal Credit is continuing to work remotely while the tribal "Stay at Home" Order remains in effect.

Applications will be taken over the phone and will not require tribal member signature. Final loan documents will still require tribal member signature, but not require a notary. Signed documents may be received through email, fax, or regular mail. The deadline for submitting applications will be Tuesday at 3 p.m. each week; applications received after that time will be processed the following week. Loan checks/advices will be mailed Friday of each week.

- Accounts Payable/Accounts Receivable (AP/AR) – The cashier window will be closed. Accounts Payable will process as normal. Someone from AP/AR will be in the office on an as-needed, emergent basis to process rush medical emergency checks when needed. Accounts Receivable will process as normal but remotely. Signed repayment agreements may be received through email, fax, or regular mail.
- CARES Act Relief Grant Program -Tribal Council has approved the CARES Act Relief Grant program to assist the tribal membership with the financial hardships caused by the pandemic. The grant cannot exceed \$2,000 per each enrolled tribal

Core services page 12



NATIVE HELPLINE

StrongHearts logo culturally tied to Mother Earth

Staff report

STRONGHEARTS NATIVE HELPLINE

When StrongHearts Native Helpline was formed, the organization underwent a process to choose a Native American logo that could represent the virtues of strength, resilience, empathy and protection. Several logos were designed, but one particular logo made sense. The turtle was chosen because of its association with Mother Earth and Story of Creation.

Story of Creation: Native American stories of creation are varied, but one version resonated with StrongHearts. It was a story about a woman who was saved from the perils of falling from the sky. She had been living among the sky people, but had fallen through the empty hollow of an uprooted tree. The animals saw her falling from the sky toward the ocean and knew that she needed help. The otter and beaver swam to the bottom of the ocean to collect dirt and placed it upon the back of a turtle. The birds flew to her rescue and assisted her to safely land upon the turtle's back. Seeing this, sky woman was happy to make Turtle Island her home.

Turtle Island: Turtle Island refers to the homeland of Native Americans stretching from North America throughout all of Mother Earth. The StrongHearts turtle symbolizes healing, health and support and protection with the spiritual embodiment of calmness, patience and resilience.

"The turtle represents strength, resilience, unity and power. The turtle is known for longevity and wisdom. She is the mother of life for all creation. She is our mother and has allowed us to live on her back. She takes care of all creation. She is to be honored and respected," StrongHearts Advocate

Four Hearts and Lines: The Strong-Hearts turtle has four hearts and four lines



cardinal directions of the compass having grandfathers sitting in each direction. There is a Grandfather of the North, South, East and West. Each Grandfather represents many things, including the four seasons of life: birth, youth, adulthood and the elderly. Four hearts in different sizes can also represent the four stages of life, as well as love, compassion, empathy and trust.

"The hearts and the red outline represents the bloodlines to our hearts that carry honesty, strength and courage to do what we do to help our people," StrongHearts Advocate

Color More Than Meets the Eye: The color scheme used in the logo is earthy and warm. Colors include: brown, purple, red

Brown is earthy, lending comfort and stability. It is as reassuring as the earth under our feet and connects us to feelings of security and safety. It signifies a place of refuge and protection away from the tumultuous winds and rain of a storm.

Purple is sacred to Native people. It represents power and connects the Strong-

upon its back. The four lines point to the Hearts logo to the mission of ending domestic violence, easing the burden, uplifting the spirit and calming the mind and nerves. It has a calming and soothing effect. Purple is also used to signify domestic violence awareness month.

> Teal is a sacred color to tribes across the nation and represents life and spirituality. The green and blue of teal represents land and sky. It is used to convey trust and open the lines of communication between the heart and the spoken word. Teal may also be seen as turquoise - known to its region of origin as the Stone of Life. Teal is also used to signify sexual violence awareness.

Red reflects both feminine and masculine energy. It represents determination and bravery like that of a warrior and shows strength, power, happiness and beauty. Some Native Americans believe that red is 1-844-7NATIVE (1-844-762-8483) advothe only color that the spirit sees.

color that some Native Americans believe transcends the physical world and calls to the ancestors in the spirit world. Red is used in times of great need; it is also the color used to represent the Missing and Murdered Indigenous Women and Girls movement.

The Nutshell: StrongHearts Native Helpline's logo pays homage to our Native American ancestors and cultures, and to our work. It represents Native Americans calling out to other Native Americans who may be in need of help. The voice of an advocate, sums it up best:

"Our organization has a diverse staff. We have different perspectives and experiences that can come together as one to help our contacts in a time of need. They (our contacts) may feel fearful, broken down, confused and overwhelmed. We can help them overcome that."

Help is Available: "Being a Stronghearts advocate gives me the opportunity to assist our callers and online chatters who are in distressing situations. We give them hope by offering positive options and discovering resources so that they can live a safe and happy life without domestic or sexual violence. Everyone deserves to be carefree and healthy, not only for themselves, but for their families and their communities," StrongHearts Advocate

It is the work of StrongHearts to restore power to Native Americans impacted by domestic and dating violence by providing a system of safety, sovereignty and support with a vision to return to our traditional lifeways where our relatives are safe, violence is eradicated and sacredness is restored.

To explore your options for safety and healing, visit strongheartshelpline.org online for one-on-one chat advocacy or call cates are available daily 7 a.m. to 10 p.m. CST. As a collaboration with the National **Red Signifies a Call for Help:** Red is a Domestic Violence Hotline (The Hotline) and the National Indigenous Women's Resource Center, callers reaching out after hours may connect with The Hotline by choosing option one.



September 23, 2020

CASTING CALL

MAJOR FEATURE FILM CASTING UTE MAN FOR SPEAKING ROLE

Ute Man:

Age 40–70, tall and thin, must be comfortable riding a horse

Filming one day between October - December 2020 in northeastern Arizona

Pay rate: \$1,000 per day

All auditions will be done through self-tapes and email.

HOW TO SUBMIT:

Email: newmexicotalent@gmail.com In the Subject Line, write: Ute Casting

Include: > First and Last Name

- > Age or age range
- > Height > Phone Number
- > City and State of residence
- > Please confirm you are a member of the Ute Tribe
- > Are you comfortable riding a horse (at a walk)?
- > Attach two recent photos: one of face, one full length. Cell phone photos okay!



Deadline Extended to 5:00 PM October 2, 20%

Submit a picture of your entry by e-mail, text or staff will take a picture for you. multipurpose@southernute-nsn.gov or text Elise at 779-8149 or call MPF 563-2640 for photo shoot



We will safely take a picture by appointment. Please wear a mask and social distance

YOUR STORY & YOUR VOICE DESERVE TO BE HEARD



Interested in storytelling, filmmaking, or making your own mini-documentary? Learn more about this new initiative:

- you are the director
- you control the narrative
- you choose where to focus your lens

Topics can include: dreams language culture inequity traditions inspirations history

> life during COVID and more!

IT'S EASY:

1. JUST GRAB YOUR PHONE

2. RECORD THE STORY YOU WANT TO TELL 3. AND SUBMIT IT AT NATIVELENS.ORG

Calling all Elders

Do you have a skill that you would like to share sewing, baking, beading, cooking, gardening, landscaping, etc.

Record yourself or call Cultural Preservation Department

for assistance

We are looking for activities that the community can do at home Elders sharing their knowledge is the best way

For more information, please call 970-563-2984

HEALTHY RECIPES

Buffalo roasted cauliflower

By Lisa B. Smith, RDN SHINING MOUNTAIN HEALTH AND WELLNESS

Made with cauliflower instead of wings, you'll love this even if it is not your favorite vegetable! Crunchy and spicy, cool it off with blue cheese or ranch. Add celery and carrot sticks for a full complement of items. Enjoy as an appetizer, snack, or as a side to a meal instead of chips.

Lisa B. Smith, RDN is a Registered Dietitian Nutritionist with the Southern Ute Shining Mountain Health and Wellness.



Ingredients:

One head of cauliflower cut into florets 4 tablespoons butter

1 tablespoon honey

1/3 cup hot sauce (Frank's Hot Sauce is

1/4 teaspoon smoked paprika 1/4 teaspoon garlic powder Salt and pepper to taste

- 1. In a pan over medium heat, melt butter with honey, remove from heat.
- 2. Add hot sauce and spices to melted honey-butter and whisk to combine



- 3. Add cauliflower florets to mixture and stir to coat
- 4. Place coated cauliflower on a baking sheet covered with foil
- 5. Bake at 400 degrees for 20-30 minutes or until soft inside, crispy out-
- 6. Serve with celery sticks, carrot sticks, Blue cheese or Ranch dip

liflower (does not include dip):

116 Calories, 8g Fat; 5g Sat Fat, 11g Carbohydrates; 4g Fiber, 435mg Sodium

Cooking Made Healthy

Nutrition information for Buffalo Cau-

TRIBAL HEALTH

Health Center now offers physical therapy

By Anita L. Brock, MSHS, MPH SOUTHERN UTE HEALTH SERVICES

Southern Health Center is excited to announce that we now offer physical therapy as part of our in-house services. Dr. Stephen Stockhausen PT, DPT, OCS has recently joined our team and is accepting new patients. He is now seeing clients at the health center as well as making home visits to those who are unable to safely come to the office.



Stephen Stockhausen Southern Ute Health Center

a board-certified specialist a highly respected mem- to help patients feel better mobility of our community. ber of the medical com- faster. After receiving his munity nationwide. He is doctorate from the Univering Stephen to the SUHC.

sity of Kentucky in 2011 he moved to Durango, Colo. to begin his career and explore the beautiful mountains of Southwest Colorado. In 2014 he and his wife, also a physical therapist, began careers as travel physical therapists, moving multiple times a year providing care in underserved areas throughout the country. They have now returned to the Four Corners region and live in Durango with their toddler and two dogs. Stephen is in orthopedics and has uti- very excited to be part of Dr. Stockhausen has a lized that skillset to develop our team and looks forward broad background and is new and innovative ways to improving the health and

Please join us in welcom-

BEHAVIORAL HEALTH

BEE-Heard: September is **Suicide Prevention Month**

Warning Signs and What to Do

By Precious Collins NATIVE CONNECTIONS PROGRAM

Real Talk. Talking about suicide might be taboo in some Native American cultures, but there is no denying that our Native American communities have been hit hard by suicide. For this reason, we must find out why our people, especially our youth, are dying by suicide.

Compared to 1999, studies completed in 2017 showed a 139% increase in suicide deaths among American Indian/Alaskan Native women and a 71% increase among American Indian/Alaskan Native men. In addition, for our Native American youth ages 10 to 24 years of age, suicide is the second leading cause of death. According to the National Indian Council on Aging, this is 2.5 times higher than the overall national average.

But there is good news! According to the 2019 Healthy Kids Colorado Survey, American Indian/Alaskan Native youth in our region (Archuleta, Dolores, La Plata, Montezuma, and San Juan counties) show a decrease from 2017 data in both attempted suicides and suicidal thoughts. Studies have shown that talking to your youth about suicide and mental health decreases the chances of them attempting suicide or self-harm.

If would like to learn more about studies and statistics for Native American communities, please reach out to Precious Collins with the Southern Ute Native Connections Program to start the conversation about risk factors and protective factors that affect the incidence of suicide.

signs we should be aware of? We must keep an eye out for our family and friends during this time of the pan-

So, what are the warning

demic. This virus has had a very profound effect on all of us, including our youth. If you notice that you or someone in your family is struggling with isolation, anxiety, depression, stress, or suicidal thoughts or ideations, please reach out and

talk to someone. Here are some things that ReportingOnSuicide.org recommends looking and listening for with our family, friends, and community members, and how to respond if someone is having a crisis.

Warning Signs:

- Talking about wanting to die;
- Looking for a way to kill oneself;
- Talking about feeling hopeless or having no purpose; Talking about feeling
- trapped or in unbearable pain; Talking about being a
- burden to others; • Increasing the use of
- alcohol or drugs; Acting anxious, agitated,
- or recklessly; • Sleeping too little or too SAMHSA Suicide Safe app.
- much; • Withdrawing or feeling part of the change?
- isolated: Showing rage or talking
- about seeking revenge; Displaying
- mood swings.
- ing signs? · First off, acknowledge
- that you see and hear that person;
- alone:

• Remove any firearms, alcohol, drugs, or sharp

SAMHSA

used in a suicide attempt; Call these resources:

objects that could be

- · National Suicide Prevention Lifeline at 1-800-273-TALK (8255)
- 24/7 Axis Crisis Line for southwest Colorado: 970-247-5245
- Text 741741

Take the person to an emergency room or seek help from a medical or mental health professional.

Together we can be here for one another.

For more information about studies, reports, or resources please check out the National Indian Council on Aging, Centers for Disease and Control, U.S. Department of Health and Human Services Office of Minority Health, Substance Abuse and Mental Health Services Administration, and National Indian Health Board.

And if you like apps, check out the Unity Wellness Warrior app, SAMHSA They Hear You app or the

Want to help and be a

Looking for community members and youth to join the Prevention Coaliextreme tion tasked to reduce youth substance usage, eliminate What to do if you see or mental health stigma, and hear some of these warn- start the discussion around suicide and prevention.

Upcoming Prevention **Coalition Meetings**

We are going virtual! Join • Do not leave the person our meeting via Zoom. We will start regular meetings on Sept. 15 from 6-7 p.m. Meetings will be held virtually every Tuesday for 4 weeks just to start. For a copy of the link to the meeting, please feel free to call or email Precious. Or you can visit https://zoom. us/join and type in the meeting ID: 889 0328 1795Contact Precious Collins, Native Connections Program Coordinator for more information 970-563-2487.

Upcoming Training

FREE online Suicide Prevention Training - Question, Persuade, Refer (QPR) for Southern Ute Tribe Employees, and Southern Ute Tribal Members. Let's all learn the warning signs and what to do if someone is experiencing a crisis. Please contact Precious Collins at 970-306-8131 or email prcollins@southernute-nsn.gov to sign up.



LOCAL RESOURCES

- So. Ute Health Center: Behavior Health 69 Capote Dr., Ignacio, CO, 970-563-4581. For local Native Americans. Call to schedule a counseling appointment.
- · So. Ute Social Services: 116 Capote Dr., Ignacio, CO, 970-563-2331 for local Native Americans needing assistance with child welfare needs and family support.
- St. Ignatius Catholic Church: Pastor Cesar Arras, 14826 CO-172, Ignacio, CO 970-563-4241.
- Ignacio Community Church: Pastor Randall Haynes 405 Browning Ave., Ignacio, CO (currently located inside ELHI), 970-759-3633. Second Wind Fund of the Four Corners: Believes
- that every child and youth at risk of suicide should have access to the mental health treatment they need. We match children and youth at risk for suicide with licensed therapists in their communities, 720-962-0706.
- Women's Resource Center: Creates personal, social and professional growth opportunities for all women in La Plata County, 970-247-1242.

24/7 STATE & NATIONAL RESOURCES · 24/7 Axis Crisis Line: Southwest Colorado 970-247-

- 5245 ot text 741741.
- · Colorado Crisis Line: 844-493-8255 or Text "TALK" to 38255. You'll immediately be put in contact with a trained counselor, ready to text with you about anything.
- The National Suicide Prevention Lifeline: Has both an online chat and 24/7 phone line at 1-800-273-8255 if you are thinking of suicide or need help for a loved one.
- The Trevor Project: Seeks to serve LGBT youth, has a 24/7 suicide prevention line at 866-488-7386.

COMMUNITY BOARD MEETING

SEPTEMBER 15, 22 & 29



ONLINE ZOOM MEETING ZOOM MEETING ID: 889 0328 1795

WHAT IS THE NATIVE CONNECTIONS PROGRAM?

The purpose of this program is to prevent and reduce suicidal behavior and substance use, reduce theimpact of trauma, and promote mental health among American Indian/Alaska Native (AI/AN) youth through the ageof 24 years.





TO RSVP OR FOR QUESTIONS CONTACT: PRECIOUS COLLINS (SHE/HER/HERS), NATIVE CONNECTIONS PROGRAM COORDINATOR 970-563-2487 OR PRCOLLINS@SOUTHERNUTE-NSN.GOV

Food, clothing and pet food drive for Navajo Nation

A food, clothing and pet food drive for the Navajo Nation, including people with disabilities, takes place in Durango from 10 a.m. until 5 p.m. Tuesday, Sept. 29 at the parking lot across from the Sacred Heart Catholic Church at 254 E. Fifth Avenue in Durango. There will also be drop-offs on Wednesday, Sept. 30 from 10 a.m. until noon at the same location. With winter coming, warm clothing, jackets and boots are needed for all ages. Non-perishable food and dog and cat food will be accepted. Arrangements for picking up a donation can be made by calling Judy at 970-749-6707.

Health



VACCINE INFORMATION

Influenza (Flu) Vaccine (Inactivated or Recombinant): What you need to know

Many Vaccine Information Statements 4 are available in Spanish and other languages. See www.immunize.org/vis

Hojas de información sobre vacunas están disponibles en español y en muchos otros idiomas. Visite www.immunize.org/vis

WHY GET VACCINATED?

Influenza vaccine can prevent influenza

Flu is a contagious disease that spreads around the United States every year, usually between October and May. Anyone can get the flu, but it is more dangerous for some people. Infants and young children, people 65 years of age and older, pregnant women, and people with certain health conditions or a weakened immune system are at greatest risk of flu complications.

Pneumonia, bronchitis, sinus infections and ear infections are examples of flu-related complications.

If you have a medical condition, such as 5 heart disease, cancer or diabetes, flu can make it worse.

Flu can cause fever and chills, sore throat, muscle aches, fatigue, cough, headache, and runny or stuffy nose. Some people may have vomiting and diarrhea, though this is more common in children than adults.

Each year thousands of people in the United States die from flu, and many more are hospitalized. Flu vaccine prevents millions of illnesses and flu-related visits to the doctor each year.

INFLUENZA VACCINE

CDC recommends everyone 6 months of age and older get vaccinated every flu season. Children 6 months through 8 years of age may need 2 doses during a single flu season. Everyone else needs only 1 dose each flu season.

It takes about 2 weeks for protection to develop after vaccination.

There are many flu viruses, and they are always changing. Each year a new flu vaccine is made to protect against three or four viruses that are likely to cause disease in the upcoming flu season. Even when the vaccine doesn't exactly match these viruses, it may still provide some protection.

Influenza vaccine does not cause flu. Influenza vaccine may be given at the same time as other vaccines.

TALK WITH YOUR HEALTH **CARE PROVIDER**

Tell your vaccine provider if the person getting the vaccine:

- Has had an allergic reaction after a previous dose of influenza vaccine, or has any severe, life-threatening allergies.
- Has ever had Guillain-Barré Syndrome (also called GBS).

In some cases, your health care provider may decide to postpone influenza vaccination to a future visit.

People with minor illnesses, such as a cold, may be vaccinated. People who are moderately or severely ill should usually wait until they recover before getting influenza vaccine.

Your health care provider can give you more information.

