

Academy helps fight



Bobcats back on the courts in 2021

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CULTURE

From the Kitchen Table

What is the "Kitchen Table Talk?"

Staff report BEHAVIORAL HEALTH AND CULTURAL PRESERVATION DEPTS.

How many of you remember the conversations that happened around your parents', grandparents', or aunties' and uncles' kitchen table. Some maybe were too young to remember these conversations or know what they were about because they were outside playing. We want to go down memory lane and hopefully spark joy and happiness into your heart of memories about conversations that happen around the kitchen table.

The kitchen table was where our grandmothers would sit and talk, they would serve fresh bread and coffee to our guests and relatives that stopped by to say hi and to talk about whatever was happening in the community or everyday stuff. The kitchen table was where all the good conversations were held and where laughter would fill up the entire house. Some conversations were hard, and tears would fall on the table. But no mat-



courtesy Samantha Maez

Sam Maez tans an elk hide using traditional methods. The hides serve many purposes, the soft leather can be used to make moccasins or drums.

ter what, we left that table safe space where we could with guidance and support, share memories and make and feeling like our words were heard. The table was a

Kitchen table page 9

PERMANENT FUND

Gottlieb hired as Chief Investment Officer for PF Investments

By Jeremy Wade Shockley THE SOUTHERN UTE DRUM

Daniel Gottlieb takes on a new role as the Chief Investment Officer for the Tribe's Permanent Fund Investments (PFI) Department. The new position was created during last year's budget process. As the Tribe increased the complexity of the Permanent Fund Investments portfolio, the Investment Committee felt that it was important to have a bigger and better team running the investment portfolio, previously managed by a two-person team - Ryan Erickson and Daniel Gottlieb. The duo had been running the endowment since 2016, when Gottlieb was first hired on as the Director of Investments.

Last year, Tribal Council created two new positions under the Permanent Fund Investments department. They hired Shawn Dearey in November as the Investment Operations Manager, and Gottlieb was hired in mid-January as Chief Investment Officer officially starting the posi-



Daniel Gottlieb Chief Investment Officer Southern Ute Indian Tribe

tion on Jan. 18.

"The new job was created essentially because we are growing the department and doing more complicated kinds of investing, Gottlieb explained. "The investments are doing well, so we are managing more money than we were in the past. We are also putting more complicated and longer-term investments into the portfolio."

Permanent Fund Investments was part of the financial plan, dating back to the ing operating businesses time when the initial financial plan was created. The

idea was to have a pool of investments that would be used to support the costs of running the tribal government operations.

"The forward thinking of Chairman Burch and Tribal Council at that time, was that the energy revenues would not last forever," Gottlieb said. "Therefore, the endowment, which is now called Permanent Fund Investments, was created to invest the Tribe's money into a diversified portfolio, so that there would always be financial resources to support the operations of the tribal government. The Permanent Fund endowment is now being used for the purpose it was created 20 years ago."

PFI has always invested in public equities, bonds, and diversifying assets, and continues to do so. The department is now focused on adding a new type of investment called private investments, which includes: Private real assets (real estate, energy and infrastructure), private equity (directly buy-

Gottlieb page 2

CORONAVIRUS

SJBPH emphasizes limited availability of COVID-19 vaccine

COVID-19 vaccine and we appreciate their commitment to protect friends, family, and community and slow the spread of the virus. SJPBH is committed to ensuring that everyone who wants vaccine can receive it.

Currently, the supply of COVID-19 vaccine is very limited with the state of Colorado receiving approximately 70,000 doses of vaccine each week for a population of 5.8 million residents. The vaccine distribution issues resulting in limited quantities in the Southwest Colorado region are being experienced by local public health agencies both nationwide and statewide.

The state's original COVID-

Staff report 19 vaccine distribution plan was nated by the state to lead the 70+ English and Spanish. SAN JUAN BASIN PUBLIC HEALTH revised by the governor to move vaccination effort. individuals who are 70 years or San Juan Basin Public Health older into a higher-priority cate- rado, of the more than 10,000 indi- limited numbers of vaccination (SJBPH) understands that many gory enabling them to receive vac-viduals in the 65+ population in La appointments for those who are one to follow these important pub-Archuleta and La Plata county cinations sooner than originally Plata County, less than 10% have eligible. SJPBH understands that lic health precautions: residents are eager to receive the planned. With the help of numer-received their first vaccination dose. it is frustrating for individuals • Wearing face masks ous partners, SJPBH continues to In Archuleta County, roughly 30% expand the local vaccine distribution system in anticipation of receiving more vaccines.

