




Covid-19 confirmed at FLC

PAGE 9



Bobcats runners hit the trail

PAGE 12

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\$29 one year subscription

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August 28, 2020

Vol. LII, No. 18

Up to date COVID-19 information for the Southern Ute Indian Tribe online at [www.southernute-nsn.gov](http://www.southernute-nsn.gov) and on Facebook.



Jeremy Wade Shockley/SU Drum

Rachel Burch, Project Manager and Wall Painting Conservator works with Kiernan Graves, Wall Painting Conservator, together they will use all the written and photographic information gathered during the project to advise on which conservation treatments are recommended for the future preservation of Sam Ray's historic murals.

### CULTURAL PRESERVATION

## EPD hires conservationists to document, assess historic Sam Ray murals

By Jeremy Wade Shockley  
THE SOUTHERN UTE DRUM

The Southern Ute Environmental Programs Division (EPD) had a unique opportunity to contract with conservators from May/Burch Conservation to evaluate and document historic murals on the Southern Ute Tribal Campus in Ignacio. These murals were created in the 1930's depicting traditional scenes and ceremonies, by Navajo (Dine) artist Sam Ray. The murals are located in the Head Start building and the neighboring Dining Hall, these now vacant buildings date back to the Boarding School era.

The project was made possible with Clean Air Act penalty funds through EPD. Oil & Gas Operators on the reservation have to operate by specific clean air regulations, if not in compliance, the Tribe's inspectors issue an enforcement, or civil penalty. Paid to the Tribe, those funds are then set aside for environmental related projects. This project is tied to the abatement of the historic Head Start building and hence the preservation of the murals.

"It's a really interesting story, the Air Quality Program has delegation for the Title V permitting program, we also do enforcement when they are not complying. The Southern Ute Indian Tribe is the only tribe that has that full authority," explained EPD Division Head Mark Hutson. "We regulate everybody within the exterior boundaries; [we cover] permitting, compliance and enforcement. If they are in violation of the clean air act, we initiate a civil enforcement. We assess financial penalties for the violations."

Those monies are then held in a fund for future projects, but unlike grant funded projects, there are fewer strings attached regarding how that money is spent.

"Monies from environmental harm – used to for environmental good," Hutson stated. "Which included



Jeremy Wade Shockley/SU Drum

May/Burch Conservation worked closely with EPD project manager, Alex Ratcliff (left) on the five-day documentation project, examining and documenting historic murals on Tribal Campus, the information collected will help guide future decisions made by the Tribe.

the digital preservation of the murals. [These are] monies that did not come out of the tribal budget per se, and we have used some of these monies to do other things, such as a clean-up and remediation project at Motor Pool a few years back."

"Using those funds, EPD and Culture have been working on this together," explained EPD General Assistance Program Manager, Alex Ratcliff, who took the lead on this project. "We have pretty much been doing everything hand in hand with Culture, working with Shelly [Thompson] and Garrett [Briggs.]"

"EPD led the way," Hutson said. "We already have the environmental remediation project [going] at Head Start, while addressing the environmental concerns in that building, there came the mural. We recognized that something could happen to those buildings, and realized that no one had done any high-resolution work [documenting the murals]. We wanted to get that done first, so we worked with Culture on a request for proposals. It was a coordinated effort between Building Maintenance, Culture, and the Executive Office. We all worked together to make this project successful, and that [professional] documentation will be available for the future."

"Both departments worked together to identify May/Burch Conservation for the

project; their proposal was very impressive, they had a great understanding and respect for the project and Tribal Council's wishes – in addition to their impressive resumes," Ratcliff stated. "There is a sensitive history around the murals, [these buildings] being a place of good and bad memories for people."

EPD developed the plan and went to Tribal Council back in April, along with Cultural Preservation to get direction on the Head Start building, to make sure that project would keep moving forward. Tribal Council directed their department to publish the RFP to obtain estimates for digital documentation and historic preservation of the murals in the Head Start school building and Dining Hall. As well as to digitally document the interior and exterior of the buildings; which includes the Annex Building.

May/Burch Conservation, Inc., who specializes in the conservation of wall paintings, murals, and painted architectural materials was the best candidate. "We provide a full range of conservation services, including collection surveys, condition assessments, maintenance planning, and conservation treatment of artworks on a variety of materials and substrates," stated on the firm's website.

"We all had a wonder-

### SUIMA

## Montessori offers remote learning for returning students

*School start date extended one week, to Aug. 31*

By Mari Jo Owens  
SOUTHERN UTE INDIAN  
MONTESSORI ACADEMY

Dear SUIMA Families,  
While the Southern Ute Indian Montessori Academy (SUIMA) Administration and staff were looking forward to greeting our students this week, the Southern Ute Tribal Council (SUIMA School Board), SUIMA Administration and the Southern Ute Incident Management Team (IMT) have determined it is in the best interest of both students and staff to delay the start of the school year to Aug. 31, 2020 and offer only a remote learning option until the tribal "Stay at Home" Order has been modified and the risk for contracting the coronavirus is dissipated.

The results of the Parent/Guardian survey also contributed to the decision to postpone the start of school by one week and limit school options to remote learning only. 71% of parents responded that remote learning was the best option for their family while 23% responded they would prefer the on-campus model. Tribal leadership would like to acknowledge the wishes of the SUIMA families that responded to the survey.

If the current "Stay at Home" Order is modified or a "Safer at Home" Order is issued, SUIMA may be permitted to offer an on-campus learning option. If the decision is made to offer on-campus learning, SUIMA Administration will communicate changes in learning modalities to Parents/Guardians with adequate time to make a change to a student's learning option. SUIMA will continue comprehensive check-ins with students throughout the remote learning option. Check-ins will include both social-emotional and academic learning and development.

The decision to only offer remote learning was not easy; however, the health and safety of SUIMA students and staff is the greatest concern for Tribal Council, SUIMA Administration and the IMT. As schools across the United States have opened classrooms, positive cases of the coronavirus disease have increased. The effects of COVID-19 are unknown at this time, especially in children. Parents/Guardians should feel comfortable sending their student to a safe classroom setting where precautions are in place to reduce the risk of exposure to COVID-19.

SUIMA will host in-person classroom ori-



courtesy Rhiannon Velasquez SUIMA/SU Drum archive

SUIMA students, Ava Naranjo and Luna Rodriguez spend some time "hanging out" on the big swing last year.

entation the week of Aug. 31 through Sept. 4. The orientation will provide introductions, explain how remote learning will be conducted, provide a demonstration of online learning tools (including log-in instructions), and answer any questions. Chromebooks will be available to Primary and Lower and Upper Elementary students; Parents/Guardians should request a Chromebook during the orientation. SUIMA will use Google Classroom to deliver Remote Learning lessons. Online academic programs such as Freckle and Lexia will be accessible for K-6 grade.

SUIMA will continue to work on a schedule for households with multiple students who have a limited number of devices available at the same time. As a friendly reminder, enrolled Southern Ute tribal members can access the Computer Purchase Cost Share program. For more information on the program, please contact Mrs. Ellen Baker at 970-563-0235 or via email at [esbaker@southernute-nsn.gov](mailto:esbaker@southernute-nsn.gov). For students who do not check out a Chromebook or who do not have the means to learn remotely, SUIMA will prepare hard-copy packets on a weekly basis. Please contact SUIMA Administration if your student will require a hard-copy packet and to receive the packet as part of the pick-up process.

Please continue to stay informed with accurate information by going to the Centers for Disease Control and Prevention (CDC) website at <https://www.cdc.gov/coronavirus/2019-ncov/index.html> or the Colorado Department of Public Health and

Environment (CDPHE) website at <https://www.colorado.gov/pacific/cdphe/2019-novel-coronavirus>. Please follow the Southern Ute Indian Tribe on social media and regularly view the Tribe's websites to observe the most updated tribal information.

We are in this together, and together we can fight COVID-19. Continue to stay home, wash your hands with soap and warm water for at least 20 seconds, clean and disinfect frequently touched surfaces, practice social distancing, wear your face covering when leaving your home for essential activities and stay connected with your loved ones.

I hope each and every one of you remain healthy and happy. While this was not the start of the academic year I had hoped for, I would like to wish our students the best wishes for the upcoming school year. I would also like to remind Parents/Guardians to contact your teacher and the SUIMA Administration for resources while you navigate the new role of Parent/Teacher. Thank you for your understanding and patience while we make these necessary changes to protect our students, but most importantly thank you for continuing to see the importance of education and your willingness to step into this uncharted territory.

For questions or concerns, I will be available to assist in every way possible.

Warmest Regards,  
Mari Jo Owens, SUIMA Principal, Office – 970-563-2711, Email – [mjowens@southernute-nsn.gov](mailto:mjowens@southernute-nsn.gov)





## NCAA

# National Native organizations issue joint statement on U.S. Census Bureau change to 2020 Census operations

Staff report

NATIONAL CONGRESS OF AMERICAN INDIANS

This week, the U.S. Census Bureau announced that it is ending its Census 2020 field operations on September 30, 2020, despite severely low response rates in historically undercounted areas, including in many tribal areas across the country.

The National Congress of American Indians (NCAI), the Native American Rights Fund (NARF), and the National Urban Indian Family Coalition (NUIFC) are deeply alarmed and concerned with this unwarranted and irresponsible decision. An accurate Census count is essential to ensure fair and accurate representation of all Americans, including this country's First Americans, because Census data is used for reapportionment of congressional seats and in redistricting to elect representatives at every level of government. Ending the 2020 Census count early during a global pandemic is not only bad policy, it puts at risk the ability of our communities to access social safety net and other benefits that a complete Census count affords Americans wherever they are.

Our tribal nations and tribal communities have been ravaged by COVID-19, and an extension of the Census enumeration period was a humane lifeline during an unprecedented global health catastrophe that provided critically needed additional time to tribal nations to ensure that all of everyone in their communities are counted. For millions of American Indians and Alaska Natives, whether they live on rural reservations or in America's large cities, an inaccurate Census count will decimate our ability to advocate for necessary services for our most vulnerable communities. An incomplete count also undermines our representative system of government in violation of the United States Constitution and in derogation of the federal government's trust responsibilities to tribal nations.

NCAI, NARF, and NUIFC strongly support a complete Census count and call on the United States Congress to take urgent legislative action to include an extension of the Census field operation timelines in the next COVID-19 package.



National Congress of American Indians

## HIGHER EDUCATION

# CLLARO Capitol Fellowship open to native communities

by Alejandra Colmenero

THE COLORADO LATINO LEADERSHIP, ADVOCACY, AND RESEARCH ORGANIZATION

The Colorado Latino Leadership, Advocacy, and Research Organization (CLLARO) Capitol Fellows Program offering internship opportunities. While the host org is rooted in Latinx community advocacy, their paid fellowship program is open to all college students, grad students, and recent grads of color and, I would argue, is the premier program for developing young Coloradans of color into future generations of state policy leaders.

The program places Fellows in the office of a state legislator, advocate, lobbyist, or executive agency for 20 hours a week Jan thru May – 17 hours with their supervisor, 3 hours of leadership development – and comes with a \$3,000 stipend. Native youth should absolutely have access to this opportunity, and since this year's program will be almost entirely online, it removes the barrier of folks having to get to Denver to participate.

Interested participants can find more information about the program online at [www.clldro.org/cfp](http://www.clldro.org/cfp) or by contacting program manager Alejandra Colmenero ([alejandra.colmenero@clldro.org](mailto:alejandra.colmenero@clldro.org)). Candidates can apply at [bit.ly/clldrocfp2021](http://bit.ly/clldrocfp2021). Applications are due Oct. 4, 2020. Applicants will be required to provide, as a pdf to Alejandra Colmenero:

1. Cover letter introducing yourself to the CFP program and why you're applying
2. Resume
3. One letter of recommendation.

Applicants will also have to answer the following two questions as part of the application:

- Why should you be

selected to be a CLLARO Capitol Fellow?

- Write about your policy priorities, 1-3 please. Explain why.

### Program Overview for Legislative Mentors

The CLLARO Capitol Fellowship Program (CFP) seeks to expand the potential of emerging diverse leaders, strengthen their professional skills, and ultimately help mold the future public policy leaders in Colorado. CLLARO's CFP curriculum develops the Fellow's leadership abilities and understanding of the public policy process with weekly leadership trainings and ongoing mentorship, while facilitating access to Colorado's public policy leaders. Fellows have the opportunity to experience the State Capitol first-hand,\* all in an effort to increase the number of young, diverse leaders engaged in leadership and public policy. Due to COVID-19 restrictions, the 2021 program will be a combination of virtual work, and in-person work when possible. We will update participants - both fellows and mentors - as to what exactly this will look like closer to the beginning of the program.

### What does the Capitol Fellowship Experience look like for students?

Students work as a CLLARO Fellow 20 hours per week; 17 hours in your office, plus three in CLLARO trainings each Friday. They can also work in assigned remote space, events or meetings

as directed by Legislative Supervisor,\* and approved by both Legislative Supervisor and CLLARO.

Please note that all in-person work must meet the required COVID-19 guidelines set by the CDC and the state. The CFP experience is custom-tailored to make sure our Fellows are equipped with the skills and tools needed to excel in their support positions in order for them to enter the Capitol (or other public policy) office prepared to take on more complex assignments. Our recruiting policies are rigorous and transparent so qualified candidates are already motivated leaders in their own right. By hosting a fellow in your office and integrating them into your team, you will see our proven curriculum at work as early as day one. Our fellows arrive prepared to engage in quality research, community engagement, and internal relationship building to support your entire office.

### What does the Capitol Fellowship Experience look like for students?

CLLARO Fellows are not a typical intern, an assistant, a social media intern, or schedule organizer. While certain administrative tasks can be part of their role in your office, it shouldn't be their main role or priority. CLLARO Fellows are to learn about the real world, what it's like to be a state policy maker, and have an experiential learning experience. This will look different from office to office based on policy priorities and needs.

## Many Moons Ago

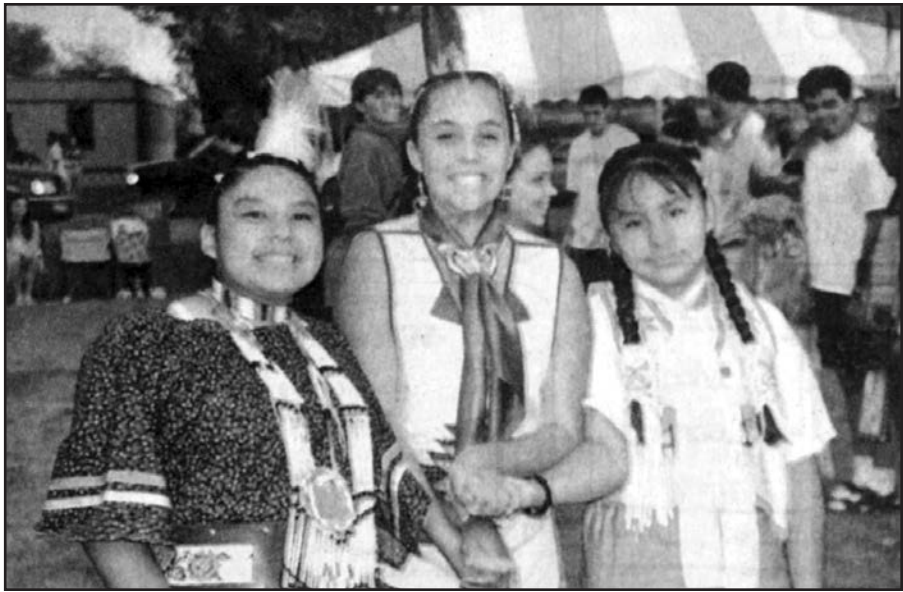


Jeremy Wade Shockley/SU Drum archive

## 10 years ago

Tri-Ute Games athletes receive medals during an awards banquet at the Sky Ute Casino Resort's Events Center on Sunday, Aug. 22. Junior Miss Southern Ute A-mya Bison, Tribal Chairman Matthew Box and Executive Officer Johnny Valdez each congratulated the athletes personally. The second ever Tri-Ute Games took place in Fort Duchesne, Utah, July 22-24.

This photo was published in the August 25, 2010, issue of The Southern Ute Drum.



SU Drum archive

## 20 years ago

Fernessa Dutchie, Lindsay Box and Santee Medicine Bear pose together on the final night of the Southern Ute Heritage Dancers event. The dancers performed every Thursday night during the summer for tourists to the Four Corners area.

This photo was published in the August 25, 2000, issue of The Southern Ute Drum.

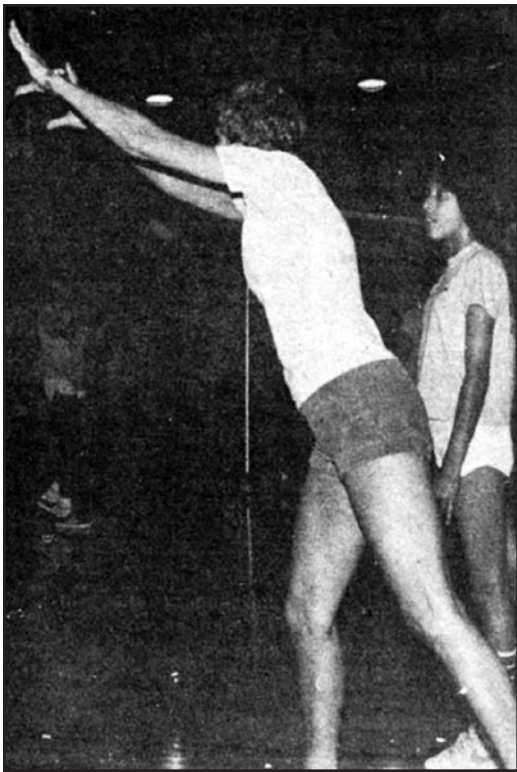


SU Drum archive

## 30 years ago

A day-long display showing the hazards of smoking is on display in the green room of the Tribal Affairs Building. The display was provided by the Health Services Department.

This photo was published in the August 31, 1990, issue of The Southern Ute Drum.



SU Drum archive

## 40 years ago

The Ignacio High School varsity volleyball team had three girls returning from last year's second place finisher in the Southern Peak League: Jeanette Quintana, Carmela Quintana and Robbie Jefferson. Moving up from last year's JV squad were Tina Mestas and Andrea Taylor. Pictured here, Coach Ferguson, left, shows the girls how to do it.

This photo was published in the August 29, 1980, issue of The Southern Ute Drum.





EPD HIRES CONSERVATIONISTS • FROM PAGE 1



Jeremy Wade Shockley/SU Drum

Samantha Emmanuel, Conservator (pictured above) and Evelyn Bird, Conservation Technician made up the Photogrammetry Team who worked on documenting the mural in the Head Start Gymnasium, and those in the Dining Hall, creating high resolution digital imagery of the large murals, free from distortion.

ful experience, everybody learned something from the process,” said Rachel Burch, Project Manager/Wall Painting Conservator on the project. “We all came away with a very positive feeling about everything. A lot of it’s in the preparation before we arrive, it’s a challenge, but also what makes the project interesting.”