RISKS OF A VACCINE REACTION

- Soreness, redness, and swelling where shot is given, fever, muscle aches, and headache can happen after influenza vaccine.
- There may be a very small increased risk of Guillain-Barré Syndrome (GBS) after inactivated influenza vaccine (the flu shot).

Young children who get the flu shot along with pneumococcal vaccine (PCV13), and/ or DTaP vaccine at the same time might be slightly more likely to have a seizure caused by fever. Tell your health care provider if a child who is getting flu vaccine has ever had a seizure.

People sometimes faint after medical procedures, including vaccination. Tell your provider if you feel dizzy or have vision changes or ringing in the ears.

As with any medicine, there is a very remote chance of a vaccine causing a severe allergic reaction, other serious injury, or death.

WHAT IF THERE IS A SERIOUS PROBLEM?

An allergic reaction could occur after the vaccinated person leaves the clinic. If you see signs of a severe allergic reaction (hives, swelling of the face and throat, difficulty breathing, a fast heartbeat, dizziness, or weakness), call **9-1-1** and get the person to the nearest hospital.

For other signs that concern you, call your health care provider.

Adverse reactions should be reported to the Vaccine Adverse Event Reporting System (VAERS). Your health care provider will usually file this report, or you can do it yourself. Visit the VAERS website at www. vaers.hhs.gov or call 1-800-822-7967. VAERS is only for reporting reactions, and VAERS staff do not give medical advice.

THE NATIONAL VACCINE **INJURY COMPENSATION PROGRAM**

The National Vaccine Injury Compensation Program (VICP) is a federal program that was created to compensate people who may have been injured by certain vaccines. Visit the VICP website at www.hrsa.gov/ vaccinecompensation or call 1-800-338-2382 to learn about the program and about filing a claim. There is a time limit to file a claim for compensation.

HOW CAN I LEARN MORE?

- Ask your healthcare provider.
- · Call your local or state health depart-
- Contact the Centers for Disease Control

and Prevention (CDC):

Call 1-800-232-4636 (1-800-CDC-INFO) or

Visit CDC's www.cdc.gov/flu



Vaccine Information Statement (Interim) Inactivated Influenza Vaccine

8/15/2019 42 U.S.C. § 300aa-26

How **YOU** can help **STOP** the spread of the COVID-19 Virus

SAN JUAN BASIN



STAY HOME

By staying home and removing exposure for yourself and to the public, the virus is denied the abililty to spread.



WASH HANDS

The virus can live on surfaces for varying amounts of time. PROPERLY WASHING HANDS FOR 20 FULL SECONDS WITH SOAP AND WATER helps to protect you and those around you.



KEEP DISTANCE Keeping at least a 6 FOOT DISTANCE from all





COVER NOSE AND MOUTH

SURGICAL MASKS TO BE SAVED FOR USE ONLY BY HEALTHCARE PROFESSIONALS AND THE SICK If you MUST go out, a homemade cloth mask combined with a 6 foot distance can further reduce the risk of transmission to and from you. Ensure you SAFELY place and remove the mask and WASH IMMEDIATELY AFTER EACH USE.

It is possible to carry and transmit the virus without knowing and without having any symptoms. By consistently engaging in the behaviors above, you will help to prevent the virus from being transmitted to you, as well as preventing the virus from being transmitted from you to other family and community members.

CORONAVIRUS

SJBPH expand community testing for COVID-19 in La Plata County

Staff report SAN JUAN BASIN PUBLIC HEALTH

San Juan Basin Public Health (SJBPH), Axis Health System, Animas Surgical Hospital (ASH), and Centura Health-Mercy are partnering to provide free diagnostic (PCR) COVID-19 testing, now five days a week at an in-town Durango location, starting Monday, Sept. 21. Drive-through and walk-up testing will be available Monday through Thursday and Saturday from 8:30 a.m. to 12:30 p.m., in the Durango Public Library overflow parking lot on the corner of East Third Avenue and 20th Street.

With Centura Health-Mercy joining the Durango-based testing effort, free community testing will no longer be offered at Mercy Regional Medical Center in Three Springs.

The parameters for prioritization for testing have been broadened, with SJBPH's Community Testing site pro-

viding free testing to anyone with symptoms or anyone who is concerned that they may have been exposed either through known contact or general community interaction. Those testing for travel-related reasons or needing written results for an employer or educational facility should utilize appointment-based testing through private testing providers. Written results cannot be provided for free community testing.

Other community partners contributing to the SJBPH Community Testing Site include the City of Durango, La Plata County, and La Plata County Sheriff's Office.

"We sincerely thank all of our community partners for stepping up to provide additional community testing to meet the needs of local residents," said Liane Jollon, SJBPH Executive Director. "COVID-19 diagnostic testing continues to be one of the most important tools we have to fight this virus and we appreciate the collaboration going into ensuring that we have adequate testing for those who need it."

"We also appreciate that our community members understand the importance of testing in controlling the spread of COVID-19, and we want to make sure this crucial service is widely available before we start to reopen more community activities and host larger events in our communities.", Jollon added.

Cedar Diagnostics also offers PCR diagnostic testing in La Plata and Archuleta counties. Archuleta Inte-Healthcare grated Pagosa Springs Medical Center offer PCR testing in Archuleta County as well.

For the most up to date COVID-19 information, including testing locations and hours, visit SJBPH's website at: https://sjbpublichealth.org/coronavirus/

Communicating the Benefits of Seasonal Influenza Vaccine during COVID-19

Influenza (flu) severity varies from year to year, but flu always brings serious consequences. The prevention of influenza and its associated consequences is important every year. Although the effectiveness of the flu vaccine can vary, overall the vaccine markedly lowers the risk of influenza-related illness, hospitalization, and death."

The COVID-19 pandemic means preventing influenza during 2020–21 is more important than ever. Influenza and COVID-19 share many symptoms. Preventing influenza means fewer people will need to seek medical care and testing for possible COVID-19 or influenza. And increasing flu vaccination uptake saves healthcare resources for COVID-19 and other conditions. Begin recommending flu vaccine now, and vaccinate throughout the flu season, providing extra outreach to those at highest risk of severe COVID-19 or severe influenza.

What are the Benefits of Seasonal Flu Vaccine?

CDC estimates that, from October 1, 2019–April 4, 2020, there were: 39 million-56 million 18 million-26 million 410,000-740,000



Research shows flu vaccination:

Reduces Hospitalization and Death

✓ Pediatric deaths from flu were cut in half

✓ Influenza hospitalizations were cut in

✓ Influenza hospitalizations dropped dramatically among people with chronic health conditions – by 79% for people with diabetes' and 52% for those with

✓ Vaccinating long-term care facility (LTCF) staff reduces hospitalizations

and deaths in LTCF residents*

chronic lung disease"

half for all adults (including those 65+ years of age)**

healthy children

for children with underlying high-risk medical conditions and by two-thirds for





Reduces Severity of Illness

in Hospitalized Individuals

Reduces Risks for Major

Protects Pregnant Women

tions were reduced by 40%*

For pregnant women, flu-associated acute respiratory infections were cut in halfs, and flu-associated hospitaliza-

✓Influenza illnesses and influenza-related hospitalizations in infants under 6 months of age fell by half when their mothers

Cardiac Events

and Their Babies

Among adults hospitalized with flu, inten-

sive care unit (ICU) admissions decreased

by more than half (59%), and fewer days were spent in ICU if vaccinated ***

Children's risk of admission to a pediat-

ric intensive care unit (PICU) for flu-

related illness was cut by almost 75%"

Risk of a major cardiac event (e.g., heart

attack) among adults with existing cardio-vascular disease was reduced by more



24,000-62,000

Vaccine Effectiveness Use a presumptive approach: "Today

Vaccination rates* remain

well below optimal levels:

68% adults 65+ years

54% pregnant women

*Estimates from the 2018–19 influenza seasor Source: CDC FluVaxVisu

Discuss Discuss

81% healthcare personnel

63% children 6 months-17 years 45% adults 18+ years

Communicate why we vaccinate:

unpredictability of flu: "This is w best to get an annual flu vaccination." Acknowledge that flu vaccination is not always a perfect match with the circu lating virus types. But flu and flu-related severe illnesses are common: outbreaks occur almost every year. "T vaccine is the best way to reduce y risk of flu and its negative outcome



immediate family members (including those who are not enrolled) will be held Tuesday, October 6 and Wednesday, October 7, 2020 from 9:00 a.m. until 4:00 p.m. at the Sky Ute Casino Resort Pergola (at the hotel entrance). Tribal Elders and those who identify as high-risk are given priority from 9:00 until 10:00 a.m. on both days. Individuals who wish to participate, should wear the appropriate clothing; the upper arm should be easily accessible, preferably exposed.



COVID-19 safety precautions remain in place. Face masks

are required.

Exit vehicle when requested and sit down. After vaccine administration, drivers are suggested to wait 15 minutes.

CIVIL RIGHTS

Schools must be safe and inclusive for LGBTQ+ students and educators

The Leadership Conference on Civil and Human Rights, GLSEN, National Center for Transgender Equality, and more than 235 civil rights and education organizations today called for an end to discrimination against LGBTQ+ students, educators, faculty, and staff. Highlighting the Supreme Court's ruling in Bostock v. Clayton County, Georgia that it is illegal to discriminate against people based on sexual orientation or gender identity wherever it is illegal to discriminate based on sex, the groups urged all students, educators, and families to advance inclusive and welcoming environments in all schools that celebrate and affirm LGBTQ+ students and staff.

"This landmark decision from the Court is a powerful tool for changing education environments, both at K-12 schools and in higher education, for the better by removing those barriers that are impeding LGBTQ+ students and educators - especially those who are also people of color — from schools and college campuses across the country,"

THE LEADERSHIP CONFERENCE or allowed for discrimina-ON CIVIL AND HUMAN RIGHTS tion against LGBTQ+ students, educators, faculty, and staff, and created environments where they are not safe to learn or safe to work. When students are not safe at school, they are denied an education; and when educators do not feel safe at school, they cannot do their jobs."

> "This decision affirmed what many civil rights and education advocates have long known: Discrimination against people on the basis of sexual orientation and gender identity has been and still is prohibited under federal civil rights law," said Vanita Gupta, president and CEO, The Leadership Conference on Civil and Human Rights. "Without question, community members and policymakers must ensure inclusive and welcoming learning environments for LGBTQ+ students, educators, and staff."

"The Supreme Court's decision in Bostock is a clarion call to schools and districts across the country: It is time to end unlawful discrimination against LGBTQ+ people in our schools, and stop these insidious assaults on the well-being of LGBTQ+ being safe and affirmed in students and educators," said Eliza Byard, director, GLSEN. "We are proud the groups wrote. "Histor- to partner with The Leadically, federal, state, and ership Conference

Staff report local policies have required Civil and Human Rights, National Center for Transgender Equality and over 200 other national and state organizations to call for an end to anti-LGBTQ+ discrimination in schools.

> Together, we will redouble our efforts to make our schools safer for all youth, regardless of their sexual orientation, gender identity, and gender expression, especially those who are also Black, brown, Latinx, Indigenous and/or people with disabilities."

> "As students, teachers and staff return to school during these unprecedented times, we must all work to ensure that LGBTQ members of our community are treated with the respect and dignity that they deserve. School should be a place where everyone is safe and given the opportunity to reach their fullest potential," said Mara Keisling, executive director of the National Center for Transgender Equality.

> "The Supreme Court's decision in Bostock v. Clayton County, Georgia, makes clear that it is illegal to discriminate against anyone based on their sexual orientation or gender identity. K-12 schools and colleges and universities, with support from the communities they serve, need to ensure that they are creating a welcoming environment for everyone."

SUIMA

From the Eagle's Nest

On-campus, remote, and hybrid style learning

Staff report SU INDIAN MONTESSORI ACADEMY

When the coronavirus was declared a pandemic this spring, we were mandated to shelter in place. It felt strange and uncomfortable. The end of the school year brought summer break, but many of us couldn't tell the difference. As schools opened for the 2020-2021 school year, a few offered on-campus learning, others offered remote learning, and still others offered a hybrid style. In our area, we have a bit of all three. With SUIMA being open with remote learning only, the teachers and staff have been able to provide fun and encouraging lessons. Some staff have asked questions pertaining to being at home.

Here are a few comments from the students regarding staying at home:

"I didn't like staying at home at first, but now I am used to it. It's okay."

"I like being home. My mom helps me a little bit, but mostly I do my own work."

"I miss my friends. I miss my teacher."

"I miss sitting at my table. I don't have one at home, so I have to share a space with my sister."

"I miss playing basketball."

"I get to help my brother with his work."

"It's weird having to make stuff at home. Stuff like what's in my class-

As we all continue to to John Lamoreaux who is learn the best way we can, the MATCO "tool guy." She for being a SUIMA Eagle.



courtesv SUIMA

Ms. Debbie Lamoreaux, SUIMA Reading Specialist

we know that things will has two children: Nicole who return to semi-normal eventually. Some things that can be done while we are in this phase of staying at home is to: reach out to the school if you have any questions; support the schools as they work the best they can for the students; and to give yourself credit for doing a good job.

In the upcoming articles, SUIMA will be focusing on a staff member. This week, our focus is on Ms. Debbie

Lamoreaux. Debbie came to SUIMA, via the Albuquerque Public Schools, prior to the opening of our school. She is married

lives in Denver and Mark who lives in Fort Collins.

While Debbie is now a

Reading Specialist, for 17 years she was one of the Lower Elementary Teachers. Her co-workers had this

to say about her, "Debbie is always willing to help in any way she can, whether that is for the students or the staff."

"She is 100% there for the education of the students; both in school and now, via remote learning." "Debbie has a love for the students that can be seen in her patience, guidance, and interactions with them."

Thank you, Ms. Debbie,

RED APPOINTED TO FLC BOARD • FROM PAGE 1

"on-boarding." Familiariz- Northern Colorado. ing himself with other board

campus," says Red.

between the FLC Board of cio High School and earned "it's only a 20-minute drive Trustees and Tribal Coun- a Bachelor of Arts in Geogcil after his initial week of raphy from the University of these students," says Red.

from Durango to Ignacio for

The Board of Trust-Red sees an opportunity to ees consists of nine voting members and procedures present resources located in and two non-voting meminvolved with sitting on the Ignacio to the Native Amer- bers who are responsible "I grew up in the area, I One such benefit is hav- Lewis College and overunderstand reservation life ing the Southern Ute Health seeing its operation. Voting and Indian Country, I can Center so close to Durango, members are appointed by bring that understanding to which now sees Native the Colorado Governor and American patients from any require Colorado State Sen-

Red graduated from Igna- federally recognized tribe, ate confirmation. SUIMA Family Nights MING SCHEDULE + PUMPKIN CARVING INTRO TO MONTESSORI DEC 16 STOCKING DECORATION STORYTELLING **JAN 20** FEB 17 STEM VIRTUAL FAMILY NIGHTS WILL BE HELD FROM 6:00 - 7:00 P.M. VIA ZOOM. THE MEETING INFORMATION WILL BE SENT VIA REMIND TEXT MESSAGING TO SUIMA FAMILIES.

Regarding the 20th Annual Career Fair

In effort to stay in compliance with and experience various career opportuniican students attending FLC. for making policy for Fort the Tribal Government's "Stay at Home ties while minimizing the risk of illness. Order," the Education Department has The event is currently in development and taken into consideration how to best present the Annual Career Fair.

> This year, the Southern Ute Education Department will be creating a virtual experience for the Annual Career Fair. Students will be able to engage with businesses, schools and Tribal Departments through technological communication. Participants will still be able to explore, discuss

details will be forthcoming.

Please feel free to contact me with any questions or concerns.

> Thank you, Nicole Cabral Distance Learning Coordinator 970-563-2785 ncabral@southernute-nsn.gov





Southern Ute Health Center

Important Information

Due to the evolving Covid 19 Outbreak the Southern **Ute Health Center has updated all operational hours.**

The Southern Ute HEALTH CENTER, including DENTAL will be operating on reduced hours, until further notice.

- OPTOMETRY: Mondays and Wednesdays, 1 5 p.m., by appointment only. Call 970-563-2374 for all inquiries.
- **DENTAL**: Open from 7:30 a.m. 1 p.m.
- HEALTH CENTER: Open from 8 a.m. 5 p.m. Respiratory ailment screenings will be conducted in the tent located behind the Health Center beginning at 8 a.m. Lab hours of operation will be Monday through Friday from 8 a.m. to 5 p.m. Physical Therapy appointments will be made from 12:30 to 4:30 p.m. as requested.
- NURSING VISITS from 8 a.m. 5 p.m. by appointment only. NO **WALK-INS ACCEPTED!**

All PATIENTS ARE REQUIRED TO CALL AHEAD FOR APPOINTMENTS, 970-563-4581.

- **DENTAL** will see patients Monday Friday from 7:30 a.m. 1 p.m.
- PHARMACY hours will be from 9 a.m. to 4:30 pm Only Window service will be offered, there will be no pharmacy access inside the clinic.
- PSYCHIATRY visits will occur in the Mouache Capote Building; Patients will be called first to verify time of appointment
- All other **SPECIALTY MEDICINE** (Rheumatology, Neurophology) all are postponed, call the Health Center for more information.
- All **BEHAVIORAL HEALTH** Patients are treated by phone, no in-person or group meetings at this time.



Our Children Are Sacred

TIP SHEET FOR PARENTS AND CAREGIV-ERS FOR KEEPING FAMILIES STRONG.

- Nurturing and Attachment Take time at the end of each day to connect with your children, with a hug, a smile, a song, a few minutes of listening and talking.
- 2. Knowledge of Parenting and Child Development: Taking a parenting class or explore parenting questions with your family doctor, your child's teacher, family or friends.
- Parental Resilience: Surround yourself with people who support you and make you feel good as a parent. Take time to reenergize, do some physical exercise for a health mind. Share your feelings with someone you trust.
- 4. Social Connections: Engage in traditional ceremonies, bear dance, pow-wows. Get involved with community activities and
- Concrete Support for Parents: Make a list of people or places to call for support. Dial 2-1-1 to find out about organizations that support families in your area.
- utines, especially for young children. Talk with your children about how important feelings are.

MAKING HEALTH CONECTIONS WITH

YOUR FAMILY Good health starts with eating the right foods and getting plenty of exercise. A healthy lifestyle can help your family in many ways:

- 1. Less stress, depression, and anxiety
- 2. Better sleep and more energy.
- 3. Less sickness, doctor visits, and grumpy family members. Healthy habits don't have to take time away from your family. Do it together and make it fun!



SOUTHERN UTE DIVISION OF SOCIAL SERVICES

elina Whitehors Family Preservation Therapist 970-563-2335



DURANGO **MARKET**

Saturday Mornings

May 9th - Oct 31st 8 am - 12 noon

(9 am - noon in October)

In the TBK Bank parking lot across from the Transit Center

> Your source for LOCAL products in an open air shopping environment! COVID19 precautions will be implemented.

THANK YOU FOR SUPPORTING YOUR LOCAL PRODUCERS!



Connect with all vendors on-line at: www.durangofarmersmarket.com No pets allowed in the Market

SNAP Users Welcome We double your dollars for free!