> Both Archuleta and La Plata counties are currently vaccinating individuals in the 1A phase which includes high-priority healthcare workers and staff and residents of long-term care facilities, as well as some categories of people in the 1B phase including first responders, moderate-risk healthcare workers, and people 70 years and older.

> A range of entities are providing vaccines for these groups including hospitals, pharmacies, healthcare systems, and others, however, hospital systems have been desig-

of the 65+ population have been vaccinated - 1,150 out of 3,829 individuals. (Note: These figures are the 65+ population, as reported by the state, though the current phase of vaccine eligibility is 70+.)

SJBPH is encouraging anyone interested in receiving the COVID-19 vaccine to share their contact information to receive a weekly email notification with an update on vaccine availability. The notification sign-up is not to to provide information as to where vaccine may be available for eligible individuals. The notification forms are available in both

Limited quantities of COVID-According to the state of Colo- 19 vaccine means that there are who are eager to be vaccinated to not be able to schedule a vaccine appointment. Continue to check for open appointments at the locations shared through the notification email. Please do not call vaccine providers unless they have requested, as many do not have the capacity to return calls.

> Please do not sign up for an appointment if you are not in an eligible category. This will only slow the vaccination distribution process.

SJBPH appreciates your patience make vaccine appointments, but and cooperation in what is an every-changing and complex process of vaccine administration. The agency continues to work with numerous partners to provide

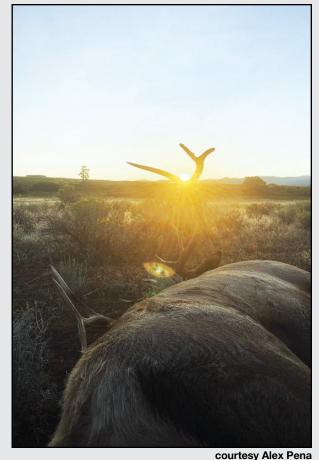
COVID-19 vaccine to all individuals who want it and to share information as it becomes available.

SJBPH continues to urge every-

- Social distancing of at least 6
- · Avoiding nonessential indoor spaces, and gatherings with others not in your household.
- Getting tested if you are symptomatic, think you've been exposed, or if you work in a high-contact position.
- · Avoiding travel.
- · Washing hands well.
- Getting the COVID-19 vaccine when it becomes available.

For information on vaccine and to share contact information to receive vaccine notifications visit: https://sjbpublichealth.org/covid-19-vaccine/.

All in a day's hunt



courtesy Alex Pena

A bull elk is harvested by Southern Ute tribal member, Bella Pena on the Reservation. The hunting season winds down on tribal lands as winter snows move in; winter is a time when families come together for the hunt and subsequently their freezers with elk and deer meat for ahead. The vear Southern Ute Reservation offers a unique hunting experience, upholding the time-honored tradition of the seasonal hunt for Ute tribal members. Special hunts are also offered to neighboring tribes and pueblos in New Mexico, who reciprocate the offer on their own lands each year.

> See more hunting photos on page 9.

CULTURE

Cultural Preservation receives prestigious language grant

Staff report SOUTHERN UTE CULTURAL PRESERVATION

The Cultural Preservation Department is excited to announce that the Tribe was awarded the Administration for Native Americans (ANA) Preservation and Maintenance grant, written with the assistance of the Southern Ute Education Department. The grant was awarded to the Tribe for a three-year period and includes three proposed plans to help get our language preserved and in the homes of our people.

"ANA believes language revitalization and continuation are two of the first steps taken in preserving and strengthening a com-



munity's culture," according to their website. "Use of native language builds identity and encourages communities to move toward social unity and self-sufficiency."

"The project is called the UTE (Using Technology and Education) Language Preservation Project,

Cultural page 3

FINANCIAL LITERACY

Pana-qar<u>u</u> 'ur<u>u</u> 'apaghar<u>u</u> "Money Talks"

Electronic Banking, aka E-banking

By Dan Larsen TRIBAL CREDIT DIVISION

Encyclopedia.com defines Electronic Banking, or "E-Banking", as "a form of banking in which funds are transferred through an exchange of electronic signals rather than through a physical exchange of cash, checks, or other types of paper documents." Whether we realize it or not, a majority of us already use electronic banking, and most of our banks probably provide additional E-Banking services we're not even aware of. Do you withdraw money using an ATM? How about purchases with a Debit Card? Those are two of electronic banking.

make credit card payments, the paper bill, write a check, company receives it before of experienced the frustration



Marge Barry Treasurer Southern Ute Indian Tribe

your bills online in a matter of minutes. You may also choose to pay most bills online directly with the vendor. It is usually just a matof the most common forms ter of setting up an on-line payment account with the Most of us are required to company you want to pay.