The RFP closed beginning of June, EPD had May/Burch Conservation under contract by beginning of August. Their team was on site starting Monday, Aug. 10, working on Tribal Campus for the next five consecutive days. “This project would not have occurred without the cross departmental coordination from everyone involved; building maintenance, they were a huge help, Cultural Preservation, Executive Office, Ratcliff stated. “The fact that this project happened so quickly during the COVID-19 pandemic is a testament to teamwork!”

“Tribal Council had expressed the need for efficiency, in accomplishing this project as quickly as possible, Ratcliff said. “The teams worked in rotation to maximize time on site and document all aspects of the murals in a super-efficient manner.”

The Conservation Team included: Rachel Burch, Project Manager/Wall Painting Conservator and Kiernan Graves, Wall Painting Conservator. The duo focused on examining the paintings close-up, which included using a portable microscope at 50 to 200X magnification, and taking tiny samples which will provide further detail of the overlying paint layers of the murals. They also assessed the current condition of the murals, and will use all the written and photographic information gathered to advise on which conservation treatments are recommended for their best future preservation.

The Photogrammetry Team who worked on the mural in the Head Start Gymnasium, and those in the Dining Hall, was led by Samantha Emmanuel, Conservator and Evelyn Bird, Conserva-

tion Technician. Photogrammetry provides high-resolution, color-corrected and distortion-free images of the murals, which allow for both 2D and 3D photo reconstructions of them. Its detail and accuracy are incredible resources for the understanding of the paintings, and also for monitoring any change in their condition over time.

Joining them was Alan White, with AQYER, who performed 3D laser scanning of the three buildings, interior and exteriors of each. 3D laser scanning of the buildings, inside and out, provides a precise database in the form of a ‘point cloud’ which provides an accurate record of all the surfaces scanned, which can be used in many ways, in 2D and 3D, including creating ‘virtual tours’ of the buildings.

Lastly, John Meyer, Specialist building contractor, was brought onto the team, along with Architectural Conservator Kelly Wong, to help with figuring out the logistics of potential extraction of the murals, for preservation outside their present homes. Examination of the wall structures, and consultation with Engineers at WSC, will address the feasibility of moving the murals to another location.

“There were challenges that we faced with COVID,” Hutson emphasized “Coordinating the project to comply with the Incident Command Team’s directive. We accomplished the digital preservation and the 3D component – and we got it done in a week.”

EPD will be waiting on the final report from May/Burch Conservation which they anticipate to be complete by mid-September. The purpose of the photographs was solely documentation at this point, but opens the door for opportunity in the future. The information gained from the conservators will help guide decisions made by the Tribe in the near future.

“There is more to the project than just documenting, and laser mapping; we also asked them to develop

options and costs regarding: saving the murals, conservation of the paint, or the wall, or moving the mural – what would that look like?” Ratcliff said “They are going to give us a bunch of different option on what we can do. The Pros and cons, cost etc. so that Tribal Council can make an informed decision when the time comes.”

Southern Ute councilmembers Marge Barry and Lorelei Cloud paid a visit to the Head Start and Dining Hall to see the conservation work for themselves, along with Cultural Preservation Director, Shelly Thompson who shared her own personal stories with the May/Burch team.

“We had a couple of visitors come by during the process, it was really great to see the contractors interact with people who had memories and to hear first-hand knowledge and perspective related to the murals; which feeds their research they are going to continue to do,” Ratcliff stated. “It was a really fun project, and EPD was happy to be a part of it. I personally learned a ton. The environmental and culture crossover is something I really enjoyed being a part of.”

Rachel Burch expressed her sincere thanks in particular to Alex Ratcliff and her colleagues for smoothing the way, and to the visitors from the Tribe who stopped by and shared their memories and stories of the murals. “One of our biggest surprises was realizing that the murals by Sam Ray in the Dining Hall may be previously restored. Burch stated. “We would love to have any information on when and by whom, to support our technical analysis of the paintings! If any other members of the Tribe have any memories or photographs they would like to share involving the murals, this would be very helpful for our work.”

May/Burch Conservation is asking for any first-hand historical information related to the Sam Ray murals. Rachel Burch can be reached at rburch@may-burchconservation.com or by phone at 310-384-8804.

YOUR STORY & YOUR VOICE  
DESERVE TO BE HEARD



Interested in storytelling, filmmaking, or making your own mini-documentary? Learn more about this new initiative:

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- you choose where to focus your lens

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culture art inequity  
traditions inspirations  
hopes history fears  
life during COVID  
and more!

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2. RECORD THE STORY YOU WANT TO TELL
3. AND SUBMIT IT AT NATIVELENS.ORG

100TH ANNUAL SOUTHERN  
UTE TRIBAL FAIR  
CONTEST POWWOW

September 18th-20th 2020

SKY UTE FAIRGROUNDS & EVENT CENTER  
Ignacio, CO

HEAD STAFF

Head Gourd Dancer: Russell Cloud  
Arena Director: Bart Powawuk  
Head Drum Judge: Marcus Denny  
MC: Hal Eagle  
Head Lady Dancer: Evelyn Bird  
Head Man Dancer: Marge Barry  
POWOW COMMITTEE MEMBERS  
Don Lopez 970.553.0091  
John Lopez 970.553.0091  
John Lopez 970.553.0091  
John Lopez 970.553.0091  
John Lopez 970.553.0091  
John Lopez 970.553.0091  
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DRUM CONTEST

Northern & Southern Combined 1st-9th  
1st place \$16,000 and drum  
2nd place \$13,000 and prize

SPECIALS

All Around Men's & Women's  
Men's War Bonnet  
Women's Red Dress

DANCE CATEGORIES

Men & Women's Golden Age (65+)  
Men & Women's Senior Age (46-64)  
Men's (18-45) Fancy, Grass,  
Old Style Grass,  
No. & So. Traditional, Chicken  
Women's (18-45) Fancy Shawl,  
Jingle, Old Style Jingle,  
No. & So. Cloth,  
No. & So. Buckskin  
Teen Boys (13-17)  
Teen Girls (13-17)  
Junior Boys (6-12)  
Junior Girls (6-12)

SOUTHERN UTE CULTURAL PRESERVATION DEPARTMENT PRESENTS  
SOUTHERN UTE FAIR NMRA RODEO



EVENTS	ENTRY FEE	ADDED
BULL RIDING	\$100	\$2,000
BAREBACK	\$111	\$1,000
STEER WRESTLING	\$111	\$1,000
BREAKAWAY ROPING	\$111	\$1,000
SADDLE BRONC RIDING	\$85	\$1,000
TIE DOWN ROPING	\$111	\$1,000
LADIES BREAK AWAY	\$111	\$1,000
BARREL RACING	\$111	\$1,000
TEAM ROPING	\$111	\$1,000
Junior	\$111	\$1,000

SKY UTE FAIR  
SEPTEMBER 18-20, 2020  
MUTTON BUSTING  
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OPEN HORSE EVENTS

OPEN CHICKEN PULL Guarantee \$1000 Entry Fee \$30  
OPEN BAREBACK WATERMELON HORSE RACE \$500  
REGISTRATION : Sky Ute Fairgrounds Sunday 11 AM – 12:30 PM



Multi-Purpose Facility

Shawl Kits and Prettiest Shawl Contest

Shawl Kits are available to Tribal Members.

Rules

- \* must use the kit you are given
- \* applique, embroider, paint or media of your choice
- \* must be completed in time allocated

Kits available on Monday August 31 - September 4, 2020

Shawls must be completed by September 25, 2020

Call MPF at 970-563-2641

or email eredd@southernute-nsn.gov



We will safely deliver to you or make an appointment to pick up

Please wear a mask and social distance





HEALTHY RECIPES

Three Sisters summer salad

By Lisa B. Smith, RDN  
SHINING MOUNTAIN HEALTH AND WELLNESS

Using fresh ingredients native to our area nourishes our body and can nourish our soul!

Imagine eating foods your ancestors ate? Imagine using these fresh foods that are easy to prepare! Using ancestral ingredients with a twist can be just the thing for our modern, crazy, busy times.

The “Three Sisters” – beans, corn and squash, are significant to many Indigenous people. Try this delicious recipe and wake up your taste buds! This can be served hot or cold, can be a nutritious



GetFreshCooking.com

addition to meals such as tacos, fish or chicken. Enjoy!

Lisa B. Smith, RDN is a Registered Dietitian Nutritionist with the Southern Ute Shining Mountain Health and Wellness.

Three Sisters Summer Salad

Ingredients:

- One zucchini, cut in 1” pieces
- One yellow squash, cut in 1” pieces
- 1 teaspoon olive oil
- 2 ears of fresh cooked corn, kernel cut off
- 1 small onion, diced
- 1 can black beans, rinsed and drained
- 4 oz chopped green chilies; fresh, frozen or canned
- 3 cloves garlic, finely chopped
- 1 teaspoon cumin
- 1/4 teaspoon cayenne pepper (optional)
- 1/2 teaspoon black pepper

Directions:

1. In a medium sized frying pan over medium heat, sauté zucchini and yellow squash in olive oil, about 10 minutes.
2. Meanwhile, in a large bowl combine remaining ingredients.
3. Add sautéed zucchini and squash and stir to combine.
4. Serve hot or cold.

Serves 10. Nutrition per serving: 60 calories, 3 grams protein, 11 grams carbohydrates, 2 grams fiber.

BEHAVIOR HEALTH

BEE Heard: Tribal student’s mental health and substance use prevention

By Precious Collins  
NATIVE CONNECTIONS PROGRAM

Like so many other schools across the country, our Ignacio, Bayfield, and Durango students will be heading back to school to restart their education journey. This will present challenges balancing social and educational experiences with new safety procedures – whether there are in-school classes, online classes, or a mixture of both.

In this article, we will be talking about suicide prevention and substance use prevention while your student(s) is entering this new world of education during this pandemic.

Suicide Prevention with Students

Many schools that have already welcomed students back into the classroom in-person or online have noticed an increase in suicide ideation and suicide screenings with the students. According to new research from the Centers for Disease Control and Prevention, one in four people aged 18 to 24 seriously contemplated suicide in June. And for younger students, according to the Center for Health Journalism, youth who were confined at home due to the pandemic had elevated rates of depression and anxiety.

As parents and guardians, our ability to balance our work life, social life, and of course our children’s life is going to be interesting, to say the least. One thing is for sure, our children are our priority and we want to make sure they are safe in and out of school. We recognize that they too have been affected directly and indirectly by this pandemic and they too are experiencing loss, grief, anxiousness about new procedures, or the outside world.



Schools and parents are finding that, for the mental health of our children, we must allow them space, outlets, and opportunities to socialize and talk about how they are feeling. Here are some tips and ways you can support your child while they return to school:

- Help children/youth develop self-esteem in order to feel good about themselves. Show your child love and acceptance; praise them, recognize their efforts and nurture their confidence; ask them questions about their activities. Unconditional love goes a long way.
- Be a good listener and respect their feelings. Remember: it is fine for children/youth to feel sad and angry. Encourage them to talk about how they feel. Keep communication flowing. Help your child find someone to talk with if they don’t want to talk with you.
- Create a safe, positive home environment. Provide time for physical activities, play and family activities. Be aware of your child/youth’s time on the screen (TV, Internet, gaming devices). Be careful when discussing serious family concerns such as finances, illnesses, etc. around your child who can worry about these things. Establish healthy habits/routines for eating, sleeping, exercise, learning and down time.
- Help your child/youth

socialize safely through social media and other online technologies. Socializing plays an important role in regulating your mood. Communication helps kids feel less alone and relieves some of the stress that results from being away from friends.

- With difficult situations, help your child/youth problem solve. Teach your child how to relax when they are feeling upset (calm breathing, some alone time, take a walk). Discuss possible solutions or ideas for improving a situation.
- Children need parents and/or guardians to be consistent, honest and caring. Commit to strengthening family ties and being trustworthy.
- Talk one on one with your student about their feelings. It is important to debrief with your student after the school day. Don’t be afraid to keep asking “Do you want to talk about anything?”
- Create a Self-Care Plan with your child.
  - What will I do for self-care? Stick to the basics and add certain self-care activities to your calendar. Some examples are: getting enough sleep, exercising as appropriate for your health, eating healthfully, spending time with loved ones, using relaxation exercises, and practicing meditation.
  - Who can I call at any time? Identify people in your life who you trust and can talk to about the good and bad that may happen.
  - Who can I reach out to if I need more help? Identify who you can call if you are feeling overwhelmed, anxious, or sad. May be loved ones, a coach or teacher, or mental health professional.

If you need assistance with how to talk to your child about suicide, please call one of the crisis lines listed at the end of this article. You can always reach out to your local Behavioral Health program for advice and support.

Free Suicide Prevention Training

Want to learn what to do if someone you know is having a mental health crisis?

BEE Heard page 5

NATIVE HELPLINE

Mental health effects of historical trauma

Staff report

STRONGHEARTS NATIVE HELPLINE

The outbreak of coronavirus earlier this year left many mental health professionals concerned that stay-at-home orders and other safety measures designed to protect citizens from the pandemic could cause an increase in mental health issues. Unfortunately, mental health disorders and access to mental health care has been an ongoing struggle for Native Americans. With the additional mental drain resulting from the virus’ spread, it’s important now more than ever to support our relatives by understanding mental health and how it disproportionately impacts our communities.

Education

The first step in supporting people who struggle with their mental health is to educate yourself on how mental health disorders develop and how their development can impact every facet of a person’s life. Experts are not entirely sure what can cause mental health disorders. However, the consensus is that a mixture of genetics, environmental factors, and traumas like war, intimate partner violence, or child sexual abuse can result in lifelong mental health struggles. Native American communities specifically have to contend with historical trauma, which is defined as cumulative emotional and psychological wounding over one’s lifetime and from generation to generation following the loss of lives, land, and vital aspects of culture. According to Mental Health America, over 21% of Native Americans had a diagnosable mental health disorder in the past year, totaling over 830,000.



Effects

The effects of these mental health disorders can be devastating to individuals and the Native American community as a whole. Having a serious mental health disorder can reduce an individual’s life expectancy by 10 to 20 years, as depression and high levels of psychological stress may result in increased rates of heart disease, diabetes, and even an increased risk of cancer. Difficulty regulating emotional health can also destroy a person’s ability to cope with the stresses of everyday life, including maintaining friendships and supporting a family.

Impact

The impact of fractured familial bonds on our communities has been and continues to be significant. For decades, our children were removed from their homes and stolen from their families to be re-educated at boarding schools. At these schools, many children were victims of institutional abuse, including regular beatings, sexual abuse, and punishment for practicing any kind of activities that contributed to the survival of their own culture. This complete disruption of Native American family life and culture fostered the same kind of historical trauma that mass violence and persecution caused earlier generations. The separation of children from their families and their culture has lasting effects on the mental health of Native Americans to this day.

Resources

Now in this time of national crisis, these mental health struggles are even more important to highlight. Everyone – including our peoples – should be especially mindful of how the stresses of the pandemic could affect their mental well-being and the well-being of their communities.

These resources are available for anyone struggling with their mental health:

- **National Suicide Prevention Hotline**  
The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. 1-800-273-8255.
- **StrongHearts Native Helpline**  
StrongHearts is a safe, anonymous and confidential domestic, dating and sexual violence helpline that offers culturally-appropriate support and advocacy for American Indians and Alaska Natives. If you or someone you love is experiencing domestic, dating or sexual violence or if you have questions about your behavior, help is available. For one-on-one advocacy, click on the Chat Now icon at <https://www.strongheartshelpline.org/> or call 1-844-7NATIVE (762-8483). Advocates are available daily from 7 a.m. to 10 p.m. CT.

LOCAL RESOURCES

- **So. Ute Health Center:** Behavior Health 69 Capote Dr., Ignacio, CO, 970-563-4581. For local Native Americans. Call to schedule a counseling appointment.
- **So. Ute Social Services:** 116 Capote Dr., Ignacio, CO, 970-563-2331 for local Native Americans needing assistance with child welfare needs and family support.
- **St. Ignatius Catholic Church:** Pastor Cesar Arras, 14826 CO-172, Ignacio, CO 970-563-4241.
- **Ignacio Community Church:** Pastor Randall Haynes 405 Browning Ave., Ignacio, CO (currently located inside ELHI), 970-759-3633.
- **Second Wind Fund of the Four Corners:** Believes that every child and youth at risk of suicide should have access to the mental health treatment they need. We match children and youth at risk for suicide with licensed therapists in their communities, 720-962-0706.
- **Women’s Resource Center:** Creates personal, social and professional growth opportunities for all women in La Plata County, 970-247-1242.

24/7 STATE & NATIONAL RESOURCES

- **Colorado Crisis Line:** 844-493-8255 or Text “TALK” to 38255. You’ll immediately be put in contact with a trained counselor, ready to text with you about anything.
- **The National Suicide Prevention Lifeline:** Has both an online chat and 24/7 phone line at 1-800-273-8255 if you are thinking of suicide or need help for a loved one.
- **The Trevor Project:** Seeks to serve LGBT youth, has a 24/7 suicide prevention line at 866-488-7386.

Southern Ute Indian Tribe  
Vocational Rehabilitation Program

We are here and available for support via phone, fax, or email!



Monday – Friday, 8 a.m. – 5 p.m.

Phone: 970-563-4730

Fax: 970-563-4840

Email: [brosa@southernute-nsn.gov](mailto:brosa@southernute-nsn.gov)

Making Change Work for You!



Visit the Drum online at [www.sudrum.com](http://www.sudrum.com)  
eEditions at [www.sudrum.com/eEditions](http://www.sudrum.com/eEditions)





TRIBAL HEALTH

Southern Ute issues flu vaccination survey

Staff report  
SOUTHERN UTE HUMAN RESOURCES

The Southern Ute Indian Tribe has historically offered an annual flu vaccination clinic during the employee benefits enrollment process in the fall. Due to the COVID-19 pandemic, the benefits enrollment process will be managed remotely this year. The purpose of the survey is in response to the COVID-19 pandemic and to ensure we are making every effort to promote and prioritize the health and safety of tribal staff, tribal community and the tribal membership. The Southern Ute Incident Management Team are interested in obtaining feedback from the staff to identify solutions for employees and their families to obtain timely and convenient flu vaccinations.

Currently, Employee Flu Vaccination Clinics, at the Sky Ute Events Center, are scheduled for:

- Sept. 14 (8 a.m. – 5 p.m.)
- Sept. 15 (7 a.m. - 4 p.m.)