Thank You to Our 2020 Sponsors

TBK Bank • City of Durango • Environmental Support Services Renewal by Andersen • Wells Group • ROLL E-bike • Durango Magazine Bread • Colorado State University • Local First • Fort Lewis College

INHALING AIR POLLUTION • FROM PAGE 2

can make a difference."

Fires that move into communities and burn residential areas can pose an added danger as they scorch more than just wood. Materiing materials and electronics expel toxic gasses when they are burned, compounding health issues for those who inhale the polluted air.

In the age of COVID-19, a majority of people wear a face mask when outside, but not every face covering is effective at filtering out pollution from wildfires.

"To complicate the situation, anti-pollution masks (FFP2 and above) commonly have valves to help let air out and make breathing easier. Unfortunately, valves render the mask virtually useless in preventing the transmis-

with whatever else might be AccuWeather.

als such as plastic, build- an FFP2+ mask without website. valves in order to meet both needs," the company added.

> Control (CDC) said that N95 respirators do provide protection from wildfire smoke, but they are in short due to the pandemic.

In addition to the aforementioned health impacts exposure to smoke. from inhaling the polluted air, those who are not properly protected from the wildfire smoke run an increased risk of contracting the coronavirus.

tate your lungs, cause inflam- forecasts.

sion of viruses - because it is mation, affect your immune designed to let air out (along system, and make you more prone to lung infections, in that air)," Plume Labs told including SARS-CoV-2, the virus that causes COVID-"It would be best to choose 19," CDC explained on its

"Some symptoms, like dry cough, sore throat, and diffi-The Centers for Disease culty breathing can be caused by both wildfire smoke exposure and COVID-19," the CDC added.

However, other symptoms supply this wildfire season of COVID-19, such as chills, a fever, diarrhea and body aches are not associated with

Residents across the western U.S. can monitor the air quality levels in their neighborhood with AccuWeather's Air Quality page, which "Wildfire smoke can irri- includes detailed air quality



Become a

PCC Southwest in Bayfield will offer a four-week **Certified Nurse Aide** certificate program.



Program begins October 19

Classes held Monday through Friday from 4-9 pm at the Bayfield site, 110 E. South St.

Bethany Powell at 970.385.2098



Reasonable accommodations will be provided upon request for persons with disabilities. To make a request, please notify the PCC Disability Resources Center at (719) 549-3446 or Disability.Resources@pueblocc.edu at least five (5) working days before the event.



RECOVERY TALKING CIRCLE

FREE TO ALL IGNACIO COMMUNITY MEMBERS 18 YEARS OR OLDER.

HEALTHY RELATIONSHIPS SEPT. 24, 2020 12-1 PM



BOUNDARIES OCT. 1, 2020

12-1 PM

STAGES OF CHANGE

OCT. 8, 2020 12-1 PM

PATH OF RECOVERY

OCT. 15, 2020 12-1 PM

RIPPLE EFFECTS OCT. 22, 2020 12-1 PM

CONTACT MARVINA OLGUIN FOR ZOOM INFORMATION.

IT IS MY MISSION TO INSPIRE AND EMPOWER OTHER SISTERS AND BROTHERS IN TREATMENT AND HELP THOSE IN RECOVERY LIVE A LIFE OF INTEGRITY, HONESTY AND RESILIENCY, KNOWING THAT HONESTY IS THE FOUNDATION OF CHANGE, IF WE LIVE OUR LIVES ONE MOMENT AT A TIME AND RATIONALIZE EVERY THOUGHT BEFORE IT BECOMES AN ACTION, WE WILL CHANGE. YOU DON'T HAVE TO DO IT ALONE, WE CANDO THIS TOGETHER.

-MARVINA OLGUIN | PEER RECOVERY COACH

HEALTHY UTE.

SOUTHERN UTE BEHAVIORAL HEALTH DEPT.





2019 Annual Fall Clean-Up

Southern Ute Property and Facilities Tyson Thompson, Director 970-563-2945

October 7 through 11 only

ents, Tribal Members and tenants of the Southern Ute Housing Authority only. We will not pick up for non-tribal tenants living in Tribal Member owned rental homes. All pick-ups must be within the boundaries of the Southern Ute Indian Reservation only, Please feel free to call with any questions or concerns

ALL ITEMS MUST BE IN ONE AREA and general trash MUST BE BAGGED FOR PICK UP. No Pickups will be made without prior

If you have tires, only 4 tires per household will be picked up. NO EXCEPTIONS.

We will not pull your trailer to the transfer station for you

Tribal Elders. If you need assistance with bagging and piling of your trash, please contact the TERO Department at 970-563-2291.

All vehicle disposals please call Building Maintenance at 970-563-0265

HAZARDOUS WASTE. If think your trash is hazardous waste, or you cannot identify the waste, please call Environmental Programs at 970-563-0135. If the pickup teams suspect that your trash may contain hazardous waste, or it is not identifiable, we will call Environment that the pickup teams suspect that your trash may contain hazardous waste, or it is not identifiable, we will call Environment that the pickup teams suspect that your trash may contain hazardous waste, or it is not identifiable, we will call Environment that the pickup teams suspect that your trash may contain hazardous waste, or it is not identifiable, we will call Environment that the pickup teams suspect that your trash may contain hazardous waste, or it is not identifiable, we will call Environment that the pickup teams suspect that your trash may contain hazardous waste, or it is not identifiable, we will call Environment that the pickup teams that the pickup teams are the pickup teams and the pickup teams are the pickup teams are the pickup teams and the pickup teams are the pi

Large site or dangerous HAZARDOUS WASTE testing and cleanup will be completed at the homeowner's expense

Motor Pool, 970-563-0280, Tribal Member homes west of the Pine River except those listed below

Building Maintenance, 970-563-0265, Tribal Member homes on Cr 314, Cr 315, Cr 316 and Cr 311 as well as upper and lower campus Grounds Maintenance, 970-563-0272, Tribal Member homes located in Cedar Point East & West, Ignacio Peak and the La Boca area west of the Pine River as well as upper and lower campus.

Construction Services, 970-563-0260, Tribal Member homes east of the Pine River.

Southern Ute Housing Authority. 970-563-4575. Southern Ute Housing Authority renters and Senior Center occupants are to contact the Southern Ute Housing Authority.



under the tribal "Stay at Home" Order. While tribal members are unable to stop in to the Leonard C. Burch Tribal Administration Building and Tribal Council Affairs, Council is still available for questions via phone and email.

Christine Sage, Chairman

csage@southernute-nsn.gov

Lorelei Cloud, Treasurer

locloud@southernute-nsn.gov Cedric Chavez, Council Member

cchavez@southernute-nsn.gov

Cheryl A. Frost, Vice Chairman 970-563-2403

cafrost@southernute-nsn.gov

Marjorie Barry, Council Member

mbarry@southernute-nsn.gov

Ramona Y. Eagle, Council Member

reagle@southernute-nsn.gov

Bruce Valdez, Council Member

brvaldez@southernute-nsn.gov

Photo Credit | Jeremy Wade Shockley, Southern Ute Dr



COUNCIL CONNECT SCHEDULE

COUNCIL CONNECT HAS BEEN POSTPONED DUE TO COVID-19 & TRIBAL "STAY AT HOME" ORDER

STAY CONNECTED WITH COUNCIL WILL TAKE THE PLACE OF COUNCIL CONNECT SOUTHERN UTE TRIBAL COUNCIL WILL PROVIDE COVID-19 UPDATES, CHANGES ON TRIBAL, STATE AND FEDERAL LEVELS THAT IMPACT TRIBAL MEMBERSHIP, AND UPCOMING EVENTS.

WEDNESDAY AFTERNOON

FRIDAY

Tribal Council Updates will be posted to social media platforms.

Chairman Sage will provide updates on KSUT Tribal Radio every Friday at 9:00 A.M.

TUNE IN ON THE SOUTHERN UTE RESERVATION AT 91.3 FM, IN TOWOAC AT 100.9, IN THE FARMINGTON, NM AREA AT 89.7 FM AND ON THE WEB AT KSUT, ORG



OFFICE HOURS **OFFICE DAYS**

Monday Wednesday **Friday**

8am – 12 PM

Mail run - 10:30am Monday, Wednesday, and Friday PLEASE BE COURTEOUS AND ALLOW THE POST **OFFICE AMPLE TIME TO DISTRIBUTE MAIL**

NO IN-PERSON SERVICES

AVAILABLE BY EMAIL/VOICEMAIL

Monday-Friday 8am-5pm

information.

'TIS is not responsible for the content of distributed

PLEASE BE ADVISED: THE FURTHER NOTICE!

EDNA FROST TIS Director

970-563-2250

AMY BARRY

Apprentice TIS Director 970-563-2281

HEATHER FROST Vital Statistics Clerk

970-563-2248

VICTORIA FROST

Administrative Assistant 970-563-2208

ADELLE HIGHT

Receptionist/Mail Clerk 970-563-2249

Survey of Economic Impact of COVID-19 on Southern Ute Tribal Membership

Southern Ute Economic Development will be sending out a survey to learn about the economic impact of COVID-19 on membership, and solicit ideas for additional business and entrepreneurial opportunities.

The survey will be available online, and some members will receive the survey through the mail as well. The survey will be released by **Sept. 30**, and we would greatly appreciate it if you would complete it within 30 days. Your participation is very important, as your responses will help shape the future of the Southern Ute Entrepreneurship and Economic Development Program.

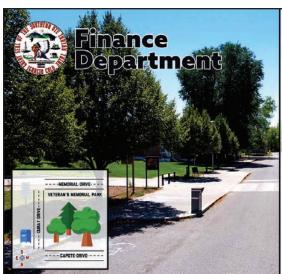
Please contact economic development at suitsbc@southernute-nsn. gov if you have any questions, thank you.

Tribal Member Portal **Account Set Up**

The Southern Ute Tribal Member Portal is a resource available to only enrolled members of the Southern Ute Indian Tribe. Any request for access to the Tribal Member Portal will be verified. For access to the Tribal Member Portal please follow these steps:

- 1. Go to the Southern Ute Indian Tribe's website.
- 2. In the header, click on "Members"
- 3. Under login, click on the blue highlighted link "Register New Account"
- Complete all forms. Staff are working quickly to verify and approve new accounts while working remotely from home and while working under the tribal 'Stay at Home' Order.
- Use the login information found in your email to access the Tribal Member Portal.
- 6. Once you gain access you can change your password to your profile.

For assistance, please contact Ms. Lindsay Box at 970.563.2313 or via email lbox@southernute-nsn.gov

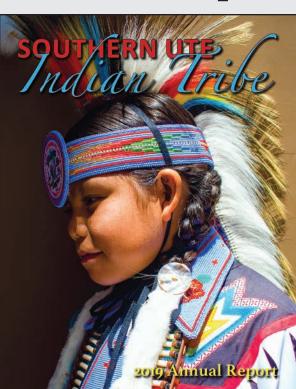


DROP-BOX

- COVID-19 Relief Grant Progr
- Tribal Distribution documents
 Tribal Credit loan documents
 Accounts Receivable check payments

NO CASH PAYMENTS can be put in the drop-box The drop-box will be checked at 11:00 a.m. and 5:00 p.m., Monda through Friday. All documents received in the drop-box will be stamped with the date they are received. For payments on customer accounts the payment will be posted to the customer account on the date it is received (if received by 5:00 p.m.), and a receivent will be mailed by US Postal Service to the customer. All documents deposited in the drop-box will be forwarded to the appropriate tribal staff for timely processing.

2019 Annual Reports available!



The 2019 Annual Reports are available to Southern Ute tribal members and Tribal Departments.

The membership can request to have a physical copy mailed to them through Tribal Information Services, 970-563-0100 or pick up a copy in person at the TIS office during their modified business hours.

The Annual Report can also be viewed online and downloaded via the Tribal Member Portal, the pdf is on members.southernutensn.gov Resources > Tribal Member Downloads > PDFs

ELECT RENEE J. CLOUD **FOR** TRIBAL COUNCIL **CHAIRMAN** ON **NOVEMBER 06, 2020**



Southern Ute Indian Tribe & CDPHE

Drive-thru COVID-19 Testing

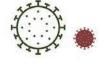
October 14-15, 2020

8:00 a.m. until 5:00 p.m.

Sky Ute Casino Resort Overflow Parking Lot

Voluntary viral testing is available for enrolled Southern Ute Tribal Members and immediate household family members (including those who are not enrolled). Testing will be open to the community on October 15, 2020 from 12:00-5:00 p.m. In accordance with the public health order requiring the use of face coverage, face masks are required.

This is a **one-time** opportunity for immediate household members of enrolled Southern Ute tribal members including those whom are non-Native. Tribal Members and First Descendants are eligible for testing at the Southern Ute Health Center (SUHC) at a later date, however non-Native family members are **ineligible** for services at SUHC at a later date.



COVID-19 **Symptoms**



Symptoms can develop 2-14 days after exposure

Fever

Cough

Shortness of Breath

Seek medical care if your symptoms are

Test, Trace, and Treat

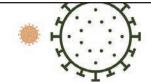


An effective fight against the coronavirus has multiple fronts. It includes widespread testing campaigns, the tracing of infection chains, and the race to create vaccines and develop effective treatement.

Priority will be given to elders and persons who have special vulnerabilities for the first hour each day from 8:00 -9:00 a.m. Tribal Members are required to wear a face mask to the viral testing area on the scheduled day of testing.

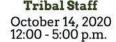




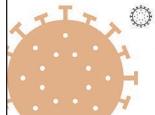


Tribal Elders will be given priority both days from 8:00-9:00 a.m. Testing will be open to the tribal membership and their immediate family members as well as Tribal Elder Caregivers for both days. Tribal Elders will be given priority both days from 8:00-9:00 a.m.

Testing will be open to both tribal staff and the entire community at the following dates & times:



Community October 15, 2020 12:00 - 5:00 p.m.



Test Results

As cases increase, so do the numbers of tests being administered. Please be patient while awaiting test results as labs may be overwhelmed. Tribal staff will contact individuals via phone or email for both negative and positive test results.

Drive-thru Testing Procedures



STEP 1 to entrance

of drive-thru

testing. Line

up and wait

vehicle, with TIS 8

STEP 2

Follow staff instructions to one of three lines complete entering

STEP 3

testing swab

STEP 4

Exit testing area toward Museum & Road 517

STEP 5

are reported arrive. Tribal staff will call

STEP 6



Tribal Elders Priority Hours daily from 8:00 - 9:00 a.m.

If you are unable to attend the the drive-thru testing, tests can be done at the Health Center. To schedule an appointment, please call 970.563.4581

If you are exhibiting symptoms



01. Isolate yourself

02. Call your primary health care provider or call the Southern Ute Health Center at 970.563.4581

The Southern Ute Indian Tribe COVID-19 Call Center will be available from 8:00 a.m. until 5:00 p.m., Monday - Friday.

For updated information please follow the Tribe's social media; visit the Tribe's website, the Southern Ute Drum website & social media, and listen to KSUT Tribal Radio.



@southernute









www.cdc.gov www.southernute-nsn.gov Designed & Produced by Lindsay J. Box



CORONAVIRUS

Southern Ute Tribe to conduct **Covid-19 testing event in October**

By Anita L. Brock, MSHS, MPH

To date, the Southern Ute Incident Management Team has organized two Covid-19 Mass Testing events in June and August of 2020. The events have been immensely successful, and we wish to continue offering this service to the community. Currently we are preparing for our third mass testing event now scheduled for Oct. 14 -15, 2020.

The testing site is drive up only and will be held at the overflow parking lot of the Sky Ute Casino Resort. We do ask that all participants wear a mask to the testing site.

At each of these drive-up testing events samples are collected by medical professionals by inserting a nasal swab up into the nostril, into the nasopharyngeal cavity. The nasopharyngeal cavity is the soft tissue at the back of the palate and can be felt by anyone experiencing post-nasal drip.

gently insert what looks SOUTHERN UTE HEALTH like a long Q-tip into your nose and swirl it for a few seconds in order to get a good sample. It will then be removed and put in a vial to be sent to a lab for testing. The video seen here is a good depiction of what can be called by the SunUte Call be expected at the test site: https://www.youtube.com/ watch?v=DEiapWRTPIU

> Although swabbing the nasopharyngeal cavity can be mildly uncomfortable, it is necessary to swab this area in order to obtain an adequate sample for analysis of the virus. The only exception is children - protocol allows the swabbing of what is called the anterior nares of the cavity or the area of the nostril seen and felt by anyone on a casual basis.

In preparation of the testing event, we do recommend drinking plenty of water the night before and the morning of the swabbing event; this ensures you will be well hydrated and not come to the testing site with dry mucous membranes. Drier

A health care worker will trils tend to bleed more easily when swabbed. After the nasal samples are obtained, the samples are routed to the State laboratory in Denver for analysis. Resulted are returned to SUIT typically 10 – 14 days after the event.

> All negative results will Center staff; positive results are followed closely by SUIT Health Center staff. Positive results require our staff to conduct contact tracing; an interview like process that requires a health professional to notify each patient of their result and identify any close contacts.

The October testing event is for all SUIT tribal members, their families and members of their household.

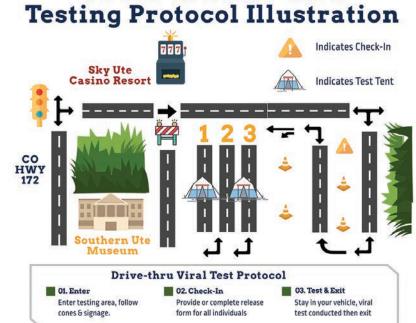
We encourage all members of the SUIT community to be tested; as the colder weather begins to set in, respiratory viruses tend to become more active and pass easily among members of a household. Frequent testing of the COVID-19 virus will help protect you and your family from this potentially serious disease.



Stay up to date about COVID-19

For up-to-date COVID-19 information from the Southern Ute Indian Tribe, visit the Tribe's website at www.southernute-nsn.gov or the Tribe's Facebook page at www.facebook.com/southernute





Aerial View of SUCR Overflow Parking Lot







covid19.colorado.gov

CORONAVIRUS

State launches outbreak map on COVID-19 website

map on covid19.colorado. gov that displays the location of all confirmed outbreaks reported to the Colorado Department of Public Health and Environment and will be updated each Wednesday with information from the weekly outbreak surveillance report. The map will provide fur-

Staff report ther consistency, accuracy, Colo. Dept. of Public and transparency around HEALTH & Environment COVID-19 outbreak data.

The map displays loca-The state has launched tions of active outbreaks an official outbreak data using symbology based on the outbreak setting, and resolved outbreaks are shown using a gray marker. Users can click on each active or resolved outbreak to view additional details, including the date the outbreak was determined to be an outbreak, the date it was resolved if applicable, and the number of con-

firmed and probable cases and deaths. Additional outbreak data and visualizations of that data can be found on CDPHE's data page by clicking on "Outbreaks." A full list of outbreak locations is available at covid19.colorado.gov.

The CDPHE is committed to transparency and to empowering the public and our partners through access to COVID-19 data and information. Continue to stay up to date by visiting covid19.colorado.gov.