While E-Banking services and it's always a race to get allow you to initiate payments, on the other hand, mail the check, and hope the they also enable the receipt payments electroniyou get a late payment fee. cally. Specifically, a widely Living in this somewhat utilized and simple proremote area, we have all cess commonly known as "Direct Deposit" automatof scrambling to turn every- ically deposits funds into thing around as fast as pos- your bank account. When sible and then still getting a you utilize Direct Deposit, late payment fee, or delin- you'll save time and energy quency notice, because our not having to wait for mail has taken a trip to Albu- checks to arrive in the mail querque on its way to Den- or worry that your check ver. Whether you receive could be lost in the mail, a hard copy statement in or driving to the bank and the mail or if it's delivered waiting in line because the via email, with Bill Pay, or money is directly deposited similar E-Banking services into your account. Going offered by banks, you can on vacation, not to worry, simply login to your per- your paycheck, tribal dissonal bank account and pay tribution, child support, or

other payments will still be deposited into your account - no check to pick up. Not to mention that with the current Covid-19 restrictions, the less time spent in public depositing your checks, the safer you'll be.

Whether or not you are new or well versed in using Direct Deposit, we all still get the occasional paper checks. The good news is most banks offer a mobile deposit option where you can take a picture of the check with your phone, through a banking app now common among most banks, and your check will be deposited directly into your account without having to leave your house. No need to take it to the bank and stand in line to make a deposit.

These are just a few of the many services offered by Electronic Banking. They are fairly simple to establish and, once established, will save you countless hours over time. There are many other benefits to E-Banking. If you are interested in learning more, talk to your bank about what they have available, and in some cases, account fees may even be reduced or waived by using one Electronic Banking service or another. If you don't have a local bank or don't want to go into your local branch to discuss, then just log on to your bank's website, and there will be plenty of information and contact numbers if you have any more questions.

Many Moons Ago



Robert Ortiz/SU Drum archive

10 years ago

The annual "Youth of the Year" brunch took place at the Multi-purpose Facility on Sunday, Jan. 23, 2011. The fundraiser recognized community youth for their dedication and hard work within the Boys & Girls Club of the Southern Ute Indian Tribe. Leader of the Year, Kree Lopez, hugs Sarah Valdez, the Billy Thomas Award recipient.

This photo was first published in the Jan. 28, 2011, issue of The Southern Ute Drum.



SU Drum archive

20 years ago

One of the first off-reservation investments made by the Southern Ute Indian Tribe's Growth Fund led to a history making event in New York City on Jan. 18, 2001. Tribal Councilwoman Pearl E. Casias (with mallet) and Growth Fund Director Robert Santistevan (second from left) were among the group of people asked to ring the bell to open that day's trading on the American Stock Exchange. The 2001 bell-ringing group represented Contango Oil and Gas Company, a recently formed company in which the Tribe owned approximately 20 percent of the stock and a substantial amount of its production.

This photo was published in the Jan. 26, 2001, issue of The Southern Ute Drum.



SU Drum archive

30 years ago

The Veterans of the Tribe honored present soldiers who are currently serving in "Operation Desert Storm." The ECO officers stood in full uniform which represents and honors those young men and women who are currently serving in the various branches of the military. Chairman Leonard C. Burch spoke of the symbolism the flag ceremony represents.

This photo was published in the Jan. 25, 1991, issue of The Southern Ute Drum.

SU Drum archive

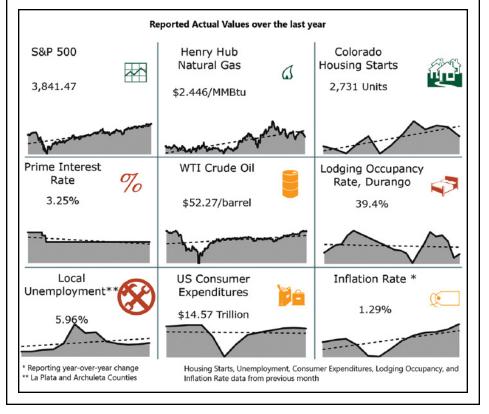
40 years ago

Mike "Fire" Frost shoots for a two against Monte Vista Varsity team at a game held at Monte Vista High School.

This photo was published in the Jan. 30, 1981, issue of The Southern Ute Drum.

