



MMIW virtual event

PAGE 7



Sanitizer to SUPD

PAGE 11

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May 8, 2020

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Vol. LII, No. 10

Up to date COVID-19 information for the Southern Ute Indian Tribe online at www.southernute-nsn.gov and on Facebook.

NATIVE NATIONS INSTITUTE

Briggs named for Udall Foundation Congressional Internship

Staff report
UDALL FOUNDATION

The Morris K. Udall & Stewart L. Udall Foundation (Udall Foundation) and the Native Nations Institute for Leadership, Management, and Policy at the University of Arizona (NNI) are pleased to announce the selection of the 2020 Native American Congressional Interns.

The program’s newest class of Udall Interns comprises 12 students representing 12 tribes and nine universities from around the country. The Udall Interns were selected by an independent review committee on the basis of academic achievement, leadership, and demonstrated commitment to careers in tribal public policy.

Garrett W. Briggs, a Northern Arizona Univer-



Jeremy Wade Shockley/SU Drum archive

Southern Ute NAGPRA Coordinator Apprentice, Garrett Briggs, recently finished his two-year training program under the Tribe’s Cultural Preservation Department.

sity alumnus and member of the Southern Ute Indian Tribe is among those recognized for a Native American Congressional Internship. Briggs is a descendent of the Mouache and Capote Bands of Utes. He is the first member of the Southern Ute

Indian Tribe to be selected as a Udall intern.

Briggs obtained his Master of Arts in archaeological research from Northern Arizona University in 2017 and spent the last three years

Briggs page 9

CORONAVIRUS

Mercy Medical, SJBPH to increase COVID-19 testing

By Jeremy Wade Shockley
THE SOUTHERN UTE DRUM

San Juan Basin Public Health (SJBPH) and Mercy Regional Medical Center are partnering to provide diagnostic (PCR) COVID-19 testing six days a week at Mercy’s Horse Gulch location. Testing will be available Monday through Thursday from 8 a.m. to 1 p.m., and Saturday and Sunday from 10 a.m. to 2 p.m. Testing will start on Thursday, May 7.

Symptomatic individuals will be screened over the phone and can be tested the same day. Appointments and healthcare provider orders are not required. There is no fee for the test. The tests have been provided by the Colorado Department of Public Health and Environment (CDPHE), in an effort to expand commu-

nity testing efforts throughout Colorado.

Additionally, Centura – Mercy Regional Medical Center is now providing seven-day-a-week community COVID-19 testing to La Plata County residents, beginning immediately and continuing for as long as needed.

“As access to supply improves, we have progressively increased COVID-19 testing. We have now expanded testing to rural communities with limited testing access as Colorado moves towards easing shelter-in-place restrictions,” stated Dr. Shau-na Gulley, Chief Clinical Officer for Centura Health. “Social distancing, hand hygiene and masking remain critically important in our fight against this pandemic. Additional testing is one more important resource we can provide to these communities.”

Centura’s testing will be available from 9 a.m. to 2 p.m. Monday through Friday and from 9 a.m. to 12 p.m. Saturday and Sunday at Centura’s Centers for Occupational Medicine clinic at 810 3rd St., Suite 202, in Durango.

Other locations in La Plata County providing PCR diagnostic testing are Cedar Diagnostics, Mercy Regional Medical Center (hospital location), and Durango Urgent Care.

“We are very excited to partner with Mercy Regional Medical Center to increase the amount of diagnostic COVID-19 testing available to community members,” said SJBPH Executive Director, Liane Jollon. “Every additional diagnostic test taken gives us a better picture

Mercy Medical page 5

First bison, welcome blessing



SU Wildlife Dept.

The first bison born from the herd this year is pictured in the pasture. Calving, when the new bison are born, is only once a year in the spring and the babies are born an orangish color then turn brown about a month or two after they are born. The Southern Ute Indian Tribe’s bison herd numbers are up to 90 animals this year and they roam on 350 acres just outside of Ignacio. The herd is managed by the Southern Ute Indian Tribe’s Division of Wildlife, under the care of the program’s Bison Herd Manager, Jesse Lasater. In traditional Ute and other Native American culture, the bison is a spiritual symbol of strength and perseverance through difficult times. One of the reasons the Tribe keeps a herd is to remember and honor the important connection between this powerful animal and the Ute People.

SOCIAL MEDIA

News literacy in the time of COVID-19

Take the time to read and think

By Jeremy Wade Shockley
THE SOUTHERN UTE DRUM

Fake news about COVID-19 transmission, treatments, and medical breakthroughs are on the rise. And it’s no wonder. The danger of sharing information on social media before examining it increases the likelihood that we will unintentionally believe and share information that is not true.

Social media sites like Facebook and Twitter are among the most common platforms for sharing unreliable news stories, shares often motivated by sensational headlines.

The rise of unreliable news sites, fake news, and the inherent dangers of misinformation are more prevalent now than ever. With the global Coronavirus pandemic in full swing, people have been inundated with new information, and often false or unproven medical advice.

“It’s not always easy. You have to have a willingness to compare stories, to fact check. And the frustrating thing about it is people often don’t have the time to do these things. They rely on their news sources to do it for them,”



courtesy Eamon Curry

Misinformation can be found in everyday news stories and headlines; having a firm understanding of news literacy is key to discerning accurate reporting from fake news on the Internet.

said Michael Kircher, Maryland based photojournalist and social media advocate. “The responsibility of journalists in this social media driven age has never been greater.”

Education and awareness are the tools everyone can use to fight misinformation and debunk biased news sites. News literacy is the term that refers to the knowledge and skill sets used to determine if news is real or fake. Becoming equipped to discern the accuracy and validity of news and information being shared across the internet and social media platforms allows you to know what

information you can use, and what information you shouldn’t share.

While fake news is not new, the rate at which misinformation is being created and consumed is steadily increasing. The culture of sharing posts, articles and websites via social media is more pronounced than ever. In the age of smartphones, tablets and online media, a majority of Americans are getting their news from Facebook, Twitter and related sites rather than going directly to traditional news sources.

The good news is that

News page 9

TRIBAL COURT

Tribal Court updates their operating functions

Staff Report
SOUTHERN UTE TRIBAL COURT

The Court, FCSO, and probation department provide important and essential services to the public and we will endeavor to maintain normal operations to the fullest extent possible. We understand there is concern about COVID-19 and the Southern Ute Tribal Court is requesting that you PLEASE NOT COME TO THE COURTHOUSE IF:

1. you have been diagnosed with COVID-19 (“Novel Coronavirus”) and you have not received a subsequent test confirming that you are currently virus-free;
2. you have been in direct contact with someone who has been diagnosed with COVID-19 within the past fourteen days; OR
3. you are experiencing a fever, cough, shortness of breath, or any other respiratory illness symptoms.

If any of these three criteria apply, please call the clerk’s office to reschedule your court date or request to appear by telephone. If you are represented by an attorney, contact your attorney to file a request for a continuance or a

telephone appearance.

If you are subpoenaed as a witness in a case, please contact the attorney or party issuing the subpoena to explain the circumstances and discuss the options available. To ensure the safety of all persons appearing or attending Tribal Court, the following mandatory guidelines are in effect until further notice:

1. HOURS OF OPERATION: Beginning Monday, May 11, The Southern Ute Tribal Court will be open Monday through Thursday from 8 a.m. to 5 p.m. The Court window will be closed for lunch these days from noon to 1 p.m. Phone calls will be accepted Monday through Thursday from 8 a.m. to 5 p.m., and the Court accepts electronic filings.
2. All persons entering the courthouse building shall observe foot traffic designations, wear face masks, and practice recommended social distancing standards at all times. Masks will be provided to those who do not have one.
3. All court hearings will be conducted remotely whenever possible. There shall not be more than five people allowed in the courtroom

at any one time. Those waiting to go into the courtroom shall wait in the court lobby or outdoors and practice recommended social distancing standards.

4. Those entering the courtroom must have their temperatures checked by the Bailiffs and fill out a questionnaire regarding COVID-19 symptoms, contacts, and must be approved for entry based on this information. If you cannot safely enter the courtroom, your matter will be re-set for a later date.
5. Those entering the courtroom musts wear face masks required pursuant to Tribal directive, and practice recommended social distancing standards at all times. Masks will be provided to those who do not have one.
6. Those persons not entering the courtroom but proceeding to the Clerk’s window shall wear a face mask and shall practice recommended social distancing standards at all times. Masks will be provided to those who do not have one.

Thank you for your cooperation.

Administrative Order In Response To The Covid-19 Outbreak

In The Southern Ute Tribal Court
On The Southern Ute Indian Reservation

Administrative Order 2020-02

WHEREAS, the emergence of the COVID-19 virus has created a public health emergency, the Southern Ute Tribal Court shall take all measures reasonably necessary to protect the health of Tribal elders, Southern Ute tribal membership, Southern Ute community, litigants, and court staff from the COVID-19 virus.

WHEREAS, the Chief Judge of the Southern Ute Tribal Court possesses the inherent authority to establish such standards and procedures by administrative order.

NOW, THEREFORE, IT IS ORDERED THAT:

Effective Monday, May 11, 2020, and continuing until further notice and order of the court, the Southern Ute Tribal Court shall hear cases that directly affect public safety or are mandated to be heard pursuant to the Southern Ute Tribal Code. Such cases include:

1. Petitions for protection orders;
2. First appearance advisements for incarcerated persons and the setting of bail;
3. Revocation hearings involving an incarcerated defendant;
4. Proceedings necessary to protect the rights of criminal defendants, pursuant to the Indian Civil Rights Act and the Southern Ute Tribal Code;
5. Detention hearings for juvenile delinquency cases;
6. Dependency and neglect cases, as required by the Southern Ute Tribal Code;
7. Involuntary commitment hearings;
8. At-risk adult or juvenile hearings, if emergency;
9. Emergency custody matters or other domestic issues requiring immediate attention;
10. Other proceedings deemed necessary by a Southern Ute Tribal Court judge to protect the health, safety, or welfare of an individual or members of the community.

The Court shall also hear a limited number of hearings and trials, which may not be deemed to fit into one of the above-listed categories; however, those non-essential hearings shall be conducted completely by telephone, Webex, Zoom, or other electronic methods. An in-person appearance shall only be permitted by specific discretion of the presiding judge.

All persons entering the Tribal Court Justice Center shall abide by the Southern Ute Indian Tribe's directives requiring social distancing of at least six feet. Masks or facial coverings must be worn, as required by the Southern Ute Indian Tribe. All visitors to the Tribal Court must complete

a required health screening before entry. Anyone entering the Tribal Court must follow directions provided as they concern COVID-19 precautions.

The clerk's office, probation services, and family court support office shall operate on minimal staffing. The attorneys and public are encouraged to communicate with the court via email or telephone to avoid any unnecessary appearances at the Southern Ute Tribal Court. The Court's hours of operation shall be on Monday through Thursday, from 8 a.m. to 5 p.m. (closed for lunch from noon to 1 p.m.). The Court shall be available for emergencies on Fridays from 8 a.m. to 5 p.m. on Fridays (closed for lunch from 12 p.m. to 1 p.m.).

The clerk of the court shall keep updated information on the telephone answering service 970-563-0240. The hours of operation may change as conditions require and if in the interest of the Southern Ute Tribe and its employees. Notice of the court's hours of operation shall be posted on the door at the entrance to the Southern Ute Tribal Court and on its telephone answering system.

ALTERNATIVES TO PHYSICAL APPEARANCE IN COURT

For all civil trial matters, the practice shall be that all attorneys, lay advocates, parties, and witnesses testify by Webex, Zoom, or telephone. Upon request of a party, the presiding judge may allow in-person testimony.

For all criminal cases, the judges shall establish procedures to maximize the ability of criminal defendants to appear by Webex, Zoom, or telephone where constitutionally and legally permissible.

Where applicable, defense attorneys need not obtain the signature of a defendant, where instead the attorney may sign and represent the wishes and understanding of a client. This is to allow for the safety of defense attorneys to communicate with their clients by telephone and file pleadings on their clients' behalf.

The Court finds that for those identified as part of a vulnerable or at-risk population by the Center for Disease Control, COVID-19 is presumed to be a material change in circumstances, and the parties do not need to supply additional briefing on COVID-19 to the court. For all other cases, the COVID-19 crisis may constitute a "material change in circumstances" and "new information" allowing for the amendment of a previous bail order or providing different conditions of release, but the finding of changed circumstances is left to the sound discretion of the presiding judge.

Tribal Court page 7

FIRE RESTRICTIONS Southern Ute Reservation Initiates Stage I Fire Restrictions

Due to the current high temperatures, dry fuel conditions and occurrence of recent wildland fires, Stage 1 fire restrictions have been implemented for all trust lands throughout the Southern Ute Indian Reservation. Everyone on reservation lands is asked to be very cautious and use common sense with fire this time of year. Stage I Fire Restrictions prohibits acts for the general public, commercial operators and industrial oil and gas operators performing work on the Southern Ute Indian Reservation.

STAGE I – General Public: Prohibited acts:

1. **OPEN BURNING.** Burning of trash and/or yard waste is prohibited.
2. **AGRICULTURAL BURNING.** Burning of crop land, fields, rangeland, debris burning, slash piles, prescribed burning and weed burning are prohibited.
3. **CAMP FIRES.** Building, maintaining or using a warming fire or campfire outside of officially designated or developed camp sites is prohibited. The fire restrictions do not include charcoal fires (in suitable containers) for barbecues or fires for sweat ceremonies, however, such fires are not to be left unattended and are to be fully extinguished after use.
4. **FIREWORKS.** Possession, discharging or use of any type of fireworks is prohibited.

Commercial and Industrial restrictions can be obtained from the BIA Fire Office at 575 County Road 517 or by calling 970-563-4571. Anyone violating the provisions of this fire ban may be subject to prosecution outlined in the Southern Ute Indian Criminal Code. The Restrictions will become effective at 6 A.M., Monday, May 11, 2020 and will remain in effect until conditions improve.

United States Department of the Interior, BUREAU OF INDIAN AFFAIRS, Southern Ute Agency, P.O. Box 315, Ignacio, Colo. 81137

To report fires contact: **DURANGO ZONE DISPATCH 970-385-1324**
For more info or to report Fire Restriction Violations contact: **BIA FIRE MANAGEMENT 970-563-4571 or SOUTHERN UTE POLICE DEPT. 970-563-4401**

Many Moons Ago



10 years ago

Samantha Maez enters the arena during Saturday night's Grand Entry at the Gathering of Nations on April 24. Maez is the current reigning Miss Southern Ute. Held in Albuquerque, NM the 27th annual Gathering of Nations took place under open skies for the first time in history in the University of New Mexico's University Stadium. The powwow will return to the school's University Arena, nicknamed "The Pit," next spring following renovations.

This photo was first published in the May 5, 2010, issue of The Southern Ute Drum.



Jeremy Wade Shockley/SU Drum archive



SU Drum archive

20 years ago

During construction, Southern Ute Indian Academy talk interested tribal member families a great deal. Buildings that would eventually house the Southern Ute Indian Academy begin to take shape from this view taken from the east side of the academy site.

This photo was published in the May 5, 2000, issue of The Southern Ute Drum.

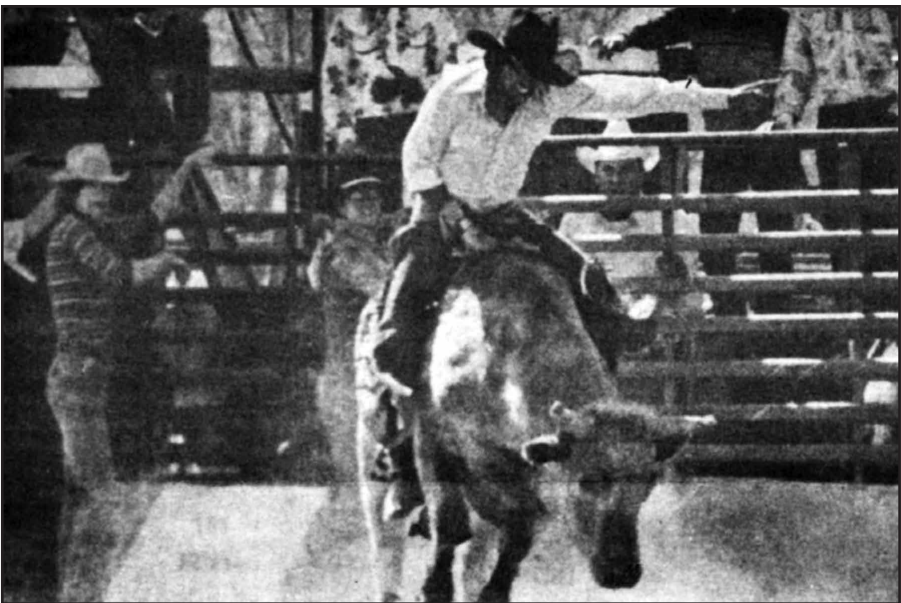


SU Drum archive

30 years ago

The NAYO Powwow took place on May 5, 1996. Gourd Dancers Rob GoodTracks, Gerald Howe and Daniel Weaver can be seen here in this photo. The Head Start gym was filled with over 100 dancers and spectators for the powwow.

This photo was published in the May 11, 1990, issue of The Southern Ute Drum.



SU Drum archive

40 years ago

Manuel Harry, Ignacio High School rodeo team member, is pictured here riding a bull at the Montrose High School rodeo.