CORONAVIRUS

Gov. Polis extends Safer at Home Order

Takes action in response to COVID-19

Governor Jared Polis

extended the Executive Order in response to COVID-19.

and extended the Safer at

Staff report which includes the last call Office of Governor Polis order. The last call order will now take effect, based on what level a county is in according to the COVID-19 dial. Last call is 12 a.m. in Governor Polis amended Level 1, 11 p.m. in Level 2, and 10 p.m. in Level 3. Coun-Home Executive Order, ties in Protect Our Neighbors

may opt out and establish a local last call time, so long as it does not exceed 2 a.m.

The Governor extended an Executive Order allowing voluntary or elective surgeries and procedures to proceed under certain conditions.

Help the Wisdom Keepers keep their Wisdom.

Get health screening tests and wellness check-ups each year at your local Urban Indian Health facility.











Effective Friday, July 17, 2020 at 11:59 p.m., the Southern Ute Indian Tribe will require the use of face coverings indoors at all times and outdoors when social distancing measures are not possible. The tribal "Stay at Home" Order remains in effect until further notice. Together, we can fight COVID-19 and keep our community and future safe!

WE WANT TO SHARE YOUR PHOTOS!

Win a Tawi Nuuchu Na-gukwi-vani COVID-19 shirt by submitting your photo wearing a face covering. Stopping the spread of COVID-19 takes each one of us to do our part to keep our community safe! We want to feature our community in this campaign. Individuals who submit their photo(s) will receive a long sleeve shirt in the mail to help spread awareness to wear your face covering. Submit photos to Tribal Council Communication Specialist at 970.553.0287 or via email at Ibox@southernute-nsn.gov. A limited number of shirts are available and will be distributed on a first come, first serve basis.

Challenge is open to enrolled Southern Ute Tribal Members & tribal staff.



SOUTHERN UTE COVID-19 CALL CENTER - 970.563.0214, MONDAY THRU FRIDAY 8:00 A.M. UNTIL 5:00 P.M.

CORONAVIRUS

SJBPH launches 'Protect Our Neighbors' dashboard

Staff report SAN JUAN BASIN PUBLIC **H**EALTH

Today, San Juan Basin Public Health (SJBPH) launched a Protect Our Neighbors dashboard to share information on La Plata and Archuleta counties' progress toward the Protect Our Neighbors phase of the COVID-19 pandemic, where there are fewer restrictions needed on economic and social activity in order to contain the virus.

Reaching the Protect Our Neighbors phase demonstrates that communities in Colorado that meet certain criteria have less stringent restrictions than under Stay at Home and Safer at Home phases. Different communities throughout the state will be at different phases, based on local conditions and capabilities.

The dashboard indicates the progress each county is making toward meeting the following eight criteria:

- Sufficient hospital bed capacity
- Sufficient PPE Supply
- Stable or declining COVID-19 hospitaliza-
- Fewer new cases of COVID-19
- testing Sufficient
- · Ability to implement case investigation and contact tracing protocol
- Documented surge-capacity plan for case

investigation and contact tracing

• Documented strategies to offer testing to close contacts

The Protect Our Neighbors metrics were drafted by a workgroup consisting of epidemiologists and public health experts from the Colorado Department of Public Health and Environment (CDPHE), the University of Colorado School of Public Health, and local public health agencies from across the state. The group included representatives from urban, rural and frontier counties. In addition, the workgroup consulted health care coalitions and health care systems leadership in drafting treatment metrics. They met over the course of five sessions and reviewed scientific literature, case studies, and expert consultation to develop metrics that would achieve the goal of ensuring that they signify a systems readiness for broader

reopening. "Getting to the Protect Our Neighbors phase is truly a community-wide effort and relies on everyone - our hospitals, healthcare partners, businesses, and local community members to ensure that we are taking the right steps and controlling the spread of COVID-19, so that we can safely move towards fewer restrictions," said Liane Jollon, SJBPH Executive Director. "Our goal has always been to emphasize that economic recovery requires control of the public health cri-

sis. We are well on our way to achieving that goal, but we must remain vigilant in maintaining good public health practices to ensure that we continue to keep public health metrics favorable as we proceed with further reopening."

The state recently released its COVID-19 dial framework which tracks the progress of each county in Colorado using key metrics for transmission rates, the percentage of tests that are positive, and the number of hospitalizations. While SJBPH's Protect Our Neighbors dashboard is focused on metrics related to reaching the least restrictive phase, the state's dial framework has five levels to guide county response COVID-19. ties move back and forth between levels, depending on three metrics.

Both Archuleta and La Plata Counties are currently at "Safer At Home Level 2," which is the standard level, but if all metrics remain favorable, both counties will move to "Safer At Home Level 1" in the next two weeks, which will ease restrictions on certain types of businesses and on social gatherings. A FAQ for SJBPH's Protect Our Neighbors dashboard can be found here: https://sjbpublichealth.org/wp-content/uploads/2020/09/Protect-Our-NeighborsFAQ.docx

For the most up to date information on how to take precautions against the spread of COVID-19, visit SJBPH's website at: https://sjbpublichealth.org/coronavirus/.



How to Safely Wear and Take Off a Cloth Face Covering Accessible: https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.htm

WEAR YOUR FACE COVERING CORRECTLY

- · Wash your hands before putting on your face covering · Put it over your nose and mouth and secure it under your chin
- · Try to fit it snugly against the sides of your face
- · Make sure you can breathe easily
- · Do not place a mask on a child younger than 2





USE THE FACE COVERING TO HELP PROTECT OTHERS

- · Wear a face covering to help protect others in case you're infected but don't have symptoms
- · Keep the covering on your face the entire time you're in public
- · Don't put the covering around your neck or up on your forehead · Don't touch the face covering, and, if you do, clean your hands

FOLLOW EVERYDAY HEALTH HABITS

- · Stay at least 6 feet away from others
- · Avoid contact with people who are sick · Wash your hands often, with soap and water, for at least
- 20 seconds each time
- · Use hand sanitizer if soap and water are not available



TAKE OFF YOUR CLOTH FACE COVERING CAREFULLY, WHEN YOU'RE HOME

- · Untie the strings behind your head or stretch the ear loops
- · Handle only by the ear loops or ties
- · Fold outside corners together
- · Place covering in the washing machine
- · Wash your hands with soap and water



cdc.gov/coronavirus

Cloth face coverings are not surgical masks or N-95 respirators, both of which should be saved for







Corinna Mokotoff runs a chainsaw, cutting out Russian olive trees in the dense thickets along the Animas River.

Habitat conservation



AmeriCorps workers with the Southwest Conservation Corps (SCC) were contracted by the Southern Ute Indian Tribe and Mountain Studies Institute to help remove two invasive tree species, Russian olive and tamarisk, along the Animas and La Plata Rivers.



Invasive species alter the natural Riparian Zone, which provides critical habitat for many species of wildlife including the Northern Leopard Frog.



Claire "Tiger" Tuchel (left) works in tandem with Greta Binzen; together they cut and pile the thick Russian olive limbs.

Conservation Corp assists • from page 1

Photos by Jeremy Wade Shockley The Southern Ute Drum

America because it thrives on poor soil, has high seedling survival rates, matures in a few years, and out-competes the native vegetation. It often invades riparian habitats where the canopy of cottonwood trees has died.

Tamarisk has become a major invasive plant species in the Southwestern United States consuming large amounts of groundwater in riparian and oasis habitats due to the density of its stands. The high salt level in tamarisk infiltrates the soil, preventing other plants from cels adjacent to Southern Ute saw crew] in a male-domgrowing, creating a tamaunderstory, void of important habitat for pollinators and other native species.

"It's an honor to partner with these organizations and be welcomed on this land year after year," said Lisa Slupianek Program Manager for Southwest Conservation Corps. "SCC not only focuses on the project work, but there's a large emphasis placed on education and personal development. Working with different organizations and agencies, learning about invasive species and educating ourselves on the land and our surroundings is a great combination. I am excited to continue to grow this partnership, and provide more opportunities for local youth in the Four Corners region to get outside

and find meaningful work." Mountain Studies Institute has received financial support for the project from Colorado Parks and Wildlife's Wetland Enhancement Program, and from Colorado Water Conservation Board's Watershed Restoration Program and Colorado Water Plan Grant. Each of these grant programs requires matching funds.

"By working together and leveraging our funding sources, we are able to get more accomplished to work towards a healthier watershed," explained Amanda Kuenzi, Mountain Studies Institute.

The Mountain Studies Institute is also working with private landowners on par-



Southern Ute Wildlife Fisheries Biologist, Ben Zimmerman holds a cut branch from a Russian olive tree, which brandish large thorns.

tribal lands to restore large inated industry. Southwest risk-dominant forest with no swaths of the riparian corridor along the Animas River. Seeds are easily spread along the river corridor, so by clearing Russian olive from adjacent parcels, there is less chance of new trees sprout-

ing up on tribal lands. "SCC's primary contribution to this collaborative partnership is to put technical crews on the ground - this work can be very time and labor intensive and requires a detailed and thoughtful approach," Jordan Burningham, Operations Director for Southwest Conservation Corp. emphasized. "Our field crews use chainsaws as well as other hand tools to treat these areas in the least impactful way possible and often camp nearby in order to maximize time in the field. Our members are serving a term for AmeriCorps in which they volunteer their time to work on service projects in the region, and in return get critical training as well as experience in conservation-based projects to aid in their professional development and workforce readiness."

"Our immersive model also helps individuals learn how to effectively work in a team environment and be able to lean on each other a bit more for support," Burningham explained. "This aspect is critical for us when running crews that are built around offering a space under-represented populations can flourish; in this case particularly, [an allwomen/non-binary chain-

Conservation Corps offers many crew models and varying work throughout the region in order to best answer local land-management needs, as well as offer many pathways for our participants to fine tune their experience during their time of national service."

The crews continue working together, 10 days on, four days off, mitigating a mixture of private and tribal lands which sit adjacent to each other, cut by winding riverbanks. The chainsaw crews will continue their work through early November, moving north and south through the Animas River Valley.

"As you move south along the Animas River and into the San Juan River corridor, into warmer temperatures at lower elevations, you see Russian olive becoming more and more dominant, even creating a monoculture. Russian olive thrives in desert environments, so by removing the seed source today, we are building resilience for a healthier watershed in the future when we may see warmer temperatures in our reach of the Animas River, explained Kuenzi. "We are working together today to ensure a more secure water supply and a healthier river ecosystem for tomorrow. I'm so glad to be working with the Southern Ute Indian Tribe and Southwest Conservation Corps on this project. It allows us to get so much more accomplished by working together!"

Southern Ute Utilities Division SOUTHERN UTE GROWTH FUND | 9/09/20

UPDATED ANNOUNCEMENTS

TRANSFER STATION 2020

MODIFIED HOLIDAY HOURS

JAN. 20TH MARTIN LUTHER KING DAY- OPEN FEB. 17TH PRESIDENT'S DAY - OPEN MAY 25TH MEMORIAL DAY - CLOSED JULY 3RD FOURTH OF JULY HOLIDAY - OPEN JULY 4TH FOURTH OF JULY - CLOSED SEPT. 7TH LABOR DAY - OPEN

NOV. 11TH VETERAN'S DAY - OPEN NOV. 26TH THANKSGIVING DAY - CLOSED NOV. 27TH THANKSGIVING HOLIDAY - OPEN DEC. 10TH LEONARD C. BURCH DAY - CLOSED DEC. 11TH LEONARD C. BURCH HOLIDAY - OPEN DEC. 24TH CHRISTMAS EVE - OPEN DEC. 25TH CHRISTMAS DAY - CLOSED DEC. 31ST NEW YEAR'S EVE - OPEN JAN. 1ST NEW YEAR'S DAY - CLOSED

> MODIFIED HOURS OF OPERATION: MONDAY—SATURDAY, 8 AM TO NOON

Due to COVID-19, Modified Hours of Operation

Utilities Office 8AM to Noon, Mon-Fri

Transfer Station: 8AM to Noon, Mon-Sat

PAYMENT REMINDERS:

Pay your Utility Account NEW! Online at:

- www.suitutil.com Choose "Pay My Bill"
- Wells Fargo (Ignacio Branch) Drive-Thru
- Automatic deductions at Tribal Distribution (call Utilities office for applica-
- Mail payment made payable to "Southern Ute Utilities Division" PO Box 1137 Ignacio, CO 81137

PO Box 1137 16360 Hwy. 172 Ignacio, CO 81137 (970) 563-5500 www.suitutil.com



Summary of continuing Core Services • from page 1

member. However, tribal members can apply for more than one grant, but the combined total may not exceed \$2,000. The final deadline to apply for a grant is Dec. 15, 2020. The grant proceeds must be used for basic living expenses incurred from March 7, 2020 through Dec. 30, 2020. Examples of basic living expenses include rent, home mortgage, insurance, utilities (such as water, gas, sewer, electricity, and/or any overdue balances associated with utility services), cost of home-schooling children, childcare, and food. Tribal members will need to be able to document these expenses, and the total request cannot exceed \$2,000 per individual. In addition, you will be required to certify that the information you provide in the application is correct. If you are applying on behalf of an enrolled minor, please include a separate application for each minor. Payment made on behalf of minors will be paid to the custodial parent or guardian with whom the minor is living. The grant award will be made via check or direct deposit following the same method as is used for your regular tribal distribution. Checks or direct deposit notices will be mailed to the address on file that is used for your tribal distribution. You may designate that the grant, or a portion thereof, be used to pay your utility bill with Southern Ute Utilities. There will be a place on the application to make this request. The Tribe has made every effort to classify these funds as non-taxable. However, there is no guarantee as to how the IRS will treat the grant for tax purposes. If these funds are determined to be taxable, you will receive an IRS form 1099-MISC from the Tribe next February showing the amount of the grant that was reported to the IRS. If you have any questions, please contact the following: Barbara Prestel 970-563-2260 Tracy Swartz 970-563-2437 Linda

• **Purchasing** – Purchasing will process as normal remotely.

Winkler 970-563-2443.

- Contracts and Grants All aspects of contracts and grants management will continue as normal.
- Budgeting and Planning All aspects of FY2021 budget planning will continue.

CULTURAL PRESERVATION

Hours of Operation: Monday through Friday from 8 a.m. to 5 p.m.

The Cultural Preservation Department staff will be working remotely, but available via phone to respond to questions about cultural events, upcoming tribal fair, and any other related matters.

All events and activities associated with the 100th Annual Tribal Fair and Powwow have been cancelled.

EDUCATION

Hours of Operation: Monday through Friday from 8 a.m. to 5 p.m.

• SUIMA – The Southern Ute Indian Montessori Academy will begin the 2020-2021 Academic Year on Monday, Aug. 31, 2020. Instruction will be limited to remote learning only, on-campus learning is unavailable at this time. SUIMA will host (online/ in-person) classroom orientation the week of Aug. 31 through Sept. 4, 2020. The orientation will provide introductions, explain how remote learning will be conducted, provide a demonstration of online learning tools (including log-in instructions), and answer any questions. Chromebooks will be available to Primary and Lower and Upper Elementary students; Parents/Guardians should request a Chromebook during the orientation. SUIMA will use Google Classroom to deliver Remote Learning lessons. Online academic programs such as Freckle and Lexia will be accessible for K-6 grade.

SUIMA will continue to work on a schedule for households with multiple students who have a limited number of devices available at the same time. For students who do not checkout a Chromebook or who do not have the means to learn remotely, SUIMA will prepare hard-copy packets on a weekly basis. Please contact SUIMA Administration if your student will require a hard-copy packet and to receive the packet as part of the pick-up process.

Both breakfast and lunch will be provided to students by signing up with SUIMA Kitchen Manager, Geneva Watts-Gomez, at 970-563-2770 or SUIMA Administrative Assistant, Jasmine Weaver, at 970-563-0253.

- Higher Education Higher Education will work remotely advising student through email, regular mail, and phone calls. GED and Adult Education lessons will be provided through emails and phone calls.
- Public Education Public Education will work remotely providing tutoring and student support through emails, text, and phone calls. There is partial funding available if students need assistance with tech-

nology and other educational needs.

Enrolled Southern Ute tribal members can access the Computer Purchase Cost Share program. For more information on the program, please contact Mrs. Ellen Baker at 970-563-0235 or via email at esbaker@ southernute-nsn.gov.

HOUSING AND CONSTRUCTION SERVICES

Hours of Operation: Monday through Friday from 8 a.m. to 5 p.m. Staff will remain on-call for emergencies.

Staff are continuing to work remotely and on an on-call and emergent basis, all major electrical, plumbing, sewer, gas, and HVAC systems will continue to be addressed by staff. In addition to emergencies, CSD will be responding to requests for swamp cooler issues, minor water drips on plumbing fixtures, non-emergent electrical requests and basic small repair. Please call the Southern Ute Police Department Dispatch at 970-563-4401 for household emergencies.

Staff may ask the tribal membership to leave the home or isolate in a spare room while work is taking place. Staff will respond to emergency requests at the Cedar Point Townhomes. Rent payments and processing will continue and must be post marked by the 5th of the month and mailed to the attention of the Cashier in Finance. Office phones will be forwarded to staff who can walk the membership through some basic repair tasks.

JUSTICE AND REGULATORY

Hours of Operation: Office hours Monday through Friday from 8 a.m. to 5 p.m.

- Southern Ute Police Dept. The Southern Ute Police Dept. will continue to provide law enforcement services, radio communications (911), criminal investigations, and victim services during this time.
- Division of Gaming Division of Gaming investigators will provide tribal building security patrols on and off campus, extra patrols of Casino, and assist tribal court with required paper service.
- Southern Ute Detention Center The detention center will continue to provide services for inmates. Effective immediately, all visitation is suspended. This includes all contact and non-contact visits. Education, PBT breath samples for courts and probation have been suspended. Food and supply deliveries will be dropped at the Sally Port behind the kitchen. The driver will not enter the facility as trustees and staff will bring supplies into the kitchen. Office supplies will be No one will be allowed access to the facilto work that day. SUPD, SUSS, Los Piños Fire Protection District, and maintenance are allowed to enter the facility on an as needed basis. SUDC will continue to house contract inmates but will not be accepting new contract inmates at this time. Bail bondsman will be permitted into the Sally Port but will not enter the facility. Anyone who enters the facility including bondsman in the Sally Port will be asked if they have exhibited any symptoms of COVID-19.
- Tribal Rangers Rangers will continue to patrol the reservation and serve as first responders. Animal Control Officers will con-
- tinue to provide services for the community. Environmental Programs - Environmental Services will work remotely with the exception of monitoring stations for air quality and water quality within the boundaries of the Southern Ute Indian Reservation.
- Tribal Employment Rights Office (TERO) – TERO's hours of operation will be Monday through Friday from 7 a.m. to 12 p.m. Departmental phones will be transferred to the staff and the main line will be transferred to the TERO Division Head cell phone. This includes lawn maintenance service request and communication to lawn maintenance staff. The direct line is 970-563-0117.

PROPERTY & FACILITIES

Hours of Operation: Monday through Friday from 8 a.m. to 5 p.m.