Economic Dashboard

Please find below the Economic Dashboard courtesy of the Southern Ute Entrepreneurship and Economic Development (SEED) Program. This dashboard is intended to complement the other financial and economic data presented to tribal membership. Whenever possible we are providing data that relates most to the Tribe and its membership. All information is public data. If you have any questions, please contact Roger Zalneraitis, Economic Development Manager, at 970-563-2463.



GOTTLIEB HIRED AS CIO • FROM PAGE 1

through investment), and private debt (a broad category: making loans to individuals, private businesses.)

they do not trade on [stock] exchanges. It's a long-term process," Gottlieb explained. "These funds generally take five to ten years to play out."

more staff looking at private investments is that we need

end before the Tribe commits to very long-term investments like these," he said.

Gottlieb and his team "What differentiates the have hit the ground running. private asset category is that PFI works directly under the Investment Committee, with offices in the Leonard C. Burch building.

"I feel very fortunate to have been given the oppor-"The reason you want tunity to manage the Tribe's investments over the past five years, and my family and I to do more work on the front are grateful to be able to live cial future."

in such a beautiful part of the country," Gottlieb said. "I want to thank the Investment Committee and Tribal Council for their support as I take on this new role. Managing investments through the pandemic has been a challenge, but the PFI team is energized and excited, and we're working hard to find interesting new investment ideas and developing the portfolio to safeguard the Tribe's finan-

Culture



CULTURAL PRESERVATION GRANT • FROM PAGE 1

of their thoughts, dreams must help it regain its rightful place in our lives and in the hearts and minds of our people, especially our youth.' The previous passage is taken from the preface in the Ute Dictionary, we used this as our inspiration for writing the grant to preserve our language."

is vital that we get our lanas possible and get teachers the support and education they need to teach the children [in a way] that is structured," Thompson said. "It is also important to get the parents involved in the Ute dying by providing them the education of the Ute language so they can begin using our beautiful language at home with their children. It is a start, and I am hoping this also brings the community together, we all need dents for the Certification each other, we are a Tribe."

In the grant, we proposed to complete three tasks that involve the preservation of the Ute language using the elders, other Ute speakers and the community. The three tasks are: 1) Create the Southwest Indigenous Lan-

nous Language Develop- ern Ute Indian Montessori Taylor, Education Director ment Institute will be work- Academy as Ute guides, at 970-563-0237. ing in conjunction with Fort the Ignacio School District Lewis College and will pro- and the Cultural Preserva- receiving a Certificate in Ute vide college credit courses tion Department as educa- Language from the Southon the Ute language classes tors. You can also take these west Indigenous Language

associated with SILDI.

so I am hoping you will rec- College students. Fort Lewis ognize it as we promote it College offers tuition free in the community," empha- classes for Native Amerisized Cultural Department cans, so this will assist with Director Shelly Thompson. costs. The classes will be "Our late Chairman Leon- online to allow those who ard C. Burch is quoted as may not be in the immedisaying, 'No people can ate area to attend. We are maintain their identity with- hoping to make the classes out a language, the vehicle available on the weekends. We will need community and aspirations. If we are members to be a part of the to remain Ute, Nuuchiu, Mentor Circle which will be we must protect our lan- created to assist with SILDI guage from dying out, we to ensure there is support for the students as well as keeping track on the classes being offered. We are hoping SILDI will not end after the end of the grant and will continue to serve as a way for our language to continue

"Language is the backbone of a people's culture "We only have 32 Ute and traditions," explained speakers in the Tribe, and it LaTitia Taylor, Southern Ute Education Department guage documented as soon Director. "This grant will help sustain the Ute people's existence and viability by reviving the language. Past and present Tribal Councils understand this and have already set the groundwork with resolutions and the language to prevent it from establishment of the Southern Ute Indian Montessori Academy in which the Ute Language is a corner stone. It is time that we all work together and revive our language to its full capacity."

into the future.

We will be recruiting stu-Program under SILDI at the beginning of the year. This will be a three-year, seven semester program with some semesters having two classes. The certificate received at the end of the program will provide documentation from the Southguage Development Institute ern Ute Indian Tribe that you (SILDI); 2) Certify at least have completed the required of 15 Ute community mem- courses to be able to teach bers under SILDI; and 3) Ute on the Southern Ute Create an online audio and Reservation. This will assist video dictionary with an app. tribal members to obtain The Southwest Indige- employment with the Southcourses for personal inter- Development Classes are open to Ute est in order to learn the Ute please watch for the recruittribal members from the language. The other two Ute ment information that will Southern Ute, Ute Moun- tribes will be able to use the tain and Ute Indian Tribes, certificate as they choose descendants, community and can contact the Cultural members and Fort Lewis Preservation Department for

more information.