This photo was published in the May 9, 1980, issue of The Southern Ute Drum.



CENSUS 2020

NARF and NCAI applaud proposed census extension

Staff report
NATIVE AMERICAN RIGHTS FUND

The census is a keystone of our representative government. Making sure that Native Americans are accurately counted in Census 2020 is a top civil rights issue in Indian Country today. Past undercounts of Native populations have deprived hundreds of thousands of Native Americans of their voice in government. NARF and the National Congress of American Indians (NCAI) applaud the decision by the US Census Bureau to request statutory authority from Congress to extend 2020 Census operations by 120 days. The US Census Bureau has requested that field data collection and self-response for the 2020 Census be extended until October 31, 2020, due to the impact of the COVID-19 pandemic, which has already resulted in a suspension of all census field operations. The Bureau further requested that apportionment counts be delivered to the President by April 30, 2021, and redistricting data be delivered to the states by



Census 1491: Native American Population Holding Steady at 100%.
courtesy NARF

July 31, 2021. The US Census Bureau's in-person field operations are critical to getting a complete count of rural Indian Country and urban American Indians/Alaska Natives (AI/ANs). Although millions of Americans can respond to the census questionnaire through the Internet, by phone, or by mail, those options are largely unavailable to AI/ANs. Most tribal areas and reservations are geographically isolated and lack access to broadband and reliable cellular coverage. AI/ANs living on reservations or in rural areas typically lack street addresses, which prevents them from receiving census materials by mail. These barriers and others, such as language and illiteracy, are why the US Census Bureau has designated many households in tribal areas to receive their

Census page 8

NATIVE AMERICAN RIGHTS FUND

Turn Up Tuesdays; Marginalization of Native voting process

Staff report
NATIVE AMERICAN RIGHTS FUND

The Leadership Conference on Civil and Human Rights, with its campaign And Still I Vote and in partnership with the Native American Rights Fund (NARF), hosted a Turn Up Tuesdays Facebook Live Event on Tuesday, April 28. The event highlighted barriers to the ballot Native Americans face and outlined practical steps for how officials can protect their vote in the wake of COVID-19. As many states move toward voting by mail, the event will highlight how the failure to put systems in place could leave many tribal communities behind. As NARF has outlined, many Native Americans do not have mail delivery at their homes, many tribal communities lack broadband access, and some elder Native American voters are not fluent or literate in English. Any move to a vote-by-mail system in response to COVID-19 must provide accommodations for tribal communities in order to protect their ability to vote. In addition to the Face-

book Live event, Arizona elections officials, public health experts, and advocacy organizations held a press briefing on Tuesday to discuss voting in Native American communities and why the Arizona governor, secretary of state, and legislature must ensure safe and secure elections this fall, including providing every registered voter with their ballot by mail, while preserving meaningful in-person voting options. Turn Up Tuesdays, a weekly, national call to action, is dedicated to ensuring that the election process in upcoming primaries is safe and effective, and never again encounters the disparity that voters experienced in Wisconsin's election on April 7. The Turn Up Tuesday Facebook Live also amplified the call for expanded, safe in-person early voting and absentee voting. The Leadership Conference on Civil and Human Rights is a coalition charged by its diverse membership of more than 220 national organizations to promote and protect the rights of all

persons in the United States. The Leadership Conference works toward an America as good as its ideals. For more information on The Leadership Conference and its member organizations, visit www.civilrights.org. Since 1970, the Native American Rights Fund (NARF) has provided specialized legal assistance to Indian tribes, organizations, and individuals nationwide. NARF has successfully asserted and defended the most important rights of Indians and tribes, in hundreds of major cases, and has achieved significant results in such critical areas as tribal sovereignty, treaty rights, natural resource protection, voting rights, and Indian education. NARF is a non-profit 501(c)(3) organization that focuses on applying existing laws and treaties to guarantee that national and state governments live up to their legal obligations. Like us on Facebook and follow us Twitter @NDNRights to learn about the latest fights to promote justice and protect Native American rights.

2020 SOUTHERN UTE BEARDANCE POWWOW

Ignacio, CO
May 22nd & 23rd

Headstaff
Head Lady: So, Ute Royalty
Head Man: Picked daily
Arena Director: Henry Howell
MC: Chasen Coby
Host Drum: Buffalo Hill
Drum: White Sr.

Contest up to place
se Cate

Men's (18-54) Northern & Southern
Traditional, Grass, Fancy
Women's (18-54) Northern & Southern
Traditional, Fancy Shawl, Jingle
Teen Boys (13-17) Northern & Southern
Traditional, Grass, Fancy
Teen Girls (13-17) Northern & Southern
Traditional, Fancy Shawl, Jingle
Jr. Boys (6-12) Northern & Southern
Traditional, Grass, Fancy
Jr. Girls (6-12) Northern & Southern
Traditional, Fancy Shawl, Jingle
Tiny Tots 5 & under

Powwow Committee Members:
Frost 970.553.9291
Nar 970.6671
Nar 970.42
Michelle
Ayia Ar
Frost
Tyla Frost
soutepowwow@southernute-nsn.gov

SunUte Rec Center
Grand Entry 7pm Friday
1pm & 7pm Saturday
Registration begins 5pm-until
end of powwow Friday night

CANCELLED

The Southern Ute Powwow Committee and the Southern Ute Indian Tribe will not be held responsible for any accidents, injuries, theft, or food borne illnesses.

POSTPONED

Southern Ute Bear Dance

due to the COVID-19 Virus

June 12th - 15th, 2020

Ute Road & HWY 521 in Ignacio, CO

Bear Dance Chief-Matthew Box

Bear Dance Corral Blessing
10:30 A.M. Friday, June 12, 2020

Bear Dance Feast
12:00 P.M. Monday, June 15, 2020

Bear Dance Rules

- No short dresses or baggy pants while dancing
- Photography, video & audio recording is prohibited; except by members of the Ute Tribes.
- The Southern Ute Tribe will not be held responsible for accidents, injuries, or theft.
- The Pine River is RESTRICTED.
- For information on vending, contact (970) 563-2983

Please be advised the Southern Ute Bear Dance is subject to cancellation.

For more information contact: Bear Dance Chief, Matthew Box at (970) 759-7038

UTE NATION DAY HONORING

ES & HEADS MEN OF THE

CANCELLED

Southern Ute Indian Tribe

BEAR DANCE HANDGAME TOURNAMENT

CANCELLED

PRIZE

Closed at 1:30 PM
Tournament starts at 2



HEALTHY RECIPES

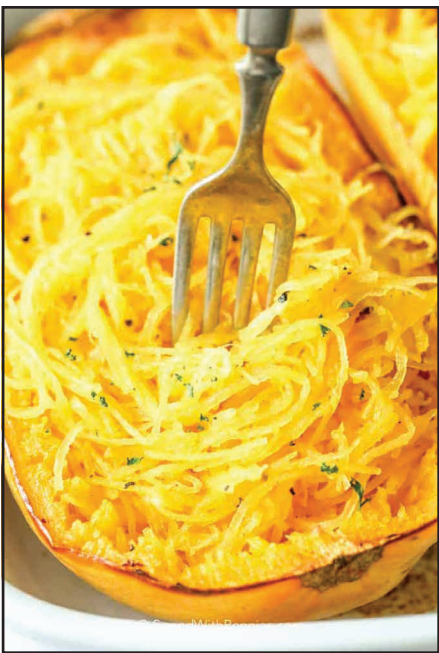
Have you tried a spaghetti squash?

By Lisa B. Smith, RDN
SHINING MOUNTAIN HEALTH AND WELLNESS

Spaghetti squash is a winter squash that, when baked, has delicate strands that resemble spaghetti. It has a mild flavor which makes it a great alternative to regular spaghetti. You can serve it with any type of tomato sauce, curry sauces or even pesto.

The advantage of a spaghetti squash over traditional spaghetti is that it is packed with nutrients, low in carbohydrates and high in fiber! You can have 2 cups of spaghetti squash to 1/3 cup of regular spaghetti for about the same amount of carbohydrates.

Spaghetti squash is oblong and yellow with thick flesh. The hardest part of making spaghetti squash is cutting it! Using a good large knife, you can cut it in half width-wise. If you want to cut it length-wise, cut off each end so that there is a flat surface to work with. You will then place one end down and cut



courtesy Spend with Pennies

with your knife from the top. Once your squash is cut, scoop out the seeds and then you are ready to bake it.

Spaghetti Squash

To bake spaghetti squash:

1. Preheat oven to 350 degrees.
2. Wash the outside of the spaghetti squash.
3. Cut the spaghetti squash in half.
4. Scoop out seeds and attached strings (you can keep the seeds and bake like pumpkin seeds!).
5. Spray a baking sheet with cooking spray.
6. Place on baking sheet cut side down. Bake for 35-45 minutes depending on the size of the squash. (Using an oven mitt, you should be able to

squeeze the outer layer with some pressure).

7. Let cool for about 10 minutes then scoop out strands with a fork.

Serve with your favorite sauce (tomato, curry, pesto, thai) or add olive oil, salt and pepper and serve as a side dish. You can get creative and make up your own ways to serve!

Nutrition facts: 1 cup: 10g Carbohydrates, 2.2g Fiber, 1g Protein.

Spaghetti squash also contains Vitamin C, B Vitamins, Calcium, Magnesium and other nutrients.

BEHAVIORAL HEALTH

Bee Heard: Mental health IS health, pt. 1

Staff report
NATIVE CONNECTIONS PROGRAM

May is Mental Health Awareness Month and we here at the Behavioral Health Division of the Southern Ute Indian Tribe want to talk about what mental health is. Both articles this month will about mental health, signs and symptoms, and tips on how to balance all aspects of life so that you take care of your physical, emotional, spiritual, and mental wellness.

According to Mental Health America, there is roughly 1.2 percent of the United States that identify as American Indian or Alaskan Native, and of that 1.2 percent, 21 percent have had a diagnosable mental illness in the past year. Keep in mind, American Indians live all over this land and this percentage isn't just focused on reservations or communities. There are positive and negative factors that can affect our mental health and there could be an argument made that people living on reservations are at higher risk for experiencing mental health illness than those living off the reservation. Many factors such as family history, demographics, societal issues such as poverty and crime, historical trauma, access to mental health services, and overall attitudes or social norms play roles in how people react or deal with mental health illnesses. When it comes down to it, it doesn't matter where you're from or where you live, mental health is important, and we all have it.



What is Mental Health?

According to mentalhealth.gov, mental health includes our emotional, psychological, and social well-being. It affects our way of thinking, feeling, and acting. It also affects how we handle relationships with others, stress, and the choices we make. In our American Indian ways, mental health can be found in just about everything we do, everything we say, or what we are taught. It is found in teachings and rites of passage from a young age all the way to becoming an elder. It can be found in the beads we sew into our regalia and other items. It can be found in the thread and materials that are sewn into our beautiful handmade work. It can be found in the roots of plants we use for medicine, ceremonies, and food. It can be found in the dirt and in the air we breathe. If it's in all these things, it's in us too.

Mental health tip of the day.

Mother Earth is very important to us as Indigenous People. She takes care of us and guides us in our journey on this Earth. Sometimes we forget all that she supplies us with, and we forget to thank her and make offerings back to her. Take some time out of your day, especially if you feel stressed and overwhelmed, go to her and put your feet on the

ground or sit on the ground. Take a few deep breathes and recognize all the parts of your body feeling the ground. Pay attention to your thoughts. Ask yourself how you feel and why you feel that way. Release your feelings and ask that Mother Earth help you in releasing those feelings. Ask for guidance and strength from her. And know that it's okay to seek help and guidance from others. The Creator made us "The People", not the individuals. As the Ute People, let's help one another, and let's not be afraid to ask for help if we are struggling, feeling overwhelmed, feeling unhappy, or feeling down more often.

If you hurt your foot, you may not walk well until it heals. If you hurt your hand, you may not be able to fully use that hand until it heals. And as we get older, our bodies ache a little bit more and we get a little bit slower. That's okay because our bodies are aging. Our minds are that same way. If we have a heartache, experience a loss, or everything in life just keeps piling up, we can't function fully until we heal. So how do we heal our minds? Check out the next article for more information and tips on how to heal.

Want to help and be a part of the change?

Looking for community members and youth to join the Prevention Coalition tasked to reduce youth substance usage, eliminate mental health stigma and start the discussion around suicide and prevention.

Upcoming Prevention Coalition Meeting: until further notice no meetings are being scheduled. Contact Precious Collins, Native Connections Program Coordinator for more information 970-563-2487.

Upcoming Trainings: FREE online Suicide Prevention Training — Question, Persuade, Refer (QPR) for Southern Ute tribal employees and for Southern Ute tribal members. Please contact Precious Collins at 970-306-8131 or email prcollins@southernute-nsn.gov to sign up.



Local Resources

- **So. Ute Health Center:** Behavior Health 69 Capote Dr., Ignacio, CO, 970-563-4581. For local Native Americans. Call to schedule a counseling appointment.
- **So. Ute Social Services:** 116 Capote Dr., Ignacio, CO, 970-563-2331 for local Native Americans needing assistance with child welfare needs and family support.
- **St. Ignatius Catholic Church:** Pastor Cesar Arras, 14826 CO-172, Ignacio, CO 970-563-4241.
- **Ignacio Community Church:** Pastor Randall Haynes 405 Browning Ave., Ignacio, CO (currently located inside ELHI), 970-759-3633.
- **Second Wind Fund of the Four Corners:** Believes that every child and youth at risk of suicide should have access to the mental health treatment they need. We match children and youth at risk for suicide with licensed therapists in their communities, 720-962-0706.
- **Women's Resource Center:** Creates personal, social and professional growth opportunities for all women in La Plata County, 970-247-1242.

24/7 State & National Resources

- **Colorado Crisis Line:** 844-493-8255 or Text "TALK" to 38255. You'll immediately be put in contact with a trained counselor, ready to text with you about anything.
- **The National Suicide Prevention Lifeline:** Has both an online chat and 24/7 phone line at 1-800-273-8255 if you are thinking of suicide or need help for a loved one.
- **The Trevor Project:** Seeks to serve LGBT youth, has a 24/7 suicide prevention line at 866-488-7386.

Southern Ute Social Services

Child Abuse is paramount during this time, if you need to make a child abuse report please call Southern Ute Social Services at **970-563-KIDS** (5437). You can also reach Social Services through Southern Ute Dispatch at 970-563-4401.



We also understand mental health is important, if you need to speak to a licensed therapist, please call social services main line 970-563-2339.

Native Connections Program presents...

Free training for employees and tribal members of the Southern Ute Indian Tribe.

ONLINE SUICIDE PREVENTION TRAINING

The Native Connections Program has purchased 200 online licenses. Get trained in how to recognize when someone is in a crisis and how to get them help and resources. Training will be offered through the QPR Institute online platform.

Self-paced training:

- ✓ How to Question, Persuade and Refer someone who may be suicidal
- ✓ How to get help for yourself or learn more about preventing suicide
- ✓ The common causes of suicidal behavior
- ✓ The warning signs of suicide
- ✓ How to get help for someone in crisis



TO SIGN UP, CONTACT
PRECIOUS COLLINS
970-306-8131 OR
prcollins@southernute-nsn.gov

Southern Ute Indian Tribe
Vocational Rehabilitation Program

We are here and available for support via phone, fax, or email!



Monday – Friday, 8 a.m. – 5 p.m.

Phone: 970-563-4730
Fax: 970-563-4840

Email: brosa@southernute-nsn.gov



Making Change Work for You!



DOMESTIC VIOLENCE

StrongHearts Native Helpline partners with the Marigold Project

Staff report
STRONGHEARTS NATIVE HELPLINE

The Marigold Project has selected StrongHearts Native Helpline as a recipient of net proceeds from the sale of a special 7” vinyl album and downloads of Nathaniel Rateliff’s song “Willie’s Birthday Song,” a tribute to Willie Nelson.

The album will be available this summer exclusively at shop.nathanielrateliff.com/. The forthcoming 7” release will also include a duet by Rateliff and Willie as the A-side, which will at that time be available digitally. Listen, share and download the song here: <https://found.ee/NRWillies-BirthdaySong>

Founded by Denver-based musician, Rateliff, The Marigold Project supports community and nonprofit organizations working on issues of economic and social justice. The Marigold Project believes that all people deserve to be treated with respect. In order to move forward together, The Marigold Project seeks to fund strategies that solve problems caused by income inequality, boost civic engagement, spark creativity, offer equitable access to growing and eating good food, and encourage gender and racial justice.

“The work of StrongHearts is something both Nathaniel and Willie are hugely supportive of, and we hope to shine a light on their efforts,” said Executive Director of The Marigold Project Kari Nott.

StrongHearts Native Helpline (1-844-762-8483) is a culturally-appropriate domestic violence and dating violence helpline for Native Americans, available every day from 7 a.m. to 10 p.m. CT. StrongHearts advocates offer peer support and advocacy, education, safety planning, crisis intervention and referrals to Native centered domestic violence service providers.

“We are honored to be chosen as a beneficiary of this special project,” said StrongHearts Director Lori Jump (Sault Ste. Marie Tribe of Chippewa Indians).

MERCY, SJBPH INCREASE TESTING • FROM PAGE 1

of where our community stands in relation to the spread of this disease and helps us make appropriate decisions on how we move forward,” Jollon said. “The importance of increasing diagnostic testing in helping control this disease cannot be overstated.”