- Custodial Services Custodial Services is one of the most vital departments operating at this time and will continue to provide cleaning and sanitation of only the spaces where critical staff and IMT are operating.
- Motor Pool Motor Pool will cease all services to vehicles except for emergency service vehicles and other needs for critical tribal operations.
- Building Maintenance Building maintenance will work remotely and respond to major repairs as necessary and continue monitoring building maintenance needs.
- Grounds Maintenance Grounds maintenance will address trash pick-up and maintenance throughout the tribal campus and only in the spaces where critical staff and IMT are working.

TRIBAL HEALTH

Hours of Operation: Office hours Mon- Hours of Operation: Monday through day through Friday from 8 a.m. to 5 p.m.; Health care service hours vary, please see below.

Tribal Health Services is the most critical department providing services to the tribal membership during this time. Please continue to call the Southern Ute Health Center prior to your arrival; this practice is for the health and protection of both the patients and health care providers.

- Southern Ute Health Center The Health Center will be open Monday through Friday from 8 a.m. to 5 p.m. Respiratory ailment screenings will be conducted in the tent located behind the Southern Ute Health Center beginning at 8 a.m. All specialty medical clinics are postponed. Lab hours of operation will be Monday through Friday from 8 a.m. to 5 p.m. (except during the lunch hour from 11:45 a.m. to 12:45 p.m.). Pharmacy hours of operation are from 8 a.m. to 5 p.m. (except during the lunch hour from 11:45 a.m. to 12:45 p.m.), however patients are not allowed access to the pharmacy through the clinic. Pharmacy will be available Monday through Friday, 9 a.m. to 4:30 p.m. with a half hour lunch at noon. Physical Therapy appointments will be made from 12:30 to 4:30 p.m. as
- Dental Clinic The dental clinic will see patients Monday through Friday from 7:30 a.m. to 1 p.m. Additional hours are available depending on the age groups and the dentist availability.
- Optometry Optometry emergency services are being provided on Mondays and Wednesdays from 1 - 5 p.m., by appointment. Optometry will continue to address emergencies along with basic optometry appointments. The direct line is 970-563-2374.
- Behavioral Health Behavioral health staff will be reaching out to patients, providing services and how to cope during stressful times. Providers are addressing the possibility of utilizing tele-medicine.
- **Public Health Nurse & Community** Health Representatives (CHR) - The public health nurse and CHR's will provide medication deliveries, non-emergent medical transport, home visits, and case management as needed. Dialysis transports will continue.
- Shining Mountain Health and Wellness The Shining Mountain Health and Welldropped at the main administrative entrance. ness staff will temporarily modify their scope of work to assist the Southern Ute and exit through the front gate. ity other than SUDC staff that is scheduled Indian Tribe COVID-19 Call Center. Staff • Vocational Rehabilitation – Vocational are identifying the program capacity to Rehabilitation will provide consumer meetprovide weekly cooking and other related information.

TRIBAL **INFORMATION SERVICES**

Hours of Operation: Monday through

- Friday from 8 a.m. to 5 p.m. • Administration – TIS staff will work with limited staff continue to process mail for the tribal government, answer and transfer incoming calls to tribal departments, and provide modified services.
- Vital Statistics Vital Statistics will continue to process enrollment applicaexemption forms, and notary public services. This will be available on Monday -Wednesday – Friday from 8 a.m. to 12 p.m. in the Central Receiving building.
- The Southern Ute Drum The Southern Ute Drum will continue to maintain production and provide special coverage on the COVID-19 outbreak and other current

issues and events. The Drum newspaper has resumed printing and is on newsstands and in mailboxes as of Friday, Aug. 28 and will also continue to be available online as an e-Edition at www. sudrum.com/eEditions/. The Southern Ute Drum will adhere to the publication schedules and print deadlines for 2020, in order to share relevant news and information with the Southern Ute tribal membership, tribal departments and community in the best and most efficient way possible.

• Mailroom - Mail service remains available. We will continue to meet the needs of tribal departments who have crucial tasks that involve postage. The schedule created to address tribal government mail delivery and mail pick up will be, Monday, Wednesday, Friday, 8 a.m. to 12 p.m., First mail run at 8:30 am and the last one at 10:30 am. The only exception would be if the last day of the month or first day of the month falls on a Tuesday or Thursday, we will come in to do the postage and deliver the mail to the post office in the morning.

TRIBAL SERVICES

Friday from 8 a.m. to 5 p.m.

- **Emergency Family Services (EFS) -**EFS is encouraging clients to utilize the online application and submission process to limit the in-office exposure. EFS is working with Farmers Fresh to accept applications from EFS online through email so tribal members can receive food vouchers at the store. All clients must call ahead to request funds available to them. Clients will need to contact EFS through the phone at 970-563-2329. EFS will be working in collaboration with Elders Services to provide applications to/from Tribal Elders and/or disabled clients for assistance. EFS is also temporarily modifying services for off-reservation tribal members by providing the option of receiving \$200 or \$100 for grocery, as long as funds are available.
- Elders Services Elders Services will continue normal operation hours of Monday through Friday from 8 a.m. to 5 p.m., however limited service for medical, grocery and household necessity delivery, and emergency services will be provided. Medical transport will be provided only for doctor appointments scheduled as of Friday, March 18, 2020, as well as medical emergencies. Staff will continue to deliver medication, groceries, bill pay, and post office runs within the approved safety zones. Elders Services has the right to refuse medical transport based on approved screening questions and a Doctor's recommendation. Staff will implement safe contact practices with tribal elders by phone. In-person visits will be available Monday, Wednesday, and Friday from 8 a.m. to 12 p.m. and must adhere to the tribal policy and practice of social distancing based on recommendations from the Southern Ute Indian Tribe Incident Management Team. Elders Services staff will work with other programs within the Tribal Services Department to coordinate services for tribal elders/members with disabilities.
- **Food Distribution** Food Distribution is encouraging people to apply online. Staff are currently developing an online, pdf-fillable application and, upon completion, will be placed on the tribal website. Home delivery orders will be taken over the phone. Priority will be given to the elderly and disabled tribal membership. Participants will call in food orders and receive a time to pick-up their order. Entry will be through the back gate, guests will review the order in the loading area, sign in receipt of food,
- ings via phone or email and collaborative meetings with local vendors and resources via conference call, Zoom, and other technology services.
- Social Services Social Services will provide immediate response to client calls, emergencies, and continued collaboration with the Southern Ute Police Dept. The tribal hotline for child abuse and neglect will continue to be available. Therapy sessions will be provided over the phone, through Facetime or Skype, and home visits as needed.

NATURAL RESOURCES

tions, certificate of Indian blood (CIB), tax Hours of Operation: Monday through Friday from 8 a.m. to 5 p.m.

> The Department of Natural Resources will provide ongoing duties that are essential for continuity of operations and maintaining the Tribe's business interests. The department will consider emergency meetings only.

- GIS GIS will work remotely to continue to provide map support services to the tribal membership as well as the Southern Ute Indian Tribe Incident Management Team as requested.
- Lands Lands will work remotely and continue to provide land assignment administration and commercial crossing permits on an emergency basis.
- Agriculture Agriculture will continue to provide custom farm and agriculture support services including pest management as delegated.
- Water Resources Water Resources will continue to provide irrigation support services and water administration.
- Range Range will continue to provide emergency gas well spill management response and oilfield onsite inspections only when critically necessary.
- Forestry Forestry will continue to provide emergency firewood services only, IMT planning, and forestry contract administration.
- Wildlife Resources Wildlife will continue to provide bison heard management, hunting/fishing licenses Tribal member





Plazapalooza at The Powerhouse

The Powerhouse presents Plazapalooza Sunday, Oct. 4 from 2 – 5 p.m. Join us outside on the plaza for live music and local food vendors. Cash bar available.

Adhering to local health department and state covid guidelines, we will be creating a fun, safe, socially distanced event for you to enjoy.

First come first served seating. The event is pay what you wish, with a suggested donation to support STEM education!

Divorce & Custody Clinic

October 20th 5:30 pm to 7:00 pm

This free presentation will cover doing your own divorce and/or custody case in Colorado.

Tenant Rights Clinic

November 17th 5:30 pm to 7:00 pm

This free presentation is designed for low-income residents who are renting property from private landlords in Colorado

Clinics presented via Zoom

Website: zoom.us/join Phone: 312-626-6799 Meeting ID: 817 7120 0015 Password: CLS2020

If you have questions on how to attend these clinics or would like more information, please call 247-0266.





SUMMARY OF CORE SERVICES • FROM PAGE 12

only, and Lake Capote dam early warning system monitoring. Bison meat will be available to the tribal membership by appointment only. Please call 970-563-0130 to schedule an appointment to pick-up bison meat. Hunting permits are currently being mailed to tribal hunters and appointments can still be made Tuesday through Thursday from 8 a.m. to 12 p.m..

 Lake Capote – Lake Capote is open only immediate family only on Thursday, Friday, Saturday, and Sunday; shoreline and dock fishing only; the Wildlife Division and Lake management believe that a re-opening of the restroom facilities can be accomplished in a COVID safe manner. These facilities include the shower-house in the campground, and the restrooms at the Bait shop; limited bait shop sales through window. For Lake Capote questions, please call the Lake Manager at 970-883-2273 or The Southern Ute Wildlife Division at 970-563-0130.

HUMAN RESOURCES

Hours of Operation: Monday through Friday from 8 a.m. to 5 p.m.

Human Resources Dept. staff will work remotely and available by email and phone for assistance with employee benefits and employee questions/support. Risk Management continues to be involved in the Southern Ute Indian Tribe Incident Management Team and the COVID-19 response efforts.

INTERNAL AUDIT

Hours of Operation: Monday through Hours of Operation: Monday through Friday from 8 a.m. to 5 p.m.

The Internal Audit department will work remotely to assist with the continuity of government operations and meet with Tribal Council regarding on-going projects.

BOYS & GIRLS CLUB

Hours of Operation: Monday through Friday from 8 a.m. to 5 p.m.

The Boys & Girls Club is closed during this time. There will be no direct services provided, but Club staff will be offering programming, activity supplies and virtual support to families remotely.

TRIBAL PLANNING

Hours of Operation: Monday through Friday from 8 a.m. to 5 p.m.

The Tribal Planning Department will work remotely, continuing to plan functions on current projects.

SUNUTE COMMUNITY CENTER

Hours of Operation: Closed

The SunUte Community Center facilities are currently closed during this time.

LEGAL

Hours of Operation: Monday through Friday from 8 a.m. to 5 p.m.

for enrolled Southern Ute tribal members and The Prosecutor will attend court hearings as scheduled by the tribal court. The legal department will be available for child and elder protection services for the Department of Social Services and can be contacted by phone.

SOUTHERN UTE MUSEUM

Hours of Operation: Monday through Friday from 8 a.m. to 5 p.m.

The Southern Ute Museum is currently closed but will work remotely and continue the caretaking of exhibits, collections, and

PERMANENT FUND INVESTMENTS

investment capital.

Hours of Operation: Monday through

Friday from 8 a.m. to 5 p.m. The Permanent Fund Investments will work remotely to continue to manage the Tribe's

SOUTHERN UTE INDIAN TRIBE COVID-19 CALL CENTER

Friday from 8 a.m. to 5 p.m.

The Southern Ute Indian Tribe COVID-19 Call Center will remain active through the duration of the modified government services being provided. Tribal members can reach the call center by dialing 970-563-0214. Please know this is not an emergency line, it is strictly information gathering and dissemination. Call center hours of operation are 8 a.m. to 5 p.m., Monday through Friday until further direction is mandated by the Southern Ute Indian Tribe (IMT).

In addition to fielding calls, the call center will be making proactive calls to Tribal Elders, the disabled and high-risk tribal membership for current updates or directives delegated by the IMT.

If you are a tribal member and concerned about your symptoms, please contact your primary care provider or call the Southern Ute Health Center at 970-563-4581 to speak with a health care professional

Where to listen to KSUT Tribal Radio

- KSUT Tribal Radio 91.3 FM (Ignacio)
- KUUT 89.7 FM (Farmington/n.w. N.M.)
- KZNM 100.9 FM (Towaoc)
- www.KSUT.org (Streaming live)





See what's new at KSUT

Take the virtual tour of the newly built KSUT Eddie Box Jr. Media Center at https:// www.ksut.org/post/

SOUTHERN UTE POLICE DEPARTMENT

SUBMIT A TIP

Anonymous Tip Submissions

Do you have information about a

Please call the Southern Ute Police Department Anonymous Tip Line -(970) 563-4999. This "Tip Line" was designed to allow you the ability to provide law enforcement with information, anonymously if need be, regarding criminal, drug, or suspicious activity. The "Tip Line" is monitored around the clock by SUPD Investigators, but it DOES NOT replace 9-1-1 or the nonemergency police number (970) 563-4401.

If you prefer, you may also submit an anonymous tip online by visiting; https://www.southernute-nsn.gov/justice-and-regulatory/supd



Tribal Member Hearing and Supplemental **Comment Period: Draft Water Quality Standards & Clean Water Act Section 401 Certification Procedures**



For all interested tribal members, a live on-line hearing regarding the Tribe's draft Water Quality Standards for Surface Waters on the Southern Ute Indian Reservation and Clean Water Act Section 401 Water Quality Certification Procedures will be held on:

October 15, 2020 1:00 p.m. to 4:00 p.m.

Tribal members can register and attend the meeting via Web-Ex on the Tribal Member Portal. The live-online hearing will be recorded and posted on the Tribal Member Portal for tribal members to view at their convenience.

A 60-day tribal member comment period on the Environmental Programs Division's proposed tribal water quality standards and Clean Water Act section 401 certification procedures will be from Monday August 31, 2020 through Friday October 30, 2020.

You can submit your comments by one of the following methods:

- E-mail: wqs@southernute-nsn.gov
- Mail: Water Quality Standards Committee, Environmental Programs Division, Southern Ute Indian Tribe, P.O. Box 737 #81, 71 Mike Frost Way, Ignacio, Colorado 81137.
- Phone: (970) 563-4705, extension 7901 to comment on the water quality standards and Clean Water Act section 401 certification procedures.

Proposed Water Quality Standards for Surface Waters

Clean Water Act Section 401 Certification Procedures

What does this mean for the Tribe?



- Protecting the Tribe's water resources from pollution
- Protecting tribal member health and welfare.
- Protecting wildlife and aquatic species. Exercising tribal sovereignty

What are water quality standards?



- A legal basis for controlling pollutants entering tribal waters (such as those from wastewater plants and industrial facilities).
- Describes the condition of the waterbody.
- Classify water bodies into designated uses (such as, recreation, agriculture, public water supply, protection of fish and wildlife)
- Establish numeric and narrative criteria for pollutants in tribal waters.

To what water bodies will the Tribe's water quality standards apply?



All water bodies within the exterior boundary of the Southern Ute Indian Reservation (such as, rivers, streams, lakes, ponds, and wetlands) over which the Tribe has authority for establishing water quality standards.



- Procedures the Tribe will follow to issue 401 water quality certifications.
- A 401 water quality certification is needed for projects that require a federal permit (such as, pipeline construction projects that may impact water quality).
- Under Clean Water Act section 401, the Tribe has the authority to review and certify certain projects for impacts to water quality.
 - If the Tribe believes a project could negatively impact tribal waters, the Tribe can add conditions to the federal permit that provide increased protection of tribal waters (such as,

October 15, 2020 1:00 PM - 4:00 PM



Suicide Attempt Survivors' Support Group



COLLABORATIVE

The La Plata County Suicide Prevention Collaborative is sponsoring an 8-week support group for Suicide Attempt Survivors utilizing curriculum designed by Didi Hirsch's Suicide Prevention Center. This group will provide a safe, non-demanding atmosphere where participants can be among others who understand their experience and take small steps toward healing as they choose.

The group will meet weekly via Zoom and is free of charge. To be eligible, each participant must have made one or more suicide attempts and participants are required to complete an intake interview with the facilitator prior to attending.

The curriculum is designed to:

- Maintain participants' safety and manage risk
- Reduce internalized/ perceived stigma and increase coping skills as they relate
- Increase comfort with and ability to speak about the thoughts and feelings that led to their suicide attempt and learn how to recognize and cope with these feelings if they return in order to decrease the likelihood of reattempts
- Increase knowledge about, and the likelihood of using, safety planning tools
- Increase connectedness, including access to peers who can support each other in times of crisis
- Increase hopefulness

DATE: Tuesday, 5:30-7:00pm beginning October 27, 2020

LOCATION: On-line via Zoom

FACILITATORS: Megan McCartney, LCSW & Emma Harmon

Please contact Megan McCartney at mccartneycounseling@gmail.com if you have a client or know someone who would be interested in participating. The group is closed to additional participants once the eight-week cycle begins.

COVID-19 **MENTAL HEALTH**

WEBINAR TOPICS

- Resiliency Building

- Mindfulness
- Managing Productivity

Many tribal communities are dealing with never-before seen issues during this tough time and it is

Who:

every webinar

Where:

contact Elisha Sneddy for links to register.

When:

month in September, October, November and

For more information contact: Elisha Sneddy at esneddy@aaihb.org

NATIVE HELPLINE

Domestic Violence Awareness sheds light on victim-survivors

Call for end to violence inflicted on Indigenous peoples

Staff report

Every October during Domestic Violence Aware-Month (DVAM), advocates and communities across Indian Country and the United States rally together to honor survivors of domestic violence and support abuse prevention.

In 2020, StrongHearts Native Helpline once again calls on advocates, tribal leaders, reservation and urban Indian community members, service providers and Native organizations to support the movement to prevent and end domestic violence, which disproportionately affects millions of Natives every year.

Violence against Indigenous peoples began with European contact and has continued to this day, adding up to more than 500 years of abuse. Domestic violence, which continues as a tool of colonization, represents a lack of respect for Native peoples.

Native women and men in the United States experience domestic violence at alarming rates, with more than four in five Natives having experienced some form of violence in their lifetime and more than half experiencing physical violence by an intimate partner in the past year.

STRONGHEARTS NATIVE HELPLINE many faces: physical, sexual, emotional, cultural, financial and digital. It doesn't discriminate and heighten public awareincludes violence against children, elders, LGBTQ2S individuals. There is also a strong connection between Helpline Director Lori domestic violence and thousands of Missing and Mur- Tribe of Chippewa Indidered Indigenous women.

> Native nations in the Lower 48 and Alaska Native Villages continually go underfunded for life saving domestic violence services. Now in its fourth year of operation, StrongHearts has received more than 9,103 phone calls and online chats requesting critically needed support to deal with intimate partner violence. Of the phone calls, 5,010 were received in 2019 - a 396% increase from 2018.

This year during the Covid-19 pandemic, converviolence have attracted international media and public attention. Alarming increases due to victims and their abusers being trapped in close of violence during this uncer-StrongHearts added sex- 10 p.m. CT.

Domestic violence has ual violence advocacy to its existing domestic and dating violence outreach services.