The online audio and video Ute Dictionary with an app, will be the longest project we will work on; we will work with the University of Arizona to assist in the creation of the app to ensure it remains the property of the Southern Ute Indian Tribe. We will be working with the elders and other Ute speakers to add to the existing official Ute Dictionary. We will also need artists for artwork to be a part of the Ute Dictionary and the app, so it will belong to the Tribe in various ways. We will have an Art Contest for the cover of the Ute Dictionary. When these materials are completed, they will be given to every Tribal household so they can use in their homes.

"I am so excited to be able to be a part of the UTE Language Preservation Project because language was a priority of mine when I became the Cultural Preservation Director," stated Shelly Thompson.

There is an opportunity for a tribal member to assist with the UTE Language Preservation Project as a contracted Media Technician. Request for Proposal (RFP) will be posted soon, so if you are interested please watch out for this great opportunity to submit your proposal when it is announced. There will be other part-time positions that may become open in order to assist with this project as well.

Elders and Ute speakers are encouraged to participate in all aspects of the grant and if you are wanting to participate in any manner, especially the Mentor Circle, participate in the recordings, or adding to the Ute Dictionary, please contact Shelly Thompson, Cultural Preservation Director at 970-563-2984 or LaTitia

If you are interested in Institute, come out in January, 2021.

Please be safe and remember to take care of each other and especially the elders.

SMITHSONIAN MUSEUM

Gover named Under Secretary for Museums and Culture

AMERICAN INDIAN

Kevin Gover, the director of the National Museum of the American Indian. has been named the Smithsonian's Under Secretary for Museums and Culture, effective Jan. 17. The position oversees the Smithsonian's history and art museums, its cultural centers, and the Archives of American Art, Smithsonian Exhibits and the National Collections Program. Gover has served as Under Secretary in an acting capacity since February 2020. He reports to Meroe Park, the Smithsonian's Deputy Secretary and Chief Operating Officer.

Gover, a citizen of the Pawnee Tribe of Oklahoma, began as director of the Smithsonian's National Museum of the American Indian in 2007. As director, he oversaw the Washington, D.C., and New York City museums as well as the Cultural Resources Center in Suitland, Maryland.

Gover has led the museum to pursue equity and social justice for Native people through education, inspiration and empowerment, and the museum has worked to expand people's ideas of what it means to be Native American.

Under his leadership, the museums have opened numerous critically acclaimed exhibitions in Washington and New York, including: "Americans," which uncovers the many ways American Indian images, names and stories have been part of the nation's history, identity and pop culture since before the country began; "Nation to Nation: Trea-

Staff report Nations," which exam- offers educational materi-NATIONAL MUSEUM OF THE ines the history and leg- als and training for teachacy of U.S. - American ers that incorporate Native Indian diplomacy from the colonial period through the present; "Infinity of Nations: Art and History in the Collections of the National Museum of the American Indian," a permanent exhibition of some 700 works of Native art from throughout North, Central and South America that demonstrates the breadth of the museum's renowned collection; and "Stretching the Canvas: Eight Decades of Native Painting," which presents works by 30 artists and explores broad topics at different points in modern art history starting at about 1940 to near present day.

> Most recently, in November 2020, the museum completed and opened the National Native American Veterans Memorial. The memorial, which sits on the grounds of the museum in Washington, was commissioned by Congress to give "all Americans the opportunity to learn of the proud and courageous tradition of service of Native Americans in the Armed Forces of the United States." Native Americans have served in every major military conflict in the U.S. since the Revolutionary War. This is the first national landmark in Washington to focus on the contributions of American Indians, Alaska Natives and Native Hawaiians who have served in the military.

launch of Native Knowlties Between the United tives on Native American advancement, and execu-States and American Indian history and cultures. It tive and financial planning.

narratives, more comprehensive histories and accurate information to enlighten and inform teaching and learning about Native America. It challenges common assumptions about Native peoples - their cultures, their roles in United States and world history, and their contributions to the arts, sciences and literature. The initiative provides a view that includes not only the past, but also the richness and vibrancy of Native peoples and cultures today.

The museum has also expanded its educational offerings to include virtual field trips and webinars, including the popular "Youth in Action: Conversations About Our Future" series, which features young Native activists and changemakers from across the Western Hemisphere working toward equity and social justice for Indigenous peoples.