The Southern Ute Incident Management Team along with staff recently created a survey to gauge

employee interest in a voluntary Flu Vaccination Testing Event. Below, IMT has provided some general information on the intent of the program. The deadline for employees to submit their survey response will be Sept. 4, 2020 by 5 p.m. Public health officials are concerned about the combination of influenza (flu) and COVID-19 illnesses overwhelming the medical community during the fall of 2020. This has the potential to overwhelm the health care system such that critical services may not be available to all members of the community when needed. The United States Centers for Disease Control and Prevention (CDC) is encouraging communities to the extent possible to implement programs allowing early vaccinations and to increase flu vaccination rates this season in order to limit the

demands on the healthcare system related to flu illness. Vaccination rates from the 2018/2019 flu year in the four corner states are summarized in Table 1 below. A breakdown by specific age across the U.S. can be found in the Figures at the end of this document. Data from the Southern Ute Health Clinic and the Tribe's Insurance Provider indicates vaccination rates of approximately 42% in the Health Clinic and 30% in the employee population. According to the CDC, the flu vaccination reduces risk of influenza by 40-60% during a typical year. Since the efficacy of the flu vaccination changes from year to year, public health officials are targeting a flu vaccination rate of 60% of the overall population in the 2020/2021 flu season to reduce burdens on the medical community during the COVID-19 pandemic.

2018/2019 Summary of Flu Vaccination Rates Amongst States in the Four Corners and US.		
DEMOGRAPHIC	CHILDREN (6 mos. – 17 yrs.)	ADULTS
Arizona	55.9% (18+)	42.6%
Colorado	64.5%	48.1%
New Mexico	67.5%	44.7%
Utah	55.8%	41.9%
U.S. Average	62.6%	45.3%

TRIBAL HEALTH

Vision Benefits of the Southern Ute Tribal Health Department

Erika Atencio  
TRIBAL HEALTH DEPARTMENT

Greetings Southern Ute Tribal Membership, The Tribal Health Department would like to continue the effort to help individuals understand the sometimes-complex world of health. This article will cover some, but not all basic information of the vision coverage within the department. All enrolled Southern Ute tribal members have a vision benefit plan that covers many typical vision expenses. This plan is called the Vision Service Plan (VSP) and it became effective through Tribal Council approval in April 2014. The expenses included with VSP are annual eye exams, retinal screenings, contact lenses, and frames for glasses and their lenses. Each member has a \$150 annual limit on frames OR contacts. That annual date depends on when your last exam was, for example if you had one in March of 2019 then you are eligible for you next exam and materials in March of 2020. It is important to utilize an in-network VSP provider to avoid additional

out-of-pocket costs associated with your exam and materials. You may locate an in-network VSP provider by going to www.VSP.com and clicking on the "Find a Doctor" tab. You will then put in your zip code and it will populate a list of all the VSP providers that are in-network in your area. There are NO cards associated with VSP. If your provider is in-network they will have access to the VSP system and will be able to locate you and your benefits by utilizing your name, date of birth (DOB) and social security number (SSN) if need be. Laser vision correction or Lasik is not a covered benefit under the vision plan. There is an average discount of 15% off the regular price or 5% off the promotional price for Lasik and these are only available from contracted facilities. There is also a 30% savings on additional glasses and sunglasses, including lens enhancements, from the same VSP provider on the same day that you receive your annual eye exam or you can get a 20% discount from any VSP provider within 12 months of your last annual eye exam.

If you have any questions about your benefits or providers and the Tribal Health Department is unavailable during normal business hours you may also contact the VSP customer service line by dialing 1-800-877-7195 or going to their website at www.vsp.com. Thank you for your time and please look forward to the next article summarizing your dental benefits through Delta Dental. The THD Benefits Team is continuing to work through the tribally issued "Stay at Home" Order. Office phones are forwarded to assist the tribal membership between 8 a.m. and 5 p.m. Monday through Friday. We hope that each and every one of you are continuing to stay safe and follow the public health orders issued to help slow or stop the spread of COVID-19.



PUBLIC HEALTH

First case of West Nile virus reported in Colorado

SJBPH: Take preventive steps to avoid mosquito bites

Staff report  
SAN JUAN BASIN PUBLIC HEALTH

The first human case of West Nile virus (WNV) infection of the 2020 season has been found in Delta County and was reported to the Colorado Department of Public Health and Environment (CDPHE). In 2019, there were 122 human cases of WNV throughout Colorado. Fifty-two of those cases had neurologic complications, there were eight deaths, and nine blood donors who were infected but asymptomatic. In 2019, there were six cases of WNV in La Plata County and one in Archuleta County. Most people infected with WNV do not feel sick. About one in five people who are infected develop a fever and other symptoms such as headache, pain, and fatigue. People with mild illness typically recover within about a

week with treatment, but less than one percent of infected people develop a serious, sometimes fatal, illness. Symptoms typically appear between two and 14 days after the bite of an infected mosquito. WNV cannot be spread person to person. People over the age of 60 and individuals with weakened immune systems are at an increased risk for severe disease. If you think you or a family member is sick with WNV, consult a health care provider. Anyone living in an area where WNV is present in mosquitoes can get infected, particularly from June through early September when mosquitoes are most active. Those who work outside or participate in outdoor activities are at the highest risk. There is no treatment for the virus other than supportive care, and there is no vaccine to prevent it. The most effective way to pre-

vent exposure to WNV is to prevent mosquito bites. SJBPH reminds residents to use the Four Ds to protect against WNV:

- Use insect repellent containing Deet.
- Drain standing water around your house.
- Be especially careful when doing outdoor activities at dusk and dawn, when mosquitoes are most active.
- Dress in long sleeves and pants where mosquitoes are active.

To learn more about the symptoms, treatments, and other information for WNV visit [sjbpublichealth.org/communicabledisease]sjbpublichealth.org/communicabledisease. Information is also available from the Colorado Department of Public Health and Environment at colorado.gov/cdphe or Centers for Disease Control and Prevention at www.cdc.gov.

### Communicating the Benefits of Seasonal Influenza Vaccine during COVID-19

Influenza (flu) severity varies from year to year, but flu always brings serious consequences.<sup>1</sup> The prevention of influenza and its associated consequences is important every year. Although the effectiveness of the flu vaccine can vary, overall the vaccine markedly lowers the risk of influenza-related illness, hospitalization, and death.<sup>2</sup>

The COVID-19 pandemic means preventing influenza during 2020–21 is more important than ever. Influenza and COVID-19 share many symptoms. Preventing influenza means fewer people will need to seek medical care and testing for possible COVID-19 or influenza. And increasing flu vaccination uptake saves healthcare resources for COVID-19 and other conditions. Begin recommending flu vaccine now, and vaccinate throughout the flu season, providing extra outreach to those at highest risk of severe COVID-19 or severe influenza.

CDC estimates that, from October 1, 2019–April 4, 2020, there were:

- 39 million–56 million flu illnesses
- 18 million–26 million flu medical visits
- 410,000–740,000 flu hospitalizations
- 24,000–62,000 flu deaths

SOURCE: CDC, 2020

#### What are the Benefits of Seasonal Flu Vaccine?

Research shows flu vaccination:

- Reduces Hospitalization and Death
  - ✓ Pediatric deaths from flu were cut in half for children with underlying high-risk medical conditions and by two-thirds for healthy children<sup>3</sup>
  - ✓ Influenza hospitalizations were cut in half for all adults (including those 65+ years of age)<sup>4</sup>
  - ✓ Influenza hospitalizations dropped dramatically among people with chronic health conditions – by 79% for people with diabetes<sup>5</sup> and 52% for those with chronic lung disease<sup>6</sup>
  - ✓ Vaccinating long-term care facility (LTCF) staff reduces hospitalizations and deaths in LTCF residents<sup>7</sup>
- Reduces Severity of Illness in Hospitalized Individuals
  - ✓ Among adults hospitalized with flu, intensive care unit (ICU) admissions decreased by more than half (59%), and fewer days were spent in ICU if vaccinated<sup>8</sup>
  - ✓ Children's risk of admission to a pediatric intensive care unit (PICU) for flu-related illness was cut by almost 75%<sup>9</sup>
- Reduces Risks for Major Cardiac Events
  - ✓ Risk of a major cardiac event (e.g., heart attack) among adults with existing cardiovascular disease was reduced by more than one-third<sup>10</sup>
- Protects Pregnant Women and Their Babies
  - ✓ For pregnant women, flu-associated acute respiratory infections were cut in half<sup>11</sup>, and flu-associated hospitalizations were reduced by 40%<sup>12</sup>
  - ✓ Influenza illnesses and influenza-related hospitalizations in infants under 6 months of age fell by half when their mothers were vaccinated<sup>13,14</sup>

#### How to Discuss Vaccine Effectiveness

- Keep it simple: "Flu vaccine helps reduce risk of hospitalization and death."
- Use a presumptive approach: "Today we are giving you your annual flu vaccination."
- Communicate why we vaccinate: "Vaccination prevents flu and severe outcomes of flu." "Preventing the flu also means preventing missed work and helps you avoid doctor appointments and unnecessary medications. It also means preventing flu symptoms that can mimic COVID-19, saving healthcare resources needed for COVID-19 care."
- Communicate the variability and unpredictability of flu: "This is why it is best to get an annual flu vaccination."
- Acknowledge that flu vaccination is not always a perfect match with the circulating virus types. But flu and flu-related severe illnesses are common; outbreaks occur almost every year. "The vaccine is the best way to reduce your risk of flu and its negative outcomes."

FOOTNOTES

1. CDC. Estimated Influenza Illnesses, Medical Visits, Hospitalizations, and Deaths in the United States – 2018–2019 Influenza Season. www.cdc.gov/flu/about/burden/2018-2019.html
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3. Flannery, 2017, Pediatrics DOI: 10.1542/peds.2016-4246
4. CDC. CDC Seasonal Flu Vaccine Effectiveness Studies. www.cdc.gov/flu/vaccines-work/effectiveness-studies.htm
5. Ferdinands, 2014, Journal of Infectious Diseases DOI: 10.1093/infdis/jit305
6. Usher, 2013, JAMA DOI: 10.1001/jama.2013.279100
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10. Poth, 2013, American Journal of Obstetrics and Gynecology DOI: 10.1016/j.ajog.2011.02.042

www.immunize.org/catg.d/p3115.pdf • Item #P3115 (7/20)

immunization action coalition

immunize.org

## Colorado Contract Applications

Division of Social Services will not be accepting or processing application for the Colorado contract.

Applications will resume

August 31, 2020

BEE HEARD • FROM PAGE 4

sis? Contact Precious Collins 970-306-8131 to sign up for the Question, Persuade, Refer online training (1 hour). Great tool and learning opportunity for you and your family.

#EndMentalHealthStigma  
#MentalHealth  
#CultureIsPrevention  
#DearNativeYouth  
#WeRNative

Adults Need Help Too

According to CDC.gov, in the month of June there were considerable elevated adverse mental health conditions associated with the pandemic and 40% of U.S. adults reported struggling with mental health or substance use. Younger adults, racial/ethnic minorities, essential workers, and unpaid adult caregivers reported having expe-

rienced disproportionately worse mental health outcomes, increased substance use and elevated suicidal ideation. Please reach out to any of the resources listed to ask questions and help make a plan to overcome mental health struggles.

Want to help and be a part of the change?

Looking for community members and youth to join the Prevention Coalition tasked to reduce youth substance usage, eliminate mental health stigma, and start the discussion around suicide and prevention.

Upcoming Prevention Coalition Meeting

We are going virtual! Be on the lookout for our virtual Prevention Coalition

Meeting flyers and invites. Contact Precious Collins, Native Connections Program Coordinator for more information 970-563-2487.

Upcoming Training

FREE online Suicide Prevention Training- Question, Persuade, Refer (QPR) for Southern Ute Tribe Employees and Southern Ute Tribal members and their family. Let's all learn the warning signs and what to do if someone is experiencing a crisis. Please contact Precious Collins at 970-306-8131 or email prcollins@southern-ute-nsn.gov to sign up.

BEE HAPPY!





## Notah Begay III (NB3) Foundation

We have an exciting opportunity for a financial executive to not just find a career, but to make a difference in the lives of Native children as our next Chief Financial Officer! The Chief Financial Officer (CFO) will develop and lead the financial strategy for the entire organization, including business planning, budgeting, forecasting, negotiations and annual audits. The CFO will oversee the finance department and collaborate closely with the executive management team and Board of Directors to create projections and reports, manage capital investments and ensure the financial stability of a growing nonprofit organization.

The ideal candidate will be a seasoned, entrepreneurial leader committed to our mission and able to see the heart of the work beyond the numbers, actively contributing to changing the lives of Native American children by connecting financial management to meaningful outcomes.

### Sound like you?

Learn more about qualifications and how to apply:  
<https://nb3foundation.org/about/jobs-and-opportunities/>



*Join our team!*

## Chief Financial Officer

Accepting applications through  
**Friday, Sept. 18**

Full job description and how to apply:  
[www.nb3foundation.org/about/jobs-and-opportunities/](http://www.nb3foundation.org/about/jobs-and-opportunities/)

## SUIMA

# From the Eagle's Nest

*Welcome to the new school year!*

### Staff report SU INDIAN MONTESSORI ACADEMY

While we have all endured and persevered through this strange time, we still have a way to go. Looking back to March 18, 2020 when SUIMA closed, we have learned to be strong, resilient and safe. As the students have been looking forward to seeing their teachers and classmates, things will definitely be different.

The Southern Ute Indian Montessori Academy will begin school on Monday, Aug. 31. Even though all students will not be on campus, while getting lessons through Remote-Learning, the teachers are excited to see them. With our Montessori curriculum, the staff have been fabricating hands-on learning materials to send home. They have also been getting trained in the online platform that will be used to deliver academic lessons.

Our kitchen crew has also been working hard for the students. Breakfast and lunch will be provided every school day through a pickup service outside of the SUIMA dining hall. With lots of good food, great snacks, and face covered smiles, the cooks will hand every student their meal. Please call 970-563-2770 to



courtesy SUIMA/SU Drum archive

Ute and English signage points the way on the campus of the Southern Ute Indian Montessori Academy.

sign up so that we can have an accurate count.

As we begin this school year, SUIMA would like to acknowledge the retirement of Ms. Edwinna Watts. Between the head start and SUIMA, she has served the children of Ignacio for 40 years! Good luck Ms. Eddie, stop by and visit when things get back to nor-

*"Children are human beings to whom respect is due, superior to us by reason of their innocence and of the greater possibilities of their future ... Let us treat them with all the kindness which we would wish to help to develop in them."*

– Maria Montessori

## Living in 2 Worlds

### Virtual Prevention Skills Workshop for American Indian Middle School Students

Come learn about how your American Indian culture and values can help you say "no" to negative choices that you face everyday!

Join us on Zoom!  
Every Thursday at 5:00 PM  
Starting September 10, 2020

Chances to win  
door prizes &  
gift cards!

### Register Today!

[www.phxindcenter.org/online-options/](http://www.phxindcenter.org/online-options/)

For American Indian middle school students residing in Maricopa county. Parent Permission required.



For more information contact: Kennedy Slowtalker  
[kslowtalker@phxindcenter.org](mailto:kslowtalker@phxindcenter.org) | 602-264-6768



## SOUTHERN UTE EDUCATION DEPARTMENT Online Educational Resources

The Southern Ute Education Department has compiled an abundance of online education resources or you, the membership! We have organized a variety of resources for adult learners, youth, parents and even wellness.

Resources will be updated and added every Wednesday. Please use this resource to learn while you and your family are at home. Take the opportunity to strengthen your knowledge in financial literacy, business writing, GED math, or resume writing.

Use this resource to connect your student to educational games, literacy, math and social studies resources. Or, look at the wellness resources to manage stress during an uncertain time.

You can access these resources on our website in "Online resources" at  
[www.southernute-nsn.gov/education/](http://www.southernute-nsn.gov/education/).

*Thank you, and we hope this supports your education at a distance.*

## CREATE YOUR FUTURE

Become a  
**CNA**

PCC Southwest in Bayfield  
will offer a **four-week**  
**Certified Nurse Aide**  
certificate program.

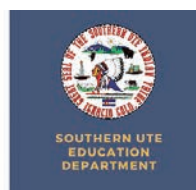
Program begins **Sept. 28**

Classes held **Monday through Friday**  
from **4-9 pm** at the  
**Bayfield site, 110 E. South St.**

For more information or to apply, call  
Bethany Powell at 970.385.2098



Reasonable accommodations will be provided upon request for persons with disabilities. To make a request, please notify the PCC Disability Resources Center at (719) 549-3446 or [Disability.Resources@pueblocc.edu](mailto:Disability.Resources@pueblocc.edu) at least five (5) working days before the event.



## MINI LAW SCHOOL TUESDAY NIGHTS, SEPT 8 - OCT 27

### About the Program

This special eight-week online series leading up to election day will focus on voting rights, election law, and the impacts of the 2020 election, including climate change, immigration, and more!

This University of Colorado Boulder Law program designed for non-lawyers, is an excellent lifelong learning opportunity, and is a great chance to get a taste of what law school is like. Participants who view at least six of the eight sessions receive a Mini Law School Certificate (no academic credit is received for participation).

There are no required readings, tests, or homework assignments - just a great opportunity to learn about the law!



### Participation

University of CO Boulder Mini Law lectures are live Tuesday evenings 6PM-7:30PM. Lectures are recorded. Please sign up for this program only if you intend to complete the course in full. Limited number of spaces available. Open to Tribal Members and Tribal Employees.

View Full Schedule:  
<https://www.colorado.edu/law/academics/mini-law-school>

### Registration

Participants must have computer and internet access to **complete lectures remotely**. Please email Nicole Cabral to register for this course.

**Deadline: Friday, August 29th, 2020**

Nicole Cabral  
Distance Learning Coordinator  
[ncabral@southernute-nsn.gov](mailto:ncabral@southernute-nsn.gov)





# Mental Health Is Health Resources

Southern Ute Health Center (Ignacio) 970-563-4581  
Southern Ute Division of Social Services (Ignacio)  
970-563-2331

24/7 Axis Crisis Line (SW Colorado) 970-247-5245

Colorado Crisis Line (State) 844-493-8255

Man Therapy (National) ManTherapy.org

New Mexico Crisis Line (State) 855-662-7474

The Trevor Project (National) 866-488-7386

## Apps:

Unity Wellness Warrior

SAMHSA They Hear You

SAMHSA Suicide Safe

**WE ARE HERE FOR YOU.**

Brought to you by:  
So. Ute Behavioral Health  
Division & the Native  
Connections Program.

## NOTICE: 2020 SOUTHERN UTE TRIBAL FAIR

**The Contest Powwow, Rodeo, Softball Tournament and all other events and activities associated with the 2020 Southern Ute Tribal Fair have been cancelled.**

**For additional info, contact the Special Events Coordinator, Tara Vigil at 970-563-2985 or via email, [tvigil@southernute-nsn.gov](mailto:tvigil@southernute-nsn.gov)**

## Southern Ute Social Services



Child Abuse is paramount during this time, if you need to make a child abuse report please call Southern Ute Social Services at **970-563-KIDS (5437)**. You can also reach Social Services through Southern Ute Dispatch at 970-563-4401.