> "We must continue to ness of the issues of violence in Indian Country," says StrongHearts Native Jump (Sault Ste. Marie ans). "StrongHearts Native Helpline urges all individuals not only during October but throughout the year to believe survivors, speak out and take action against abuse, and to share supportive resources with their loved ones and communities in a concentrated effort to put an end to domestic violence forever."

StrongHearts Native Helpline is a safe, anonymous and confidential domestic, dating and sexual violence helpline that offers culturally approsations focused on domestic priate support and advocacy for American Indians and Alaska Natives. If you or someone you love is expein domestic violence have riencing domestic, dating been documented worldwide, or sexual violence or if you have questions about your behavior, help is available. quarters while sheltering in For one-on-one advocacy, place during quarantines. In click on the Chat Now icon August, in an effort to help at www.strongheartshelpline. Natives affected by all forms org/ or call 1-844-7NATIVE (762-8483). Advocates are tain and dangerous time, available daily from 7 a.m. to



History Makers Needed

Earn extra income, work flexible hours, and work within your neighborhood and community. There are various field and office positions available for full and part-time jobs. Be a history maker and help get funding for your community.

Apply today at 2020census.gov/jobs

Shape your future START HERE >

HOME



To order detector contact Randi Rock Tribal Housing 970.563.4710 285 Lakin St. To schedule installation contact

Polly Blakenship Construction

Services 970.563.2500

270 Hwy 151

Tribal Housing is currently working in collaboration with the Executive Office to ensure the health and well-being of the Southern Ute Tribal Elders by purchasing a home carbon-monoxide detector for the primary residence of the Tribal Elder.

Tribal Elders (both on and off-reservation) who wish to participate in this program should contact Tribal Housing. Tribal Elders who reside on the reservation have the choice to install the carbon monoxide detector on their own or contact Construction Services to schedule an install date. Tribal Elders who reside off-reservation should contact Tribal Housing to verify their address for the carbon monoxide detector to be mailed directly to their residence.















Signs of Carbon Monoxide Poisoning

Headache, nausea, vomiting, fatigue, confusion, drowsiness, increased heart rate, unconsciousness, convulsions, cardio-respiratory failure, and

In the event of an Emergency

Immediately leave the home and dial 911 for assistance. Do not return to the home until emergency responders have authorized you to do so.

SUPD - 970.564.4401

Warning Signs of a Carbon Monoxide Leak



Dark stains on/around



Pilot lights that frequently blow out





Stay at Home Order



Care for

Family & Pets

Go to work

or get things

from work



Exercise and engage in non-



group activities



SOUTHERN UTE INDIAN TRIBE

Effective Public Health Orders

medical supplies







Get or buy educational supplies





Indoors and Outdoors when social distancing measures are not possible

Both orders remain in effect until further notice.

SOUTHERN UTE COVID-19 CALL CENTER - 970.563.0214 MONDAY - FRIDAY 8:00 A.M. UNTIL 5:00 P.M.

Designed & Published by Lindsay J. Box





Attention State Hunters

Due to the Stay-at-Home orders put in place by the Southern Ute Indian Tribe, the following access areas have been closed and the Lands Division will not be issuing Crossing Permits to State hunters for these areas:

- · Chimney Rock/Haystack Mountain
- Washington Flats
- Turkey Creek

Please contact the Lands Division for further information at 970-563-0126.



REMINDER to HUNTERS BIG GAME VALIDATIONS ARE REQUIRED FOR ALL HARVESTED BUCKS & BULLS

Please call to make an appointment:

Monday-Friday 8:00-5:00 p.m. 970-563-2416 or 970-563-2418

Or during office hours at: Tuesday-Thursday 8:00-12:00 p.m. 970-563-0130



UPDATE:

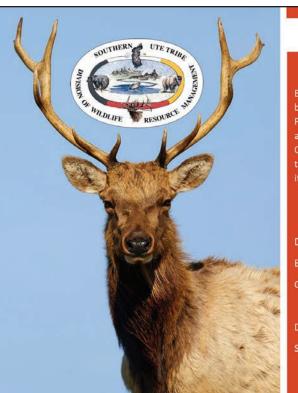
Southern Ute 2021January Cow Hunt will only be offered to Local Southern Ute 1st Descendants.

All Southern Ute 1st Descendant applicants must reside within the designated "Safe Zone" as defined by the IMT and Tribal Council.

Applications will be taken through December 18th, 2020

Please Call the Wildlife Division for more information: (970) 563-0130





DIVISION OF WILDLIFE

Big Game Hunting Season

Big Game permits will be available beginning Monday, August 17th, 2020. Please call (970) 563-0130 to make arrangements for pick-up. Due to Covid-19 we are also encouraging tribal members to have them mailed, if possible.

Big Game Season Dates:

SUIT Reservation

Deer, Elk & Fall Turkey

Farly Archery Aug 29—Sept 11

Early Archery Aug.29–Sept.11

Brunot Are

Deer, Elk & Fall Turkey

Sept. 2nd – Nov. 22nd

Wellness Court honors Weaver



Fabian Martinez/SU Drui

Judge Scott Moore and Senior Probation Officer Vanessa Torres wrap Jasmine Weaver in a Pendleton blanket in celebration of completing her time in the tuuCai Wellness Court on Thursday, Sep. 10 in the Southern Ute Tribal Courtroom. As social distancing protocols were instilled for the safety of the graduate and those in the courtroom, Weaver was the first graduate from the Wellness Court during the COVID-19 pandemic resulting in a unique experience. Members of Tribal Council, Wellness Court, friends, and family congratulated Weaver via WebEx video conference on her hard work and dedication during this difficult time.

Hay For Sale to Tribal Members

The Southern Ute Tribe's Agriculture Division has a limited amount of hay for sale to Tribal members.

This hay is being produced on a parcel of Tribal Land managed by the Agriculture Division. The hay is about 50% alfalfa mixed with grass. Third cut will be baled in small-square bales weighing approximately 65 pounds.

The price is \$7 per bale and there is a limit of 160 small bales until Nov. 1, 2020.

Small lots of less than 30 bales may be picked up at the Agriculture Division. Purchases exceeding 30 bales may be delivered by Division staff within a 15-mile radius of Ignacio.

Currently second cut, all large bales, are stacked under cover and are \$125 per bale.



Feed analysis report on the second cut came back at 17.7% Crude Protein, 38.0% ADF, and 59.7% TDN. All hay is available to Tribal members only and on first come first served basis.

Contact the Agriculture Division at 970-563-2900 to purchase.

	N UTE TRIBA						
AG D	ivision – Fall P	roduce					
	October 2020 Pick Up Date 10/2						
INAL ORDER Date 10/		Final Pick Up Date 10/29/2					
The second secon	Cash or Personal Check ONLY	NO.					
Pinto	: Adobe Milling in Dove	Сгеек Anasazi					
rinto		Alidadzi_					
2# \$2.10		1# \$1.60					
4# \$3.90		4# \$5.60					
10# \$9.50		10# \$12.50					
20# \$17.50		20# \$20.00					
50# \$40.00		50# \$50.00					
Pota	toes: Farm Fresh in Mon	te Vista					
Red Potatoes	Yellow Potatoes	Russet Potatoes					
5# \$1.55	5# \$1.40	5# \$0.95					
10# \$3.00		10# \$1.70					
50# \$14.50	50# \$13.00	50# \$8.70					
		Bakers 50# Box \$15.00					
	Flour: Cortez Milling						
Red Rose (<mark>Unbleached</mark>)	White Rose	Blue Bird					
5# \$2.25	5# \$2.25	5# \$2.50					
10# \$4.00	10# \$4.00	10# \$4.50					
25# \$9.25	25# \$9.25	20# \$7.25					
50# \$18.00	50# \$18.00	50# \$18.00					
Blue Corn Meal – Un	roasted	Whole Wheat Flour					

BOBCATS BOYS CROSS-COUNTRY

YOU GO, BRO: Quintanas pace IHS in Durango

By Joel Priest SPECIAL TO THE DRUM

Recognizing virtually nobody other than his teammates, freshman Phillip Quintana turned - often literally while on course, looking to catch an orientating and/or motivating glimpse - to the most familiar Bobcat within Ignacio's camp to help keep him on his, well, 'P' and 'Q' at the 2020 Four Corners Southwest Classic Friday afternoon, Sept. 18.

And with older sibling Eppie leading the way, Phillip chopped an excellent 49 seconds off his varsity-debut (at the Grand Junction Tiger Invitational) time six days earlier, and helped comparatively-younger IHS boys' contingent post a ninth-place result at Durango's Hillcrest Golf Course.

"It's cool to try to, like, catch up to him in a race and hopefully stay with him eventually!" Phillip Quintana said, following his 21-minute, 59-second effort, which held up for 32nd place overall. "Didn't know anyone from any of the other schools ... and the grass was a little bit mushy, slowed me down a lot. But other than that, I felt pretty good."

"Got a new PR," noted head coach Daniel Holley. "So I think once he kind of learns some 'race strategy' we'll see him break into that top group of my boys heading forward."

Presently atop said pack, Eppie Quintana had placed a team-best 31st up in Mesa County on the James M. Robb Colorado River State Park, Connected Lakes Section route, but laid down an outstanding 19:20.9 while attempting to keep up a siz- rather than early in the mornzling pace on paths Holley ing on Connected Lakes' 33:57 - a slower clip than 16 (he was ultimately off by sophomore Quintana's time Invite showing (Tucson had 0.9 seconds; 5A Fruita Mon- understandably slowed some-



Joel Priest/Special to the Drum

Eppie Quintana (976) extends his stride at Hillcrest Golf Course in Durango during the 2020 Four Corners Southwest Classic's varsity race Friday afternoon, Sept. 18.

trow won in 16:00.90) times.

"We'd put it on our schedule to go up and race against some of the bigger schools – 5A and 4A schools – just so that the kids could get some exposure to the best of the best. I wanted that to happen," said Holley. "So, going in we knew not to be intimidated, just go in and run our own race; the goal from the start was to really compete against the clock."

"To me it's just awesome to see cross-country at that level," he added. "I hope my athletes appreciated that too."

Running on the softer, grassy surface Hillcrest's links in the afternoon heat ument senior McGinley Zas- what to a 21st-place 20:28 – a

clocking still promising to the skipper.

"He's really finding his threshold, how much pain he can take 'How long can I stay uncomfortable?' He's finding that out about himself," Holley said. "But man, he's getting mentally tough."

With both senior Dylan Labarthe (20:28.3 in G.J., 39th place) and junior Tyler Barnes unavailable, IHS' 3-4-5 scoring runners at the Classic were junior Gabe Tucson, freshman JV call-up Trajan Garcia and junior Jeremy Roderick. Tucson (24:03) and Garcia (24:23) crossed the finish line 40th and 41st, respectively, while Roderick gutted out a 50th-place predicted could yield sub- mostly-paved loops, the his 46th-place 32:03.4 Tiger

Quintanas page 20

LADY 'CATS COP FIFTH • FROM PAGE 1

campaign ued with a team-leading 11th-place 23:23; she was just nine ticks from top-ten status. Valdez finished 17th in 23:51, but was only seven seconds out of 15th.

"Looks great," Holley said. "Her conditioning's really coming into her best as we move into the season, you know?"

Gomez clocked 24:42 and took 22nd, while Nanaeto (26:35) came in 31st and Moriah Ashley (27:51) 34th.

"All the workouts that we'd done in practice, I'd told Maci and Charlize to work together; Charlize has really been a good role model ... teaching her how to pace, teaching her how to run a race," explained Holley. "It's kind of becoming 'expected' for them, those two working together and running together - and seeing how hard they can kick at the end! That's really awesome to see."

Though a couple steps slower across the board, the Lady Bobcats' effort more or less mirrored their work put forth up in Mesa County. Barnes ran 21:24.0 and finished 21st, followed by Valdez's 28th-place 21:44.3 and Gomez's 38th-place 23:02.8. Nanaeto then followed in 41st with a 23:49.4 and Ashley took 44th in 25:14.3.

(Permitted to enter up to seven varsity runners at the G.J. Invite, Holley took full advantage; senior Vanessa Gonzales placed 45th in 25:14.3, and freshman Zoey Ashley, making her prep debut, was 47th in 28:19.2.)

5A Fruita Monument captured first in the girls' team standings with an adjusted meet-low 34 (1-3-9-10-11) points, while 3A Aspen ended up second with 54 and 4A Palisade Eagle Valley (97) and the (101) then followed, with IHS (155; 19-26-34-37-39) taking sixth.

"Last week was a low-elevation, early-morning start; this is a higher-elevation... different course, in the late afternoon when it's hot. And our kids are really starting to get into the peak of their workouts, so I know their legs were beat up," said Holley. "With all that said, I'm so happy with the times."



Avaleena Nanaeto (926) was a cool customer during varsity action Friday afternoon, Sept. 18, at the 2020 Four Corners Southwest Classic at Hillcrest Golf Course in Durango, Colo.



Joel Priest/Special to the Drum

Charlize Valdez (396) enjoys some welcome shade alongside Maci Barnes (383) during varsity action at the Grand Junction Tiger Invitational, Saturday, Sept. 12.

"I think he's going to Lechuga placed 23rd in us a little break."

varsity will next travel to hosting 4A Lady Tigers 3. Results from Ignacio's JV meet Thursday evening, Sept. 24, beginning and ending on the IHS track, were unavailable at press time.

REINFORCEMENTS

In Grand Junction, Ignacio was able to enter a small crew in the Tiger Invite's JV event, held the evening before the varsity race and on the same course. Freshman Darlyn

push us," Barnes said, 26:38.8, freshman Lauren "until like a week before deKay was next across the regionals. Then he'll give finish line, taking 28th in 28:08.8, and junior Lexy After a weekend off, IHS' Young was 29th in 28:11.0.

"Lexy ... actually found third with 84. 4A Gypsum Mancows' Chicken Creek out on the bus ride up that Challenge on Saturday, Oct. she was going to be on JV." Holley said, alluding to the fact Young had run on varsity last season before injuries sidetracked her, "and she was able to push everything aside, not let it get to her, and

> "Lauren and Darlyn, those two have been working really hard," he continued. "Firsttime runners, and I told them if they're interested in cross-country they should stick with it a few more years and see what they can get."

actually go run a great race."

COLORADO SPORTS

CHSAA boy's tennis, boys' golf state championships on tap

Colo. High School Mountain (4A). ACTIVITIES ASSOCIATION

www.chsaanow.com.

Colorado The School Activities Associto Colorado high school this year is the boys' tennis played September 25-26 at Gates Tennis Center (5A) and Pueblo City Park (4A).

The defending boys' tening 2020 include Regis (4A) and Fairview (5A).

By Bert Borgmann Jesuit (5A) and Cheyenne CHSAA POST-SEASON

Following closely on the boys' tennis meets are Editor's Note: All sched- the three classification title ules and results are posted at chases in boys' golf. Teeing it up on Monday and Tues-High day, October 5-6, at Dos Rios Golf Course in Gunation enters its 100th year nison (3A), Country Club offering athletic programs of Colorado in Colorado Springs (4A) and Rolling athletes. The first of those Hills Golf Club in Lakewood (5A). Eighty-four state championships, being players will be taking to the course for the state golf championships.

The defending boys' golf team state champions are nis team champions enter- Lutheran (3A), Montrose

MEDIA PROTOCOL REMINDERS

Please note that to maintain the appropriate standards required by state, county and local health officials, as well as those standards established by CHSAA, the following shall apply to media coverage during the 2020-2021 school year:

- No Provisional Passes will be accepted for admittance
- A 10-Day advance request for passes is required
- · All post-event inter-

CHSAA page 20





SOUTHERN UTE INDIAN TRIBE **COVID-19 Call Center**

Hours of Operation Daily from 8:00 a.m. until 5:00 p.m.

970.563.0214



PRACTICE SOCIAL









HYGIENE DISTANCING HOME IN TOUCH If you are sick self-isolate. If your symptoms get worse call your healthcare provider. Tribal members & Southern Ute Health Center patients can call the Health Center at 970.563.4581 to schedule an appointment.

Photo Credit | Robin Duffy-Wirth

Designed & Published by Lindsay J. Box.



EXPRESS YOUR OPINIONS

LETTER TO THE EDITOR

First, this will be the 3rd Drum that is being put out, since the stay at home order read this and God Bless ... was imposed back in January-finally we have some communication. It was also good to hear KSUT broadcast times. I know there are and were very few tribal employees working during this shut down. They stood in harm's way to reach out to the membership in their needs. At times I'd ask when is the "Tribe going to be open-their response was I don't know and I like to know. We all went through some difficult times, which I hope we will not experience again.

To reflect I met with the tribal Council in January on the closing of the office, issues of concern from membership; and asking for monetary funding to assist members during this time, As a result we received a small benefit. All T. C. were present except the chairman. Thereafter I was told she got the credit from someone outside the reservation on Facebook for the effort, which I feel was wrong.

I also asked information of the closure to be mailed out to the membership. Nothing happened we were left in the "total isolation". As you know this has gone for months, and I have not seen any council members out shopping or anywhere. I did see one in Bayfield Cafe, another at seven eleven, and most recently one in front of Farmers grocery store. However, they avoided me and left abruptly.

Our Tribe exist in a "turbulent environment" plus this viruse (Corvid 19) health problem, which is big concern especially with contradictory information put out by specialist covering many topics that will affect our way of life. Common sense thinking is "keep clean, wash your hands and stay away from sick people, and keep up with "creditable" news as much as

In most recent news: its election year and as you will see there are many names on the ballot; Our Tribal Constitution/Election Ordinance is being compromised by present Council members who seem to think "they are above the Constitution "and the membership. I'm sure you will hear about this as time goes on. Bottom line is: the Tribal council needs to communicate with the membership as they are elected to do so. But as we know they all want to be on the election ballot ... so there's not quorum and no-one to carry on daily business.

In closing for your information I picked up a Petition for the Tribal Chairman posi-

tion-you'll hear my platform in the October 23 issue. Thank you for taking the time to

Renee J. Cloud

DON'T CALL ME POCAHONTAS

There have been many times when President Trump has used harsh names to insult someone. One such insulting name is "Pocahontas". President Trump has used this racial slur to describe a female senator. Although President Trump used this term to belittle this senator, I was the one offended.

I am a Native American woman from the Navajo Nation tribe; a tribe that has survived genocide and cultural assimilation. Additionally, we are a matriarchal society and I was raised by a generation of strong

Now is the time I become strong. I didn't like how President Trump used the term "Pocahontas" to describe a woman. I felt his attack was an attack not only against me, a Native American woman, but also an attack against strong women. In present-day America, where women are continually seeking equality, where the color of your skin can mean a life of privilege or a life of inequality and injustice, this is the wrong time to insult any woman.

Also, in present-day America you can find alarming statistics on violence against Native American women. You'll find that half of Native women experience sexual assault and are murdered at a rate ten times higher than the national average. You'll also see the high numbers of missing Native women. Yes, we indigenous tribes are resilient, but we are still suffering from racial injustice daily especially our strong Native women.

With these sad statistics, I am deeply insulted that a U.S. President would continue to use the name of a strong indigenous woman to insult someone based on their race. It communicates that he sees Native women as lesser and endorses their mistreatment.