Machel Monenerkit will continue to serve as acting director of the museum following Gover's departure. She is currently the museum's deputy director. Monenerkit joined the museum in 1994 as a volunteer and then became a program manager in the public programs office at the museum in New York. In 1998, she transferred to the museum's location in Washington, where she Gover also oversaw the oversaw three major projects for the museum's edge 360°, the museum's 2004 opening. She joined national educational ini- the museum's executive tiative. NK360° is a set of office in 2006. As deputy teaching resources that pro- director, she oversees sevvides educators and stu- eral museum departments, dents with new perspec- including administration.





Southern Ute Cultural Preservation Department is recruiting committed persons to learn to write, read and speak Ute as part of the Southwest Indigenous Language Development Institute (SILDI). Students will have to commit to the two year certification program in conjunction with Fort Lewis College.



For more information please contact Shelly Thompson, Culture Department Director at 970-563-2984 or Dedra White Eagle, Culture Education Coordinator at 970-563-2306

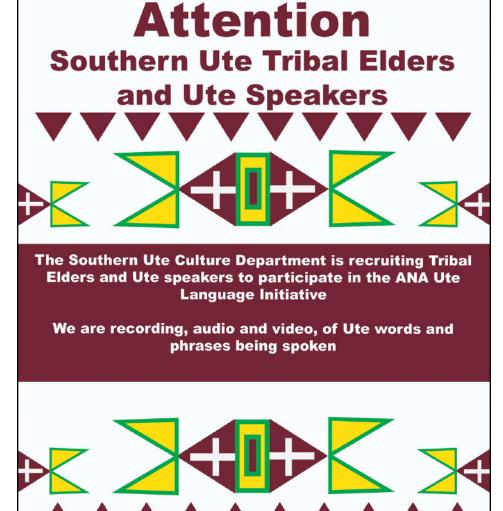


Early Detection Matters.

Get health screening tests and wellness check-ups each year at your local Urban Indian Health facility.

Watch the video and learn more at ncuih.org/wisdomkeeper





If you would like to participate, please contact **Dedra White Eagle, Culture Education Coordinator** 970-563-2306

or Shelly Thompson, Culture Director 970-563-2984



HEALTHY RECIPES

How can we make our comfort food a bit healthier?

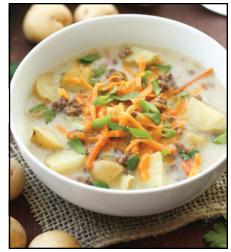
By Lisa B. Smith, RDN SHINING MOUNTAIN HEALTH & WELLNESS

Less sodium, less fat, smaller portions, adding veggies!

There are lots of ways we can make our comfort food a bit healthier. You can change one or more things in your recipe and still leave some items in that really make the dish.

Get creative and experiment; your family may never know unless you tell them!

Lisa B. Smith, RDN is a Registered Dietitian Nutritionist with the Southern Ute Shining Mountain Health and Wellness.



courtesy The Recipe Rebel

Yummy and Healthier Cheeseburger Soup

Ingredients:

1 pound 90% or greater, lean ground beef 1. Place ground meat in crockpot, set on (ground elk, chicken, or turkey works too) 5 cups (no salt added) chicken or beef broth 3 small russet potatoes, peeled and diced 3 carrots, shredded

- 2 celery stalks, chopped 1 onion, chopped
- 3 garlic cloves, chopped
- 1 teaspoon parsley
- 1 teaspoon basil
- 1/4 cup flour
- 2 tablespoons butter
- 1/4 cup plain Greek yogurt
- 1 cup 2% milk
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 1 1/2 cups shredded cheddar cheese
- 2-3 chopped green onions (white and 6. Serve with chopped green onions. green parts)

Directions:

- high and stir to break up as crock pot heats up, about 10 minutes.
- Add carrots, celery, onions, garlic, parsley and basil. Stir to combine with meat. Let it continue to cook for
- 3. Add broth and cook on high for 5-6 hours or until potatoes are tender.
- 4. About 20-30 minutes before serving, over medium heat, melt butter in a pan. Add the flour and stir. Immediately add the milk and yogurt, continue to stir 1-2 minutes or until thickens. Pour into soup and mix together.
- 5. Add cheese to the soup, stir and continue to cook until melted.

Serving size: 1 1/2 cups Servings: 8 Nutrition per serving: 346 Calories, 19g Fat, 535mg Sodium, 19g Carbohydrates, 2.6g fiber, 28g Protein.