Any community member experiencing known COVID-19 symptoms can call 970-764-1790 to speak to a Centura Health Physicians Group (CHPG) medical professional to receive a testing order. Same-day, walk-in testing will be available with an order from the medical provider. The community COVID-19 testing program is open to all residents.

“The nationwide shortage of CDC-approved COVID-19 test kits has been well documented,” Mercy Regional Medical Center interim CEO Mike Murphy said. “At Mercy and across our Centura Health system, the focus in the weeks before COVID-19’s arrival in Colorado and in the weeks since has been to ensure adequate testing supplies, medical resources and surge capacity for our community’s most critically ill patients as well as for the health care providers and first responders providing care on the front lines of the pandemic.”

To date, Centura has followed CDC and CDPHE protocol in prioritizing testing for Tier 1 and Tier 2 patients. The new community COVID-19 testing program will allow us to add Tier 3 patients, meaning anyone with known symptoms of COVID-19 can be tested with a medical provider referral. Most test results should be returned within 24 to 48 hours.

“This is wonderful news for the community and this additional testing will give us a better picture of the COVID-19 activity in our area,” Jollon reiterated.

“Our priority, first and foremost, is to ensure the safety and wellbeing of our associates and our physicians at all times,” Murphy said. “For it is our caregivers that ensure we provide the compassionate care our community needs, and that our mission calls us to deliver.”

“Centura Health-Mercy is grateful for this opportunity to offer additional diagnostic testing to our community through collaborating with San Juan Basin Public Health,” Murphy emphasized. “Providing this additional testing allows Mercy to live out its mission by nurturing the health of the people in our communities in meeting this COVID-19 challenge.”

San Juan Basin Public Health is a local public health agency, governed by a seven-member local Board of Health, serving all residents of La Plata and Archuleta counties. For over 70 years, San Juan Basin Public Health has improved the health and environment of the Southwest Colorado community.

Symptomatic individuals can call 888-540-8924 to be screened for COVID-19 testing. Testing will occur at Mercy’s Horse Gulch location at 810 E 3rd St. in Durango, Colo. Patients need to enter on the 1st Floor of the building and proceed to the Garden Level for testing. Lab results should be available within 48-72 hours.

For the most up to date information, visit SJBPH’s website at: <https://sjbpublichealth.org/coronavirus/>

CORONAVIRUS

Supercharge your immune system to combat illness

By Dr. Nammy Patel, DDS
GREEN DENTISTRY

As COVID-19 has spread around the world, data has shown that those with weakened immune systems are among the most susceptible to severe illness from the virus.

A number of factors can cause a compromised immune system, and some of those, such as smoking, alcohol consumption, and poor nutrition, are largely in our control. At the same time, there are ways people can improve their immune system and in the process be better able to fight COVID-19, says Dr. Nammy Patel, DDS.

“COVID-19 is going to be with us for a while,” Dr. Patel says. “The reality is we need to focus on building our immune system, because the stronger it is, the better we are prepared to counter and get over any kind of virus.”

“This pandemic is a wakeup call in so many ways. A healthy lifestyle, reducing the chances of having an underlying condition that can make COVID-19 symptoms much worse, has gained added importance. And a strong immune system is our biggest ally. We need to take this time that we have as a society to slow down and focus on our well-being.”

Dr. Patel suggests these ways to build your immune system:

De-stress: “This is a very stressful time for all of us,” Dr. Patel says, “and stress is hard on the immune system. When your body perceives stress, the adrenal glands release the hormone cortisol, which causes your heart rate and your blood pressure to increase. When we’re hyper-stressed, our immune system’s ability to fight for us is reduced, and we’re more susceptible to infections. But to help yourself and your body, start with your mind and find ways to relax. We’re not going to be in this predicament forever. Be patient and be positive.”

Do morning breathing exercises: “Twenty minutes of breath work in the morning is time well spent,” Dr. Patel says. “Breathing through your nose is one of the most important things you can do for yourself.”

Cook with healthy spices: “Being home all the time takes away the fast-food excuse and makes it vital to cook clean,” Dr. Patel says. “Try cooking with mustard seed, turmeric, chili pepper, Thai chilies. These are great at building antioxidants in our body and killing off bad bacteria.”

Exercise daily: “Don’t let social distancing guidelines prevent you from getting necessary fresh air and exercise,” Dr. Patel says. “Keep your distance, yes, but keep a commitment to stay fit. A 20-minutes-or-more walk is ideal. That fresh air is filled with oxygen, the fuel we need to fight any bug. If indoors, yoga is great as a combination of activating the immune system and relaxing us internally. Doing 20 suryanamaskars – yoga poses – in your own home will activate your good-feeling hormones.”

“You can really take some control back in this unprecedented time by doing all you can to strengthen your mind and your immune system,” Dr. Patel says. “As you feel healthier and less stressed, you’ll come to the realization that you’re going to come out of this challenge better and stronger.”

SUPPORT GROUP FOR COVID-19 FRONTLINE WORKERS

four Thursdays in May: May 7, 14, 21, and 28
5-6 PM on Zoom

Led by
Lynne Rosenberg



Licensed Professional Counselor &
Licensed Addiction Counselor



Call Lynne Rosenberg at
(414) 315-0897 to register and with questions.
Limited to 8 people.

Thank you for your service!
Free For All Frontline Workers

Southern Ute Health Center Update

Due to the evolving **Covid 19 Outbreak** the Southern Ute Health Center has updated all operational hours.

The Southern Ute HEALTH CENTER, including DENTAL will be operating on reduced hours, until further notice.

DENTAL & HEALTH CENTER: Open from 7:30 a.m. – 1 p.m.
OPTOMETRY: Closed indefinitely.

The **HEALTH CENTER** is seeing patients in the outside tent area behind the Clinic for COVID-19 screening.
Urgent Care type appointments will be inside the Clinic.

Nursing Visits from 7:30 a.m. – 1:00 p.m. ONLY!
No Walk-ins Accepted!

All PATIENTS ARE REQUIRED TO CALL AHEAD FOR APPOINTMENTS, 970-563-4581.

DENTAL is seeing emergency appointments only and will pre-screen patients to determine urgency before scheduling and appointment.


PHARMACY hours will be from 7:30 a.m. to 1:00 pm – **Only Window** service will be offered, **there will be no pharmacy access inside the clinic.**

PSYCHIATRY visits will occur in the **Mouache Capote Building**; Patients will be called first to verify time of appointment; All other Specialty Medicine (Rheumatology, Neurophology) are postponed.

All **BEHAVIORAL HEALTH** Patients are treated by phone, no in-person or group meetings at this time.


How **YOU** can help **STOP** the spread of the COVID-19 Virus

SAN JUAN BASIN public health




STAY HOME

By staying home and removing exposure for yourself and to the public, the virus is denied the ability to spread.





WASH HANDS

The virus can live on surfaces for varying amounts of time. **PROPERLY WASHING HANDS FOR 20 FULL SECONDS WITH SOAP AND WATER** helps to protect you and those around you.



KEEP DISTANCE

Keeping at least a 6 FOOT DISTANCE from all people reduces the risk of transmission.



COVER NOSE AND MOUTH

SURGICAL MASKS TO BE SAVED FOR USE ONLY BY HEALTHCARE PROFESSIONALS AND THE SICK
If you **MUST** go out, a homemade cloth mask combined with a 6 foot distance can further reduce the risk of transmission to and from you. Ensure you **SAFELY** place and remove the mask and **WASH IMMEDIATELY AFTER EACH USE.**

It is possible to carry and transmit the virus without knowing and without having any symptoms. By consistently engaging in the behaviors above, you will help to prevent the virus from being transmitted to you, as well as preventing the virus from being transmitted from you to other family and community members.

Credit: Raj Chaudhuri

The Southern Ute Education Department Scholarship Program website is now available.

<https://sites.google.com/view/scholarship-program/home>

- Updates and Resources for students in higher education
- including links to news, academic resources and higher education department programming information.
- The site will be updated as new information and resources become available.



SUIMA

Academy announces closure for remainder of school year

Staff report

SOUTHERN UTE DEPARTMENT OF EDUCATION

The Southern Ute Indian Tribe is a sovereign nation with the Southern Ute Indian Montessori Indian Academy (SUIMA) following the direction of the Tribal Council. At this time, Tribal Council has declared that SUIMA will be closed for the remainder of the school year. All end-of-the year activities have been postponed (class to class transition, school to school transition, and our end-of-the year ceremony).

Lessons and activities will continue to be provided for all students through, and up to, the last scheduled in-class school day of the 2019-2020 school year, which will be Wednesday, May 20.

SUIMA staff will continue to stay in touch via email, phone calls, texts, REMIND's, virtual meetings, and any other way we can so that we are all staying connected. The



Jeremy Wade Shockley/SU Drum archive

SUIMA website will have our online programs (Ute Language, Freckle, Lexia, Renaissance, Splash Math, and Typing Club) continue to be accessible.

Staff will continue to monitor the online programs, checking on progress of the K-6th year students. For students and parents that are working on the online programs, completing their home-learning packets, and working on age-appropriate lessons that the teachers have sent out, this will be counted towards the Parent Commitment Contract.

We will update you re-

garding progress reports, next year's calendar, and obtaining enrollment information as soon as we can.

Remember to follow Tribal Council's Stay-At-Home order and continue practicing Social Distancing.

If you have any questions regarding COVID-19, please call the SUIT Call Center at 563-0214 or visit the following websites for up-to-date information: <https://www.cdc.gov/coronavirus/2019-ncov/index.html> or CDPHE website: <https://www.colorado.gov/pacific/cdphe/2019-novel-coronavirus>

SUIMA

From the Eagle's Nest

Good-parenting practices we really know

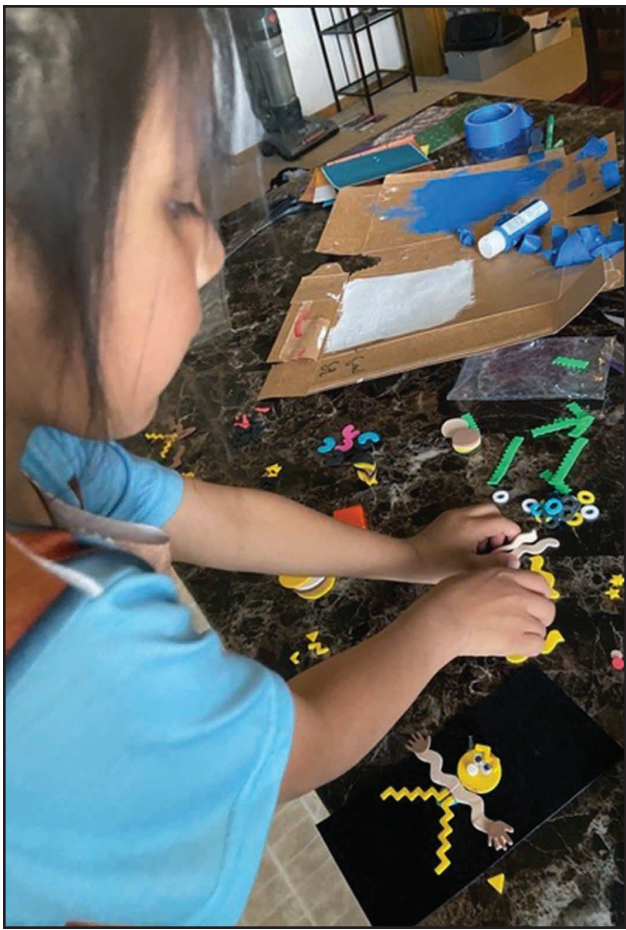
Staff report

SOUTHERN UTE INDIAN MONTESSORI INDIAN ACADEMY

As Southern Ute Indian Montessori Indian Academy (SUIMA) students continue to learn remotely from home, it helps to have a little reminder of all those good-parenting practices we really know, but sometimes forget in the day-to-day safety net of our homes.

Here is a list of some helpful tips as we all work through this stage in our lives called COVID-19:

- 1. Don't forget the basics:** Is your child getting enough sleep? Is he/she eating healthy? Keep bedtime calm and consistent.
- 2. Be consistently consistent:** Unrushed, regular routines provide comfort and security. Whenever possible make every effort to allow adequate time, stick to schedules and provide a routine, allow for unstructured play time. When things are out of the "norm,"



courtesy Candi Johnson

Amonnie Johnson digging worms during Craft Time. He made Forky, using shapes for the project.

prepare you child for what's to come.

- 3. Read! Read! Read!** Read together with

your children everyday. When the library and bookstores open up, take a visit. Make reading a pleasant and enjoyable experience.

- 4. Play games, tell jokes, and sing!** Put away the electronics and give your brain a real workout by playing a game of Candy Land!
- 5. Give the gift of gab:** Our children learn words and language through listening to us. Even though it might be happening as we are all staying safe in our homes, talk to your children at every, and any, opportunity. When you are in your car, talk about what you are seeing out the window. You may feel silly doing this but remember that you are giving your child the precious gift of language and a rich vocabulary.
- 6. It's okay to give hugs!** At this time, your children may need a little more cuddle time with you.



courtesy Rhiannon Velasquez

Tempted not eat the soup, Sage Velasquez makes her own version of Alphabet Soup.



PCC-SW is offering virtual summer and fall registration through our upcoming Enrollment Nights. Virtual advisors will be available live to answer questions, help students apply for admission, inquire about programs, and to help students register for classes. Please visit, <https://www.pueblocc.edu/Remote/> to schedule a virtual advising session and to see available dates and times: upcoming sessions.

Scholarships are available for the 2020-2021 academic year



Southern Ute Scholarship Program

Certificate, Associate, Bachelors, Masters or Doctorate

- Deadline for completed full-time applications is July 1st 2020
- Part-time scholarships are also available-Due 30 days prior to start of school term.
- Scholarships can be accessed on-line. Call or E-mail for password

Southern Ute Education Department
330 Burns Ave. Ignacio, CO 81137



Michael Kirsch-Academic Advisor
970-563-0237 ext. 2783
E-mail: mkirsch@southernute-nsn.gov

Southern Ute Education Department

Online Educational Resources

The Southern Ute Education Department has compiled an abundance of online education resources or you, the membership! We have organized a variety of resources for adult learners, youth, parents and even wellness. Resources will be updated and added every Wednesday.

Please use this resource to learn while you and your family are at home. Take the opportunity to strengthen your knowledge in financial literacy, business writing, GED math, or resume writing. Use this resource to connect your student to educational games, literacy, math and social studies resources. Or, look at the wellness resources to manage stress during an uncertain time

You can access these resources on our website in "Online resources" at <https://www.southernute-nsn.gov/education/>

Thank you, and we hope this supports your education at a distance.

SOUTHERN UTE EDUCATION DEPARTMENT

Nominations For Annual Elbert J. Floyd Award

Nominations are now being accepted for the annual Elbert J. Floyd Award.

Eligibility requirements for recipients of the Elbert J. Floyd Award are:

1. A Tribal member of the Southern Ute Indian Tribe
2. Deserving
3. A student of any age, formally enrolled in an education program, at any level, or someone planning immediate enrollment in such a program
4. Interested in continuing his or her education
5. Interested in serving the Tribe and the community
6. Approved by the Department of Education

An eligible recipient need not be living on the Southern Ute Indian Reservation at time of the nomination and but be available to return to the Tribe to receive the award in person.

Any teacher, Tribal member or other interested person may nominate and submit a letter of an eligible recipient for the Elbert J. Floyd Award to the Department of Education of the Southern Ute Indian Tribe.

Nomination must be submitted in writing to Ellen S. Baker at the Southern Ute Education Department by **5 p.m. on Friday, May 20, 2020** and shall state the basis for the nomination. Or email the letter to esbaker@southernute-nsn.gov for more information call 970-563-0235.

The selection of the recipient will be made by a committee of two members consisting of the Chairman of the Southern Ute Indian Tribe and Vice-Chairman of the Southern Ute Indian Tribe.

This annual award is in memory of Elbert J. Floyd and is presented by Mr. Floyd's children and grandchildren to a deserving Southern Ute student.



Sage family walk for MMIW



photos courtesy Kristi Sage

Chairman Christine Sage and Jr. Miss Southern Ute joined the 2nd Annual MMIWG2S+ Run/Walk along with members of their immediate family, Tuesday, May 5. The virtual event was hosted by the Grand Prairie Friendship Center & Hug A Sister, encouraging participants to honor and bring awareness for Missing & Murdered Indigenous Women & Girls while still social distancing.



Southern Ute Chairman Christine Sage and her daughter, Kristi Sage take a selfie together in red following the 5K walk. Anyone can show their support and participation in this virtual event by posting to social media and using the hashtag #SisterRockRunWalk and wear red to honor MMIWG.



Jr. Miss Southern, Autumn Sage joined in the virtual event encouraged participation in the 2nd annual 5K walk/run acknowledging the National Day of Awareness for Missing & Murdered Indigenous Women & Girls.

TRIBAL COURT COVID-19 ORDER • FROM PAGE 2

Parties may present agreed orders for release of in-custody defendants, which should be presented to the court without the need of a hearing.

If a hearing is required for a vulnerable or at-risk person, the court shall schedule a hearing, which shall be expedited with due consideration of the rights of witnesses and victims to participate in a safe environment.

The courts will utilize Webex, Zoom or telephonic hearings for any scheduled criminal hearings, unless impossible. For all critical stages and hearings, courts shall provide a means for the defendant to have the opportunity for private and continual discussion with his or her attorney. Webex, Zoom, or Telephonic hearings must be recorded and preserved for the record.