I stand with strong Native women and sincerely request that anyone reading this will think twice before they begin or continue to use the President's racial slurs, especially those aimed at Native communities, who are constantly experiencing racial injustice and have suffered far too long at the hands of a white President.

Crystal Kelly

EDITOR'S NOTE: ALL LETTERS PUBLISHED IN THE SOUTHERN UTE DRUM ARE PUBLISHED AS SUBMITTED AND DO NOT REFLECT THE OPINION OF THE SOUTHERN UTE DRUM OR THE SOUTHERN UTE INDIAN TRIBE IN ANY WAY.

The Southern Ute Drum encourages letters from readers on any topic. We ask that letters be 500 words or less. Letters deemed to be libelous will not be published. Letters should be submitted by email to Jeremy Shockley at jshockley@southernute-nsn.gov by the end of the day Monday preceeding publication.

In The Southern Ute Tribal Court

Of the Southern Ute Indian Tribe • On the Southern Ute Reservation PO Box 737 #18, 149 CR 517, Ignacio, CO • 970-563-0240

NOTICE OF PROBATE In the Estate Of. Val Cedric Herrera, Deceased Case No.: 2020-0129-CV-PR

Notice to: Heirs, devisees, legatees, creditors and all other persons claiming an interest in said estate: The Southern Ute Indian Tribe of the Southern Ute Indian Reservation, Ignacio, CO: Greetings: Take notice that a petition has been filed in this cause, alleging that the above decedent died leaving certain assets, and asking for the determination of heirs of said decedent, the administration of said estate including the allowing of creditors of said decedent and for distribution thereof. You are notified that said cause will be set for hearing before the Tribal Court at the above address on OCTOBER 19, 2020 at 2:30PM. All persons having claims against the above estate are required to file them for allowance with the Tribal Court at the stated address on or before the time and date of said hearing, as above set forth or said claims shall be forever barred and all persons interested in said estate are hereby notified to appear and answer said Petition and offer evidence in support of their position. The Court will proceed to hear the matter at the date and time set above, or such later time to which the matter shall be continued and to make the determination therein necessary.

Dated this 14th of September, 2020 Marlene Price, Deputy Court Clerk

NOTICE OF PROBATE In the Estate Of, Case No.: 2020-0016-CV-PR Jaryn Edwin Watts, Deceased

Notice to: Heirs, devisees, legatees, creditors and all other persons claiming an interest in said estate: The Southern Ute Indian Tribe of the Southern Ute Indian Reservation, Ignacio, CO: Greetings: Take notice that a petition has been filed in this cause, alleging that the above decedent died leaving certain assets, and asking for the determination of heirs of said decedent. the administration of said estate including the allowing of creditors of said decedent and for distribution thereof. You are notified that said cause will be set for hearing before the Tribal

Court at the above address on OCTOBER 20, 2020 at 3:00 PM. All persons having claims against the above estate are required to file them for allowance with the Tribal Court at the stated address on or before the time and date of said hearing, as above set forth or said claims shall be forever barred and all persons interested in said estate are hereby notified to appear and answer said Petition and offer evidence in support of their position. The Court will proceed to hear the matter at the date and time set above, or such later time to which the matter shall be continued and to make the determination therein necessary. Dated this 11th of September, 2020 Paula Trujillo, Deputy Court Clerk

NOTICE OF LEGAL NAME CHANGE In the Legal Name Change of, Case No. 2020-0135-CV-NC Suzette Dee Humpy, Civil Subject

Notice is hereby given that Suzette Dee Humpy has filed an application for legal change of name, to be known hereafter as Suzette Dee Watts. Any person desiring to object to the granting of the petition may do so by filing an objection in writing with the Clerk of the Court no later than **OCTOBER 26, 2020.** If no objection is made, the Court will grant the legal name change.

Dated this 17th day of September, 2020. BY THE COURT, Paula Trujillo, Court Clerk

NOTICE OF LEGAL NAME CHANGE In the Legal Name Change of, Roxane Frost Bigleggins, Civil Subject Case No.: 2020-0118-CV-NC

Notice is hereby given that Roxane Frost Bigleggins has filed an application for legal change of name, to be known hereafter as Roxane Frost Washington. Any person desiring to object to the granting of the petition may do so by fi ling an objection in writing with the Clerk of the Court no later than OCTOBER 16, 2020. If no objection is made, the Court will grant the legal name change.

Dated this 4th day of September, 2020. BY THE COURT. Marlene Price, Court Clerk

NOTICE OF TEMPORARY CLOSURE OF THE LA BOCA BRIDGE



Jeremy Wade Shockley/SU Drum

The Southern Ute Indian Tribe will implement a bridge deck replacement project for the La Boca bridge, located on La Boca Ranch Road off Hwy 172 at MP 1.1, south of Ignacio, Colorado. The road is access to Indian Mesa, and points south in northern New Mexico.

At a minimum, the bridge will be closed for construction throughout the month of October, 2020. Depending on weather conditions, etc., the closure could be extended. For more information please contact Gary Faulks at 970-563-2723 or Douglas McDonald at 970-563-2271. If there is an emergency please contact the Southern Ute Police Department at 970-563-4401.

TEMPORARY **CLOSURE UPDATE**

Sky Ute Casino Resort remains temporarily closed in response to the COVID-19 pandemic. We are planning our reopening with an abundance of caution and look forward to welcoming guests back as soon as it is safe.

We look forward to greeting you all again soon.

91.3 IGNACIO • 89.7 FARMINGTON • 100.9 TOWAOC



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CONTACT JESSICA KIRWAN 970-563-5777 • JESSICA@KSUT.ORG

Drum **Deadline**

Next issue Oct. 9

> **Deadline** Oct. 5

Articles, photos, advertisements, public notices, letters and greetings may be submitted in person, by mail, or by email to: jshockley@southernute-nsn.gov

THE SOUTHERN UTE DRUM

A biweekly newspaper owned and operated by the Southern Ute Indian Tribe on the Southern Ute Indian Reservation in Ignacio, Colo.

SUBSCRIPTION RATES: \$29 per year • \$49 two years PHONE: 970-563-0100 • DIRECT: 970-563-0118 TOLL FREE: 1-800-772-1236 • FAX: 970-563-039<mark>1</mark>

MAILING ADDRESS
The Southern Ute Drum: PO Box 737 #96, Ignacio, CO 81137

PHYSICAL ADDRESS

356 Ouray Drive, Leonard C. Burch Building, Ignacio, CO 81137 **STAFF EXTENSIONS & EMAIL ADDRESSES**

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Trennie Collins • Admin, Assistant/PR Coordinator, ext. 2251 (tcollins@southernute-nsn.gov) The Southern Ute Drum does not assume responsibility for unsolicited material and does not guarantee publication upon submissior

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Attention Southern Ute Veterans

La Plata County Veterans Service Officer (CVSO) Greg Dotson 970-382-6150

1970 E 3rd Ave, Suite 102 • Durango, CO 81301

There is also a link with more information:
www.co.laplata.co.us/services/health_and_human_services/veterans__services/
office_hours_in_bayfield_and_ignacio.php

SOUTHERN UTE INDIAN TRIBE 2020 GENERAL ELECTION TRIBAL CHAIRMAN AND TWO (2) COUNCIL MEMBER SEATS

The Election Board has determined these are the dates for the upcoming 2020 General Election according to the Constitution and Election Code.

GENERAL ELECTION – Friday, November 06, 2020 – 7:00 A.M. – 7:00 P.M.

GENERAL ELECTION RESIDENCY DEADLINE - Saturday, August 08, 2020

STATEMENT OF INTENTION DEADLINE – Monday, September 07, 2020 by 5:00 P.M.

ELECTION BOARD DECISION REGARDING ELIGIBILITY DEADLINE - Tuesday, September 22, 2020

NOTICE OF ELECTION – Wednesday, October 07, 2020

VOTER REGISTRATION DEADLINE – Wednesday, October 28, 2020 by 5:00 P.M.

ABSENTEE BALLOT REQUEST DEADLINE – Wednesday, October 28, 2020 by 5:00 P.M.

EMERGENCY ABSENTEE BALLOT DEADLINE – Thursday, November 05, 2020 by 5:00 P.M.

THE 2020 GENERAL ELECTION WILL BE HELD AT 285 LAKIN STREET, IGNACIO, CO

Contact the Election Board at (970) 563-0100 ext. 2303 or 2305
Off-Reservation Tribal members phone
1-800-772-1236 ext. 2303

Email is election@southernute-nsn.gov

SOUTHERN UTE INDIAN HOUSING AUTHORITY REQUEST FOR BIDS Partal Units Paragraph Project #2020 1

Rental Units Renovation Project #2020-1

The Southern Ute Indian Housing Authority is requesting proposals for 2 separate housing units on the Southern Ute Reservation. The bid proposal should include cost of labor and materials in completing this project. A project specification packet can be obtained at the Southern Ute Indian Housing Authority office at 760 Shoshone Ave., Ignacio CO. There will be a folder outside front door containing packets. A mandatory site visit will be Oct. 1, 2020 at 10 a.m. Bid deadline is Oct. 8, 2020 by 10 p.m. Bids must be sealed. Bid opening is Oct. 8, 2020 @ 10:30 a.m. You may reach Eric or Rebecca ext. 113 at 970-563-4575. All bids must adhere to the Southern Ute India TERO Ordinance and the Federal Indian Preference Statutes. 24 Code of Federal Regulations, Davis-Bacon Wage Rate for LA Plata County are in effect. Uniform Builders Code and Tribal Crossing Permits must be obtained. Bids not responsive and responsible will be rejected.

REQUEST FOR PROPOSALS Historic Building Abatement

The Southern Ute Indian Tribe (SUIT) is seeking a qualified consultant to perform abatement of regulated building materials in a culturally and historically significant building on the Southern Ute Indian Tribal Campus, the Head Start School Building and Gymnasium (HSSB). For inquiries and a copy of the detailed RFP, contact: SUIT Environmental Programs Division, Alexandra Ratcliff, General Assistance Program Manager, aratcliff@southernute-nsn.gov Proposals will be received through Nov. 30, 2020. The Southern Ute Indian Tribe Tribal Employment Rights Office (TERO) has established a preference for contracting and subcontracting to certified Indian owned businesses. For information on certification, contact TERO at 970-563-0117. SUIT reserves the right to reject any and all bids and to accept the bid deemed, in the opinion of the Tribe, to be in the best interest of the SUIT.

Wildlife Advisory Board Southern Ute Tribal Members

Open until filled – The Tribe is seeking enrolled Southern Ute Tribal Members to fill TWO seats on the Tribal Member Wildlife Advisory Board. The 8-member Board works closely with the Wildlife Division on planning and recommending actions related to tribal hunting and fishing programs. Board members not already employed by the Tribe receive \$20 per hour of meeting attendance. Meetings are held roughly on a quarterly basis throughout the year, and a commitment to attend and participate in all meetings is expected. Interested Tribal Members must submit a brief letter of interest that includes a description of the applicant's knowledge and experience with wildlife, hunting, or fishing, on and off of the Southern Ute Reservation. In addition, as a condition of appointment to the Board, applicants must submit a standard job application through the Tribe's Human Resources Department, as well as agree to a State of Colorado background check. Please submit letter of interest to the Southern Ute Wildlife Division at P.O. Box 737, Ignacio CO 81137. For more information, please contact the Wildlife Division at 970-563-0130.

SOUTHERN UTE INDIAN TRIBE Tribal Member Hearing & Supplemental Comment Period

Draft Water Quality Standards & Clean Water Act Section 401 Certification Procedures

For all interested tribal members, a live on-line hearing regarding the Tribe's draft Water Quality Standards for Surface Waters on the Southern Ute Indian Reservation and Clean Water Act Section 401 Water Quality Certification Procedures will be held on Oct. 15, 2020 from 1 to 4 p.m.

Tribal members can register and attend the meeting via Web-Ex on the Tribal Member Portal. The live-online hearing will be recorded and posted on the Tribal Member Portal for tribal members to view at their convenience.

A 60-day tribal member comment period on the Environmental Programs Division's proposed tribal water quality standards and Clean Water Act section 401 certification procedures will be from Monday August 31, 2020 through Friday October 30, 2020.

You can submit your comments by one of the following methods:

- E-mail: wqs@southernute-nsn.govMail: Water Quality Star
- Mail: Water Quality Standards Committee, Environmental Programs Division, Southern Ute Indian Tribe, P.O. Box 737 #81, 71 Mike Frost Way, Ignacio, Colo. 81137.
- Phone: (970) 563-4705, extension 7901 to comment on the water quality standards and Clean Water Act section 401 certification procedures.

What does this mean for the Tribe?

- Protecting the Tribe's water resources from pollution.
- Protecting tribal member health and welfare.
- welfare.Protecting wildlife and aquatic species.
- Exercising tribal sovereignty.

What are water quality standards?

- A legal basis for controlling pollutants entering tribal waters (such as those from wastewater plants and industrial facilities).
- Describes the condition of the water body.
 Classify water bodies into designated uses (such as, recreation, agriculture,
- public water supply, protection of fish and wildlife).
- Establish numeric and narrative criteria for pollutants in tribal waters.

To what water bodies will the Tribe's water quality standards apply?

 All water bodies within the exterior boundary of the Southern Ute Indian Reservation(such as, rivers, streams, lakes, ponds, and wetlands) over which the Tribe has authority for establishing water quality standards.

What are Section 401 Certification Procedures?

- Procedures the Tribe will follow to issue 401 water quality certifications.
- A 401 water quality certification is needed for projects that require a federal permit (such as, pipeline construction projects that may impact water quality).
- Under Clean Water Act section 401, the Tribe has the authority to review and certify certain projects for impacts to water quality.
- If the Tribe believes a project could negatively impact tribal waters, the Tribe can add conditions to the federal permit that provide increased protection of tribal waters (such as, installing erosion control berms).

SOUTHERN UTE ELECTION BOARD

OFFICE HOURS FOR JULY

MONDAYS, WEDNESDAYS, and FRIDAYS

1:00 P.M.—5:00 P.M.

NORMAL BUSINESS HOURS WILL RESUME IN AUGUST

Due to COVID-19 the Election Board Office is limiting office personnel contact. We are asking that you please call 970-563-2303 or 970-563-2305 ahead of time should you need any of the following:

STATEMENT OF INTENTION PACKET

ABSENTEE BALLOT

NEW VOTER RESGISTRATION

Upon arrival please call the office and we will bring out your requested document. For the safety of all, we will wear gloves and a mask when we bring the document out to you. We kindly ask that you wear a mask as well. The Election Board appreciates your understanding in our efforts to keep everyone safe.

Please continue to be safe and healthy.

Southern Ute Election Board

P.O. Box 737, MS #32 285 Lakin Street, Ignacio, CO 81137

EMAIL: election@southernute-nsn.gov

House for sale by owner

3500 sq. ft., 4 bedrooms, 3 bath, 2 car garage and outbuilding on 8.82 acres of assigned land 970-317-1029.

Home for sale

4 Bedroom, 2 baths, Family Room, Living Room, Laundry Room, Pantry. Home is located at 310 Mountain Dew Circle in the Cedar Point West Subdivision. Upgraded Refrigerator and Stove. Home WILL NEED to be moved!!

For more info call 970-759-7294 or 970-759-0686.



For the lastest info and events visit the Drum online at www.sudrum.com on eEditions at www.sudrum.com/eEditions



Southern Ute Growth Fund • Job announcements

Please visit our website at www.sugf.com/jobs.asp for full job details and to apply online. Tribal Member employment preference • Must pass pre-employment drug test/background check. Southern Ute Growth Fund, Human Resources • P.O. Box 367 • Ignacio, CO Phone: 970-563-5064 • Job hotline: 970-563-5024.

Co. (Ignacio, CO)

Closing 10/2/20 - Assisting the Red Willow Production Company (RWPC) Controller as directed in managing all accounting functions, to include establishing and maintaining Red Willow's accounting principles, practices, and procedures; managing monthly accounting tasks including AR, AP, general ledger management, and generation of financial statements; bank reconciliations and cash management; calculation and payment of taxes; establishing and maintaining credit records; assisting in the preparation and reconciliation of annual financial statements, and reporting as required. Supervises the joint interest billing function in the accounting department. Minimum qualifications: Bachelor's degree in Accounting, Finance or similar discipline plus seven years relevant full-time work experience in the oil and gas industry including progressively responsible and varied assignments and five years in accounting. Must have experience with basic accounting tasks including processing of accounts payable and accounts receivable, management of AFEs, reconciliation of general ledger accounts, bank reconciliation and cash management, development of financial statements, and management and regulatory reporting. Must have basic understanding of oil and gas industry business concepts and processes, including, but not limited to: joint interest owner accounting, royalty payments, depreciation and depletion methods, asset impairments and asset retirement obligations. Must have five years of experience in a leadership role including project leadership or training and mentoring junior staff. Must have demonstrated strong attention to detail and accuracy in the workplace. Must have demonstrated ability to reconcile issues and solve problems in accounting or finance data records and computations. Must have proven ability to work with others in a team oriented environment to develop processes and solve problems. Must have solid computer experience including strong working knowledge of Microsoft Windows, MS Word and MS Excel. Must have valid drivers' license and be insurable under RWPC's vehicle insurance policy. Must pass criminal history background check and pre-employment drug test.

Field Manager - Red Cedar Gathering Co. (Durango, CO)

Closing 10/2/20 - Day to day operations and all aspects in the operation and maintenance of field compressor stations, including gas

Assistant Controller - Red Willow Production compressors, electric generators, dehydration equipment, control systems and safety systems. Minimum qualifications: Must have a high school diploma or GED equivalent is required. Must have fifteen years' experience, to include gas compression, dehydration and amine treating is required. Must have seven years supervisory experience is required. Must have computer experience in Microsoft Word, Excel, Access and PowerPoint is required. Must have detailed knowledge of natural gas compressor equipment and control system operation. Must have working knowledge of Process Safety Management (PSM) regulations and operating requirements. Must live within 50 miles of assigned office. Must be willing to accept 24hour call responsibility as required. Must have knowledge of amine gas sweetening process, its theory, operation and maintenance. Must be willing to assist others, learn new skills, and participate in a productive team-oriented environment. Must have valid driver's license for state of residency and be insurable under the Red Cedar vehicle insurance policy. Must pass a pre-employment drug test and criminal history background check.

Plant Manager - Red Cedar Gathering Co. (Durango, CO)

Closing 10/2/20 - Day to day operations and coordination of all aspects of plant operations and maintenance at the Central Treating Facility. Minimum qualifications: Must have a high school diploma or equivalent is required. Must have fifteen years' experience in plant operations is required, which includes plant and process control operations, gas compression, dehydration and amine treating. Must have seven years supervisory experience is required. Must have computer experience in Microsoft Word, Excel, Access and PowerPoint is required. Must have detailed knowledge of natural gas compressor equipment and control system operation. Must have detailed knowledge of Process Safety Management (PSM) regulations and operating requirements. Must have detailed knowledge of amine gas sweetening process, its theory, operation and maintenance. Must be willing to assist others, learn new skills, and participate in a productive team-oriented environment. Must live within 50 miles of assigned office. Must be willing to accept 24-hour call responsibility as required. Must have valid driver's license for state of residency and be insurable under the Red Cedar vehicle insurance policy. Must pass a pre-employment drug test and criminal history background check.