Together, we CHALLENGE fight COVID-19



It is my mission to inspire and empower other sisters and brothers in treatment and help those in recovery live

a life of integrity, honesty and resiliency. Knowing that honesty is the foundation of change, if we live our lives

TO SIGN UP OR FOR QUESTIONS CONTACT MARVINA OLGUIN, PEER RECOVERY COACH @

970-563-2359 OR MAROLGUIN@SOUTHERNUTE-NSN.GOV

HEALTHY MINDS. HEALTHY CHOICES.

HEALTHY UTES.

one moment at a time and rationalize every thought before it becomes an action, WE WILL CHANGE.

-Marvina Olguin | Peer Recovery Coach

SOUTHERN UTE BEHAVIORAL HEALTH DEPT.

BEHAVIORAL HEALTH

BEE HEARD: You are not alone

By Ryan Sullivan SOUTHERN UTE BEHAVIORAL HEALTH

Food, touch, movement:

These are the primary ways we take in comfort and nurturance. Ideally, we meet these needs in connection with or alongside people we love. Cooking and sharing a filling homemade meal, the warmth and safety of a bear hug from a best friend, stretching our bodies like a cat bathing in the warmth of the morning sunlight. We humans are social creatures. Alone, it is too much.

We all have different degrees of "introversion" and "extroversion," how much time we enjoy being alone versus spending time with others. Imagine that we all have an internal cup that holds our Life Force. An introvert refills this cup and increases their energy by spending time alone and

to talk to someone.

welfare needs and family support.

inside ELHI) 970-759-3633

La Plata County, 970-247-1242.



hand, an extrovert refills their cup and renews their energy by spending time with other people and may feel lonely without regular companionship. Regardless of whether you tend to be more of an extrovert or an introvert, we all still need some level of connection with others.

Solitude versus Isola**tion:** For all the introverts reading this, it is important to remember that solitude is not the same as isolation. Solitude replenishes and fills the cup. Isolation, however, may serve as a self-im-

large gatherings. On the other mechanism (i.e. "I can't be hurt if I don't show up"), and can ultimately be damaging to our mental health. Time alone is healthy, but it is crucial to find balance.

> Right now, we have a reduced ability to spend quality time together. We are making the necessary sacrifice to protect our loved ones by choosing to temporarily reduce our contact with others. It is now even more necessary to unite and to be creative in the ways that we maintain connection with others. Now is the time to strengthen the community. Now is the time to connect to the universal heartbeat. You are not alone. You are connected. Separateness is an illusion. If you don't believe this, I challenge you to go to the mountains. Go safely. Find a space to sit and relax. Listen, smell, taste, see, feel. Perhaps then you will agree, we are never alone.

> Support is available: If you are interested in deepening your relationship with and understanding of yourself and others, wish to learn more about your own levels of introversion/extraversion, want someone to talk to, are struggling emotionally, feeling alone, drinking too much, etc. I encourage you to schedule an appointment with the Southern Ute Behavioral Health Department and/or join the weekly virtual Recovery Talking Circle. This open support group meets online every Thursday at 12 p.m. and promotes wellness and connection. We meet on Zoom; contact Marvina Olguin at 970-563-2359 to get more information. I hope to see you there.



24/7 STATE OR NATIONAL RESOURCES

LOCAL RESOURCES

· Southern Ute Health Center: Behavioral Health

Division 69 Capote Drive, Ignacio, CO 970-563-4581.

For local Native Americans. We are here to support

mental health, substance use prevention, treatment,

and recovery. Please call to schedule an appointment

Southern Ute Division of Social Services: 116

Capote Drive, Ignacio, CO 970-563-2331 for local

Native Americans needing assistance with child

24/7 Axis Health Care Hotline: Durango, CO You're

not alone. With our 24/7 crisis services, help is on the

way. Your health. We're in this together. 970-247-5245.

St. Ignatius Catholic Church: Pastor Cesar Arras,

Ignacio Community Church: Pastor Randall Haynes

405 Browning Ave, Ignacio, CO (currently located

Second Wind Fund of the Four Corners: Believes

that every child and youth at risk of suicide should

have access to the mental health treatment they need.

We match children and youth at risk for suicide with

licensed therapists in their communities, 720-962-0706.

Women's Resource Center: Creates personal, social,

and professional growth opportunities for all women in

14826 CO-172, Ignacio, CO 970-563-4241.

- Colorado Crisis Line: 844-493-8255 or Text "TALK" to 38255. You'll immediately be put in contact with a trained counselor, ready to text with you about anything.
- The National Suicide Prevention Lifeline: Has both an online chat and a 24/7 phone line at 1-800-273-8255 if you are thinking of suicide or need help for a loved one.
- The Trevor Project: Which seeks to serve LGBT youth, has a 24/7 suicide prevention line at 866-488-7386.
- We R Native: Join the movement by liking them on Facebook (www facebook com/weRnative), signing up for the text messaging service (text NATIVE to 24587).