We also understand mental health is important, if you need to speak to a licensed therapist, please call social services main line 970-563-2339.

## Southern Ute Health Center Important Information

**Due to the evolving Covid 19 Outbreak the Southern Ute Health Center has updated all operational hours.**

**The Southern Ute HEALTH CENTER, including DENTAL will be operating on reduced hours, until further notice.**

- **OPTOMETRY\***: Mondays and Wednesdays, 1 – 5 p.m., by appointment only. Call 970-563-2374 for all inquiries.
- **DENTAL**: Open from 7:30 a.m. – 1 p.m.
- **HEALTH CENTER**: Open from 7:30 a.m. – 1 p.m. The **HEALTH CENTER** is seeing patients in the outside tent area behind the Clinic for COVID-19 screening. **Urgent Care** type appointments will be inside the Clinic.
- **NURSING VISITS**: 7:30 a.m. – 1 p.m. **ONLY! NO WALK-INS ACCEPTED!**

**ALL PATIENTS ARE REQUIRED TO CALL AHEAD FOR APPOINTMENTS, 970-563-4581.**

- **DENTAL** is seeing emergency appointments only and will pre-screen patients to determine urgency before scheduling and appointment.
- **PHARMACY** hours will be from 7:30 a.m. to 1:00 pm – **Only Window service will be offered, there will be no pharmacy access inside the clinic.**
- **PSYCHIATRY** visits will occur in the Mouache Capote Building; Patients will be called first to verify time of appointment
- All other **SPECIALTY MEDICINE\*** (Rheumatology, Neurophology) by telemedicine or at the outised provider's location.
- All **BEHAVIORAL HEALTH** Patients are treated by phone, no in-person or group meetings at this time.

*\* Recently updated information.*



Traditionally, Native American people have cared for their children through extended families. It's common for relatives to care for one another's children in time of need. Becoming a foster parent is another way to carry on this tradition by keeping tribal history and values alive for future generations.

"Our children are sacred, foster parents change lives, be one!"

Southern Ute Indian Tribe – Division of Social Services

For more information call: 970-563-0209 – Lisa Burch, Foster Care Coordinator



## Recovery Virtual Talking Circle

**FREE TO ALL IGNACIO COMMUNITY MEMBERS 18 YEARS OR OLDER.**

**TRIGGERS**  
12-1 PM Aug. 20, 2020

**SELF-CARE**  
Aug. 27, 2020 12-1 PM

**GRIEF & LOSS**  
12-1 PM Sept. 3, 2020

**LIFESTYLE BALANCE**  
Sept. 10, 2020 12-1 PM

**GOALS**  
12-1 PM Sept. 17, 2020

**CONTACT MARVINA OLGUIN FOR ZOOM INFORMATION.**

Mission Statement

It is my mission to inspire and empower other sisters and brothers in treatment and help those in recovery live a life of integrity, honesty and resiliency. Knowing that honesty is the foundation of change, if we live our lives one moment at a time and rationalize every thought before it becomes an action, WE WILL CHANGE.

*You don't have to do it alone, we can do this together.*

-Marvina Olguin | Peer Recovery Coach

HEALTHY MINDS. HEALTHY CHOICES.

**HEALTHY NUCHU.**

**SOUTHERN UTE BEHAVIORAL HEALTH DEPT.**

TO SIGN UP OR FOR QUESTIONS CONTACT MARVINA OLGUIN, PEER RECOVERY COACH @ 970-563-2359 OR [MAROLGUIN@SOUTHERNUTE-NSN.GOV](mailto:MAROLGUIN@SOUTHERNUTE-NSN.GOV)

Southern Ute Division of Social Services

## Our Children Are Sacred

**TIP SHEET FOR PARENTS AND CAREGIVERS FOR KEEPING FAMILIES STRONG.**

1. Nurturing and Attachment– Take time at the end of each day to connect with your children, with a hug, a smile, a song, a few minutes of listening and talking.
2. Knowledge of Parenting and Child Development: Taking a parenting class or explore parenting questions with your family doctor, your child's teacher, family or friends.
3. Parental Resilience: Surround yourself with people who support you and make you feel good as a parent. Take time to reenergize, do some physical exercise for a health mind. Share your feelings with someone you trust.
4. Social Connections: Engage in traditional ceremonies, bear dance, pow-wows. Get involved with community activities and classes.
5. Concrete Support for Parents: Make a list of people or places to call for support. Dial 2-1-1 to find out about organizations that support families in your area.
6. Social and Emotional Competence of Children: Provide regular routines, especially for young children. Talk with your children about how important feelings are.

## MAKING HEALTH CONECTIONS WITH YOUR FAMILY

Good health starts with eating the right foods and getting plenty of exercise. A healthy lifestyle can help your family in many ways:

1. Less stress, depression, and anxiety
2. Better sleep and more energy.
3. Less sickness, doctor visits, and grumpy family members.

*Healthy habits don't have to take time away from your family. Do it together and make it fun!*



SOUTHERN UTE DIVISION OF SOCIAL SERVICES

Angelina Whitehorse  
Family Preservation  
Therapist  
970-563-2335

For all other Inquires  
970-563-0209







TRANSPORTATION

# Drivers urged to watch for cows on the road near Rico

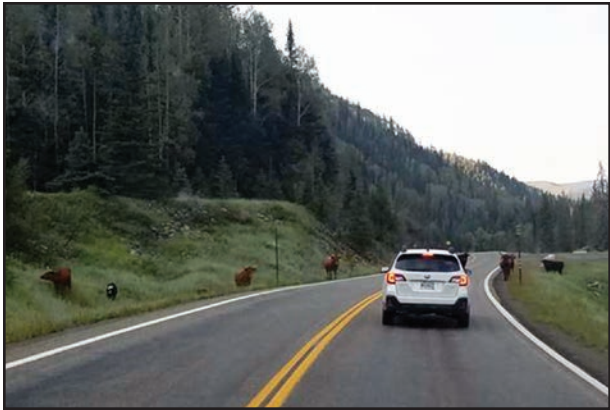
Many Colorado highways are in “open range” areas

Staff report  
COLO. DEPT. OF TRANSPORTATION

CDOT warns southwest Colorado travelers to be aware of cows on the road in Dolores County. Local ranchers are grazing cattle on public lands where “open range” falls on a five-mile stretch of CO Highway 145 immediately south of Rico, MP 42-46. Travelers should drive with extreme caution in this area, as cows frequently wander onto the roadway.

Additionally, travelers should be aware that many rural highways across the entire state of Colorado are in “open range” areas. Along many state highways, cattle and other livestock like horses or sheep, may be grazing near the roadway where there may be no fence keeping the livestock from roaming onto the highway.

CDOT posts “open range”



courtesy Colo. Dept of Transportation

Open range cattle on CO Highway 145 south of Rico.

signs in these areas to help warn motorists of the possibility of cattle on the road. The local CDOT maintenance patrol in Rico is also using portable electronic signs to caution drivers of “cows on the highway.” Motorists should be aware that they may meet up with roaming cows.

From the Colorado Department of Agriculture: “In Colorado, landowners have the inherent

right to fence their land or leave it unfenced. In the early 1880’s the Colorado legislature passed a “fencing” statute. This statute is commonly referred to as the “open range” or “fence out” statute.”



TRANSPORTATION

# Active wildfires increase and extend highway closures across Colorado

CDOT: Plan for alternate routes and delays

Staff report  
COLO. DEPT. OF TRANSPORTATION

Highway safety closures are in place due to active wildfires in several locations around the state. The closures are in response to wildfires that continue to burn or are expanding to locations near state highways. Wildfire conditions in Colorado are an active situation: fire conditions can change rapidly with closures at any time. Motorists should avoid fire areas and be prepared for new road conditions and delays. CDOT recommends that travelers “know before you go” by checking COtrip.org before traveling, having detour maps handy and packing emergency food, water, and other supplies.

Reopening for all routes below will depend on wildfire activity in the coming days. Closures include:

**Interstate 70 in Glenwood Canyon** is closed between Mile Point 116 (Glenwood Springs) and MP 140 (Gypsum) due to the Grizzly Creek Fire. The closure began Monday, Aug. 10, when the Grizzly Creek Fire began burning along the interstate. There is no estimated time of opening I-70 in Glenwood Canyon.

**Colorado Highway 14** is closed from west of Cameron Pass and Walden (Mile Point 61) for eastbound traffic and at Rustic and County Road 69 (MP 91) for westbound traffic due to the Cameron Peak Wildfire. Please see alternate routes below.

**Colorado Highway 139 (Douglas Pass)** is closed due to fire activity from the Pine Gulch Fire. The closure is north of Loma (Fruita/Grand Junction) and between Mile Point 6 and MP 39. There is no anticipated time for reopening.

**The Williams Fork Fire in Grand County** is burning near US Highway 40 and Colorado Highway 9,

north of I-70, but is not impacting state highways at this time.

CDOT urges drivers to take recommended detours and not rely on mapping apps that may take motorists on forest roads and over mountain passes. Remote, rugged routes are not built for heavy traffic or for two-wheel drive vehicles.

DETOUR ROUTES

CDOT recommends that travelers plan for delays when using detour routes and possible construction impacts on US and state highways. Please also check COtrip.org for the latest road conditions.

- **I-70:** I-70 through traffic: CDOT recommends a southern detour route, due to construction on commonly used northern alternate routes. Drivers should anticipate additional traffic on these routes. CDOT has paused some construction projects in order to accommodate detour traffic. CDOT discourages travelers from using highways north of I-70 as a through route, due to construction zones (even if projects are paused during the closure).
- **WESTBOUND I-70:** Denver metro area motorists can travel on US 285 to US 50, and continue west to Grand Junction. Travelers on I-70 can use CO 9 to US 285 south to US 50, or use CO 91 south-west to US 24 to US 50.
- **EASTBOUND I-70:** Motorists traveling from Grand Junction can use US 50 east to US 285 and continue to Denver. Eastbound travelers on US 50/285 may also use US 24, CO 91 or CO 9 for destinations at or near Vail, Copper Mountain or Silverthorne.
- **Independence Pass:** CO 82 between Aspen

and US 24 is open with limited access and alternating traffic, controlled by flagging personnel. Motorists are advised that only passenger vehicles, such as cars, SUVs and vans are allowed. No commercial motor vehicles (CMVs), camper trailers, recreational or similar vehicles are allowed. A 35-foot length restriction is in place. Motorists should expect slow speeds, lengthy travel times and potential delays of up to two hours if traveling over Independence Pass. Campers and recreational vehicles are strongly advised to seek alternate southern routes.

CDOT asks that motorists not use Cottonwood Pass, Hagerman Pass, or other county or forest service roads in Eagle and Garfield counties as a detour. These roads are not built for heavy traffic or commercial oversize vehicles.

- **CO 14:** CDOT recommends detouring north on US Highway 287 or Interstate 25 to Laramie, Wyoming, and then traveling on Wyoming Highway 230 to Walden, Colo.
- **CO 139:** CDOT recommends traveling on CO 9 or CO 131 to access US Highway 40, or to travel in reverse from NW Colorado to points south or the recommended detour around the I-70 closure. CDOT advises commercial traffic to use CO 9 instead of CO 131, for safety purposes. Please note that while CO 13 is open at this time, it is not a recommended detour due to construction. Oversize commercial vehicles are not allowed on CO 13 due to construction restrictions.




### Southern Ute Indian Tribal Council Contact Information

The Southern Ute Indian Tribal Council Members are working remotely while under the tribal “Stay at Home” Order. While tribal members are unable to stop in to the Leonard C. Burch Tribal Administration Building and Tribal Council Affairs, Council is still available for questions via phone and email.

<b>Christine Sage, Chairman</b> 970-563-2320 csage@southernute-nsn.gov	<b>Cheryl A. Frost, Vice Chairman</b> 970-563-2403 cafrost@southernute-nsn.gov
<b>Lorelei Cloud, Treasurer</b> 970-563-2404 loccloud@southernute-nsn.gov	<b>Marjorie Barry, Council Member</b> 970-563-2304 mbarry@southernute-nsn.gov
<b>Cedric Chavez, Council Member</b> 970-563-2407 cchavez@southernute-nsn.gov	<b>Ramona Y. Eagle, Council Member</b> 970-563-2402 reagle@southernute-nsn.gov
<b>Bruce Valdez, Council Member</b> 970-563-2405 brvaldez@southernute-nsn.gov	

Photo Credit | Jeremy Wade Shockley, Southern Ute Drum



### COUNCIL CONNECT SCHEDULE

COUNCIL CONNECT HAS BEEN POSTPONED DUE TO COVID-19 & TRIBAL “STAY AT HOME” ORDER

**STAY CONNECTED WITH COUNCIL WILL TAKE THE PLACE OF COUNCIL CONNECT. SOUTHERN UTE TRIBAL COUNCIL WILL PROVIDE COVID-19 UPDATES, CHANGES ON TRIBAL, STATE AND FEDERAL LEVELS THAT IMPACT TRIBAL MEMBERSHIP, AND UPCOMING EVENTS.**

<b>WEDNESDAY AFTERNOON</b> <small>Tribal Council Updates will be posted to social media platforms.</small>	<b>FRIDAY MORNING</b> <small>Chairman Sage will provide updates on KSUT Tribal Radio every Friday at 9:00 A.M.</small>
---	---

**TUNE IN ON THE SOUTHERN UTE RESERVATION AT 91.3 FM, IN TOWAOC AT 100.9, IN THE FARMINGTON, NM AREA AT 89.7 FM AND ON THE WEB AT KSUT.ORG**

### Where to listen to KSUT Tribal Radio

- KSUT Tribal Radio 91.3 FM (Ignacio)
- KUUT 89.7 FM (Farmington/n.w. N.M.)
- KZNM 100.9 FM (Towaoc)
- www.KSUT.org (Streaming live)





### See what’s new at KSUT

Take the virtual tour of the newly built KSUT Eddie Box Jr. Media Center at <https://www.ksut.org/post/>



## OFFICE HOURS

OFFICE DAYS  
**Monday  
Wednesday  
Friday**  
**8am – 12 PM**

**Mail run – 10:30am Monday, Wednesday, and Friday**

**PLEASE BE COURTEOUS AND ALLOW THE POST**

**OFFICE AMPLE TIME TO DISTRIBUTE MAIL**

**NO IN-PERSON SERVICES AVAILABLE**

**AVAILABLE BY EMAIL/VOICEMAIL**

**Monday-Friday**  
**8am-5pm**

\*TIS is not responsible for the content of distributed information.

**PLEASE BE ADVISED: THE STAY AT HOME ORDER REMAINS IN EFFECT UNTIL FURTHER NOTICE!**

**EDNA FROST**  
TIS Director  
efrost@southernute-nsn.gov  
970-563-2250

**AMY BARRY**  
Apprentice TIS Director  
abarry@southernute-nsn.gov  
970-563-2281

**HEATHER FROST**  
Vital Statistics Clerk  
hfrost@southernute-nsn.gov  
970-563-2248

**VICTORIA FROST**  
Administrative Assistant  
vfrost@southernute-nsn.gov  
970-563-2208

**ADELLE HIGHT**  
Receptionist/Mail Clerk  
ahight@southernute-nsn.gov  
970-563-2249





CORONAVIRUS

Positive cases of COVID-19 confirmed during campus-wide testing at FLC

Staff report  
FORT LEWIS COLLEGE

As of Friday, Aug. 21, Fort Lewis College has directed seven individuals to isolate after testing for COVID-19. Four tested positive for COVID-19 and three had inconclusive results and are being retested and currently following isolation protocols.

About 1,700 tests were administered this week to students and employees. As of Friday morning, 827 have been processed by COVIDCheck Colorado, the group partnering with FLC for COVID-19 testing throughout the fall semester. Residents moving in this week to on-campus housing were required to test; all other students and employees were highly encouraged to test. Residents and anyone helping them move into the residence halls were screened for symptoms during check-in, and no one with symptoms was allowed to enter the FLC residential community. The positive cases have been attributed to asymptomatic carriers.

“We knew we would see positive cases, considering the number of people we would be testing this week,” said Jeff Dupont, associate vice president of Student Affairs. “We were adequately prepared to isolate anyone

who tested positive and support them through our Case Management team.”

FLC administration is concerned with the presence of COVID-19 at the start of the semester, but considering the quick isolation of affected individuals and with the support of local public health, in-person classes will proceed as scheduled on Monday, Aug. 24.

Fort Lewis College will be working closely with San Juan Basin Public Health to contact trace all positive cases. SJBPH is not considering these cases to be an outbreak. FLC and SJBPH officials are closely monitoring the situation and quarantining any close contacts to prevent local spread.

“COVID-19 is very much still circulating in our community, including in people with no symptoms,” said Liane Jollon, executive director of SJBPH. “These results confirm how important widespread testing is to controlling the spread of the virus. We strongly encourage FLC students who live off-campus to take advantage of the testing opportunity that FLC is providing to further control the spread of COVID-19.”

The COVID positive individuals are isolated from community engagement on campus and are in daily communication with an FLC case manager and

Health Center staff.

“Continuing to test will help us understand the prevalence of COVID-19 in our community so we can adapt our operations accordingly,” President Tom Stritikus said. “Now that we know COVID-19 is here, it’s absolutely critical that we manage and support these cases properly and that our community doesn’t let up on our virus mitigation practices.”

To prevent the spread of COVID-19, FLC and SJBPH are strongly encouraging students and employees wear masks at all times when indoors or in centralized areas of campus, practice frequent handwashing, maintain physical distance of at least six feet, and monitor for symptoms daily via the Fort Lewis App.

Testing will remain available for any member of the FLC community throughout the fall semester. FLC community members can visit [www.fortlewis.edu/covid-19testing](http://www.fortlewis.edu/covid-19testing) to register for a test. Results are available within 48-72 hours and support will be available for all positive cases.

To track the number of COVID-19 cases within the FLC community, visit [www.fortlewis.edu/coronavirus](http://www.fortlewis.edu/coronavirus). The number of tests administered, number of positive cases, and number of recovered cases are available in a data dashboard.

PUEBLO COMMUNITY COLLEGE  
Remote Advising & Enrollment Support

In response to the COVID-19 outbreak, PCC is limiting the number of people on campus by providing college services remotely so students and prospective students can receive assistance from home. Unless otherwise stated, 8 a.m.-5 p.m. Mon-Fri will be the usual office hours. Students can use these three contact methods to receive more help and information:

- Virtual Student Services Studio: On-demand support and virtual appointments
- Chat: PCC’s Live Chat tool is available Mon-Fri 8 a.m. to 5 p.m.
- Text: 719-549-3200
- <https://www.pueblocc.edu/Remote/>

*\*\*This information is subject to change.*

*Please check the website for updates and additional services.\*\**



SOUTHERN UTE INDIAN TRIBE

Effective Public Health Orders

Stay at Home Order



YOU CAN:



Care for Family & Pets



Buy groceries or supplies for your home.