Colorado Latino Leadership, Advocacy, and **Research Organization Capitol Fellows Program**

The paid fellowship program is open to all college students, grad students, and recent grads of color and, I would argue, is the premier program for developing young Coloradans of color into future generations of state policy leaders. Program places Fellows in the office of a state legislator, advocate, lobbyist, or executive agency for 20 hours a week January thru May, 2021 - 17 hours with their supervisor, 3 hours of leadership development and comes with a \$3,000 stipend. Native youth should absolutely have access to this opportunity, and since this year's program will be almost entirely online, it removes the barrier of folks having to get to Denver to participate. Please view the CLLARO guide and find more information about the program online at www.cllaro.org/cfp or by contacting program manager Alejandra Colmenero (alejandra.colmenero@cllaro.org). Candidates can apply at bit.ly/cllarocfp2021. Applications are due Oct. 4, 2020. Applicants will be required to provide application as a PDF to include the following:

- 1. Cover letter introducing yourself to the CFP program and why you're applying
- 2. Resume
- 3. One letter of recommendation.

Answer the following two questions as part of the application:

- Why should you be selected to be a CLLARO Capitol Fellow?
- · Write about your policy priorities, 1-3 please. Explain why.



Please contact the Environmental Programs Division General Assistance Program Manager, Alexandra Ratcliff at 970-563-2256

ATTENTION WATER USERS

PINE RIVER INDIAN IRRIGATION PROJECT WILL BE SHUTTING DOWN AND TURNING OFF HEADGATES ON FRIDAY, OCT. 2, 2020

SOUTHERN UTE AGENCY Bureau of Indian Affairs • 970-563-9484

Southern Ute Indian Tribe • Job announcements

Visit the the tribe's website at www.southernute-nsn.gov/jobs for complete job descriptions. If you need help filling out an online application, please come the Human Resources office and we are happy to assist you on our applicant computer stations.

ALL EMPLOYMENT APPLICATIONS ARE TO BE SUBMITTED ONLINE

Applicants and employees, be sure the HR Dept. has your current contact information on file. Human Resources accepts applications for temporary employment on an ongoing basis. Southern Ute Indian Tribe, Human Resources • P.O. Box 737 - Ignacio, CO 81137 Phone: 970-563-0100 ext. 2424 • Fax: 970-563-0302 • Hotline: 970-563-4777

Air Ouality Analyst

Closes 9/25/20 – Under general supervision of the Air Quality Program Manager, provides oversight and management of the Air Quality Monitoring Program and technical assistance to the Air Quality Planning and Assessment team within the Tribal Air Quality Program. Pay grade 19; \$21.32/hour.

Animal Care Technician

Closes 10/1/20 – Southern Ute tribal members only. Under the general supervision of the Animal Control Officer, assures the care of impounded animals and other duties related to the care of the site and the animals. Pay grade 13; \$12/hour.

Court Information Analyst

Closes 9/30/20 – Works in cooperation with Tribal Court administrators to strategically plan the development of the Court's programs, by statistically measuring the effectiveness of current court programs, researching methods to improve effectiveness, and writing grant proposals to support improvements and funding. Position is partially grant funded. Continued fulltime employment is contingent upon renewed funding from the grant. Pay grade 21; \$55,006/

Culture Education Coordinator

Closes 9/30/20 – Southern Ute tribal members Family Court Caseworker only. Design and development of the cultural and language curriculum which shall be used in teaching and instruction to tribal members, staff, clients and community. Working with the Ute Language Teachers, Elders, and Southern Ute tribal members on an individual basis, sharing ideas and materials on how to assist in learning and retaining Ute language and culture. Assists tribal members, staff, clients, and the community in reaching the goals and objectives of the Culture Department. Incorporating the Ute history, culture, and folklore into the language and culture curriculum and instruction. Pay grade 20; \$48,898/year.

Lands Division Head

Closes 9/25/20 - Ensures Southern Ute Tribal land management and associated transactions are conducted in manner which promotes the wise use, development, and conservation of the land and cultural resources of the Tribe, complying with Tribal policies and any applicable federal or statutory regulations. Pay grade 23; \$69,597/year.

Language & Culture Educator (Part-time) Closes 9/30/20 – Southern Ute tribal members

only. Assists Tribal Members, staff, clients, and the community in reaching the goals and objectives of the Cultural Preservation Department. Teaching the Ute history, culture, and folklore through the language and culture curriculum and instruction. Pay grade 17; \$17.20/

Clinical Supervisor

that provides Clinical Supervision to staff Caseworkers providing a full range of intake and/ or ongoing social casework services for a variety of program areas such as child abuse and neglect cases, youth-in-conflict cases, and adults unable to protect their own interests. Provides clinical supervision and oversees Family Preservation and the Foster Care Program Coordinator. Pay grade 22; \$61,872/year.

Community Health Representative

Open Until Filled – Providing assistance and the coordination and development of activities for elderly and physically or mentally disabled Tribal Members. Performs community health duties to include patient transport and monitoring, home visits, conducting classes, and providing community education on Tribal health issues. Home Care may include house cleaning, personal hygiene, preparing meals, and other health and wellness related activities. Pay grade 13; \$12/

Dental Assistant

Open Until Filled - Under dentist supervision, responsible for a wide range of tasks in the Southern Ute Health Center dental office including, providing chair side dental assistance, administrative and records duties and radiology functions. Pay grade 20; \$23.51/hour.

Detention Cook

Open Until Filled - Assisting the Food Service Coordinator to facilitate all kitchen food service preparation and cleaning duties. Pay grade 13; \$12/hour.

Detention Division Head

Open Until Filled - Under general supervision of the Justice and Regulatory Department Director, plans, organizes, directs, and reviews the administrative activities of the Southern Ute Detention Program and Facility. Pay grade 24 / \$78,315/year.

Detention Transport Officer

Open Until Filled - Under general supervision of the Detention Sergeant, incumbent maintains the safety and welfare of inmates and visitors and monitors all inmate activities within and outside of the detention center. Transportation

of inmates to and from other facilities, medical appointments, and court appearances. Pay grade

Education Counselor

Open Until Filled - A professional level position, providing counseling services to students and their families at the Southern Ute Indian Montessori Academy. Effective development and delivery of counseling, therapeutic and educational services that help students and families overcome issues that may impede students' educational success. Works with children birth-13 years old in the context of family, school, peer, and community systems, using a family systems orientation. Pay grade 18; \$39,434/year.

Elementary Teacher

Open Until Filled - A professional teaching position with the Private Education Department. Uses the Montessori philosophy to provide Southern Ute Indian Montessori Academy students with a developmentally appropriate learning environment meeting the physical, social/emotional, cognitive, and cultural needs of the child. Communicate effectively with parents/ guardians about their child's progress in each domain area. Position is paid on the Education

Open Until Filled - Providing guardian ad litem, special advocacy, parent coordination, and mediation services as assigned through Court appointment and clinical supervisor. Psychosocial educational classes for youth as assigned by clinical supervisor. Case management activities and/or counseling services involving assigned adults and juveniles. Position is both Tribal funded and grant funded. Full time status is contingent on grant funding. Pay grade 20;

Grounds Maintenance Worker

Open Until Filled - Performs daily grounds maintenance and repair of the Tribal grounds and buildings. Pay grade 13; \$12/hour.

Medical Assistant (Temporary)

Open Until Filled - Providing professional and clinical services. Pay grade 17; \$17.20/hour.

Patrol Officer

Open Until Filled - Patrols the Southern Ute Indian Reservation and is responsible for preserving the life and property of all citizens within the Tribal Community. Pay grade 19; \$21.32/hour.

Physical Education Teacher

Open Until Filled - A professional teaching position with the Private Education Dept. Uses the Montessori philosophy to provide Southern Ute Indian Montessori Academy students with a developmentally appropriate learning environment meeting the physical, social/ emotional, cognitive, and cultural needs of the child. Communicate effectively with guardians about their child's progress in each domain area, primarily in the context of Physical Education. Position is paid on the Education

Physical Therapist (Part-time w/benefits)

A professional position with the Private Education Dept. Works with Southern Ute Indian Montessori Academy students in need of physical therapy services. Pay grade 20; \$23.51/hour.

Security Officer

Will provide security for throughout Tribal Campus. Duties will include patrolling and observing the activities of persons in and around the Moache Capote building. Work involves assessing problem situations and exercising tact and judgment in bringing about their resolution. Pay grade 15; \$14.22/hour.

Social Services Division Head

Open Until Filled - Day-to-day operation and management of the Southern Ute Tribal Social Services Division, in accordance with the guidelines (fiscal, philosophical and programmatic) established and approved by the Tribal Council. Manages programs and services including child/adult welfare protective services, family, group and individual therapy, BIA General Assistance, Low Income Energy Assistance Program, Title IV B-Foster Care program, Colorado State Human Services and related Programs and Contract/Grants. Pay grade 23; \$69,597/year.

TEAM Worker

Open Until Filled – Southern Ute tribal members only. The TEAM program is an opportunity for enrolled Southern Ute Tribal Members to find temporary employment within the various departments of the Southern Ute Indian Tribe. Both part-time and full-time temporary positions.

TERO Worker

Open Until Filled - Under the supervision of the TERO office. It is an opportunity for enrolled Southern Ute Tribal Members and other local Native Americans to find temporary employment within the various departments of the Southern Ute Indian Tribe. Both part-time and full-time temporary positions.

TERO Available Construction Positions

HWY 550 / 160 CONSTRUCTION: With the construction of HWY 550/160 underway in Durango, TERO is taking resumes and applications for all aspects of construction. This project is an Indian preference project. Please Contact the TERO Office at 970-563-0117 or contact via email Laura Sanchez at lsanchez@southernute-nsn.gov 970-563-2294

Quintanas pace IHS • from page 16

taken 43rd in 22:48.5).

Overall, 4A Durango's Paul Knight (16:33) won the Classic's crown by one second over 3A Alamosa's Josh Medina, while DHS' Land Lambert (17:03) came in third. 3A Bayfield's Zeb Shields finished ten ticks later, but was just one faster than Durango's Aiden Quayle (17:14) in a battle for fourth pitting representatives of each of the meet's co-hosting sides.

In the team standings, DHS prevailed with an adjusted score-5 low of 33 points, while AHS took second with 44 and 3A Pagosa Springs third with 86. Fourth place went to La Jara-based 2A Centauri (116), BHS (123) earned fifth and 3A Montezuma-Cortez (129) took sixth. 2A Dolores saved seventh with 167 points, while 2A Monte Vista (170) narrowly escaped with eighth over the 'Cats (172; 19-30-38-39-46).

In Grand Junction, Ignacio had placed sixth with a similar 178-point (28-35-37-38-40) total. First went to 4A Gypsum Eagle Valley (44; 2-9-10-11-12), with FMHS (52), 4A GJHS (67), 4A Palisade (91) and 3A Aspen (107) filling out the top five.

Bobcat varsity will travel Saturday, Oct. 3, to Mancos' Chicken Creek Challenge. Results from Ignacio's JV meet Thursday evening, Sept. 24, beginning and endunavailable at press time.

everyone from Ignacio coming out to run," said Quintana (22:48.2, 42nd in G.J.). "But I think it's going to get a lot harder – to make our times faster."



Joel Priest/Special to the Drum

Trajan Garcia (975) leads Dolores' Daniel Vandever (970) out of a corner during varsity action Friday afternoon, Sept. 18, during the 2020 Four Corners Southwest Classic at Hillcrest Golf Course in Durango, Colo.

"It's all together in my head, what I plan to do," Holley said, "to get the kids in their best shape possible for the races that count down the stretch."

MADE HIS WAY

Garcia was promoted following his debut in the Tiger Invite's JV feature held Friday evening, Sept. 11, on the same course var-After a weekend off, the sity entrants tackled the next morning. Running with fellow JV rookie Gabe Cox, Garcia ran a 23:58.4 and placed 35th (Cox finished 42nd with a 26:44.1).

"The real shake-up was ... ing on the IHS track, were Trajan; he definitely earned a spot," said Holley. "I was "It's real cool to see really impressed with that."

Additionally, IHS was able to enter six harriers for varsity competition in Grand Junction, and freshman Corey Gomez was tabbed to run with the regulars. Clocking 26:18.6, he placed 45th overall in his own prep debut.

"Phillip ... actually crossed the line with Gabe - those two ran together - and he looked really comfortable, almost like he left some in the tank," Holley recalled. "And Corey ... he was a little nervous but he came in and ran his first 5K around the 26-minute mark. It was all again part of the plan, to get them some exposure ... and I think it really boosted morale of the team."

SEEMS SUPERSTITIOUS

If there was a numerologist in the Classic, it may have been Monte Vista's Andres Villa. The Pirates' top finisher, Villa completed the event's 2020 edition taking 20th place in 20 minutes and ... 21 seconds. Perhaps he paused too long while pondering his calculations.

CALL FOR **ARTISTS**

Southwest Institute for **Education and Conservation** Durango, CO

DESCRIPTION

The Southwest Institute for Education and Conservation, Conservation Legacy, and Durango Adult Education Center in Durango, Colo, are searching for a local Indigenous visual artist to submit artwork that can be hung permanently in the entry way of our building. The artwork will be displayed prominently in the entry way area of a three-story public building that receives considerable foot traffic. The mission of the Southwest Institute for Education and Conservation is to provide a quality, affordable, and stable multi-tenant nonprofit facility to serve the educational and job skill needs of adults and families in a supportive environment with childcare

We are looking for two-dimensional original artwork to accompany a written Land Acknowledgement statement to recognize the people who lived in our region before colonization, and still live here today -- specifically the Puebloan, Ute, Navajo tribes. Preference will be given to artists with ancestry from the Mouache, Caputa, and Weenuchiu bands of the Ute tribal nation.

Financial compensation will be offered.

LAND ACKNOWLEDGMENT STATEMENT

Welcome to the Commons Building, operated by the Southwest Institute for Education and Conservation. We want to acknowledge that we are on the traditional land of the Puebloan and Ute* tribes, who have been stewards of this land throughout generations. Today, the Mouache and Caputa bands comprise the Southern Ute Indian Tribe headquartered in Ignacio, and the Weenuchiu band is now known as the Ute Mountain Utes and are headquartered in Towaoc. The Navajo or Diné people also recognize Hesperus Peak - the tallest in the La Plata Mountain Range as one of their four Sacred Mountains called Dibé Nitsaa, which translates as Big Sheep. As you join our building's diverse community, it is important to provide an acknowledgement that we are gathering today on stolen land. The narratives of this land and region have long been told from one dominant perspective, without fully recognizing the people who lived here before colonization, and still live here today. Thank you for your respect in acknowledging this important history.

DEADLINES

Please send sketch or statement of interest to: Shirena Trujillo Long strujillolong@conservationlegacy.org

After approval the artwork must be completed by November 2020.

SIZE AND SPECIFICATIONS

Approximately 24"x36" or 16"x20"; original work; medium of choice.



The Southern Ute Drum's **Crossword Puzzle**

1	2	3				4	5	6	7	8
9			10		11					
12					13					
14					15					
16				17				18		
		19				20	21			
22	23			24	25				26	27
28			29				30			
31							32			
33							34			
35								36		

CHSAA BOYS TENNIS, GOLF • FROM PAGE 16 will be NO media access ing or working (officials)

views will be conducted in an area dedicated for such activities (no interviews may be conducted prior to or on field)

For any post event interviews, established social distancing rules shall be maintained, including 6 feet distance between all persons and all shall be required to wear face coverings

Any interview must have permission of the coach or AD

petitive arena in desig-

the normal photography rules as outlined in the CHSAA Media Handdesignated areas)

be obtained to interview individual players.

If you have any questions, please contact Bert Borg-• Photographers will be mann, Laikyn Cooper or allowed into the com- CHSAA site directors on site.

to the start or finish lines on the court must be wearin cross country; tennis, ing a mask. Each facility is golf and softball shall use limited with the number of individuals that may to be inside the tennis center, so CHSAA will be working book and be assigned to around those limitations to the best of its ability. Any In boys' tennis, coach player not currently on the permission must also court is required to exit the facility so that other players may come in and play.

Information and schedules for boys' tennis: https:// chsaanow.com/2020-09-14/ here-is-a-breakdown-of-ad-COVID-19 Reminders justments-at-the-boys-tennated spots only (There - Anyone not actively play- nis-state-tournaments

Air Quality in real time!

Friendly reminder - you can visit the Southern Ute Indian Tribe's Environmental Programs Division Ambient Air Quality Monitoring page to find updates on air quality throughout the Southern Ute Indian Reservation as well as real-time EPA Air Quality Index health forecasts.



The link to the Tribe's Air Quality Stations:

www.southernute-nsn.gov/justice-and-regulatory/epd/air-quality/ambient-monitoring/

LOCAL IGNACIO WEATHER

Your weekend forecast!









7

Texas company exposed in 2001 for

Buckskin ---, a k a Sapiah

Headgear charms Ethel when merry

Hot spicy sweet spirituous drink

Three-time Southern Ute Chairman

Nigerian currency

Linen, in León

Busy

11 "Beat it!"

17 Looks up to

22 Residence

Stench

Julius N ---

21 Toward the Arctic

23 City on the Seine

25 Passed easily

26 In abundance

29 Lug

27 Bodies of water

- Third-rate celebrities? Drug buster
- 9
- Eastern religion whose name means "The Way of the Gods"

Letter letters indicating more inside

- 12 Monetary unit of Iran
- 13 Not posed Thereabouts
- 15 Encircling
- The language of the Aztecs
- "Pushing up the ---" (Native American
- storyteller Joseph Bruchac) 19 Permanent storage device for many computers
- "Lord of the Rings" tree creature
- 22 Lunkhead
- 24 Kind of city election
- 28 European sea which is much less salty than the oceans
- 30 Latvian capital
- 31 At least
- 32 Stole
- 33 Battled the bulge
- 34 Enormous
- 35 Model rocket maker 36 ...--- (Help!)

Answers for this crossword will appear in October 9 issue of the Drum.

Answers for Sept. 11, 2020 Crossword Puzzle:

Across: 1 Face, 5 It'll, 9 Anon, 10 Miles, 12 Wind, 13 Pecans, 15 Not over, 17 Fie, 18 Snorer, 19 Alpo, 20 Useable, 22 Bare, 24 Tattle, 27 III, 28 Minutia, 29 Asimov, 31 Rust, 32 Onate, 33 ACLU, 34 Ewes, 35 Seep.

Down: 1 Fawns, 2 Anion, 3 Contour line, 4 Endorse, 5 Imperatives, 6 Tier, 7 LLC, 8 Leaf lettuce, 11 Snip, 14 SEO, 16 Vee, 19 Alturas, 21 Ban, 22 BIA, 23 Also, 25 Lisle, 26 Eat up, 28 Mote, 30 Maw.