For civil protection orders, the Court finds “good cause” to extend an initial temporary protection order beyond the 14 days within which to hold the permanent protection order, pursuant to the SUIT §2-2-103(5). The Court shall further allow for service on the Defendant by way of mail, rather than personal service. This provision does not relieve the prosecution of proving a knowing violation of such an order. Good cause exists to extend any temporary ex parte orders beyond the initial period until a hearing can be held in a safe environment for the plaintiff, defendant and witnesses.

The presiding judges will allow the prosecutor and defense counsel to stipulate that when nothing of substance will occur at a scheduled hearing, then the defense attorney may appear in court or telephonically in lieu of the defendant’s appearance without prior court order.

If, upon motion in a criminal case, a criminal defendant who has a compromised immune system or is over the age of 55, the court shall attempt to continue the defendant’s case to later date to minimize health risks.

essential services to the public and we will endeavor to maintain operations to the fullest extent possible, while protecting the Southern Ute Tribal community, employees, and litigants. We understand there is concern about the COVID-19 virus and so we are requiring that you PLEASE NOT COME TO THE COURTHOUSE, PROBATION, OR FAMILY COURT SUPPORT OFFICE if: (1) you have been diagnosed with COVID-19 and you have not received a subsequent test confirming you are currently virus-free; (2) you have been in direct contact with someone who has been diagnosed with COVID-19 within the past fourteen days; (3) you are experiencing a fever, cough, shortness of breath, or any other respiratory illness symptom. If any of these three criteria apply please call the clerk’s office at 970.563.0240 to reschedule your court date or request to appear by telephone if you are not represented by an attorney, or contact your attorney to file a request for a continuance or a telephone appearance. If you are a witness in a case, please contact the attorney or party issuing the subpoena to explain the circumstances and discuss the available options. If you are summoned to report for jury duty, please call the court to request an excuse. Please call the probation department or family court support office to reschedule any appointment if any of the three listed criteria apply to you.

Until further notice, the court will permit and require (as directed by the Southern Ute Tribe) persons to wear surgical masks and gloves in court. It is also permissible to bring small plastic containers of hand sanitizer into court and its probation and family court support offices. Please remit any criminal or traffic payments using the Tribal Court’s online payment system found at www.citepayusa.com.

This administrative order shall remain in effect until further order of the Court.

NOTICE TO THE PUBLIC

The clerk of the court shall post the following notice at the entrance of the Justice Building and other locations in the courthouse:

The Southern Ute Tribal Court provides

DONE AND SIGNED THIS SIXTH DAY OF MAY, 2020.

M. SCOTT MOORE
CHIEF JUDGE,
SOUTHERN UTE TRIBE

Over 50 years of publishing!

THE SOUTHERN UTE DRUM

The news of the Southern Utes.
Advertise in your newspaper call 970-563-0118!

There’s lots to learn

You’ve got this!
with a free personal nurse
that can give you the support, advice and information you need as a new mom, pregnant with your first baby.

SAN JUAN BASIN public health

Contact Us
CALL(970) 335-2061
TEXT(970) 317-4840
sjbpublichealth.org

Nurse-Family Partnership
Helping First-Time Parents Succeed

Notice from The Southern Ute Drum

NOTE, DUE TO COVID-19: The print edition of the newspaper will be temporarily suspended due to closures and circumstances surrounding public safety, and the welfare of our staff. The newspaper will continue to be published electronically, and will be available as an e-Edition (PDF <https://www.sudrum.com/eEditions/>) and online: www.sudrum.com. The Southern Ute Drum will adhere to the publication schedules and deadlines for 2020, in order to get relevant news and information out to the Southern Ute tribal membership, tribal departments and community in the best, and most efficient, way possible going forward!

Thank you,
Jeremy Wade Shockley,
Editor/Media Manager, The Southern Ute Drum

Southern Ute Tribal Elder Carbon Monoxide Program

To order detector contact
Randi Rock
Tribal Housing
970.563.4710
285 Lakin St.

To schedule installation contact
Polly Blakenship
Construction Services
970.563.2500
270 Hwy 151

Tribal Housing is currently working in collaboration with the Executive Office to ensure the health and well-being of the Southern Ute Tribal Elders by purchasing a home carbon-monoxide detector for the primary residence of the Tribal Elder.

Tribal Elders (both on and off-reservation) who wish to participate in this program should contact Tribal Housing. Tribal Elders who reside on the reservation have the choice to install the carbon monoxide detector on their own or contact Construction Services to schedule an install date. Tribal Elders who reside off-reservation should contact Tribal Housing to verify their address for the carbon monoxide detector to be mailed directly to their residence.

Safety Tips

Signs of Carbon Monoxide Poisoning
Headache, nausea, vomiting, fatigue, confusion, drowsiness, increased heart rate, unconsciousness, convulsions, cardio-respiratory failure, and death.

Warning Signs of a Carbon Monoxide Leak
Yellow or orange flames, rather than blue.
Dark stains on/around appliances.
Increase condensation around windows.
Pilot lights that frequently blow out.

In the event of an Emergency
Immediately leave the home and dial 911 for assistance. Do not return to the home until emergency responders have authorized you to do so.
SUPD - 970.564.4401

Mutual Aid helps locals



photos Trennie Collins/SU Drum

Ignacio COVID Mutual Aid volunteers, Judith Johnson and Precious Collins, load 2020 Census bags full of potatoes and onions donated from the Ute Mountain Ute Indian Tribe.



Cars lined up around ELHI Community Center on Saturday, May 2, waiting to get free food and supplies from Ignacio COVID Mutual Aid.

Mary Silas watches as Velma Armijo places food items into the back of her vehicle. Ignacio COVID Mutual Aid offers a free supply drive every Saturday at the ELHI Community Center beginning at 10 a.m., you can also find updates on the ELHI Facebook page.

PROPOSED CENSUS EXTENSION • FROM PAGE 3

2020 Census questionnaire directly from Bureau staff visiting their communities.

The impact of the US Census Bureau's suspension of field operations on Indian Country is profound. While the national response self-response rate is over 48 percent, the self-response rates in many tribal areas that depend on in-person enumeration are in the low single-digits

- Fort Apache Reservation (Arizona) – self-response rate of 1.7 percent;
- Crow Reservation (Montana) – self-response rate of 2.3 percent;
- Pine Ridge Reservation (South Dakota) – self-response rate of 2.9 percent;
- Acoma Pueblo (New Mexico) – self-response rate of 3.7 percent;
- Pala Reservation (California) – self-response rate of 4.4 percent; and
- Turtle Mountain Reservation (North Dakota) – self-response rate of

4.9 percent.

“The COVID-19 pandemic is having an unprecedented impact on efforts to get a complete count in Indian Country,” said NARF Staff Attorney Natalie Landreth. “Native Americans living on tribal lands had an undercount of at least 4.9 percent in 2010, the highest of any population group. If Bureau staff and their national and tribal partners do not have sufficient time to complete the count of urban Natives and those living on reservations, entire tribal nations could virtually disappear. That will cost tribes and the state and local communities, where they are located, billions of dollars in lost federal funding, and deprive AI/ANs of their constitutional right to vote.”

“Following safety guidelines in the wake of COVID-19 and having a full and accurate count in the 2020 Census should not be mutually exclusive. We call on Congress to en-

sure tribal nations are not forgotten nor left behind,” said NCAI CEO Kevin Allis. “The data collected from the 2020 Census will inform the formulas used to determine funding and political representation that will be crucial to tribal communities moving forward as we recover from the COVID-19 pandemic. For too long, Indian Country has been undercounted, underfunded, and underrepresented. We hope that this extension will allow enough time for field operations to resume and safely provide the in-person enumeration that is essential to a full and accurate count of AI/ANs in this country.”

NCAI and NARF encourage Members of Congress to work with the US Census Bureau and provide the Bureau with the legal authority to extend 2020 Census Operations by 120 days. In a time of crisis, we must all unite to ensure that all Americans, including AI/ANs, are counted.

TRIBAL INFORMATION SERVICES NOTICE VITAL STATISTICS OFFICE

Tribal Membership – I hope you are all staying safe, healthy, and in good spirits. Due to the current COVID-19 pandemic, the Southern Ute Vital Statistics office has modified how services are provided to the membership. Office hours are Monday, Wednesday, and Friday from 8 a.m. to 12 p.m. I will also be available on Tuesday and Thursday from 8 a.m. to 12 p.m. and Monday through Friday from 1 p.m. to 5 p.m. **via email and voicemail only.** Information contained in this letter will provide you with a list of available services you may request by calling my direct line, via email, or mail.

Please include your full name, census number and birthdate with all requests.

Address Changes be sure to include all tribal dependents and Tribal Members residing at the address and indicate whether you would like to receive Tribal Council minutes. Please take this time to update your physical, mailing, and email address as well as your emergency contact and phone numbers.

Verification Letters please include your current physical and mailing address.

Vehicle Tax Forms when requesting tax forms please include your current physical and mailing address, the year, make, model, and Vehicle Identification Number (VIN).

- Tax forms are not required for mobile home purchases.

Certificate of Indian Blood (CIB)

Sales Tax Exemption Form/Letter are available for large purchases delivered to the reservation.

Descendancy Letters will be issued after receiving birth certificate(s) proving lineal descendancy of Tribal Member parents or grandparents.

Enrollment Requests applications will be made available via email and mail. You may return original notarized applications to the Central Shipping & Receiving building, mailbox #17, during designated business hours or through regular mail. Please complete entire application, incomplete applications will be returned. Applications requiring DNA

testing will be processed based on the availability of the testing facility.

Notary Public Services please call prior to your arrival and wait in your vehicle, notary services are available during designated business hours.

Tribal Identification Cards Tribal IDs **will not** be issued in person and all fees **must** be paid prior to issuing a new ID. If you do not have a photo on file or need to update an existing photo, please email a photo with your request. All requests will be processed, and IDs issued and mailed during designated business hours. The first Tribal ID card is free with each replacement card increasing in \$10 increments. Please leave a number to be notified of your fee. Payments may be made by cashier's check, money order or by calling 970-563-0110, the cashier is available to assist you from 8 a.m. to 12 p.m., Wednesday and Friday.

Copies of Birth Certificates/Social Security cards all requests will be emailed, faxed, or mailed during designated business hours.

Please include your full name, census number and birthdate with all requests.

The safety of the Tribal Membership is our highest priority and we strive to maintain and provide necessary services during this time. We ask that you please take all necessary precautions to further prevent exposure to our members and communities. Please take care of each other during these times and may creator continue to protect and bless you in the coming days.

Additional info: Heather Frost, Vital Statistics Clerk, P.O. Box 737 #17, 398 Ouray Dr., Ignacio, CO 81137
Ph: 970-563-2248; Fax: 970-563-4823
hefrost@southernute-nsn.gov



OFFICE HOURS

OFFICE DAYS

**Monday
Wednesday
Friday
8am – 12 PM**

**Mail run – 10:30am Monday, Wednesday, and Friday
CSR Access – 8am-12pm Monday, Wednesday, Friday**

AVAILABLE BY EMAIL/VOICEMAIL

**Monday-Friday
8am-5pm**

Please drop off all OUTGOING mail in the TIS office bin by 10am Monday, Wednesday, Friday.

TIS is not responsible for the content of distributed information. Please proofread all flyers prior to submittal in PDF format

CONTACT US

**970-563-0100
Fax: 970-563-4823
Dial extension or 0 to connect to a live voice.**

EDNA FROST

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UTES COUNT

Help the Southern Ute Indian Tribe be #1 in Indian Country!

The Southern Ute Indian Tribe is **4th** in Tribal Self Responses in our Region! Take the challenge to complete the 2020 Census & encourage others to do so too! Let's be **#1** in Indian Country! After you or a loved one complete the 2020 Census, post a photo to social media & use the hashtags **#UtesCount2020** **#IndianCountryCounts** & share why being counted is important to you! To fill out your form online, go to www.2020census.gov



Photo Credit | Jeremy Wade Shockley, Southern Ute Drum Created & Published by Lindsey J. Bice

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Advertise in your newspaper call 970-563-0118!**



GARDENING

How to read seed packets

By Denee Bex
SPECIAL TO THE DRUM

The month of May is full of promise! Now is the time to choose what warm-weather veggies you would like to grow if you haven’t already. For me, I have been planning this moment for months! So, if you are ready to plant, here are a few tips and things you need to know and when reading a seed packet.

Plant Name: The name will be displayed prominently on the front and sometimes may include the Latin name of the variety of plant.

Cover Photo: This is important to look at because it shows you how the vegetable looks, how big the vegetables are, and the size of the plants. This can help you determine the way you place your plants.

Open-pollinated, heirloom, or hybrid: Confused by this? This just tells you the heritage of the plant and how long this type of plant has been around. Open-pollinated means seeds that have been stabilized over time (years or decades) and “breed true”. Heirlooms, while hotly debated, are just those open-pollinated seeds that have been around for decades longer. Some define it as those vegetable varieties that were planted before World War II. Hybrid are the newer types of varieties where the grower cross-pollinated two varieties to take the best features of each, such as disease and pest resistance, and drought tolerance.

Packed for and sell by date: This date tells you when the seeds were grown and packaged. Sometimes it states, “to be used for (insert year)”, but I take this with a grain of salt. Seeds can last years provided they are stored correctly, out of sunlight and are kept dry and cool. Nurseries and garden centers sometimes sell last year’s lot on sale and this is the best way to get seeds for cheap.

Annual or perennial?: Annual means you plant the seed, it grows, and dies in the same year. Some examples are tomatoes, peppers, corn, melons and squash. Perennial means you plant the seed it grows, dies back, and comes back in the spring and year



Denee Bex/Special to the Drum

Now is the time to choose what warm-weather veggies you would like to grow. If you are ready to plant, know what you’re reading on a seed packet.

after year. Some examples are strawberries, asparagus, and artichokes, and all fruit trees.

Planting depth: When you plant the seed, it can range from just spreading on top of the soil to an inch. Generally, you can plant the seed down about the diameter size of the seed, but usually I don’t worry about it too much. It is easy to plant too deep, so err on the side of shallow, but be sure to keep the soil moist so it doesn’t dry out and stop germination.

Thin to: This tells you the final spacing between plants. It is good to plant a little more seed than you need just in case some don’t pop up, but over time the seedlings can compete for water and nutrients. Close spacing will also affect the performance of the vegetable and can result in stunted plants.

Height: The height of the mature plant can tell you if you might need to trellis it and where to plant it. It’s good to plant taller plant on the north side of a bed and the smaller ones on the south. This ensures the tall ones don’t shade out the smaller ones.

Sun or shade?: Some veggies like a lot of sun,

while other can get by with a few hours. This will help you decide where you plant and how. For example, I use the shade of some taller plants to protect my shade-loving plants. I currently have a bed of sugar snap peas interplanted with lettuce and other years I’ve planted cilantro at the bottom of my tomato plants.

Days to germination: This indicates how soon you should expect the seeds to pop out of the soil.

Maturity: This indicates when the plant is fully grown and how soon you should expect to be eating your harvest.

Direct sow or start indoors: Both have pros and cons. With direct sowing, you don’t have to worry about the extra cost of seed starting materials. However, with starting indoors you can get an early start on your growing season. This is especially important for plants that take a long time to mature, such as peppers, eggplants, and tomatoes.

If seed packets have you confused, fear not! Now you have the knowledge you need to read them with confidence.

Expressions through art



photos Robert L. Ortiz/SU Drum

Dancing Spirit Community Arts Center’s Executive Director, Kasey Correia, transformed a corner on Ignacio’s main street into the Community Art Corner, as a Dancing Spirit art project. The wall of art invites local artists to express themselves – in a positive manner – for all to see. The downtown art can be seen at the intersection of Goddard Ave. and Empire Street. A “Little Library” is also located at the intersection. Please take sterilization precautions and care when reading the books.

Dancing Spirit Arts Center in collaboration with Pine River Shares (PRS) has included art kits in each of the meal boxes handed out by PRS at the Ignacio High School on Tuesdays. “Kids are being impacted by this epidemic, they need a creative outlet,” said Kasey Correia. Dancing Spirit is asking for donations of glue, crayons, chalk, etc. to keep providing the art kits. “Art is therapeutic,” expressed Correia.



NEWS LITERACY DURING COVID-19 • FROM PAGE 1

the need to identify and stop the spread of false information has gained widespread attention.

Pulitzer Prize-winning journalist, Alan Miller, founded The News Literacy Project (NLP) to educate students on the importance of accuracy in news and journalism. Miller saw education as the answer to advocating better news literacy.

News literacy skills have never been more urgently needed according to the NLP website.

“News today comes from many directions – often in packaging that is confusing, if not downright contradictory. Even the most sophisticated audiences find it increasingly difficult to distinguish between legitimate news – information gathered in a dispassionate search for truth – and materials that are created to persuade, sell, mislead or exploit,” according to a statement published by the NLP.

The NLP’s mission reiterates the importance of education in the following affirmation – “News literacy teaches that all information is not created equal. It helps young people use the aspirational standards of quality journalism to determine what they should trust, share and act on.”

“We all have our biases,” said Kircher. “It’s a matter of how open we are to change our way of thinking. If we’re presented with new evidence contradicting what we once believed, are we willing to accept it? To at least look at it with an open mind?”