Obtain medical supplies



Engage in banking



Go to work or get things from work



Exercise and engage in non-group activities



Get or buy educational supplies



Maintain or buy things for the household



Face Covers Required



Indoors and Outdoors when social distancing measures are not possible

Both orders remain in effect until further notice.

SOUTHERN UTE COVID-19 CALL CENTER - 970.563.0214 MONDAY - FRIDAY 8:00 A.M. UNTIL 5:00 P.M.

When Parents Get Support, Families Get Stronger.



SafeCare® Colorado Can Support You!

Make parenting easier and more enjoyable.

Sign up for free parenting support near you.

SAN JUAN BASIN  
public health

SafeCare@sjbpublichealth.org • 970.247.5702 • [sjbpublichealth.org/safecare-colorado](http://sjbpublichealth.org/safecare-colorado)

A program of the Colorado Office of Early Childhood

CORONAVIRUS DISEASE 2019  
(COVID-19)



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

Parents, you may have questions about how your child will return to school this fall during the COVID-19 pandemic. A new decision-making tool is available to help keep your family safe and prepare for the upcoming school year. Learn more at <https://bit.ly/3f3Q1EA>.

Stay up to date about COVID-19

For up-to-date COVID-19 Winformation from the Southern Ute Indian Tribe, visit the Tribe’s website at [www.southernute-nsn.gov](http://www.southernute-nsn.gov) or the tribe’s Facebook page at [www.facebook.com/southernute](https://www.facebook.com/southernute)



SOUTHERN UTE INDIAN TRIBE  
COVID-19 Call Center

Hours of Operation  
Daily from 8:00 a.m. until 5:00 p.m.

970.563.0214



PRACTICE SOCIAL DISTANCING



STAY HOME



STAY IN TOUCH



PRACTICE GOOD HYGIENE

If you are sick self-isolate. If your symptoms get worse call your healthcare provider. Tribal members & Southern Ute Health Center patients can call the Health Center at 970.563.4581 to schedule an appointment.





## How to Protect Yourself from Forest Fire Smoke



The Southern Ute Indian Tribe operates three air quality stations on the Reservation and maintains a website that provides real-time pollutant and EPA Air Quality Index (AQI) health alerts from data collected at the stations. Smoke from wildfires can cause unhealthy levels of fine particulate matter (PM) in the air. Particulate matter is continuously measured at the Ute 3 monitoring station near Bonadad Hill. To view the ambient monitoring program website, and for more information about how to understand the AQI forecast and the risks of wildfire smoke, follow the links below:

[Southern Ute Indian Tribe Ambient Monitoring Program Website](#)

[EPA Air Quality Index Information Website](#)

[EPA Air Now Article – How Smoke From Fires Can Affect Your Health](#)

**Some people are more at risk:** Elderly people, children, and those with pre-existing health conditions are more at risk to adverse effects from smoke.

**Use common sense.** If it looks smoky outside, it is probably not a good time for outdoor activities.

**If you are advised to stay indoors, keep your windows and doors closed.** Run your air conditioner with the air intake closed and a clean filter. Devices with High Efficiency Particulate Air (HEPA) filters can reduce indoor pollution. Don't use devices that generate ozone, which pollutes even more.

**Dust masks are not enough!** Common masks will not protect your lungs from small particles in smoke. HEPA masks, like N-95 respirators, may filter out the small particles but are not suitable for people with lung diseases. Those with lung diseases should follow their respiratory management plan. Call a doctor if symptoms worsen.

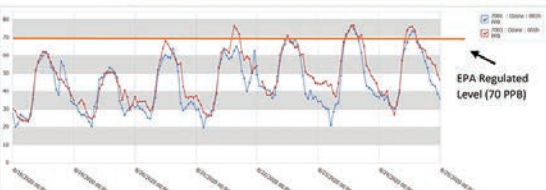
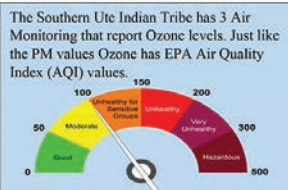


## What is Ozone and Southern Ute Ozone Monitoring

**Ozone** is a colorless gas found in the air we breathe. Ozone is good or bad, depending where it occurs.

**Good ozone** is present naturally in the Earth's upper atmosphere—10 to 30 miles above the Earth's surface. This natural ozone shields us from the sun's harmful ultraviolet rays.

**Bad ozone** forms near ground level when air pollutants (emitted by sources such as cars, power plants, and industrial activities) react chemically in the presence of sunlight. Ozone pollution is more likely to form during warmer months when weather conditions normally needed to form ground-level ozone occur—lots of sun, warm temperatures, and low wind speeds!



**Children are at higher risk from ozone exposure because:**

- They often play outdoors in summer when ozone levels are higher.
- They are more likely to have asthma, which may be aggravated by ozone exposure.
- Their lungs are still developing.

**Older adults may be more affected by ozone exposure.**

They are more likely to have pre-existing lung disease.

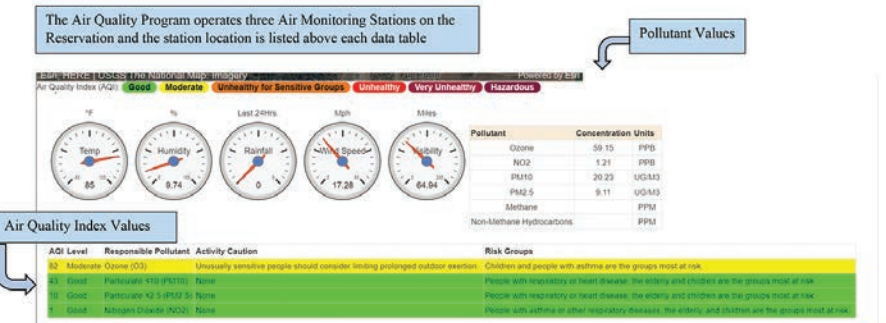
Active people of all ages who exercise or work vigorously outdoors have higher exposure to ozone than people who are less active.

Above: Is data pulled from Ute 1 (Ignacio) & Ute 3 (Bonadad Hill) from August 18-25, 2020. We had higher levels than what EPA recommends is healthy for sensitive populations. The Ambient Air Monitoring Website will warn the public and local areas of ozone concentrations measured on the Reservation.

### Are you at risk from ground-level ozone?

Several groups of people are particularly sensitive to ozone, especially when they are active outdoors. This is because ozone levels are higher outdoors and physical activity causes faster and deeper breathing, drawing more ozone into the body. In general, as concentrations of ground-level ozone increase, both the number of people affected and the seriousness of the health effects increase. Also, more people with lung disease visit doctors or emergency rooms and are admitted to the hospital. When ozone levels are very high, everyone should be concerned about ozone exposure. People who may be particularly sensitive to ozone include: People with lung diseases, such as asthma, chronic bronchitis, and emphysema will generally experience more serious health effects at lower ozone levels.

## Understanding the Southern Ute Indian Tribe Ambient Air Monitoring Website and EPA Air Quality Index values



Air Quality Index (AQI) values	Levels of Health Concern	Colors
When the AQI is in this range:	...air quality conditions are:	...as symbolized by this color:
0 to 50	Good	Green
51 to 100	Moderate	Yellow
101 to 150	Unhealthy for Sensitive Groups	Orange
151 to 200	Unhealthy	Red
201 to 300	Very Unhealthy	Purple
301 to 500	Hazardous	Maroon

Think of the AQI as a yardstick that runs from 0 to 500. The higher the AQI value, the greater the level of air pollution and the greater the health concern. For example, an AQI value of 50 or below represents good air quality, while an AQI value over 300 represents hazardous air quality.

## FLC TRIO Talent Search Programs

The Fort Lewis College TRIO Talent Search Programs is seeking applicants for the following position: **Academic Advisor for Ignacio and Pagosa Springs Schools**. For detailed job information including minimum qualifications, preferred qualifications, required competencies, conditions of employment, and the online application process, please visit [www.fortlewis.edu/jobs](http://www.fortlewis.edu/jobs) and go to the Employment Opportunities page, then click on Administrative Professional, then the appropriate job link. Fort Lewis College is an AA/EEO employer.

## FIRE RESTRICTIONS

# Southern Ute Reservation initiates Stage I Fire Restrictions

Staff report  
SOUTHERN UTE INDIAN TRIBE

Due to minimal monsoon moisture, current high temperatures, dry fuel conditions and the occurrence of recent wildland fires, Stage I fire restrictions have been implemented for all trust lands throughout the Southern Ute Indian Reservation. Everyone on reservation land is asked to be very cautious and use common sense with fire this time of year.

Stage I Fire Restrictions prohibits acts for the general public, commercial operators and industrial oil and gas operators performing work on the Southern Ute Reservation.

The following acts are prohibited for the general public on reservation lands:

1. **OPEN BURNING.** Burning of trash and/or yard waste is prohibited.
2. **AGRICULTURAL BURNING.** Burning of crop land, fields, rangeland, debris burning, slash piles, prescribed burning and weed burning are prohibited.

3. **CAMP FIRES.** Building, maintaining or using a warming fire or campfire outside of officially designated or developed camp sites is prohibited. The fire restrictions do not include charcoal fires (in suitable containers) for barbecues or fires for sweat ceremonies, however, such fires are not to be left unattended and are to be fully extinguished after use.
4. **FIREWORKS.** Possession, discharging or use of any type of fireworks is prohibited.

Commercial and Industrial restrictions can be obtained from the BIA Fire Office at 575 County Road 517 or by calling 970-563-4571.

Anyone violating the provisions of this fire ban may be subject to prosecution outlined in the Southern Ute Indian Criminal Code.

The Restrictions will become effective at 6 a.m., August 21, 2020 and will remain until conditions improve.



The following acts are prohibited for the general public on reservation lands:



### OPEN BURNING

Burning of trash and/or yard waste is prohibited.



### AGRICULTURAL BURNING

Burning of crop lands, fields, rangeland, debris burning, slash piles, prescribed burning and weed burning is prohibited.



### CAMP FIRES

Building, maintaining or using a warming fire or campfire outside of officially designated or develop campsites is prohibited. The fire restrictions include charcoal fires (in suitable containers) for barbecues or fire for sweat ceremonies, however, such fires are not to be left unattended and are to fully extinguished after use.



### FIREWORKS

Possession, discharging or use of any type of fireworks is prohibited.

Commercial and Industrial restrictions can be obtained from the BIA Fire Office at 575 County Road 517 or by calling (970) 563-4571. Anyone violating the provisions of this fire ban may be subject to prosecution outlined in the Southern Ute Indian Criminal Code.

The Restrictions will become effective at 06:00 AM, August 21, 2020 and will remain until conditions improve.

Photo Credit | Lindsay J. Box

Designed & Published by Lindsay J. Box



## TAWI NUUCHU NA-GUKWI-VANI COVID-19 "TOGETHER, WE WILL FIGHT COVID-19" CHALLENGE

Effective Friday, July 17, 2020 at 11:59 p.m., the Southern Ute Indian Tribe will require the use of face coverings indoors at all times and outdoors when social distancing measures are not possible. The tribal "Stay at Home" Order remains in effect until further notice. Together, we can fight COVID-19 and keep our community and future safe!

### WE WANT TO SHARE YOUR PHOTOS!

Win a Tawi Nuuchu Na-gukwi-vani COVID-19 shirt by submitting your photo wearing a face covering. Stopping the spread of COVID-19 takes each one of us to do our part to keep our community safe! We want to feature our community in this campaign. Individuals who submit their photo(s) will receive a long sleeve shirt in the mail to help spread awareness to wear your face covering. Submit photos to Tribal Council Communication Specialist at 970.553.0287 or via email at [lbox@southernute-nsn.gov](mailto:lbox@southernute-nsn.gov). A limited number of shirts are available and will be distributed on a first come, first serve basis. Challenge is open to enrolled Southern Ute Tribal Members & tribal staff.



SOUTHERN UTE COVID-19 CALL CENTER - 970.563.0214, MONDAY THRU FRIDAY 8:00 A.M. UNTIL 5:00 P.M.

Designed & Published by Lindsay J. Box

## How to Safely Wear and Take Off a Cloth Face Covering

Accessible: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

### WEAR YOUR FACE COVERING CORRECTLY

- Wash your hands before putting on your face covering
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Do not place a mask on a child younger than 2



### USE THE FACE COVERING TO HELP PROTECT OTHERS

- Wear a face covering to help protect others in case you're infected but don't have symptoms
- Keep the covering on your face the entire time you're in public
- Don't put the covering around your neck or up on your forehead
- Don't touch the face covering, and, if you do, clean your hands

### FOLLOW EVERYDAY HEALTH HABITS

- Stay at least 6 feet away from others
- Avoid contact with people who are sick
- Wash your hands often, with soap and water, for at least 20 seconds each time
- Use hand sanitizer if soap and water are not available



### TAKE OFF YOUR CLOTH FACE COVERING CAREFULLY, WHEN YOU'RE HOME

- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together
- Place covering in the washing machine
- Wash your hands with soap and water



Cloth face coverings are not surgical masks or N-95 respirators, both of which should be saved for health care workers and other medical first responders.

For instructions on making a cloth face covering, see:

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

CS 316888A 06/10/2020





### Tribal Member Hearing and Supplemental Comment Period:

#### Draft Water Quality Standards & Clean Water Act Section 401 Certification Procedures



For all interested tribal members, a live on-line hearing regarding the Tribe’s draft Water Quality Standards for Surface Waters on the Southern Ute Indian Reservation and Clean Water Act Section 401 Water Quality Certification Procedures will be held on:

**October 15, 2020 1:00 p.m. to 4:00 p.m.**

**Tribal members can register and attend the meeting via Web-Ex on the Tribal Member Portal.** *The live-online hearing will be recorded and posted on the Tribal Member Portal for tribal members to view at their convenience.*

A 60-day tribal member comment period on the Environmental Programs Division’s proposed tribal water quality standards and Clean Water Act section 401 certification procedures will be from **Monday August 31, 2020 through Friday October 30, 2020.**

You can submit your comments by one of the following methods:

- **E-mail:** [wqs@southernute-nsn.gov](mailto:wqs@southernute-nsn.gov)
- **Mail:** Water Quality Standards Committee, Environmental Programs Division, Southern Ute Indian Tribe, P.O. Box 737 #81, 71 Mike Frost Way, Ignacio, Colorado 81137.
- **Phone:** (970) 563-4705, extension 7901 to comment on the water quality standards and Clean Water Act section 401 certification procedures.

### Proposed Water Quality Standards for Surface Waters & Clean Water Act Section 401 Certification Procedures

What does this mean for the Tribe?



- Protecting the Tribe’s water resources from pollution.
- Protecting tribal member health and welfare.
- Protecting wildlife and aquatic species.
- Exercising tribal sovereignty.

What are water quality standards?



- A legal basis for controlling pollutants entering tribal waters (such as those from wastewater plants and industrial facilities).
- Describes the condition of the waterbody.
- Classify water bodies into designated uses (such as, recreation, agriculture, public water supply, protection of fish and wildlife).
- Establish numeric and narrative criteria for pollutants in tribal waters.

To what water bodies will the Tribe’s water quality standards apply?



- All water bodies within the exterior boundary of the Southern Ute Indian Reservation (such as, rivers, streams, lakes, ponds, and wetlands) over which the Tribe has authority for establishing water quality standards.

What are Section 401 Certification Procedures?



- Procedures the Tribe will follow to issue 401 water quality certifications.
- A 401 water quality certification is needed for projects that require a federal permit (such as, pipeline construction projects that may impact water quality).
- Under Clean Water Act section 401, the Tribe has the authority to review and certify certain projects for impacts to water quality.
- If the Tribe believes a project could negatively impact tribal waters, the Tribe can add conditions to the federal permit that provide increased protection of tribal waters (such as, installing erosion control berms).

**October 15, 2020 1:00 PM - 4:00 PM**

WILDLIFE

## Colorado receives \$2.57 Million to benefit elk, other wildlife

**Staff report**  
**Rocky Mountain Elk Foundation**

Colorado’s wildlife is receiving a \$2,571,838 boost thanks to funding provided by the Rocky Mountain Elk Foundation and its partners. RMEF directly granted \$611,000 and leveraged an additional \$1,960,838 in partner dollars.

“These funds assist three research projects including one that helps biologists learn more about why elk recruitment is ailing and another focusing on how elk are impacted by human recreational activity,” said Blake Henning, RMEF chief conservation officer. “Habitat enhancement projects include forest thinning, prescribed burning and repairing water developments, all to help elk, deer and many other species of wildlife.”

Fourteen projects will benefit 18,911 acres across Archuleta, Costilla, Custer, Delta, Eagle, El Paso, Fremont, Garfield, Grand, Gunnison, Hinsdale, Jackson, Las Animas, Mesa, Moffat, Montrose, Ouray, Pitkin, Pueblo, Rio Blanco, Routt, Saguache and San Miguel Counties. There are two additional projects of statewide benefit.

There are 29 chapters and nearly 17,000 RMEF members in Colorado.

“This funding is only available because of the passion and dedication of our

hard-working volunteers,” said Kyle Weaver, RMEF president and CEO. “We thank them for giving their time and efforts to benefit elk and elk habitat in Colorado and across the nation.”

Since 1987, RMEF and its partners completed 790 conservation and hunting heritage outreach projects in Colorado with a combined value of more than \$178.2 million. These projects protected or enhanced 469,886 acres of habitat and opened or improved public access to 122,107 acres.

Below is a sampling of the projects, listed by county.

**Las Animas County**

Rework four historic windmill-powered water wells on the Bosque del Oso State Wildlife Area. The project will convert the pumps to solar power accompanied by hard poly tanks to hold water on the surface for wildlife.

**Moffat County**

Provide funding for a scientific study seeking to identify the primary factors related to declining elk calf recruitment. Crews will capture and collar cows and calves to assess the health of herds, estimate survival rates and identify major sources of calf mortality (also benefits Costilla, Eagle, Garfield, Gunnison, Las Animas, Mesa, Montrose, Ouray, Pitkin, Routt and San Miguel Counties).

**Rio Blanco County**

Burn and mechanically treat 5,800 acres within the Blanco Ranger District on the White River National Forest. Treatment will promote the growth of native grasses, forbs and shrubs for elk and other wildlife (also benefits Eagle, Garfield and Pitkin Counties).

Project partners include the Arapaho, Gunnison, Medicine Bow–Routt, San Juan and White River National Forests, Bureau of Land Management, Colorado Parks and Wildlife, universities, and other groups and organizations.