“In spite of all this, we do live in the age of information. Everything you might like to know can be found out easily enough with that amazing tiny computer in your back pocket. It can be frustrating and time consuming, but ultimately people do have the ability to learn the truth,” said Kircher, “The question is do they have the

will to learn the truth?”

How to identify and stop the spread of fake news:

- Read articles from trusted news sources such as The New York Times, NPR, Denver Post, The Washington Post, The Guardian, The BBC or your regional newspapers.
- Dig deeper: read the full the story before sharing it.
- Remember that headlines can be intentionally misleading.
- Be aware of overly sensational headlines.
- Be aware of websites with an obvious advertising agenda. Fake news is often used to generate website traffic.
- Double-check the date for published articles to insure they are current.
- Verify author by-lines for reporting and photography to insure credibility.
- Cross-reference a story with reliable sources if it seems fake or suspicious.

BRIGGS NAMED FOR INTERNSHIP • FROM PAGE 1

working for the Southern Ute Indian Tribe as a Tribal Liaison. Focused on cultural preservation, he worked extensively with government and tribal agencies in Colorado, Utah, and New Mexico to document and preserve Ute ancestral sites and to repatriate and protect ancestors. In the future, Briggs plans to obtain his Juris Doctorate and work for the Tribe as a lawyer specializing in the protection of Ute heritage.

Udall Interns are placed in Senate, House, and Federal agency offices in Washington, D.C., for an intensive nine-week summer program. Additional professional development and enrichment activities are hosted throughout the internship program and provide opportunities for the Udall Interns to meet and network with key decision makers.

However, in response to the COVID-19 pandemic, the Udall Foundation and NNI have made the difficult decision to cancel the 2020

Udall Internship program. As a result, all of the 2020 Udall Interns have been offered spots in the 2021 program. In the interim, staff from the Udall Foundation and NNI are working together to provide the 2020 Udall Interns with online professional development and networking opportunities to keep the class connected and supported.

From 1996 through 2019, 278 Native American and Alaska Native students from 124 Tribes have participated in the Native American Congressional Internship program.

The Udall Foundation’s Native American Congressional Internship Program, funded and comanaged by NNI, provides Native American and Alaska Native undergraduate, graduate, and law students with the opportunity to gain practical experience with the Federal legislative process in order to understand firsthand the government-to-government

relationship between Tribes and the Federal Government.

The Udall Foundation was established by Congress in 1992 as an independent executive branch agency to honor Morris K. Udall’s lasting impact on this Nation’s environment, public lands, and natural resources, and his support of the rights and self-governance of Native Americans and Alaska Natives. In 2009, Congress enacted legislation to honor Stewart L. Udall and add his name to the Udall Foundation. For more information, visit udall.gov.

NNI was founded in 2001 by the Udall Foundation and the University of Arizona as a self-determination, governance, and development resource for Native Nations. For more information, visit nni.arizona.edu.

For additional information about the Native Nations Institute and the Udall Internship program, please contact Mona Nozhackum at nozhackum@arizona.edu

T-Shirt Design Contest

Winner will receive a shirt and iPad!

GUIDELINES

- Club members ONLY
- Must include one of the taglines in any form
 - “A place to become...”
 - “Great Futures Start Here”
 - “Whatever It Takes to Build Great Futures”
- Must include the year
- Final T-shirt will be a maximum of three ink colors, including black
- T-shirt fabric can be any color so consider that in your design
- Design for the back of shirt only
- Design must be sent in Jpeg format.
- Multiple designs may be submitted but must be submitted separately

Designs can be sent to:

trisanchez@southernute-nsn.gov

Submission Deadline: May 22nd



SOVERIGNTY

White House re-establishes council on Native American Affairs

To support inter-agency coordination in Indian Country

U.S. Department of Interior
STAFF REPORT

On Tuesday, April 28, the White House, in conjunction with U.S. Secretary of the Interior David L. Bernhardt, re-established the White House Council on Native American Affairs under Executive Order 13647. The White House Council on Native American Affairs will continue the important inter-agency coordination of the Indian Country COVID-19 Response Team assembled by the White House in early March.

In addition to leading COVID-19 inter-agency response coordination with Indian Country, the Council will help drive Administration policy priorities supporting Indian Country, including economic development and rural prosperity, energy development, infrastructure, public health, cultural resources, public safety, veterans' affairs and education and workforce development.

As of Monday, May 4, Tyler Fish will be detailed to the position of Executive Director of the Council. In this position, Fish will continue to coordinate inter-agency collaboration on policy matters important to Indian Country and will serve as a



U.S. Dept. of the Interior

key liaison to Indian Country for the Administration, formalizing and elevating the work Fish did as the Tribal Liaison in the White House Office of Intergovernmental Affairs since July 2019.

"Indian Affairs is proud to support the White House Council on Native American Affairs, which will help the Administration be even more responsive to Indian Country and effective in partnering with it" said Assistant Secretary for Indian Affairs Tara Sweeney. "We are looking forward to partnering with Tyler, whose proven leadership and legacy of bridge building throughout the federal government is meaningful and beneficial for all of us in the Administration, Indian Country and Alaska Native communities."

"Tyler has provided great

leadership in driving collaboration with tribal leaders across the Nation and helped advance important missions including COVID-19 coordination and action on the issue of Missing and Murdered Native Americans," said Doug Hoelscher, Deputy Assistant to the President and Director, White House Intergovernmental Affairs. "This next step in Tyler's career will elevate his ability to be an invaluable collaboration leader for all of Indian Country and the Trump Administration."

The Council is chaired by the Secretary of the Interior and includes major executive agencies and senior White House leadership. The Council was established to provide improved coordination of federal programs and the use of resources available to tribal communities.

FOREST SERVICE

Fire Incident 76 update: Fire managers prepare for increased fire danger

Staff report
U.S. DEPARTMENT OF AGRICULTURE

A small fire, incident 76, on the Columbine Ranger District began on Monday, May 4, around 4 p.m. It is located northwest of the Forest Lakes subdivision on Bureau of Land Management land the San Juan National Forest has suppression responsibility over.

Fire investigators are on scene to determine the cause. It is approximately .65 acres in size. Fire lines held overnight, and crews continue to secure and mop-up the fire with helicopter support.

Fire danger on the San Juan National Forest is high. Fire managers are preparing for increased fire danger with Red Flag warnings issued for dry fuels and gusty winds as hot conditions continue. Forest visitors can do their part to help by preventing human caused fires and following these guidelines:

- No fires or smoking outside is allowed. Fire restrictions are currently in effect (order).
- Practice proper vehicle maintenance, ensuring that tow chains are secured, and vehicles have no dragging parts – dragging chains along the ground can spark fires. Check your tire pressure and properly maintain your brakes.
- When target shooting, take precautions: place your target on dirt or gravel, switch to paper targets, and bring a shovel and fire extinguisher.

REMEMBER: Incendiary targets/exploding ammunition are illegal on ALL Federal lands.

- Report any fires by calling 911.

Smoke from the fire may be visible to the surrounding Forest Lakes subdivision, Bayfield community, and County Road 501. Wildfire smoke may affect your health.

For more information, please go to: <https://www.colorado.gov/pacific/cdphe/wood-smoke-and-health>. For information on wildfires and fire restrictions on the San Juan National Forest, call 970-247-4874, or visit the Forest website at: <https://www.fs.usda.gov/sanjuan/>

Wild Turkey



Jeremy Wade Shockley/SU Drum

A Merriam's wild turkey is seen foraging for food in the wooded areas surrounding the Vallecito Valley on Tuesday, May 5. An early spring and unseasonably warmer weather brought about an abundance of wildlife activity in Southwest Colorado. These wild turkeys are primarily found in open meadows and in ponderosa, oak brush and pinion juniper stands, often traveling in large groups or flocks.

Payroll & Tribal Distribution Checks Notice

With the closure of the Sky Ute Casino Resort due to COVID-19, the tribal membership and tribal staff will be unable to utilize the Casino's Cashier Window to cash checks. The Tribe has confirmed that the local **Wells Fargo bank will be open from 9:30 a.m. until 4:00 p.m.** to provide this services to tribal members and tribal staff, even if they do not bank with this financial institution. Wells Fargo has modified their operation to **drive-thru banking only**. Staff will need to provide two forms of identification to perform these types of transactions. **Please make appropriate plans for payroll and dividend distributions.** The Sky Ute Casino Resort management would like to offer their apologies for this inconvenience, but believes the health and safety of the tribal membership and tribal staff is best served by this decision.



BRUNOT RARE GAME PERMITS

- 2 Bighorn Sheep
- 2 Mountain Goat
- 2 Moose

All applications must be received, or post-marked, by the Wildlife Division during the month of May. Applicants will be notified of drawing results in June.

How to apply:

1. Call the Wildlife Office at (970) 563-0130 to pick up an application/or
2. Go to the Southern Ute Hunting website below and download the application.
Mail- SUIT Wildlife Division
ATTN: Rare Game Application
PO BOX 737, Ignacio, 81137
or Email: npearson@southernute-nsn.gov

<https://www.southernute-nsn.gov/natural-resources/wildlife-resource-management/hunting/>



Southern Ute Indian Tribe Dept. of Natural Resources

Tribal Turkey Hunting Tags and Bison Meat are available to enrolled Southern Ute Tribal Members through Department of Natural Resources, Wildlife Division. Tribal Members will need to provide their tribal identification card

Call for appointment - 970.563.0130

Office Hours
Tuesdays & Thursdays from 8:00 a.m. until 12:00 p.m.

Designed & Published by Lindsay J. Box



Closure



Due to COVID-19, access to Lake Capote at this time is open only to enrolled Southern Ute Tribal Members and their immediate family.

All visitors must check-in at the Baitshop window for permitting. Please continue to practice social distancing while visiting Lake Capote and stay 6 feet away from others. Also, please note the following:

- Fishing has been restricted to shoreline and docks. No boating allowed at this time.
- Camping is permitted but restrooms/showers are not available, but lakeside outhouses are open.
- The Baitshop is closed to foot traffic, but limited sales are available through the window.

Modified Schedule Until Further Notice
Thursday - Friday - Saturday - Sunday
Baitshop Service Hours: Sunrise to Sunset

If you have questions, please call the Lake Manager at 970.883.2273 or the Southern Ute Wildlife Division at 970.563.0130. Thank you for understanding.

CORONAVIRUS

Face covering requirements for all tribal entity employees in Colo.

Staff Report
SOUTHERN UTE INCIDENT
MANAGEMENT TEAM

PURPOSE

Face coverings can help reduce the spread of COVID-19. The requirements in this memorandum are intended to minimize health risks to tribal employees and the community while maintaining critical business operations and services.

SCOPE

All tribal and tribal entity employees working in the State of Colo. (“employees”) shall comply with the face covering requirements in this memorandum. This requirement is effective immediately and until further notice.

REQUIREMENTS

All employees shall wear face coverings while working and in the presence of other people. Face coverings must cover your nose

and mouth. Face coverings can be a medical face covering, such as a surgical mask, or a non-medical face-covering, such as a homemade face covering or bandana.

Employees must wear face coverings when in close proximity with the general public, other employees, or contractors, including when those interactions occur out-of-state. Employees must wear face coverings while working inside and outside. Employees working alone (at home, in an office, in a vehicle, or in the field) are permitted to be without a face covering. Employees are still required to follow social distancing protocols, such as maintaining six feet of distance between people whenever possible.

Nothing in this memo should be construed to prevent employees from wearing a surgical-grade mask or other, more protective face covering to cover the nose and mouth if that type of

mask or more protective face covering is required because of the nature of the work performed.

SUPPLIES

In order to preserve valuable and hard to get resources, employees are encouraged to use their own face coverings that they are already using for daily living. When supplies are available, face coverings will be provided by the Tribe for employees who do not have their own face coverings and who will be in close contact with the public, other employees, vendors or contractors. The user of a face covering provided by the Southern Ute Indian Tribe acknowledges and understands that it is not a medical device and may not offer the same protection as a medically approved or certified mask.

INFORMATION

See helpful guide on face coverings on page 11.

Use of Cloth Face Coverings to Help Slow the Spread of COVID-19

How to Wear Cloth Face Coverings

Cloth face coverings should—

- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape

CDC on Homemade Cloth Face Coverings

CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), **especially** in areas of significant community-based transmission.

CDC also advises the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure.

Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the cloth face covering without assistance.

The cloth face coverings recommended are not surgical masks or N-95 respirators. Those are critical supplies that must continue to be reserved for healthcare workers and other medical first responders, as recommended by current CDC guidance.

Should cloth face coverings be washed or otherwise cleaned regularly? How regularly?

Yes. They should be routinely washed depending on the frequency of use.

How does one safely sterilize/clean a cloth face covering?

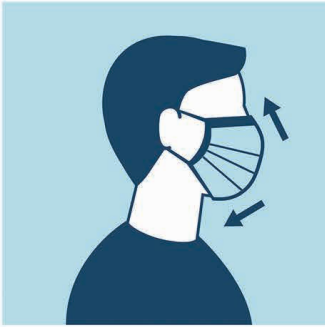
A washing machine should suffice in properly washing a cloth face covering.

How does one safely remove a used cloth face covering?

Individuals should be careful not to touch their eyes, nose, and mouth when removing their cloth face covering and wash hands immediately after removing.



CS163538 04/19/2020, 8:07 PM



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

SUPD gives thanks



photos Lindsay J. Box/Tribal Council Communications

The Southern Ute Indian Tribe and the Southern Ute Police Department would like to send a big, heartfelt thank you to Honey House Distillery located in Durango, Colo, for their generous donation of hand sanitizer.

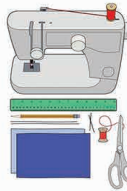
Honey House Distillery donated Bear'y Clean Hand Sanitizer to the Southern Ute Police Department to keep law enforcement officers, tribal members, and tribal community healthy and safe when responding to calls.



Sewn Cloth Face Covering

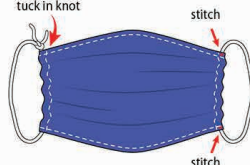
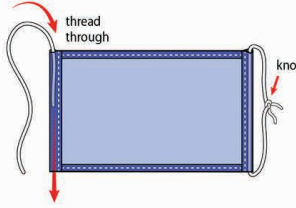
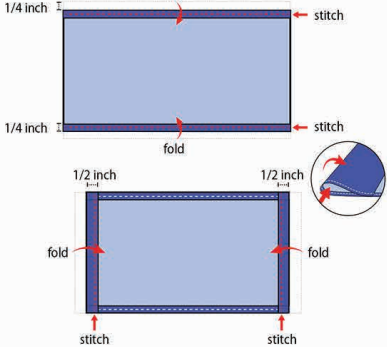
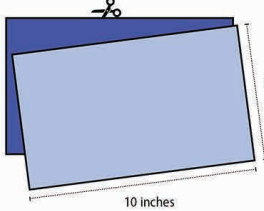
Materials

- Two 10"x6" rectangles of cotton fabric
- Two 6" pieces of elastic (or rubber bands, string, cloth strips, or hair ties)
- Needle and thread (or bobby pin)
- Scissors
- Sewing machine



Tutorial

1. Cut out two 10-by-6-inch rectangles of cotton fabric. Use tightly woven cotton, such as quilting fabric or cotton sheets. T-shirt fabric will work in a pinch. Stack the two rectangles; you will sew the cloth face covering as if it was a single piece of fabric.
2. Fold over the long sides 1/4 inch and hem. Then fold the double layer of fabric over 1/2 inch along the short sides and stitch down.
3. Run a 6-inch length of 1/8-inch wide elastic through the wider hem on each side of the cloth face covering. These will be the ear loops. Use a large needle or a bobby pin to thread it through. Tie the ends tight. Don't have elastic? Use hair ties or elastic head bands. If you only have string, you can make the ties longer and tie the cloth face covering behind your head.
4. Gently pull on the elastic so that the knots are tucked inside the hem. Gather the sides of the cloth face covering on the elastic and adjust so the mask fits your face. Then securely stitch the elastic in place to keep it from slipping.



Quick Cut T-shirt Cloth Face Covering (no sew method)

Materials

- T-shirt
- Scissors

Tutorial

1. Cut out a T-shirt.
2. Cut out a 6-7 inch wide strip from the bottom of the T-shirt.
3. Tie the strings around neck, then over top of head.

Bandana Cloth Face Covering (no sew method)

Materials

- Bandana (or square cotton cloth approximately 20"x20")
- Rubber bands (or hair ties)
- Scissors (if you are cutting your own cloth)

Tutorial

1. Fold bandana in half.
2. Fold top down. Fold bottom up.
3. Place rubber bands or hair ties about 6 inches apart.
4. Fold side to the middle and tuck.
5. Fold side to the middle and tuck.
6. Wear the bandana as a face covering.



SOUTHERN UTE INDIAN TRIBE
COVID-19 Call Center

Hours of Operation
Daily from 8:00 a.m. until 5:00 p.m.

970.563.0214



PRACTICE SOCIAL
DISTANCING



STAY
HOME



STAY
IN TOUCH



PRACTICE GOOD
HYGIENE

If you are sick self-isolate. If your symptoms get worse call your healthcare provider. Tribal members & Southern Ute Health Center patients can call the Health Center at 970.563.4581 to schedule an appointment.

TRACK & FIELD

Ex-IHS thrower White commits to Adams State

Current Durango senior not worried by inactivity

By Joel Priest
SPECIAL TO THE DRUM

Colorado High School Activities Association transfer rules effectively disappeared Durango's Aliyana White's junior season. 2020's coronavirus-caused cancellations have stolen outright her much-anticipated senior spring.

But through it all, White never lost hope of seeing her initial diamond-in-the-rough promise fulfilled via college recruitment – which finally occurred Friday, May 1, in a fashion befitting, in hindsight, the unusual circumstances both she and successful track-and-field suitor Adams State University have seen past.

“Because of the coronavirus, the coach wasn't able to come down to Durango so I could physically sign the [National Letter-of-Intent] paper,” White said Monday, May 4. “So he sent me a copy online; I had to sign on my phone!”

“I'm still happy I was able to sign but it sucked it wasn't with my friends, my mom, my brother, everyone all together with my school, my coaches. I'd been dreaming about that day, and I wish I had everybody there that's supported me.”

“She's put herself in this position; it wasn't by luck, but by work,” stated former Ignacio High School mentor John Gurule, presently wrapping up what would have been his first campaign as boys' head coach at 4A Sammamish (Wash.) Skyline – he also teaches in the Issaquah School District – after last spring's stint as throws advisor at 3A Mercer Island, Wash.

“I always encouraged her; she always had an open door to come try track-and-field, and decided to do it her sophomore year,” he recalled, of White's breakout 2018 performance. “She's been hooked ever since.”

“But I think the biggest improvement she's made was actually ... off the field, so to speak. She became more mature as far as ... her work ethic, in the weight room, technique training, everything else. Did everything I asked her to.”

Mentioning sports psychology as an academic interest upon her eventual NCAA Division II arrival in Alamosa, Colo., White's own mentality has already served her well through a relatively-late introduction to – and swift development as a throws specialist in – the sport, then a change of schools (she'd spent her first two high-school years at IHS), and now simply keeping an ultimate big-picture dream alive.

“CHSAA has a rule about transferring at the beginning of a season, so I wasn't able to compete last year,” she explained. “So I went to every practice, workout, morning practice. My senior season was supposed to be phenomenal; I was supposed to break records and everything, but due to the coronavirus that wasn't able to happen.”

“And I want to compete at a higher level,” she continued. “In the future I want to be an Olympian; I want to be on Team USA. I chose Adams State because they're a



Joel Priest/Special to the Drum

Then-sophomore Aliyana White powers into a shot-put attempt during the 2018 CHSAA Class 2A State Championships in Lakewood. She would place third in the event, as well as 18th in the discus in what ended up being her final prep-level competition wearing IHS colors; a transfer to 4A Durango took place prior to the '19 season.



courtesy Miriam White

Seated Friday, May 1, at her home in Durango while following COVID-19 safety guidelines, current DHS senior Aliyana White, who attended Ignacio High her freshman and sophomore years (she first displayed her shot- and discus-throwing talents during the latter), signs via cell phone her Adams State University Track & Field commitment documents.

school for track-and-field, ranked really high. The (throws) coach – his name's Matt Gersick – sounds like a very promising coach that could help me go all the way, compete at even higher levels than I've expected to. Believes in me, and I know for a fact that under his direction I could definitely be any type of champ I want.”

Almost a CHSAA Class 2A State Champion shot-putter for IHS back in '18 with a third-place 37'1.5” maximum (her discus peak of 86'4” ranked 18th), White estimated her range with the heavy sphere has increased enough to where she would have threatened the 4A Lady Demons' existing record.

DHS Track & Field head coach Johnny Bertrand confirmed early Tuesday morning, May 5, that the standard – as viewed on the DHS Athletics website – remains a 40'9” heave achieved in 1980 by then-senior Jackie Meador.

“My personal record is 39 feet,” White stated, “but I was currently hitting, like, 43 to 44 in practice. Easily.”

And easily good news as well to someone like Gersick (also Adams' Strength & Conditioning Director), a 2009 ASU grad and much-decorated thrower during his own Grizzly career, and to a known program like iconic boss Damon Martin's, slated to have hosted the Rocky Mountain Athletic Conference Outdoor T&F Championships late last month – at which

one of two apparatuses extra appealing to White would be used.

“Shot put and discus is so much fun and super relaxing, but I'm ... super excited for college because I get to weight-throw and do the hammer throw,” she said. “Indoor [season] is weight throw; outdoor is hammer. So excited to get my hands on the weight; it's basically a shot put strapped down in, like, a harness and everything. Goes farther.”

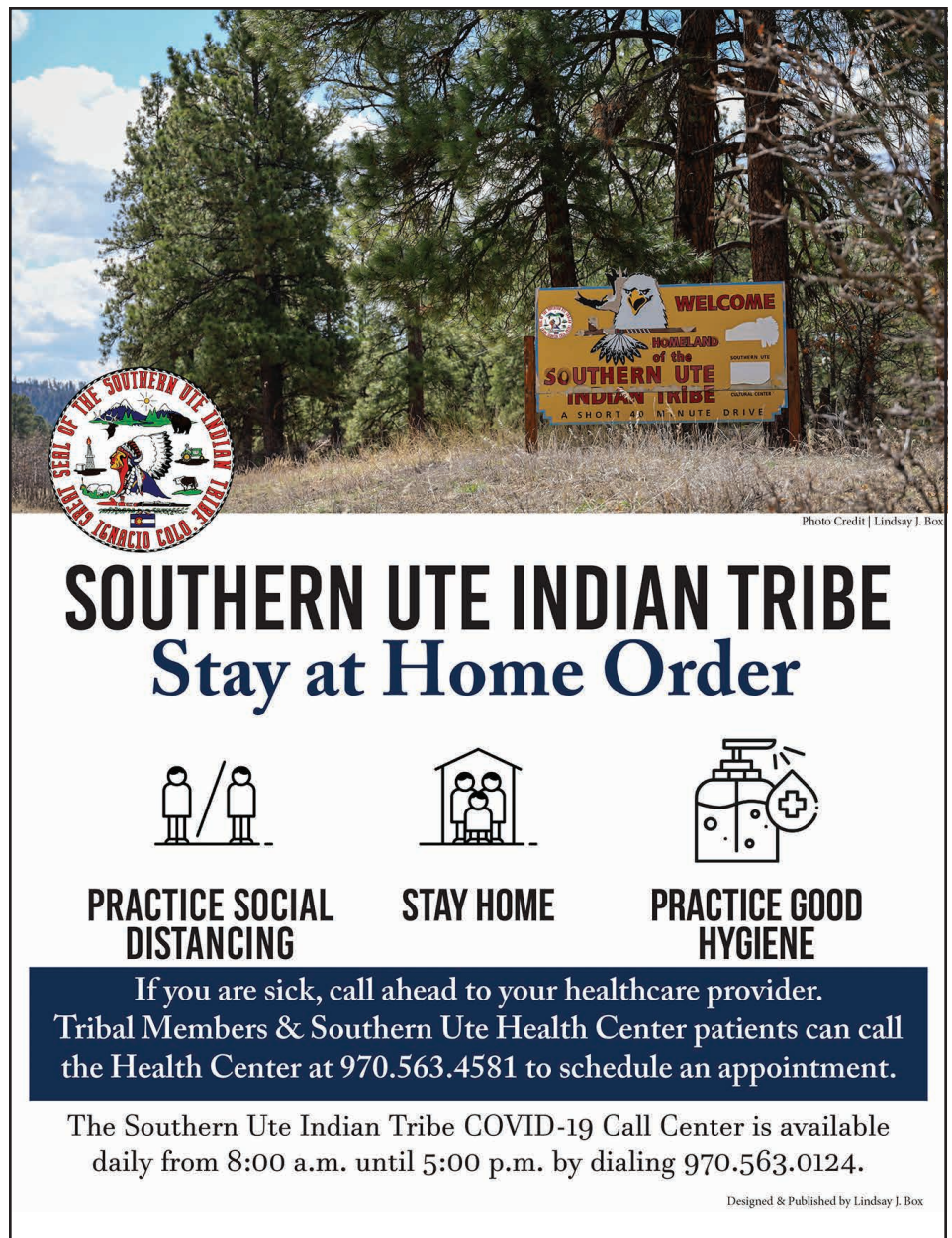
Hoping to hone her skills as sharply as possible at Adams State, White was quick to credit both Gurule and Durango assistant coach Robin Oliger for helping her realize her ability.

“Me and John ... have a really, like, strong bond. He's who helped me find my passion and what I really love. Turns out he probably knew me better than I knew myself at the time,” she said. “My freshman year I decided to do soccer, and then sophomore year I was like, ‘I'll do track-and-field.’ And it turned out I was really good at it!”

“Coach Oliger, she's spent two years helping me perfect my throw, helping me get my dynamics, and she also helped me be pushed to enjoy loving what I do every day,” continued White. “I would consider her, like, my second ... mom.”

“When I was at DHS ... we had several conversations about Aliyana, and

White page 16



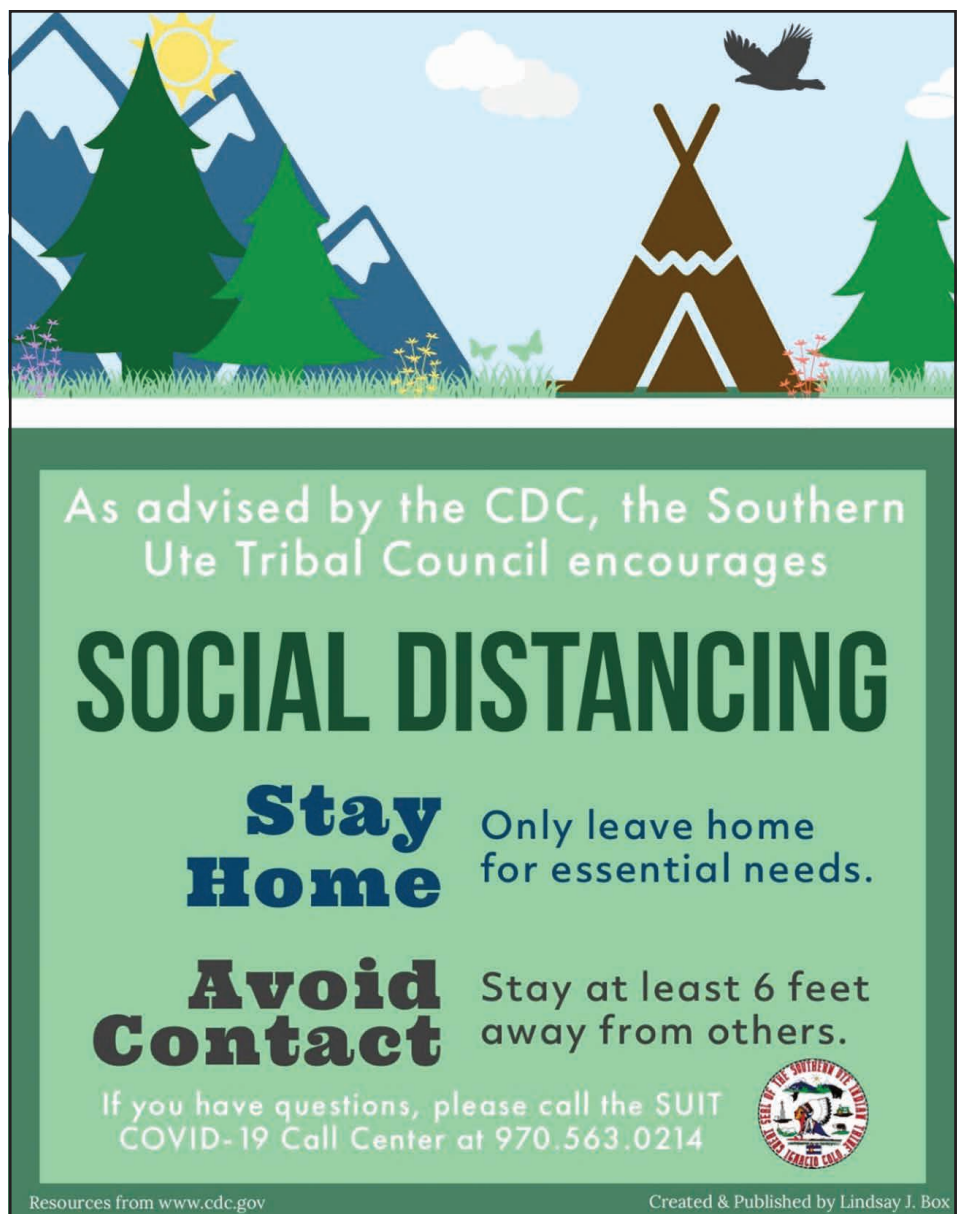
SOUTHERN UTE INDIAN TRIBE
Stay at Home Order

PRACTICE SOCIAL DISTANCING **STAY HOME** **PRACTICE GOOD HYGIENE**

If you are sick, call ahead to your healthcare provider.
Tribal Members & Southern Ute Health Center patients can call the Health Center at 970.563.4581 to schedule an appointment.

The Southern Ute Indian Tribe COVID-19 Call Center is available daily from 8:00 a.m. until 5:00 p.m. by dialing 970.563.0124.

Designed & Published by Lindsay J. Box



As advised by the CDC, the Southern Ute Tribal Council encourages

SOCIAL DISTANCING

Stay Home Only leave home for essential needs.

Avoid Contact Stay at least 6 feet away from others.

If you have questions, please call the SUIT COVID-19 Call Center at 970.563.0214

Resources from www.cdc.gov Created & Published by Lindsay J. Box



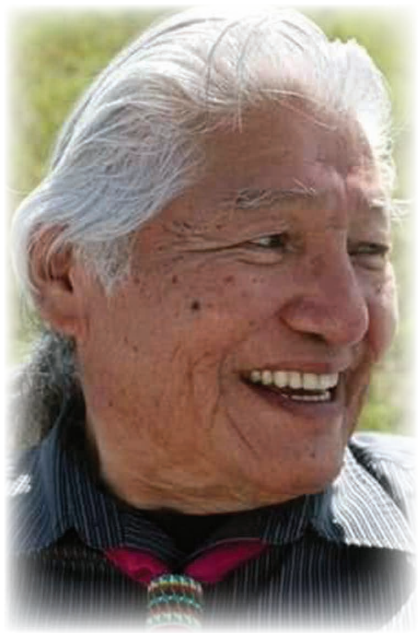
52nd Annual
Los Piños Spring Classic
May 23rd & 24th

Open Men's, Women's & Coed Softball Tournament
Teams will hit their own softballs Classic in the afternoon
Only USSSA Thumbprong & Coed Softball
Entry fee \$10.00 in full before 1st game
Award 1st-3rd Place
All-Tourney & MVP
CHAMPIONS WILL RECEIVE FREE ENTRY NEXT YEAR!

For more information call SunUte Recreation Department 970-563-0214
Kelsey x2660 Deja x2655 Virgil x2652



OBITUARIES



of Wildlife and two years as a probation officer as well as a historian. He was a member of Keepers of the Treasures, which pre-dated NAGPRA. He was a spiritual leader for many tribal members and throughout the world. He traveled the State of Colorado and the world advocating and educating about Native American culture, spirituality and rights. He was the President of the Native American Church of the Southern Ute Indian Reservation and the United States Chapters. Alden was a traditional dancer, a Sun Dancer and participant of his spirituality. Alden's lineage includes Chief Buckskin Charley, Edwin Cloud and Samuel Burch.

He is survived by his children: Starlene Naranjo, Cassandra Atencio, Nelson Naranjo, and Keaton Naranjo; his companion: Lisa Tsuchiya; brother: Terry Naranjo; many grandchildren, great-grandchildren, nieces, nephews, cousins, extended family and wonderful friends.

He is preceded in death by his parents; step-father, Vincent H. Grove; brother, Eugene Naranjo and 2 infant children.

Visitation will be held at Hood Mortuary on Wednesday, May 6, 2020 from 10-4 p.m. - this will be the opportunity for the public to view and pay respects. A wake and NAC ceremony will be held for family only, at his home on Wednesday evening followed by a Sunrise Ceremony on Thursday. A Graveside Service will be held Thursday, May 7, 2020, at 10:00 am, at Ouray Memorial Cemetery. A memorial service will be held in his honor at a later date. Please respect social distancing limitations during all services.

NARANJO – Alden Burch Naranjo, Jr. (Blue Sunrise) passed away Sunday, May 3, 2020, in Albuquerque. He was 79 years old.

Alden was born January 3, 1941, to Alden Naranjo, Sr. and Bertha Burch Groves in Ignacio, Colorado.

He grew up in Ignacio, attended Ute Vocational School, graduated from St. Catherine's Indian School in Santa Fe, NM, and attended Merritt College in California. Alden enlisted in the U.S. Army during the Vietnam War. Over his 40 years working for the tribe, Alden spent 20 years as Native American Graves Protection and Repatriation Act (NAGPRA) Coordinator, 16 years as a police officer, two years working for the Division



Did you know?

When the temperature and pressure are just right water can exist in all three states of matter—solid, liquid, and gas.



To see a demonstration visit: <https://www.youtube.com/watch?v=Juz9pVVsmQQ>

Source: <https://ucscphysicsdemo.sites.ucsc.edu/physics-5b6b-demos/triple-point-of-water/>

Please contact the Environmental Programs Division General Assistance Program Manager, Alexandra Ratcliff at 970-563-2256 or aratcliff@southernute-nsn.gov with any questions, comments or concerns.