**About the Rocky Mountain Elk Foundation:**

Founded more than 36 years ago, fueled by hunters and a membership of nearly 235,000 strong, RMEF has conserved more than 7.9 million acres for elk and other wildlife. RMEF also works to open and improve public access, fund and advocate for science-based resource management, and ensure the future of America’s hunting heritage.



### Hay For Sale to Tribal Members

The Southern Ute Tribe’s Agriculture Division recently harvested the second cutting of hay that is being produced on a parcel of Tribal land managed by the Agriculture Division. This hay for sale to Tribal members only. The hay is about 50% alfalfa mixed with grass. This is the second cutting for 2020 and is in large square bales weighing approximately 1250 pounds each.

**The price is \$125 per bale.**

There is an initial limit of 8 large bales per customer. The limit will be removed if second cutting hay has not been sold by Sept. 1. Delivery is available to locations within a 15-mile radius of Ignacio. This hay is available to Tribal members only and on a first come first served basis.

**Contact the Agriculture Division at 970-563-2900.**



### LAKE CAPOTE & SCOTT’S POND REMAIN CLOSED TO THE PUBLIC

Both venues are open to enrolled members of the Southern Ute Indian Tribe and their immediate family. When visiting Lake Capote, all visitors must check-in at the bait shop window for permitting.

Please continue to practice social distancing and maintain a 6 foot distance from others when visiting both Lake Capote and Scott’s Pond.

**Lake Capote Modified Schedule Until Further Notice**  
Thursday through Sunday  
Bait Shop Service Hours: Sunrise to Sunset

IF YOU HAVE QUESTIONS, PLEASE CALL THE LAKE MANAGER AT 970.883.2273 OR THE SOUTHERN UTE WILDLIFE DIVISION AT 970.563.0130



DIVISION OF WILDLIFE

**Big Game Hunting Season**

Big Game permits will be available beginning Monday, August 17<sup>th</sup>, 2020. Please call (970) 563-0130 to make arrangements for pick-up. Due to Covid-19 we are also encouraging tribal members to have them mailed, if possible.

**Big Game Season Dates:**

SUIT Reservation

Deer, Elk & Fall Turkey

Early Archery Aug.29– Sept.11

General Sept.12 – Dec.31

Brunot Area

Deer, Elk & Fall Turkey

Sept. 2nd – Nov. 22nd

This Photo by Unknown Author is licensed under CC BY-SA

### UMU Farm & Ranch Produce Delivery

For enrolled Ute Mountain Ute & Southern Ute tribal members



**Pickup THIS, Friday, August 28, 2020**

>< 8:00 - 10:00 a.m. UMU Membership

>< 10:00 a.m. - 12:00 p.m. SU Membership

UMU Farm & Ranch shared green beans, yellow crooked neck squash, Armenian and lemon cucumbers, sweet corn and lettuce to be distributed to UMU tribal members who reside on the Southern Ute Reservation from 8:00 - 10:00 a.m., remaining produce will be available to Southern Ute tribal members from 10:00 a.m. - 12:00 p.m.

**Southern Ute Ag Division Staff will hand out produce at the Southern Ute Ag Division building at 655 CR 517, Ignacio, CO. COVID-19 Safety precautions are in place. Masks are required, please do not exit your vehicle, call upon your arrival by dialing 970.563.0220.**

Southern Ute & Ute Mountain Ute tribal members can assist with community picking at UMU Farm & Ranch Tuesday through Friday from 8:00 - 11:00 a.m. Pickers will be allowed to take a limited amount of produce home. Interested individuals should contact Mr. Eric Whyte at 970.560.7241 to arrange participation. COVID safety precautions are in place.



## BOBCATS CROSS-COUNTRY

# Dormant boys' XC awakens at Bear Chase

*Ignacio girls also unveil expanded roster for '20*

**By Joel Priest**  
SPECIAL TO THE DRUM

Break down on Boo-Boo? Feel like doo-doo. While a fact proven too true by multiple runners overheard dry-heaving once able to summit the short, yet stout late-race obstacle – named for iconic TV character Yogi's homie, rather than as an allusion to injury – one rookie in Ignacio red chose wow over wilt while attacking the 2nd Annual Boggy Draw Bear Chase's make-or-break barrier Friday evening, Aug. 21.

"Maci, she just kicked it," IHS senior Charlyze Valdez said, referring to freshman Maci Barnes. "I was like, 'You go girl!' She's so strong and she's going to do so good this year."

"It was pretty tough," Barnes recalled afterwards, following an impressive sixth-place time of 24 minutes, 57 seconds in the same race Valdez had won last fall. "There was a lot of hills and ... it was really hot. But yeah, at the second mile I started going a little faster than I was at the beginning."

Able to persevere through hill and dale on and off Montezuma County Road W, Valdez did manage to place 14th in 27:38, while newcomer Alannah Gomez crossed 19th in 28:51 – helping the Lady Bobcats

amass an adjusted score-3 team total of 38 (6-14-18) points. That count ranked third when all was said and done; 4A Durango earned the team title with a low score of 7 (1-2-4) points, while 3A Pagosa Springs followed with 15 (3-5-7).

Excluding 3A Bayfield's two individuals from the score-3 methodology, rounding out the standings were 3A Blanding, Utah, San Juan (42), 3A Montezuma-Cortez (49), 2A Telluride (56), 2A Mancos (62) and meet-hosting 2A Dolores (87).

Ignacio rookie Moriah Ashley wasn't far behind Gomez with her 21st-place 28:58, and third-year veteran Avaleena Nanaeto finished 25th in 29:59. By comparison, THS' Ruby Tanguay – a 2019 CHSAA Class 2A State Championships qualifier along with Valdez and Nanaeto – took tenth in 25:54.

Durango's Kristina Bodewes and Angelina Kondrat placed 1-2 in 22:16 and 22:25, respectively, followed by PSHS' late-charging Michelle Saucedo (23:05). Her fellow Lady Pirate Nell Taylor placed fifth, but by only five ticks ahead of Barnes.

"The hills, with not as much training to start, were a bit of ... an inconvenience for us," Valdez said. "But it's a good first race; I love this course – as hard as it is, I like it – because it pushes

you. And it was harder than I remembered!"

"We've been working together well," added Barnes. "We've ran every morning together."

On the boys' side, it seemed only fitting that Bobcat Basketball head coach Chris Valdez was present to urge Ignacio's last entrant, junior Jeremy Roderick, on towards the finishing chute, being that Valdez was in uniform around the time IHS last fielded a boys' varsity crew.

"I'm just happy I finished, to be honest," said a grinning Roderick, more familiar to IHS fans as the center on the football team, a 220-pound wrestler, and a track-and-field thrower. "That was really tough, but I'm feeling good right now."

All told, with all nine boys' teams able to enter at least three individuals, a score-3 system would have shown SJHS claiming first place with a meet-low 20 (4-6-10) points. PSHS (1-16-18) would have earned second with 35, while Durango's 40 (8-13-19) would have narrowly bettered Mancos' 43 (3-11-29) in the battle for third.

Bayfield (50), Dolores (55), M-CHS (64) and 2A Telluride (80) would have then followed, with Ignacio totaling 88 points – a number about which head coach



Joel Priest/Special to the Drum

Ignacio Lady Bobcats Charlyze Valdez (38) and Maci Barnes (32) run in tandem during the early stages of the 2nd Annual Boggy Draw Bear Chase Friday evening, Aug. 21. Barnes, a newcomer to the program, would place a team-best sixth overall; Valdez, the race's defending champion, would finish 14th.

Daniel Holley and assistant Alizabeth Williams really could have cared less.

"They've been cooped up since March; I think we all have," Holley said, referring to CHSAA's coronavirus-related cancellation of Spring 2020 sports such as track. "So while I'm really not too concerned about their actual performance, I think if they're putting the work in and they're buying in, the results will come."

(Adjusted score-5 totals left the boys' standings as: 1.San Juan 32, 2.Durango 60, 3.Pagosa Springs 61, 4.Bayfield 88, 5.Montezuma-Cortez 99, 6.Ignacio 125. The girls' adjusted score-5 table read: 1.Durango 35, 2.Pagosa Springs 62, 3.Ignacio 72, 4.San Juan 85, 5.Mancos 103, 6.Telluride 108.)

"My philosophy this year is that I just want to give students a chance to be kids, and not have to worry about all the uncertainty around them," Holley continued.

"I think about the virus and how there's been so many changes. Kids today need to have a place ... and a way to have fun safely – and to get out the house! So let's make a place people want to be; let's make this a team that's fun and enjoyable."

"He's really excited for this year, and years to come," said Maci Barnes. Overall, Eppie Quintana was the Bobcat gents' high-



Joel Priest/Special to the Drum

Ignacio Boys' Cross-Country newcomer Eppie Quintana (188) runs alone during the early stages of the 2nd Annual Boggy Draw Bear Chase Friday evening, Aug. 21.

est placer as he clocked 22:05 and finished 17th.

"Those rocks and all those hills. I was starting to feel it after that second mile," admitted the well-known JV/varsity basketball player. "I've always kind of been a runner – I've been doing baseball and we do running, here and there, with a traveling team – and I thought,

"Why not? Let's see how I do, and it'll get me in shape for basketball."

Senior Dylan Labarthe, another football/basketball/baseball athlete, came in 34th overall in 27 minutes, 42 seconds despite battling side pains climbing Boo-Boo. Gridiron quarter-

*Boys XC page 16*



### ALL TRIBAL PLAYGROUNDS & PARKS REMAIN CLOSED

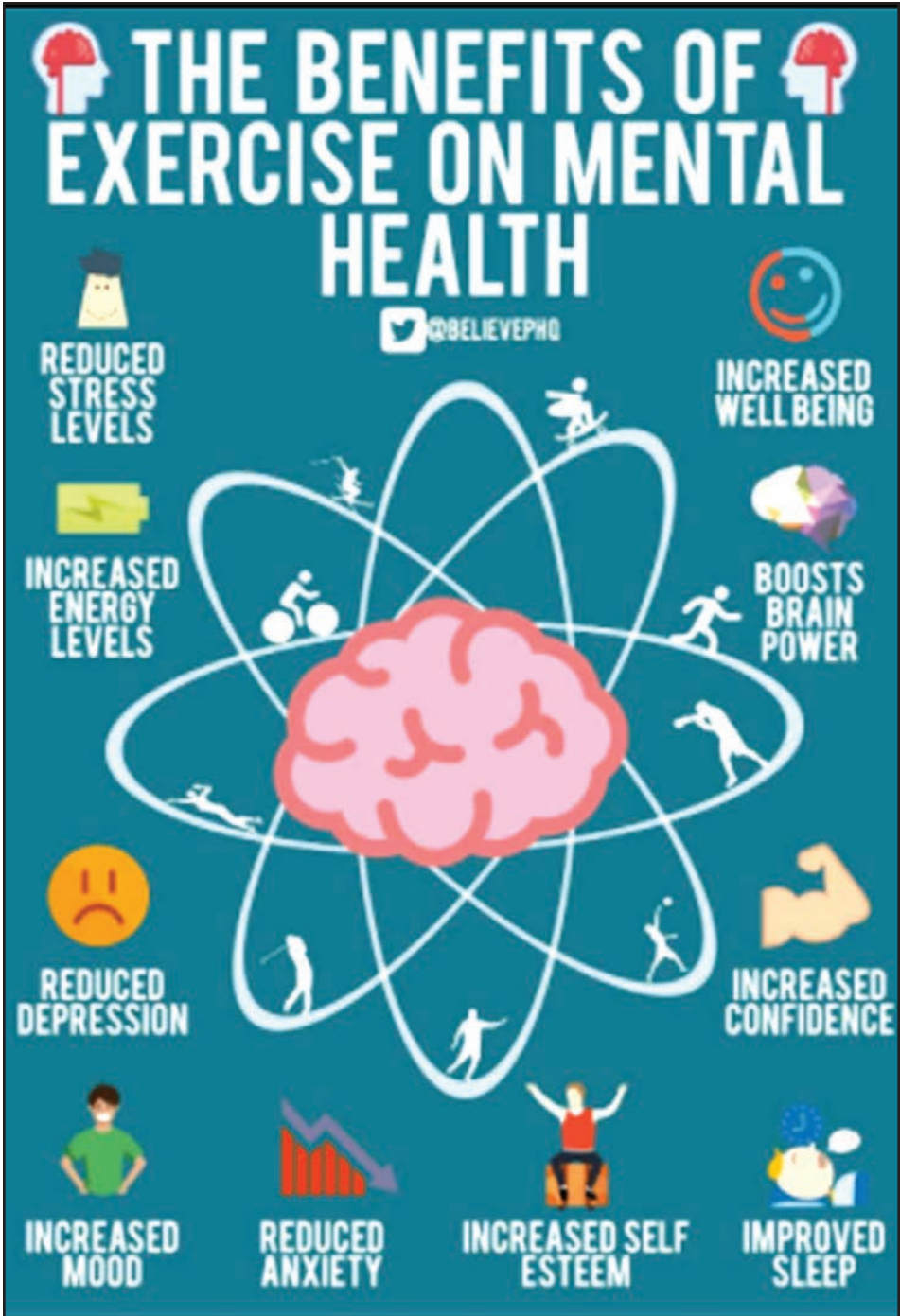
To prevent the spread of COVID-19 and for the health & safety of the tribal membership, by authority of the Southern Ute Indian Tribal Council, all playgrounds and parks will remain closed. Playground and park equipment use is strictly prohibited. Tribal Members are allowed to engage in exercises such as walking. Groups larger than 5 are prohibited in all areas. Lake Capote and Scott's Pond are closed to the public, but open to the membership.

Violation of this notice may result in citation for trespassing. Southern Ute Criminal Code Title 5; 5-2-104 Trespassing penalty of \$150.00 fine and/or up to 30 days in jail.



## THE BENEFITS OF EXERCISE ON MENTAL HEALTH

@BELIEVEPHO



- REDUCED STRESS LEVELS
- INCREASED WELL BEING
- INCREASED ENERGY LEVELS
- BOOSTS BRAIN POWER
- REDUCED DEPRESSION
- INCREASED CONFIDENCE
- INCREASED MOOD
- REDUCED ANXIETY
- INCREASED SELF ESTEEM
- IMPROVED SLEEP

## SELF-CARE FOR KIDS



- GET KIDS INVOLVED IN COMMUNITY WORK. THEY FEEL LIKE THEY BELONG
- HELP YOUR CHILD FOCUS ON THE CURRENT MOMENT
- TALK ABOUT YOUR OWN FEELINGS
- HELP THEM ACKNOWLEDGE THEIR FEELINGS
- ENCOURAGE JOURNALING
- DEDICATE SOME ALONE TIME FOR YOUR CHILD
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## MAIL-IN VOTING

# Bennet, entire Senate Democratic Caucus urge USPS to fix delays, avoid cost increases for election mail

### Staff report

OFFICE OF SENATOR BENNET

Letter follows reports that USPS will depart from long-standing practice of prioritizing election mail, delaying delivery times unless states pay more.

Colorado U.S. Senator Michael Bennet joined the entire Senate Democratic Caucus in a letter urging U.S. Postmaster General Louis DeJoy to provide answers regarding reports of recent changes to long-standing practices at USPS that would result in increased delivery times and costs for election mail, and urged him not to take any further action that makes it harder and more expensive for states and election jurisdictions to mail ballots.

Despite numerous reports from across the country of slow delivery, mail left sitting in facilities overnight, and challenges delivering absentee ballots on time to election officials, DeJoy has refused to provide Congress with satisfactory answers about the actions he has taken and continues to assert that election officials must pay the First Class rate for election mail to be prioritized.

"Like voting itself, the U.S. Postal Service (USPS) is vital to our democracy. Since you assumed the role



Michael Bennet  
Colorado U.S. Senator

of Postmaster General, there have been disturbing reports regarding changes at USPS that are causing significant delays in the delivery of mail. Under normal circumstances, delayed mail is a major problem – during a pandemic in the middle of a presidential election, it is catastrophic," wrote Bennet and the lawmakers.

They continued: "Instead of taking steps to increase your agency's ability to deliver for the American people, you are implementing policy changes that make matters worse, and the Postal Service is reportedly considering changes that would increase costs for states at a time when millions of Americans are relying on voting by mail to exercise their right to vote. "We have received reports that in the last sev-

eral weeks, the Postal Service sent letters to state election officials that indicate that the Postal Service will not automatically treat all election mail as First Class. If any changes are made to longstanding practices of moving election mail just months ahead of the 2020 general election, it will cause further delays to election mail that will disenfranchise voters and put significant financial pressure on election jurisdictions."

Recently, Bennet urged Senate leadership to provide immediate relief to the USPS and hazard pay for its employees in the upcoming Coronavirus Disease 2019 (COVID-19) relief package. This letter echoed Bennet's request to leadership in April to include \$25 billion in relief and hazard pay for the Postal Service. Bennet is also an original cosponsor of S.Res.644 in support of emergency funding for the USPS. As many states expand access to options for mail-in ballots during the pandemic, the USPS will play a critical role in ensuring ballots are delivered and received on time. Colorado has successfully conducted universal voting by mail for years, achieving one of the highest voter turnouts in the country.

## TEMPORARY CLOSURE UPDATE

Sky Ute Casino Resort remains temporarily closed in response to the COVID-19 pandemic. We are planning our reopening with an abundance of caution and look forward to welcoming guests back as soon as it is safe.

*We look forward to greeting you all again soon.*

## Notice: Southen Ute Construction Services Work Station Hours

Construction Services staff will be monitoring phones from office work stations.

- Mondays – Danny Abeyta: 8 a.m. – 4:30 p.m.
- Tuesdays – Polly Blankenship: 8 a.m. – 4:30 p.m.
- Wednesdays – Walter Reynolds: 8 a.m. – 4:30 p.m.
- Thursdays – Tanya Vigil: 8 a.m. – 4:30 p.m.
- Fridays – Polly Blankenship: 8 a.m. – 4:30 p.m.



Staff will adhere to the Safe Distance Policy, when working in a tribal member home they will wear PPE and ask the tribal member to stay in another room and away from the work area. Emergency cases will take priority when assessing the request. If you have any questions, call Danny Abeyta, Construction Services Division Head at 970-563-0260.

## BUREAU OF INDIAN AFFAIRS Southern Ute Agency

The Southern Ute Agency offices are closed to the public, however work is continuing to operate as "business as usual" with staggered staff schedules. The offices can be reached by email or calling the numbers posted. The Office of Natural Resources Revenue (ONRR) is still operating, processing 2014's and payments, including processing distributions.

Have any questions or concerns? Contact the offices below.