NEW EMPLOYEES



Benjamin Jacket

Job title: Custodian

Description of duties: Maintains cleanliness of tribal buildings

Hobbies: Basketball and weightlifting

Family: Ross and Patricia Jacket

In The Southern Ute Tribal Court

Of the Southern Ute Indian Tribe • On the Southern Ute Reservation
PO Box 737 #18, 149 CR 517, Ignacio, CO • 970-563-0240

NOTICE OF PROBATE

In the Estate Of,
Debra Jean Watts, Deceased
Case No.: 2020-0032-CV-PR

Notice: Heirs, devisees, legatees, creditors and all other persons claiming an interest in said estate: The Southern Ute Indian Tribe of the Southern Ute Indian Reservation, Ignacio, CO: Greetings: Take notice that a petition has been filed in this cause, alleging that the above decedent died leaving certain assets, and asking for the determination of heirs of said decedent, the administration of said estate including the allowing of creditors of said decedent and for distribution thereof. You are notified that said cause will be set for hearing before the Tribal Court at the above address on **JUNE 22, 2020 at 10:00 AM**. All persons having claims against the above estate are required to file them for allowance with the Tribal Court at the stated address on or before the time and date of said hearing, as above set forth or said claims shall be forever barred and all persons interested in said estate are hereby notified to appear and answer said Petition and offer evidence in support of their position. The Court will proceed to hear the matter at the date and time set above, or such later time to which the matter shall be continued and to make the determination therein necessary.

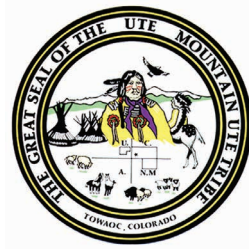
Dated this 1st of May, 2020
Marlene Price, Deputy Court Clerk

NOTICE OF PROBATE

In the Estate Of,
Case No.: 2020-0041-CV-PR
Roberta Scott, Deceased

Notice to: Heirs, devisees, legatees, creditors and all other persons claiming an interest in said estate: The Southern Ute Indian Tribe of the Southern Ute Indian Reservation, Ignacio, CO: Greetings: Take notice that a petition has been filed in this cause, alleging that the above decedent died leaving certain assets, and asking for the determination of heirs of said decedent, the administration of said estate including the allowing of creditors of said decedent and for distribution thereof. You are notified that said cause will be set for hearing before the Tribal Court at the above address on **JUNE 2, 2020 at 2:00 PM**. All persons having claims against the above estate are required to file them for allowance with the Tribal Court at the stated address on or before the time and date of said hearing, as above set forth or said claims shall be forever barred and all persons interested in said estate are hereby notified to appear and answer said Petition and offer evidence in support of their position. The Court will proceed to hear the matter at the date and time set above, or such later time to which the matter shall be continued and to make the determination therein necessary.

Dated this 13th of April, 2020.
Paula Trujillo, Deputy Court Clerk



From the office of the Ute Mountain Ute Chairman 2020 Bear Dance Cancellation

On April 30, 2020, The Bear Dance Chiefs have made the decision to cancel the [Ute Mountain Ute] Bear Dance Celebration for this year, due to the COVID 19 virus.

The [Ute Mountain Ute] Tribal Council agrees with their decision to cancel this year as well. The health and safety of the community is the most important concern for us.

When this epidemic has passed we plan to celebrate in the coming year.

Manuel Heart
Chairman, Ute Mountain Ute Indian Tribe



Southern Ute Veterans Association Memorial Day 2020 Day of Remembrance Program IS CANCELED

Drum Deadline

Next issue
May 22

Deadline
May 18

Articles, photos, advertisements, public notices, letters and greetings may be submitted in person, by mail, or by email to: jshockley@southernute-nsn.gov

THE SOUTHERN UTE DRUM

A biweekly newspaper owned and operated by the Southern Ute Indian Tribe on the Southern Ute Indian Reservation in Ignacio, Colo.

SUBSCRIPTION RATES: \$29 per year • \$49 two years
PHONE: 970-563-0100 • **DIRECT:** 970-563-0118
TOLL FREE: 1-800-772-1236 • **FAX:** 970-563-0391

MAILING ADDRESS

The Southern Ute Drum: PO Box 737 #96, Ignacio, CO 81137

PHYSICAL ADDRESS

356 Ouray Drive, Leonard C. Burch Building, Ignacio, CO 81137

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The Southern Ute Drum (sudrum@southernute-nsn.gov)
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Robert Ortiz • Composition Tech., ext. 2253 (rortiz@southernute-nsn.gov)
McKayla Lee • Reporter/Photographer, ext. 2252 (mlee@southernute-nsn.gov)
Trennie Collins • Admin. Assistant/PR Coordinator, ext. 2251 (tcollins@southernute-nsn.gov)

The Southern Ute Drum does not assume responsibility for unsolicited material and does not guarantee publication upon submission.

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The Southern Ute Drum is a member of the Native American Journalists Association, the Society of Professional Journalism and the Colorado Press Association.

Randlett Ute Beardance
May 8-11, 2020
Randlett, UT

Feast May 11th, 1PM • **Turkey Dance Contest** (After Feast)
1st \$1100, 2nd \$900, 3rd \$700, 4th \$500, 5th \$300
Plus \$1500 Split Consolation Prize Money
All Ages

Beardance Chiefs:
Stacy Lashakawa, Lloyd Estro, Henry Cesspooch, Nelson Cesspooch

Honorary Catman: Jay Marose
Whiterocks, UT

Turkey Dance Drum:
CHADRON, CO
FT. HARRIS, ARIZONA
All drummers
Bachelors Welcome

Venue Fee: \$50
One night stay
paid at set up
(Schools Excluded)

Fun Run/Walk, Archery & Horse

For More info call:
Painted Horse Diabetic Prevention
(435).725.4912

Handgame Tourney Info:
Doylene Cesspooch
(435).401.8313

Everyone Welcome

Ute Roadstart Mini-Beardance
May 11th at 10AM
Randlett Beardance Grounds
Phone: (435) 722-4508

OUTER RANGE

Randlett Ute Beardance Info:
Stacy - (970) 300-8991
Lloyd - (435) 823-8658
Nelson - (435) 219-1254
Henry - (435) 722-7919

CH4 ENERGY FINLEY UTAH

Ovintiv

Ute Tribe, Randlett Community Beardance Chiefs not responsible for accidents, injuries, theft, or lost items.



REQUEST FOR BIDS Southern Ute Powwow Committee

The Southern Ute Powwow Committee are accepting bids for the upcoming 2020 Southern Ute Tribal Fair Powwow. If you have any questions please feel free to contact Dona Frost at 970-553-9291 or at donalfrost331@gmail.com

Tribal Fair weekend: September 18 – 20, 2020
Porta Pots • Security staff • Cleaning staff • Sound system

REQUEST FOR PROPOSALS SOUTHERN UTE INDIAN TRIBE Historic Mural and Building Documentation

The Southern Ute Indian Tribe (SUIT) is seeking a qualified consultant to perform high-resolution photography to digitally capture and preserve culturally significant murals, develop options and costs for their physical preservation, and perform 3-dimensional laser mapping of the interior and exterior of historical buildings.

For inquiries and a copy of the detailed RFP, contact the SUIT Environmental Programs Division: Alexandra Ratcliff, General Assistance Program Manager, aratcliff@southernute-nsn.gov. Proposals will be received through June 5, 2020.

The Southern Ute Indian Tribe Tribal Employment Rights Office (TERO) has established a preference for contracting and subcontracting to certified Indian owned businesses. For information on certification, contact TERO at 970-563-0117.

SUIT reserves the right to reject any and all bids and to accept the bid deemed, in the opinion of the Tribe, to be in the best interest of the SUIT.

Published: May 8, 2020

House for Sale • Asking \$174,000

3 bedroom, 2 bathroom, Cedar Point, Sagebrush Ave., Ignacio, CO. Living room has laminate wood floor, carpet in bedrooms, back yard fenced, one shed with electric hook up, sprinkler system works for front yard.

Serious inquires only, leave message 970-563-3161.

Announcing Local Election VOTE411 Voter Guide

Special District Election Information for LPEA Board of Directors Election

VOTE411.org Voter Guide is your “one-stop-shop” for candidate and voter information for LPEA elections. Election deadline is May 15, 7 p.m. Be an informed voter and have your voice heard! VOTE411.org is the latest step in important work of the League of Women Voters who have been empowering voters and defending democracy since 1920. The League is strictly nonpartisan; it neither supports nor opposes candidates for office at any level of government. Visit www.lwvlaplata.org



Phone and Internet Discounts Available to CenturyLink Customers

CenturyLink participates in a government benefit program (Lifeline) to make residential telephone or qualifying broadband service more affordable to eligible low-income individuals and families. Eligible customers are those that meet eligibility standards as defined by the FCC and state commissions. Residents who live on federally recognized Tribal Lands may qualify for additional Tribal benefits if they participate in certain additional federal eligibility programs. The Lifeline discount is available for only one telephone or qualifying broadband service per household, which can be on either a wireline or wireless service. Broadband speeds must be 20 Mbps download and 3 Mbps upload or faster to qualify.

A household is defined for the purposes of the Lifeline program as any individual or group of individuals who live together at the same address and share income and expenses. Lifeline service is not transferable, and only eligible consumers may enroll in the program. Consumers who willfully make false statements in order to obtain a Lifeline discount can be punished by fine or imprisonment and can be barred from the program.

If you live in a CenturyLink service area, please call 1-888-833-9522 or visit centurylink.com/lifeline with questions or to request an application for the Lifeline program.



SOUTHERN UTE UTILITIES DIVISION IMPORTANT ANNOUNCEMENT March 23, 2020

Friendly Reminder from Wastewater Operations:

**PLEASE FLUSH ONLY
TOILET PAPER!**



DO NOT FLUSH THE FOLLOWING:



Tissue or Kleenex



“Flushable” Wipes & Baby Wipes



Paper Towels



Facial Wipes



Rubber Gloves or
Cotton Gloves

These items do not breakdown and dissolve correctly!

Flushing anything but TOILET PAPER can result in sewage problems like BLOCKAGES and lead to EXPENSIVE HOME REPAIR.

Questions? Call the Utilities Division Office at (970) 563-5500. ~ Thank you!

SOUTHERN UTE UTILITIES DIVISION IMPORTANT ANNOUNCEMENT March 30, 2020

ATTENTION TRIBAL MEMBERS:

**EFFECTIVE IMMEDIATELY
& UNTIL FURTHER NOTICE
THE PAYMENT WINDOW IS CLOSED
AT THE UTILITIES OFFICE.**

Utilities will continue to bill customers and expect payment, however, there will be NO SHUT-OFF's or LATE FEES during billing periods of April & May 2020.

Please pay utility bills using one of the following methods:

1. Pay over the phone with a credit card, call (970) 563-5500. 8AM—Noon.
2. Mail check, money order, or cashier's check made payable to *Southern Ute Utilities Division* to PO Box 1137, Ignacio CO 81137
3. Tribal Finance Automatic Deduction. Call Utilities Office to have an application mailed to you.
4. Wells Fargo Bank—Ignacio Branch (Drive-up only). Have your account number and/or utility bill readily available.

Thank you for understanding the priority and protection our customers and front-office employees during the coronavirus pandemic.

Questions? Call the Utilities Division Office at (970) 563-5500.

Stay Healthy and Safe — The Utilities Division Staff

SOUTHERN UTE UTILITIES DIVISION IMPORTANT ANNOUNCEMENT March 25, 2020

ATTENTION TRIBAL MEMBERS:

**EFFECTIVE IMMEDIATELY,
THE TRANSFER STATION HOURS ARE
MONDAY — FRIDAY
8 AM TO NOON**

CLOSED SATURDAY & SUNDAY

Note: This notice is for use of the Transfer Station located at the Utilities Division. Those tribal members who utilize Transit Waste trash services, will continue to have their trash picked up according to their normal trash schedule. Please have your polycarts out by **6 AM** on your designated pick up day.

In response to COVID-19 prevention efforts:

- Utilities Staff appreciates your understanding of the necessity to modify hours of operation.
- It is our highest priority to provide and maintain critical services to the Southern Ute Tribal membership and community during this pandemic.
- Safety is our number one priority for our employees and our customers.

Questions? Call the Utilities Division Office at (970) 563-5500.

Be Safe — The Utilities Division Staff



Notice from Southern Ute Construction Services
Work Station Hours

Construction Services staff will be monitoring CSD phones from office work stations.

- Mondays – Danny Abeyta: 8 a.m. – 4:30 p.m.
- Tuesdays – Polly Blankenship: 8 a.m. – 4:30 p.m.
- Wednesdays – Walter Reynolds: 8 a.m. – 4:30 p.m.
- Thursdays – Tanya Vigil: 8 a.m. – 4:30 p.m.
- Fridays – Polly Blankenship: 8 a.m. – 4:30 p.m.



Staff will adhere to the Safe Distance Policy, when working in a tribal member home they will wear PPE and ask the tribal member to stay in another room and away from the work area. Emergency cases will take priority when assessing the request.

Danny Abeyta, Construction Services Division Head
970-563-0260

Sky Ute Casino Resort • Job announcements

Visit our website at www.skyutecasino.com to view job openings and apply online.
Human Resources • Phone: 970-563-1311 • PO Box 340, Ignacio, CO 81137
TERO-Native American Preference • All Applicants Welcome
Must pass pre-employment drug test, background check, qualify for and maintain a Division of Gaming License and be able to work all shifts, weekends or holidays.

Assistant General Manager – Trainee
Southern Ute Tribal member only

JOB SUMMARY: Under the direction of the General Manager (GM), this is a training position that will result in a tribal member having the opportunity to train for the position of General Manager. The Assistant General Manager – TM (AGM-TM) will participate in the Career Development Program (CDP) and associated curriculum requirements to the extent necessary, depending on their background, education and experience. As the AGM-TM gains education and experience, their level of authority and responsibility for various components of the business will increase. The AGM-TM will participate in both the gaming, as well as the non-gaming areas of the business.

DUTIES AND RESPONSIBILITIES: The duties and responsibilities associated with this position will be defined and established in accordance with the CDP policies. Will work closely with the GM and/or AGM to understand the duties and responsibilities associated with a Casino Executive Management position. Will attend identified and relevant conferences, workshops or educational seminars related to the executive management of a casino/resort property.

MINIMUM REQUIREMENTS AND QUALIFICATIONS: Must be an enrolled member of the Southern Ute Indian Tribe. Must have an established work history demonstrating a reliable work ethic and progressively greater areas of responsibility. Must have at least 5 years' experience in a management and leadership role OR a Bachelor's Degree in Business or related field. Must have excellent verbal and written communication skills. Must be available to work on weekends, holidays and/or rotating shifts. Must be able to work long hours, scheduled or unscheduled, which is likely to include nights, weekends, and when emergencies arise. Must be able to obtain and maintain a SUIT Division of Gaming Key License. Must have a high level of Emotional Intelligence and have strong interpersonal skills with an emphasis on experience interacting with a wide range of people from senior leadership to line personnel.

LANGUAGE SKILLS: Must be able to communicate complex concepts and information to employees, other departmental staff, and customers. Must speak clearly and persuasively in positive or negative situations, respond well to questions, demonstrate group presentation skills, and actively participate in meetings. Must write clearly and informatively and be able to read and interpret written information.

REASONING AND MANAGEMENT ABILITY: Problem Solving - Identifies and resolves problems in a timely manner; Gathers and analyzes information skillfully; Develops alternative solutions. Customer Service - Manages difficult or emotional customer situations. Team Work - Contributes to building a positive team spirit; Able to build morale and group commitments to goals and objectives; Supports everyone's efforts to succeed. Develops workable implementation plans; Communicates changes effectively; Prepares and supports those affected by change. Leadership - Inspires and motivates others to perform well. Takes responsibility for subordinates' activities; Makes self available to staff; Provides regular performance feedback; Develops subordinates' skills and encourages growth. Looks for ways to improve and promote quality. Understands business implications of decisions; Displays orientation to profitability; Demonstrates knowledge of market and competition; Aligns work with strategic goals. Works within approved budget; Develops and implements cost saving measures; Contributes to profits and revenue. Shows respect and sensitivity for cultural differences; promotes a harassment-free environment.

Southern Ute Indian Tribe • Job announcements

Visit the the tribe's website at www.southernute-nsn.gov/jobs for complete job descriptions.
If you need help filling out an online application, please come the Human Resources office and we are happy to assist you on our applicant computer stations.
ALL EMPLOYMENT APPLICATIONS ARE TO BE SUBMITTED ONLINE
Applicants and employees, be sure the HR Dept. has your current contact information on file. Human Resources accepts applications for temporary employment on an ongoing basis.
Southern Ute Indian Tribe, Human Resources • P.O. Box 737 - Ignacio, CO 81137
Phone: 970-563-0100 ext. 2424 • Fax: 970-563-0302 • Hotline: 970-563-4777

Patrol Officer

Closes 5/29/20 – Patrols the Southern Ute Indian Reservation and is responsible for preserving the life and property of all citizens within the Tribal Community. Pay grade 19; \$21.32/hour.

Clinical Supervisor

Open Until Filled – A senior level position that provides Clinical Supervision to staff Case-workers providing a full range of intake and/or ongoing social casework services for a variety of program areas such as child abuse and neglect cases, youth-in-conflict cases, and adults unable to protect their own interests. Provides clinical supervision and oversees Family Preservation and the Foster Care Program Coordinator. Pay grade 22; \$61,872/year.