- Official business related to the Southern Ute BIA Office, please call: 970-759-1257
- Realty matters, please call: 218-750-4411
- Irrigation business, please call: 970-563-9484
- Fire matters, please call: 970-749-3558 or 911
- Southwest Regional Office, Regional Director: 505-563-3103



For lease income you can contact the following numbers:

TOLL FREE: ONRR 800-982-3226

OST Call Center 888-678-6836 / OST Farmington, NM 505-326-7983

## In The Southern Ute Tribal Court

Of the Southern Ute Indian Tribe • On the Southern Ute Reservation  
PO Box 737 #18, 149 CR 517, Ignacio, CO • 970-563-0240

### NOTICE OF PROBATE In the Estate Of, Case No.: 2020-0108-CV-PR Sarah Jane Baker, Deceased

Notice to: Heirs, devisees, legatees, creditors and all other persons claiming an interest in said estate: The Southern Ute Indian Tribe of the Southern Ute Indian Reservation, Ignacio, CO: Greetings: Take notice that a petition has been filed in this cause, alleging that the above decedent died leaving certain assets, and asking for the determination of heirs of said decedent, the administration of said estate including the allowing of creditors of said decedent and for distribution thereof. You are notified that said cause will be set for hearing before the Tribal Court at the above address on **OCTOBER 6, 2020 at 4:00 PM.** All persons having claims against the above estate are required to file them for allowance with the Tribal Court at the stated address on or before the time and date of said hearing, as above set forth or said claims shall be forever barred and all persons interested in said estate are hereby notified to appear and answer said Petition and offer evidence in support of their position. The Court will proceed to hear the matter at the date and time set above, or such later time to which the matter shall be continued and to make the determination therein necessary.

Dated this 25th of August, 2020  
Paula Trujillo, Deputy Court Clerk

### NOTICE OF PROBATE In the Estate Of, Victor C. Monte, Deceased Case No.: 2020-0096-CV-PR

Notice to: Heirs, devisees, legatees, creditors and all other persons claiming an interest in said estate: The Southern Ute Indian Tribe of the Southern Ute Indian Reservation, Ignacio, CO: Greetings: Take notice that a petition has been filed in this cause, alleging that the above decedent died leaving certain assets, and asking for the determination of heirs of said decedent, the administration of said estate including the allowing of creditors of said decedent and for distribution thereof. You are notified that said cause will be set for hearing before the Tribal Court at the above address on **AUGUST 31, 2020 at 2:00 PM.** All persons having claims against the above estate are required to file them for allowance with the Tribal Court at the stated address on or before the time and date of said hearing, as above set forth or said claims shall be forever barred and all persons interested in said estate are hereby notified to appear and answer said Petition and offer evidence in support of their position. The Court will proceed to hear the matter at the date and time set above, or such later time to which the matter shall be continued and to make the determination therein necessary.

Dated this 7th of August, 2020  
Marlene Price, Deputy Court Clerk

## LOOK FOR THE SOUTHERN UTE DRUM IN PRINT – FRIDAY, AUG. 28!

The Drum will again be on newsstands and in mailboxes starting Friday, Aug. 28 and will also continue to be available online as an e-Edition at [www.sudrum.com/eEditions/](http://www.sudrum.com/eEditions/)

The Southern Ute Incident Management Team recently approved printing and distribution of the newspaper. Strict Covid-19 protocol will be adhered to during this process to keep everyone safe.

Due to COVID-19, the print edition of the newspaper was temporarily suspended earlier this year due to closures, concerns for public safety, and to protect the welfare of our staff.

The Southern Ute Drum will adhere to the publication schedules and print deadlines for 2020, in order to share relevant news and information with the Southern Ute tribal membership, tribal departments and community in the best and most efficient way possible.

Contact Drum Editor/Media Manager Jeremy Wade Shockley: [jshockley@southernute-nsn.gov](mailto:jshockley@southernute-nsn.gov) to update your mailing address as needed.



The Drum Deadlines can be found at  
[www.sudrum.com](http://www.sudrum.com)  
under the advertising tab.



**PLEASE NOTE: The Drum DEADLINE schedule MUST BE ADHERED TO, in accordance with our printing schedule! NO EXCEPTIONS!**

## Drum Deadline

Next issue  
**Sept. 11**

Early Deadline  
**Sept. 4**

Articles, photos, advertisements, public notices, letters and greetings may be submitted in person, by mail, or by email to: [jshockley@southernute-nsn.gov](mailto:jshockley@southernute-nsn.gov)

### THE SOUTHERN UTE DRUM

A biweekly newspaper owned and operated by the Southern Ute Indian Tribe on the Southern Ute Indian Reservation in Ignacio, Colo.

**SUBSCRIPTION RATES: \$29 per year • \$49 two years**  
**PHONE: 970-563-0100 • DIRECT: 970-563-0118**  
**TOLL FREE: 1-800-772-1236 • FAX: 970-563-0391**

#### MAILING ADDRESS

The Southern Ute Drum: PO Box 737 #96, Ignacio, CO 81137

#### PHYSICAL ADDRESS

356 Ouray Drive, Leonard C. Burch Building, Ignacio, CO 81137

#### STAFF EXTENSIONS & EMAIL ADDRESSES

The Southern Ute Drum ([sudrum@southernute-nsn.gov](http://sudrum@southernute-nsn.gov))  
Jeremy Shockley • Editor, ext. 2255 ([jshockley@southernute-nsn.gov](mailto:jshockley@southernute-nsn.gov))  
Robert Ortiz • Composition Tech., ext. 2253 ([rortiz@southernute-nsn.gov](mailto:rortiz@southernute-nsn.gov))  
McKayla Lee • Reporter/Photographer, ext. 2252 ([mlee@southernute-nsn.gov](mailto:mlee@southernute-nsn.gov))  
Trennie Collins • Admin. Assistant/PR Coordinator, ext. 2251 ([tcollins@southernute-nsn.gov](mailto:tcollins@southernute-nsn.gov))

**The Southern Ute Drum does not assume responsibility for unsolicited material and does not guarantee publication upon submission.**

Published biweekly and mailed 1st class from Ignacio, Colo.  
Printed by the Farmington Daily Times in Farmington, N.M.  
The Southern Ute Drum is a member of the Native American Journalists Association, the Society of Professional Journalism and the Colorado Press Association.





## Election Board vacancy

Closing 8/28/20 – The Southern Ute Election Board is seeking one (1) Full-Time Regular Board Member. Qualifications: 11-2-102, (1) & (3): Must be a Southern Ute Tribal Registered Voter. Must reside within the exterior boundaries of the Southern Ute Indian Reservation. Shall not have been convicted of a felony, and Shall not have been convicted of a misdemeanor involving dishonesty or fraud within five years immediately preceding appointment to the Election Board. The Election Board is a paid committee, IRS Guidelines, a Criminal Background Check is necessary. Southern Ute Employee benefits are offered, and you will be considered an Official of the Southern Ute Tribe. Please submit your Letter of intent to: Southern Ute Indian Tribe - Election Board, P.O. Box 737 #32, Ignacio, CO, 81137. Physical Location: 285 Lakin Street. Contact the Election Board at 970-563-2303 or 2305 or via email: election@southernute-nsn.gov

## SOUTHERN UTE INDIAN TRIBE 2020 GENERAL ELECTION TRIBAL CHAIRMAN AND TWO (2) COUNCIL MEMBER SEATS

The Election Board has determined these are the dates  
for the upcoming 2020 General Election according to  
the Constitution and Election Code.

**GENERAL ELECTION –**  
**Friday, November 06, 2020 – 7:00 A.M. – 7:00 P.M.**

**GENERAL ELECTION RESIDENCY DEADLINE –**  
**Saturday, August 08, 2020**

**STATEMENT OF INTENTION DEADLINE –**  
**Monday, September 07, 2020 by 5:00 P.M.**

**ELECTION BOARD DECISION REGARDING ELIGIBILITY DEADLINE –**  
**Tuesday, September 22, 2020**

**NOTICE OF ELECTION –**  
**Wednesday, October 07, 2020**

**VOTER REGISTRATION DEADLINE –**  
**Wednesday, October 28, 2020 by 5:00 P.M.**

**ABSENTEE BALLOT REQUEST DEADLINE –**  
**Wednesday, October 28, 2020 by 5:00 P.M.**

**EMERGENCY ABSENTEE BALLOT DEADLINE –**  
**Thursday, November 05, 2020 by 5:00 P.M.**

**THE 2020 GENERAL ELECTION WILL BE HELD  
AT 285 LAKIN STREET, IGNACIO, CO**  
**Contact the Election Board at**  
**(970) 563-0100 ext. 2303 or 2305**  
**Off-Reservation Tribal members phone**  
**1-800-772-1236 ext. 2303**  
**Email is election@southernute-nsn.gov**

## Survey of Economic Impact of COVID-19 on Southern Ute Tribal Membership

Southern Ute Economic Development will be sending out a survey to learn about the economic impact of COVID-19 on membership, and solicit ideas for additional business and entrepreneurial opportunities. The survey will be available online, and some members will receive the survey through the mail as well. It will be released by September 15th, and we would greatly appreciate it if you would complete it within 30 days. Your participation is very important, as your responses will help shape the future of the Southern Ute Entrepreneurship and Economic Development Program. Please contact economic development at suitsbc@southernute-nsn.gov if you have any questions.

## SOUTHERN UTE INDIAN TRIBE Tribal Member Hearing & Supplemental Comment Period

### Draft Water Quality Standards & Clean Water Act Section 401 Certification Procedures

For all interested tribal members, a live on-line hearing regarding the Tribe's draft Water Quality Standards for Surface Waters on the Southern Ute Indian Reservation and Clean Water Act Section 401 Water Quality Certification Procedures will be held on October 15, 2020 from 1 to 4 p.m.

Tribal members can register and attend the meeting via Web-Ex on the Tribal Member Portal. The live-online hearing will be recorded and posted on the Tribal Member Portal for tribal members to view at their convenience.

A 60-day tribal member comment period on the Environmental Programs Division's proposed tribal water quality standards and Clean Water Act section 401 certification procedures will be from Monday August 31, 2020 through Friday October 30, 2020.

**You can submit your comments by one of the following methods:**

- E-mail: wqs@southernute-nsn.gov
- Mail: Water Quality Standards Committee, Environmental Programs Division, Southern Ute Indian Tribe, P.O. Box 737 #81, 71 Mike Frost Way, Ignacio, Colo. 81137.
- Phone: (970) 563-4705, extension 7901 to comment on the water quality standards and Clean Water Act section 401 certification procedures.

**What does this mean for the Tribe?**

- Protecting the Tribe's water resources from pollution.
- Protecting tribal member health and welfare.
- Protecting wildlife and aquatic species.
- Exercising tribal sovereignty.

**What are water quality standards?**

- A legal basis for controlling pollutants entering tribal waters (such as those from wastewater plants and industrial facilities).
- Describes the condition of the water body.
- Classify water bodies into designated uses (such as, recreation, agriculture, public water supply, protection of fish and wildlife).
- Establish numeric and narrative criteria for pollutants in tribal waters.

**To what water bodies will the Tribe's water quality standards apply?**

- All water bodies within the exterior boundary of the Southern Ute Indian Reservation (such as, rivers, streams, lakes, ponds, and wetlands) over which the Tribe has authority for establishing water quality standards.

**What are Section 401 Certification Procedures?**

- Procedures the Tribe will follow to issue 401 water quality certifications.
- A 401 water quality certification is needed for projects that require a federal permit (such as, pipeline construction projects that may impact water quality).
- Under Clean Water Act section 401, the Tribe has the authority to review and certify certain projects for impacts to water quality.
- If the Tribe believes a project could negatively impact tribal waters, the Tribe can add conditions to the federal permit that provide increased protection of tribal waters (such as, installing erosion control berms).

## Southern Ute Tribal Members Needed For Wildlife Advisory Board Vacancies

Open until filled – The Tribe is seeking enrolled Southern Ute Tribal Members to fill TWO seats on the Tribal Member Wildlife Advisory Board. The 8-member Board works closely with the Wildlife Division on planning and recommending actions related to tribal hunting and fishing programs. Board members not already employed by the Tribe receive \$20 per hour of meeting attendance. Meetings are held roughly on a quarterly basis throughout the year, and a commitment to attend and participate in all meetings is expected. Interested Tribal Members must submit a brief letter of interest that includes a description of the applicant's knowledge and experience with wildlife, hunting, or fishing, on and off of the Southern Ute Reservation. In addition, as a condition of appointment to the Board, applicants must submit a standard job application through the Tribe's Human Resources Department, as well as agree to a State of Colorado background check. Please submit letter of interest to the Southern Ute Wildlife Division at P.O. Box 737, Ignacio CO 81137. For more information, please contact the Wildlife Division at 970-563-0130.

## Updated Tero Lawn Service Hours

The TERO Division started lawn maintenance services for Tribal Elders. Lawn Service will have 2 workers, Office Support will have 1 worker.

**TERO Office Number: 970-563-2291**

The modified hours for TERO Lawn Maintenance Service will be:  
Mon. – Fri., 7 a.m. – 12 p.m. (noon)

The modified hours for the TERO Office will be:  
Mon., Wed., Fri., 8 a.m. – 12 p.m., (noon)

## House for sale by owner

3500 sq. ft., 4 bedrooms, 3 bath, 2 car garage and out-building on 8.82 acres of assigned land 970-317-1029.

## Home for sale

4 Bedroom, 2 baths, Family Room, Living Room, Laundry Room, Pantry. Home is located at 310 Mountain Dew Circle in the Cedar Point West Subdivision. Upgraded Refrigerator and Stove. Home WILL NEED to be moved!! For more info call 970-759-7294 or 970-759-0686

## Help Wanted

The Pagosa Springs Community Development Corporation is seeking a part time economic development recovery coordinator. Applicants should have prior project/ED experience, collaboration skills, experience with Archuleta County or similar mountain communities, and proven written and verbal communication skills. All proposals should be submitted via e-mail or hard copy to Laura Lewis Marchino at laura@scan.org or to Region 9 EDD, 135 Burnett Dr. Unit 1, Durango Colorado 81301, no later than 5 p.m., Sept. 18, 2020. Details of the job description, requirements and documents needed in submitting the resume can be found at www.pagosaspringscdc.org.

### SOUTHERN UTE ELECTION BOARD

#### OFFICE HOURS FOR JULY

MONDAYS, WEDNESDAYS, and FRIDAYS

1:00 P.M. — 5:00 P.M.

NORMAL BUSINESS HOURS WILL RESUME IN AUGUST

Due to COVID-19 the Election Board Office is limiting office personnel contact. We are asking that you please call **970-563-2303 or 970-563-2305** ahead of time should you need any of the following:

STATEMENT OF INTENTION PACKET

ABSENTEE BALLOT

NEW VOTER REGISTRATION

\*\*\*Upon arrival please call the office and we will bring out your requested document. For the safety of all, we will wear gloves and a mask when we bring the document out to you. We kindly ask that you wear a mask as well. The Election Board appreciates your understanding in our efforts to keep everyone safe.\*\*\*

Please continue to be safe and healthy.

Southern Ute Election Board

P.O. Box 737, MS #32 285 Lakin Street, Ignacio, CO 81137

EMAIL: election@southernute-nsn.gov





COLORADO HISTORY

Internship Opportunity – Social Media Internship

Apply by Aug. 31, 2020 or until filled

Internship Location: VIRTUAL (with the option to be located at one of History Colorado's statewide museums)

Qualified candidates may receive academic credit through their college or university.

Desired Schedule: 10 – 15 hours/week TBD by intern and supervisor.

Broad Scope of Position: Join History Colorado's Marketing and Communications team and gain experience and knowledge of how community relations are conducted at museums. The intern will practice writing communications for the museum, develop communications skills that are effective for social media, online, and print media, and will collect a community events listings list from around the state. During the internship, the intern will work collaboratively with staff and volunteers, assist with routine tasks around the museum, and identify opportunities to engage various museum audiences. Duties will include:

- Work with Community Relations team to maintain social media schedule
- Help keep museum social media up to date
- Research potential posts for social media
- Draft copy and find images for use

The intern will gain experience in communicating with audiences of small and mid-sized museums and have the ability to experiment and develop new techniques in a collaborative and supportive environment.

Desired Skills & Academic Field of Study: Familiarity with or willingness to learn Google Suite, Facebook, Instagram, and Twitter desired. Recommended for students in Communications, Marketing, English, History, Business, Sociology, Computer Science, Museum Studies, or related fields.

To Apply for this Position: Submit a cover letter and resume to Director of Volunteer Engagement Emily Dobish, emily.dobish@state.co.us.

\*\*A condition of employment is the successful completion of a background check.

Colorado Latino Leadership, Advocacy, and Research Organization (CLLARO) Capitol Fellows Program

The paid fellowship program is open to all college students, grad students, and recent grads of color and, I would argue, is the premier program for developing young Coloradans of color into future generations of state policy leaders. The program places Fellows in the office of a state legislator, advocate, lobbyist, or executive agency for 20 hours a week January thru May, 2021 – 17 hours with their supervisor, 3 hours of leadership development – and comes with a \$3,000 stipend. Native youth should absolutely have access to this opportunity, and since this year's program will be almost entirely online, it removes the barrier of folks having to get to Denver to participate. Please view the CLLARO guide and find more information about the program online at [www.cllaro.org/cfp](http://www.cllaro.org/cfp) or by contacting program manager Alejandra Colmenero ([alejandra.colmenero@cllaro.org](mailto:alejandra.colmenero@cllaro.org)).

Candidates can apply at [bit.ly/cllarocfp2021](http://bit.ly/cllarocfp2021)

Applications are due Oct. 4, 2020. Applicants will be required to provide application as a PDF to include the following:

1. Cover letter introducing yourself to the CFP program and why you're applying
2. Resume
3. One letter of recommendation.

Answer the following two questions as part of the application:

- Why should you be selected to be a CLLARO Capitol Fellow?
- Write about your policy priorities, 1-3 please. Explain why.

160/550 Construction Project Employment/Training

Open Until Filled – Lawrence Construction is currently looking for a **CONSTRUCTION TRAINEE** to work throughout the project. This person must have attention to detail, be willing to learn and take direction, pass pre-employment and random drug testing. Must have reliable transportation. Applicant must be able to meet the physical demands required for this position. This position will follow TERO preference. Depending on experience, pay range varies from \$15.30-\$25.50 per hour plus benefits. Possibility of enrollment in carpenter apprenticeship training program available. Contact Laura Sanchez at TERO 970-563-2294 or [lsanchez@southernute-nsn.gov](mailto:lsanchez@southernute-nsn.gov) for more information and an application.

SOUTHERN UTE INDIAN TRIBE TRIBAL COURT

Notice: The Southern Ute Tribal Court will begin accepting credit card payments

- **For online payments for Criminal/Traffic cases only:** At *Citepayusa.com* Processing fee may apply.
- **At the Tribal Court window or by phone for all cases:** All major credit cards and debit cards will be accepted. Processing fee may apply.
- **By mail for all cases:** Money order or cashier's check made payable to: Restitution Party\* or Southern Ute Tribal Court\* P.O. Box 737 #18, Ignacio, CO 81137

If you have any questions about these new procedures, need assistance with online payments, or if you would like to set up a payment plan, please feel free to call the Court at 970-563-0240.