Community Health Representative

Open Until Filled – Providing assistance and the coordination and development of activities for elderly and physically or mentally disabled Tribal Members. Performs community health duties to include patient transport and monitoring, home visits, conducting classes, and providing community education on Tribal health issues. Home Care may include house cleaning, personal hygiene, preparing meals, and other health and wellness related activities. Pay grade 13; \$12/hour.

Court Information Analyst

Open Until Filled – Works in cooperation with Tribal Court administrators to strategically plan the development of the Court's programs, by statistically measuring the effectiveness of current court programs, researching methods to improve effectiveness, and writing grant proposals to support improvements and funding. Position is partially grant funded. Continued full-time employment is contingent upon renewed funding from the grant. Pay grade 21; \$55,006/year.

Detention Division Head

Open Until Filled – Under general supervision of the Justice and Regulatory Department Director, plans, organizes, directs, and reviews the administrative activities of the Southern Ute Detention Program and Facility.

Detention Officer

Open Until Filled – Under general supervision of the Detention Sergeant, maintains the safety and welfare of inmates and visitors and monitors all activities within the detention center. Pay grade 17; \$17.20/hour.

Family Court Caseworker

Open Until Filled – Providing guardian ad litem, special advocacy, parent coordination, and mediation services as assigned through Court appointment and clinical supervisor. Psycho-social educational classes for youth as assigned by clinical supervisor. Case management activities and/or counseling services involving assigned adults and juveniles. Position is both Tribal funded and grant funded. Full time status is contingent on grant funding. Pay grade 20; \$48,898/year.

Family Practice Physician

Open Until Filled – Providing comprehensive medical services and primary care with special emphasis in family medicine to the patients at the Southern Ute Health Center (SUHC).

Licensed Behavioral Health Therapist – Native Connections

Open Until Filled – Under general supervision of the Program Director, provides behavioral health treatment in the Native Connections grant program. Will work exclusively with youth up to age 24, and their families, as part of the Native Connections grant project. Will include

clude mental health and dual diagnosis services provided within the Southern Ute Health Center, patient homes, schools, and the community as needed to address patient needs. Continued employment is contingent upon renewed grant funding. Pay grade 22; \$61,872.00/year.

Lifeguard (Full-time)

Open Until Filled – Lifeguard activities at the Community Recreation Center swimming pool, in accordance with the guidelines established and approved by Fitness Director and/or Community Center Director. Pay grade 12; \$10.91/hour.

Physical Therapist (PT w/benefits)

Open Until Filled – A professional position within the Department of Private Education. Works with Southern Ute Indian Montessori Academy students in need of physical therapy services. Pay grade 20; \$23.51/hour.

Public Ed. Elementary Teacher

Open Until Filled – A professional teaching position with the Southern Ute Indian public Education Department. Teaches/tutors Southern Ute students or Johnson O'Malley Program students in the Ignacio Elementary School and develops an afterschool program to strengthen academic skills throughout the school year. Designs and implements summer enrichment programs, performing student instruction and supervision, managing the programs and reviewing their success. Will support established curriculum/management and is expected to work in different subject areas and classrooms as determined by the Director and building principal. The intent of this teaching position is to assist students in the educational process thereby increasing their potential for success. Position is based on a regular work year (261 days) with approved leaves and vacations available during periods of the year that do not require student contact.

Social Services Division Head

Open Until Filled – Day-to-day operation and management of the Southern Ute Tribal Social Services Division, in accordance with the guidelines (fiscal, philosophical and programmatic) established and approved by the Tribal Council. Manages programs and services including child/adult welfare protective services, family, group and individual therapy, BIA General Assistance, Low Income Energy Assistance Program, Title IV B-Foster Care program, Colorado State Human Services and related Programs and Contract/Grants. Pay grade 23; \$69,597.00/year.

Speech & Language Therapist (PT w/benefits)

Open Until Filled – A professional position within the Department of Private Education. An employee in this position works with Southern Ute Indian Montessori Academy students in need of speech and language therapy services. Pay grade 20; \$23.51/hour.

TEAM Worker

Open Until Filled – Southern Ute tribal member only. The TEAM program is an opportunity for enrolled Southern Ute Tribal Members to find temporary employment within the various departments of the Southern Ute Indian Tribe. This is for both part-time and full-time temporary positions.

TERO Worker

Position is under the supervision of the TERO office. It is an opportunity for enrolled Southern Ute Tribal Members and other local Native Americans to find temporary employment within the various departments of the Southern Ute Indian Tribe. This is for both part-time and full-time temporary positions.

ANNOUNCEMENT!

DEPARTMENT OF THE INTERIOR
INDIAN MINERAL OWNERS



ONRR would like to let the mineral owners know that we are still operating, processing 2014's and payments, as well as processing distributions. Our outreach group is also answering phones, so if you have any questions or concerns, please call us. The contact number for our office is below.

Office of Natural Resources Revenue (ONRR)
Denver Office 1-800-982-3226

Bureau of Indian Affairs
Southern Ute Agency – Business as Usual

The Southern Ute Agency offices are closed to the public, however work is continuing to operate as “business as usual” with staggered staff schedules. The offices can be reached by email or calling the numbers posted.
The Office of Natural Resource Revenue (ONRR) is still operating, processing 2014's and payments, including processing distributions. If you have any questions or concerns you can contact their offices below:

- For official business related to the Southern Ute BIA Office, please call 970-759-1257 for assistance
- For Realty matters, please call 218-750-4411
- For Irrigation business, please call 970-563-9484 for assistance
- For Fire matters, please call 970-749-3558 or 911
- Southwest Regional Office, Regional Director or 505-563-3103 for assistance.

For lease income you can contact the following numbers:
TOLL FREE: ONRR 800-982-3226
OST Call Center 888-678-6836
OST Farmington, NM 505-326-7983



ATTENTION

TO STOP THE SPREAD OF COVID-19, AND FOR
YOUR HEALTH & SAFETY, BY AUTHORITY OF
THE SOUTHERN UTE TRIBAL COUNCIL

PARK CLOSED

VIOLATION OF THIS NOTICE MAY RESULT IN
CITATION FOR TRESPASSING

SOUTHERN UTE CRIMINAL CODE
TITLE 5; 5-2-106 TRESPASSING

PENALTY OF \$150.00 FINE AND/OR UP 30
DAYS IN JAIL

FLY-FISHING

What I did during the lockdown

Don Oliver

SPECIAL TO THE DRUM

My email inbox has been filled with things to do during the stay-at-home edict. They have ranged from making the house spotless, finishing your entire honey-do list, gaining weight, and developing a serious drinking problem. Not to be left out, I also accomplished some good things while staying home.

Two weeks ago, SWMBO (she who must be obeyed) found me standing in her closet. When she asked me what I was doing, I told her I had some suggestions on how she could rearrange her closet and drawers. SWMBO promptly told me not to touch anything in her closet, and to stay out of her drawers. She said that without even hearing my really good ideas. SWMBO then gently took me by the hand, led me to my man-room, and said, "Start here, when you're finished, I'll have a new list for you."

So, that's where I started on my list of worthwhile things to do while quarantined at home. Since SWMBO had never set foot in the man-room to help clean it, the picking up and rearranging was going to take some time. I generally do better when smoking a cigar, so I started with my humidor. I put the cigars in an order determined by brand, length, and ring size. I also set my cutter and lighter by the humidor. With that successfully done I lit a cigar to help me tackle the rest of the job.

I next went to my fly rods. Having been a fly fishing guide for a number of years I managed to accumulate a large number of fly rods. Some I bought, some I inherited, some just materialized. At least that's



I now had cigars, rods, and reels organized in a manner that made selecting the correct item for the day easier.

what I told SWMBO. I divided the rods by saltwater and freshwater. Next, they were divided by the material they were constructed from. Lastly, they were divided by line weight. I then went to my reels. They were put into two categories, salt and freshwater. These categories were further divided by their line weights. Extra spools were placed next to the reels they would fit.

I now had cigars, rods, and reels organized in a manner that made selecting the correct item for the day easier. I lit another cigar to help me through the next task, my tying bench.

I decided to start at the top and work my way down. I opened all the drawers and meticulously arranged everything in each drawer by material, color, and size. I then committed to memory everything that was in each drawer. That way I wouldn't have to dig around in the various drawers looking for gray hackle. Next was the

surface of the bench. This is where all the hard work takes place.

The first thing I did was put all the scraps of tying stuff into various piles. The piles were arranged, again, by material, color, and size. Anything that was too small to use went into the trash. It was amazing how much trash I had saved. Next was my box of hooks. I dumped all the hooks onto the desk and separated them by size. I was surprised at how many size-18's there were compared to other sizes. My friends at the fly shops will be happy to know I need some bigger hooks. I did draw the line at counting all the hooks.

To go with the hooks were all the various types of thread. Again, I separated them by material, size, and color. It is amazing all the different types of material used in threads for tying flies. As I was doing the separation, I did discover I had purchased numerous spools of the exact same thread. For me, being in the tying section of a fly shop is like a kid being in a candy store. Just one more treat couldn't possible hurt. Normally all the drawers holding flies would have been next. However, by some strange insightfulness of things to come, I had earlier arranged all my flies into two new cabinets of drawers.

With all this hard work done, I poured an adult beverage, leaned back in my chair, and admired my handiwork. It was beautiful to behold. I will now be able to grab what I need for a day of fly fishing in ten minutes.

I did such a good job in the man room, as-soon-as SWMBO leaves the house for a day I'll be able to get into her closet and drawers and do the same for her. She'll be really proud of me.

WHITE TO ADAMS STATE • FROM PAGE 12

how great she can be," recalled Gurule. "But we just both wanted her to keep her discipline, keep her focus so she could potentially show her stuff on the field. She's always been coachable, and Robin's echoed the same thing to me; we were just excited to see her compete."

"Then unfortunately this season happened and, well, that's the way it goes."

"Durango ... was like a whole different vibe," White said, addressing why she chose to transfer to Durango before her junior season, "and I just felt like that was the perfect choice. And we had a lot of events scheduled in Denver, in Albuquerque, like ... big events I was planning on competing at."

Regarding possible participation in any summertime showcases, White said she'd prefer to throw shot, discus or both "as much as I can, wherever I can," but acknowledged future pandemic-related cancellations — which have already claimed the NCAA Div. II Outdoor Championships, to have been hosted May 21-23 by Texas A&M-Kingsville — could leave her wanting prior to her touching down upon ASU ground.



Joel Priest/Special to the Drum

Serving as an Ignacio Boys' Basketball manager during the 2016-17 winter season, then-freshman Aliyana White marks in the scorebook during a road game. Later a Lady Bobcat Soccer player in Spring '17, White's track-and-field skills wouldn't present themselves for another year.

"Just being able to, like, release my strength feels super, super good," said White, who did manage to see limited action in '19 — for example, that February she threw the shot a second-place 37'10.75" in Albuquerque, N.M., at the 10th Annual Gardenswartz Great Southwest Indoor Classic — outside of CHSAA constraints. "I love competing!"

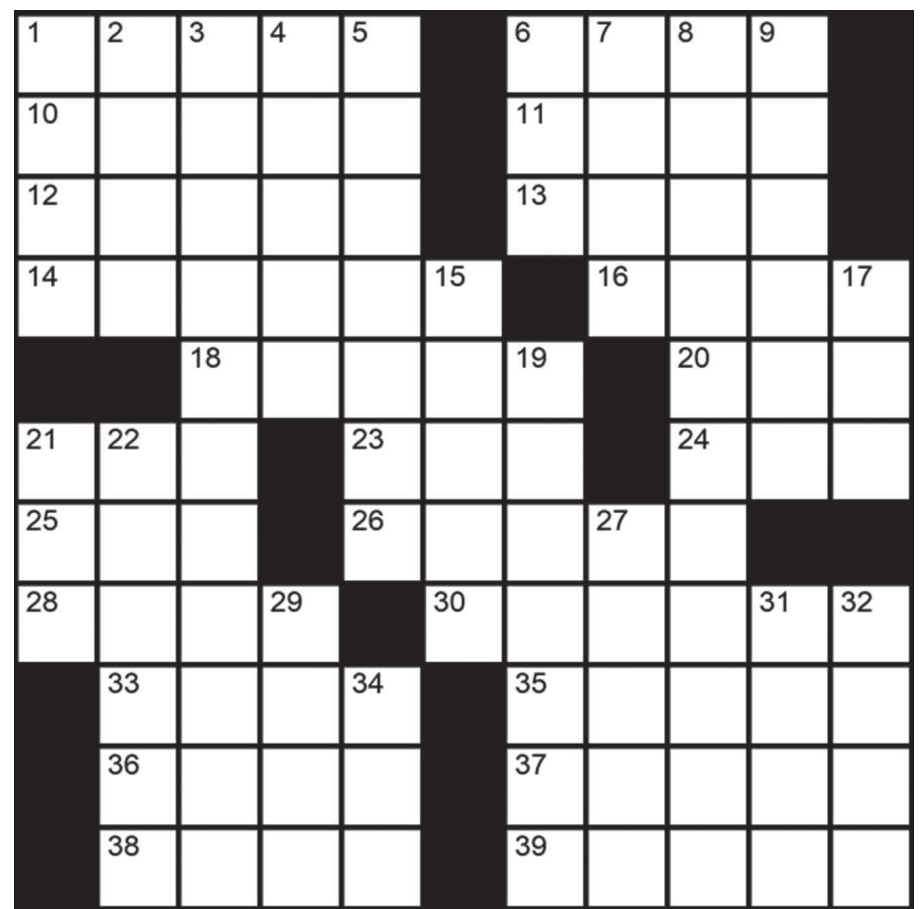
"Her technique can improve, and it'll be helpful for her to have some competition; she was so far ahead of competitors locally ... sometimes she could get lackadaisical," said Gurule. "People that are at the same level, or better, to push her ... will help her

make that next step." "The first time I saw her throw, I nearly had to check the shot — make sure she was throwing the correct weight!" he recalled. "I was just blown away: 'A first-time thrower?' She was something special; I knew she had the ability."

DID YOU KNOW

Had White been cleared to compete for Durango in Association-sanctioned meets last year, a replication of her 2018 State best in the shot would have been good enough — in hindsight — for ninth place had she qualified for her first Class 4A State Championships.

The Southern Ute Drum's Crossword Puzzle



Across

- 1 Nile dam
- 6 Gone by
- 10 Take care of
- 11 "Godfather" --- Corleone
- 12 Closeup map
- 13 Montana people
- 14 Fasten
- 16 Striker's replacement
- 18 Cultural mores
- 20 Colorful form of the common carp
- 21 "Morning Edition" airer
- 23 Part of a 25 Across
- 24 Initials used by mailing lists
- 25 A veeeeery long time
- 26 Formal objection, in court
- 28 Ancient West Texas and northern Mexico people
- 30 Dress part
- 33 Throw of the dice
- 35 With heavy heart
- 36 Aware of
- 37 Pond scum
- 38 "High" time?
- 39 The Inuit get about on them

Down

- 1 60% of us live here
- 2 E-mailed, for example
- 3 The Monache
- 4 Gnawed
- 5 Saw-toothed
- 6 Plumbing pipe material
- 7 Melodies
- 8 --- Munsee Community of Wisconsin
- 9 Capital east of Sleeping Ute Mountain
- 15 Mountain identified with Mount Sinai
- 17 Paper Mate rival
- 19 Indian pastries
- 21 --- Perce people of Idaho
- 22 Apply generously
- 27 1976 presidential candidate Morris
- 29 Men and women can both sing it
- 31 Adorned
- 32 Hurricane centers
- 34 Old horror actor --- Chaney

Answers for this crossword will appear in May 22 issue of the Drum.

Answers for April 24, 2020 crossword puzzle:

Across: 1 Wide, 5 Sask, 9 Adit, 10 Accede, 13 Lisa, 14 Laurie, 15 Log, 16 Ceiling, 17 Mr Mom, 19 Pro, 20 UAL, 21 BTU, 22 Ann, 23 Gassy, 25 Attired, 27 Sub, 29 Hilton, 30 Repo, 31 Ate out, 32 Olio, 33 Dues, 34 ELKS.

Down: 1 Wall, 2 Idiom, 3 Disgruntled, 4 ETA, 5 Salem, 6 Acai, 7 Sculpt, 8 Keri Russell, 11 Dino, 12 EEG, 16 Col, 18 Manitou, 21 Bad, 22 At it, 23 Gents, 24 Yupik, 25 Aha, 26 Roue, 28 Boos, 30 Roe.



Jeremy Wade Shockley/SU Drum

Fly fishing guide and columnist, Don Oliver, ties on a dry fly in anticipation of the morning ahead, fishing for trout along Lime Creek — one of his favorite haunts.

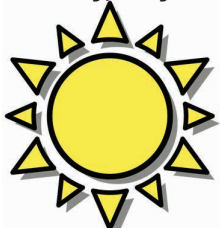


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LOCAL IGNACIO WEATHER

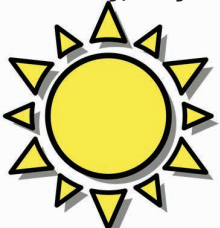
Your weekend forecast!

Friday, May 8



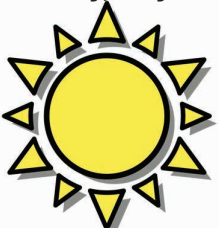
72°F sunny
Gusty afternoon winds

Saturday, May 9



79°F sunny
Variable to gusty winds

Sunday, May 10



80°F mostly sunny

Weather forecasts collected from www.weather.gov