*\*Victim Restitution are made payable by Money Order to the victim, should be noted with case and name of the victim.*

*\*Fine, Fee and Public Defender are made payable to Southern Ute Tribal Court*

Notice: The Southern Ute Tribal Court will begin accepting email filing

**For Email Filing:** I am pleased to announce to all clients, Southern Ute practicing attorneys and to the general public Tribal Court will now have the option to file documents with the Court by using the following email address [tribalcourt@southernute-nsn.gov](mailto:tribalcourt@southernute-nsn.gov). This will include all documents related to an open case. Petitions can be filed but will be held until payment is received before the case is opened, or a motion to waive fees accompanies the petition for the assigned judge to waive the fee. This email address will be used to file all documents in an open current case. New petitions for a new case can be filed at this email address. New petitions will be held until payment is received.

If no payment has been received within 10 days the petition will be returned to the sender. If filing a motion to waive the filing fee it must accompany the petition and be approved by the judge before it is accepted into the record. No filing fee is needed to file a Petition to Probate. Documents for open current cases and new cases can still be filed by faxing to 970-563-9570.

New petitions will be held until payment is received. If no payment has been received within 10 days the petition will be returned to the sender. If filing a motion to waive the filing fee, it must accompany the petition and be approved by the judge before it is accepted into the record.

Southern Ute Indian Tribe • Job announcements

Visit the the tribe's website at [www.southernute-nsn.gov/jobs](http://www.southernute-nsn.gov/jobs) for complete job descriptions.

If you need help filling out an online application, please come the Human Resources office and we are happy to assist you on our applicant computer stations.

ALL EMPLOYMENT APPLICATIONS ARE TO BE SUBMITTED ONLINE

Applicants and employees, be sure the HR Dept. has your current contact information on file. Human Resources accepts applications for temporary employment on an ongoing basis.

Southern Ute Indian Tribe, Human Resources • P.O. Box 737 - Ignacio, CO 81137

Phone: 970-563-0100 ext. 2424 • Fax: 970-563-0302 • Hotline: 970-563-4777

Detention Sergeant

Closes 9/07/20 – Under general supervision of the Detention Lieutenant, assist in the planning, organizing, and reviewing administrative and staffing functions and activities in the Detention Division. Pay grade 20; \$23.51/hour

Detention Transport Officer

Closes 9/08/20 – Under general supervision of the Detention Sergeant, maintains the safety and welfare of inmates and visitors and monitors all inmate activities within and outside of the detention center. Transportation of inmates to and from other facilities, medical appointments, and court appearances. Pay grade 18; \$18.96/hour.

Environmental Programs Manager

Closes 9/2/20 – Under the general direction of the Environmental Programs Division Head, plans, develops, and administers multi-media environmental programs for the Southern Ute Indian Tribe including the Clean Water Act (CWA) Water Quality \$106 and \$319 Programs, Comprehensive Environmental Response, Compensation and Liability Act (CERCLA) §128(a) Brownfields Program, the General Assistance Program (GAP) and Recycling Program. Pay grade 22; \$61,872/year.

Internal Audit Deputy Director

Closes 9/7/20 – Under minimal supervision, performs work of considerable difficulty related to the management and performance of internal audit activities. Assisting the Director of Internal Audit with the overall administration and technical direction of the Internal Audit Dept. Manages or conducts complex financial, operational, compliance, and other internal audit engagements. Reports to the Director of Internal Audit. Pay grade 25; \$86,368/year.

Internal Auditor

Closes 9/7/20 – Under general supervision, performs internal auditing procedures for the Southern Ute Indian Tribe of moderate difficulty involving a variety of auditing tasks that include, but are not limited to, assessing risk and identifying control deficiencies, unnecessary spending, and inefficient operations. Gain experience in the practical application of program auditing and government accounting, duties assigned familiarize employee with more complex auditing found at the next higher level; performs related work as assigned. Reports to the Director of Internal Audit and other internal audit personnel as assigned. Pay grade 22; \$61,872/year.

Senior Detention Officer

Closes 9/07/20 – Under general supervision of the Detention Sergeant maintains the safety and welfare of inmates and visitors, monitors all activities within the detention center. Pay grade 18; \$18.96/hour.

Senior Internal Auditor

Closes 9/7/20 – Under minimal supervision performs internal auditing procedures for the Southern Ute Indian Tribe (SUIT). Conducts complex financial, operational and compliance audits; serves as a lead auditor with extensive responsibilities in examining the performance of the SUIT. A contributor and leader in conducting internal audits for the SUIT, will plan, execute and report on all aspects of the audit, use analytical tools to conduct audits and make recommendations that add value. Will build upon and broaden business knowledge with exposure to the entire organization, access and exposure to all levels of management. Supports the project manager of the Performance Management and Key Performance Indicator program, recommends improvements to business processes that will promote overall efficiency, productivity and profitability. Reports to the Director of Internal Audit. Pay grade 23; \$69,597/year.

Clinical Supervisor

Open Until Filled – A senior level position that provides clinical supervision to staff caseworkers providing a full range of intake and/or ongoing social casework services for a variety of program areas such as child abuse and neglect cases, youth-in-conflict cases, and adults unable to protect their own interests. Provides clinical supervision and oversees Family Preservation and the Foster Care Program Coordinator. Pay grade 22; \$61,872/year.

Community Health Representative

Open Until Filled – Providing assistance and the coordination and development of activities for elderly and physically or mentally disabled Tribal Members. Performs community health duties to include patient transport and monitoring, home visits, conducting classes, and providing community education on Tribal health issues. Home Care may include house cleaning, personal hygiene, preparing meals, and other health and wellness related activities. Pay grade 13; \$12/hour.

Dental Assistant

Open Until Filled – Under dentist supervision, responsible for a wide range of tasks in the Southern Ute Health Center dental office including, providing chair side dental assistance, administrative and records duties and radiology functions. Pay grade 20; \$23.51/hour.

Detention Division Head

Under general supervision of the Justice and Regulatory Department Director, plans, organizes, directs, and reviews the administrative activities of the Southern Ute Detention Program and Facility. Pay grade 24; \$78,315/year.

Detention Officer

Under general supervision of the Detention Sergeant, maintains the safety and welfare of inmates and visitors, monitors all activities within the detention center. Pay grade 17; \$17.20/hour.

Education Counselor

Open Until Filled – A professional level position, providing counseling services to students and their families at the Southern Ute Indian Montessori Academy. Effective development and delivery of counseling, therapeutic and educational services that help students and families overcome issues that may impede students' educational success. Works with children birth-13 years old in the context of family, school, peer, and community systems, using a family systems orientation. Pay grade 18; \$39,434/year.

Elementary Teacher

Open Until Filled – A professional teaching position with the Private Education Dept. Uses the Montessori philosophy to provide Southern Ute Indian Montessori Academy students with a developmentally appropriate learning environment meeting the physical, social/emotional, cognitive, and cultural needs of the child. Communicate effectively with parents/guardians about their child's progress in each domain area. Paid on the Education Scale.

Family Court Caseworker

Open Until Filled – Providing guardian ad litem, special advocacy, parent coordination, and mediation services as assigned through Court appointment and clinical supervisor. Psycho-social educational classes for youth as assigned by clinical supervisor. Case management activities and/or counseling services involving assigned adults and juveniles. Both Tribal funded and grant funded. Full time status is contingent on grant funding. Pay grade 20; \$48,898/year.

Grounds Maintenance Worker

Open Until Filled – Performs daily grounds maintenance and repair of the Tribal grounds and buildings. Pay grade 13; \$12/hour.

Licensed Behavioral Health Therapist – Native Connections

Open Until Filled – Under general supervision of the Program Director, provides behavioral health treatment in the Native Connections grant program. Will work exclusively with youth up to age 24, and their families, as part of the Native Connections grant project. This will include mental health and dual diagnosis services provided within the Southern Ute Health Center, patient homes, schools, and the community as needed to address patient needs. Continued employment is contingent upon renewed grant funding. Pay grade 22; \$61,872.00/year.

Lifeguard (Full-time)

Open Until Filled – Lifeguard activities at the Community Recreation Center swimming pool, in accordance with the guidelines established and approved by Fitness Director and/or Community Center Director. Pay grade 12; \$10.91/hour.

Patrol Officer

Open Until Filled – Patrols the Southern Ute Indian Reservation and is responsible for preserving the life and property of all citizens within the Tribal Community. Pay grade 19; \$21.32/hour.

Physical Education Teacher

Open Until Filled – A professional teaching position with the Private Education Department. Uses the Montessori philosophy to provide Southern Ute Indian Montessori Academy students with a developmentally appropriate learning environment meeting the physical, social/emotional, cognitive, and cultural needs of the child. Communicate effectively with parents/guardians about their child's progress in each domain area, primarily in the context of Physical Education. Paid on the Education Scale.

Physical Therapist (Part-time w/benefits)

Open Until Filled – A professional position within the Department of Private Education. Aorks with Southern Ute Indian Montessori Academy students in need of physical therapy services. Pay grade 20; \$23.51/hour.

Security Officer

Open Until Filled – Will provide security for throughout Tribal Campus. Duties will include patrolling and observing the activities of persons in and around the Moache Capote building. Work involves assessing problem situations and exercising tact and judgment in bringing about their resolution. Pay grade 15; \$14.22/hour.

Social Services Division Head

Open Until Filled – Day-to-day operation and management of the Southern Ute Social Services Division, in accordance with the guidelines (fiscal, philosophical and programmatic) established and approved by Tribal Council. Manages programs and services: child/adult welfare protective services, family, group and individual therapy, BIA General Assistance, Low Income Energy Assistance Program, Title IV B-Foster Care program, Colorado State Human Services and related Programs and Contract/Grants. Pay grade 23; \$69,597/year.

TEAM Worker – So. Ute tribal member only

Open Until Filled – An opportunity for enrolled Southern Ute tribal members to find temporary employment within the various departments of the Southern Ute Indian Tribe. Both part-time and full-time temporary positions.

TERO Worker

Open Until Filled – Under the supervision of the TERO office. An opportunity for enrolled Southern Ute Tribal Members and other local Native Americans to find temporary employment within the various departments of the Southern Ute Indian Tribe. Both part-time and full-time temporary positions.





Boys XC AWAKEN • FROM PAGE 12

back and baseball-diamond pitcher Gabe Tucson was close behind in 37th with his 29:58, and football/wrestling/track veteran Tyler Barnes took 38th in 31:21.

“Mostly just joined because there’s nothing else to do and I figured I might as well do something – in case [CHSAA] shuts everything else down, you know?” he said. “I mean, obviously, none of us are ‘runners’ but it’s pretty cool to see everybody trying it out and having fun together.”

“That was my first 5K I’ve ever ran!” Barnes added. “I could say it was good enough, but I’ve made a goal now to just not walk.”

“Feels good to be up on ‘varsity,” said Roderick, who placed 40th in 39:04. “I’m just trying to get into shape for football, wrestling and track, and ... I feel like we did pretty good, for our first-ever meet.”

“I love to see when kids from different sports experience cross-country, and we definitely saw that with Ignacio,” stated Dolores head coach and BDBC orga-



Joel Priest/Special to the Drum

Relieved at having survived the boys’ feature at Dolores High’s 2nd Annual Boggy Draw Bear Chase, Ignacio’s Eppie Quintana (188) and Tyler Barnes (186) listen to head coach Daniel Holley’s comments during their meet-ending huddle. The race marked IHS’ first varsity cross-country foray in decades, with Quintana – 17th place in 22:05 – the first Bobcat into the finishing chute (Barnes would take 38th in 31:21).

nizer Jeromie Schumacher.

Up next for many teams present at the Chase – Ignacio included – will be the Aug. 28 M-CHS Invitational, to be held in Cortez at Parque de Vida with varsity action slated to commence at 5 p.m.

“We go out as a team, stretch as a team – I’m really excited to have a full team this year,” Charlice Valdez said.

“Man, it feels good to be

around here with ... friends and family,” said Quintana. “It’s just a different feeling ... since being locked up in the house: You’re out here with everyone else, and it feels good.”

“My personal approach to the season will be to inspire students to find a lifelong love of running through cross-country,” Holley said. “I’m very excited to see the growth from last year.”

COMMUNICATION

America’s Tribal Lands have significantly less access to broadband

By Steve Stratz  
BroadbandNow

Residents of tribal lands across the U.S., not only have less access to broadband internet, but they also pay more when it is available, according to new research by BroadbandNow.

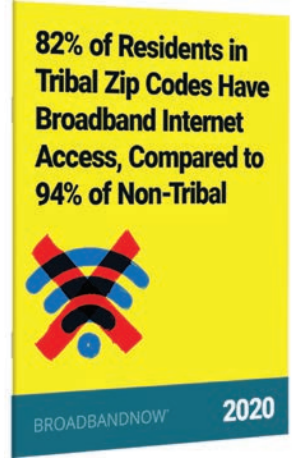
Tyler Cooper, editor-in-chief of BroadbandNow, explains, “Our research looks at the zip codes of more than 500 nationally recognized tribes in the U.S. and found America’s tribal lands are among the most

impacted communities of the digital divide.”

The research, “82% of Residents in Tribal Zip Codes Have Broadband Internet Access, Compared to 94% of Non-Tribal Residents.” Note: Includes searchable data by state: <https://broadbandnow.com/research/tribal-broadband>

It also found, only 33% of tribal residents have access to a low-price wired broadband plan under \$60 per month, compared to 51% of non-tribal residents, and Louisiana has the least amount of

tribal wired broadband availability in the country, coming in at 39%.



**To order detector contact**  
Randi Rock  
Tribal Housing  
970.563.4710  
285 Lakin St.

**To schedule installation contact**  
Polly Blakenship  
Construction Services  
970.563.2500  
270 Hwy 151

Tribal Housing is currently working in collaboration with the Executive Office to ensure the health and well-being of the Southern Ute Tribal Elders by purchasing a home carbon-monoxide detector for the primary residence of the Tribal Elder.

Tribal Elders (both on and off-reservation) who wish to participate in this program should contact Tribal Housing. Tribal Elders who reside on the reservation have the choice to install the carbon monoxide detector on their own or contact Construction Services to schedule an install date. Tribal Elders who reside off-reservation should contact Tribal Housing to verify their address for the carbon monoxide detector to be mailed directly to their residence.

**Safety Tips**

**Signs of Carbon Monoxide Poisoning**  
Headache, nausea, vomiting, fatigue, confusion, drowsiness, increased heart rate, unconsciousness, convulsions, cardio-respiratory failure, and death.

**Warning Signs of a Carbon Monoxide Leak**

- Yellow or orange flames, rather than blue.
- Dark stains on/around appliances.
- Increase condensation around windows.
- Pilot lights that frequently blow out.

**In the event of an Emergency**  
Immediately leave the home and dial 911 for assistance. Do not return to the home until emergency responders have authorized you to do so.  
SUPD - 970.564.4401

**did you know?!**

**Tarantula Hawks are large wasps that can grow up to 2 inches in length.**

Source: <https://www.nps.gov/articles/tarantula-hawk.htm>

Please contact the Environmental Programs Division General Assistance Program Manager, Alexandra Ratcliff at 970-563-2256 or [aratcliff@southernute-nsn.gov](mailto:aratcliff@southernute-nsn.gov) with any questions, comments or concerns.

**The Southern Ute Drum’s Crossword Puzzle**

1	2	3	4	5		6	7	8	9	
10						11				
12					13					14
15				16				17		
			18				19			
20	21	22					23			
24				25	26	27				
28				29				30	31	32
33			34				35			
	36					37				
	38					39				

**Across**

1 Effort

6 “Teenage Dream” singer --- Perry

10 Paid for at first-class surface rates, but carried by air

11 “Oh, very funny!”

12 Native American people whose name means “Heart of an awl”

15 Woodward Maurice Ritter’s nickname

16 “--- , a rat!”

17 Actress/director/producer --- Lupino

18 Brainiacs

20 “--- you don’t!”

23 Janet Jackson’s “Trust ---”

24 Wrangler tires maker

28 Place

29 Kind of PC port

30 Mount Rushmore State school

33 Superlative prudes Susan embarrassed

36 Adroit

37 Yerba ---, traditional medicinal shrub

38 Embroiders

39 Equine

**Down**

1 Agreement

2 “The potted physician”

3 Holly plant

4 --- -chah-nulth, a k a Nootka

5 Bender

6 Dull yellowish brown

7 Verizon-owned web portal

8 Believer in the Almighty

9 “--- comes a sucker and he’s got my gal ...” (Jim Reeves)

13 Lair

14 Piece of cake

18 Such as Sinauf

19 Egypt, formerly

20 Russian secret police of the 1920s

21 Pestors

22 “None so blind as those that will ---”

25 Asian skin tents

26 Sixth sense

27 Embarrass

30 Naval backup group

31 Hardens

32 Date of Operation Neptune

34 Group co-founded by Cesar Chavez

35 --- Tome

Answers for this crossword will appear in September 11 issue of the Drum.

**Answers for Aug. 14, 2020 Crossword Puzzle:**  
**Across:** 1 Rose, 5 MPEG, 9 Elks, 10 Burch, 11 Led up, 12 Aloha, 13 Of all, 14 Repot, 15 Deglazes, 17 Ere, 18 Nan, 19 Via, 22 Captains, 24 Cupid, 27 Scots, 28 Orate, 29 Solon, 30 Aires, 31 Erin, 32 LCDs, 33 Anne.  
**Down:** 1 Reefer, 2 Old-age, 3 Skull, 4 Esplanades, 5 Mules, 6 Prop, 7 Echo, 8 Ghat, 10 Barents Sea, 11 Lode, 16 Zap, 19 Violin, 20 Intone, 21 Assn, 22 Cites, 23 Acorn, 24 Coal, 25 Uric, 26 Pard.

**Air Quality in real time!**

Friendly reminder – you can visit the Southern Ute Indian Tribe’s Environmental Programs Division Ambient Air Quality Monitoring page to find updates on air quality throughout the Southern Ute Indian Reservation as well as real-time EPA Air Quality Index health forecasts.

**The link to the Tribe’s Air Quality Stations:**  
[www.southernute-nsn.gov/justice-and-regulatory/epd/air-quality/ambient-monitoring/](http://www.southernute-nsn.gov/justice-and-regulatory/epd/air-quality/ambient-monitoring/)

**LOCAL IGNACIO WEATHER**

**Your weekend forecast!**

**Friday, August 28**

**90°F partly sunny**  
Scattered showers after noon

**Saturday, August 29**

**82°F mostly sunny**  
Chance of showers w/thunderstorms

**Sunday, August 30**

**94°F partly cloudy**  
Chance of showers w/thunderstorms

Weather forecasts collected from [www.weather.gov](http://www.weather.gov)