Alcohol and Substance Use During COVID-19

Feeling scared, sad, depressed, anxious and alone is normal at this time. Some may cope with these strong feelings and stress by increasing their use of commercial tobacco, alcohol, and/or other substances. Teens, in particular, may be at risk for substance use to deal with isolation from friends, boredom, and stress.

Alcohol and/or substance use can make COVID-19 illness more serious

- Alcohol and other substance use can:
- · weaken the heart, lungs and other important organs weaken the body's ability to fight diseases negatively affect sleep
- · increase increase anxiety, depression, or other mental health

All of this wears a body down, making it easier ot get sick. Inhalants weaken the lungs. This is true whether someone is smoking, vaping, using e-cigarettes, or any other way inhalants

enter the body, including second-hand smoke. If you are in recovery or struggling with

substance use: Know that this is a stressful time, and it is ok to feel anxious, concerned or worried about staying sober.

Reach out to your healthcare provider and any sponsors or

Connect with virtual treatment and recovery programs. Write a list of your contacts. Share that list with someone you

Take medicine as prescribed and continue therapy, treatment, or support appointments when possible.

Do things that boost mental health and wellness. For some ideas, see "Staying Safe and Mentally Well During COVID-19."

- Get immediate help in a crisis. Call 911 Disaster Distress Helpline: 1-800-985-5990, or text "TalkWithUs"
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- National Drug and Alcohol Treatment Referral Routing Service: 1-800-662-HELP (4357)



To help someone in recovery or who struggles with alcohol or substance use: Check in to see how they are and remind them that they are loved

Find ways to help them deal with their stress. Encourage them to use alternative ways to deal with stress and strong feelings during this difficult time.

Connect with them by phone, video, or brief meetings while wearing masks and keeping social distance.

Help connect them to virtual treatments, recovery programs, and

If soap and water are available for handwashing, consider

removing or limiting hand sanitizer in the hon

- Be aware of difficulty with recovery during this time.
- · Social isolation, added stress and emotions, and changes in routine can trigger use
- Health care services may be limited, including treatment, testing, peer-support groups, syringe service programs, and access to



For more information: drugabuse.gov/drug-topics/comorbidity/covid-19-resources



PHYSICAL THERAPY

Kicking foot pain to the curb

Self-management steps to take for sore and aching feet

Stockhausen PT, DPT, OCS foot or ankle can have pain-

working or hiking trails, but foot pain. a truly painful foot will stop you in your tracks. Developing foot pain at some forward you need a minipoint in your life is shockingly common. In 2010 the American Podiatric Medicine Association found that 72% of us will have foot pain at some point along life's journeys. If you have foot out as you take each foot pain, you are definitely

The list of potential probbe flexible and compliant enough to cushion the landing of each step, but then then push off as we proamazing bit of anatomical engineering called the windextends upwards. This tightens the soft tissues of the arch. Ouch! arch of the foot much like a solid surface to push off of as we continue stepping forward. You can play with this at home by watching your arch stiffen and relax Your arch will go from rel-

Many foot problems stem switch sides. from a breakdown in this on your feet again.

remarkable structure.

MOBILITY

RAKITA AND TOMSIC INC. ful consequences over time. There are two simple activ-Sore and achy feet are ities to improve your foot/ common after a long day ankle mobility and alleviate

First, we will look at the

ankle. Every time you step mum of 6-10 degrees of dorsiflexion (pulling your toes back towards your head). Should you have a stiff, and often pain free, ankle you will be forced to turn your step. We call this "Duck Walking." Duck walking totally changes the way your lems that can occur in the body weight passes through foot is long. Our feet have your foot causing problems a remarkably difficult job such as a fallen arch, bunto do after all. They must ions, plantar fasciitis, and many others. The reason this **STRENGTH** is so problematic is that as we step forward our big toe strong and ridged for us to does not get pushed upwards as it should, and instead colpel ourselves forward. An lapses outwards and the windlass mechanism doesn't fully engage. Now, all of lass mechanism allows this your weigh drives down to happen. Once our foot is through those 26 bones and on the ground and we begin 30 joints without the support to step forward our big toe of the tightened bands of tissue stretched across your

A simple fix for this is pulling a bow string. As the the common calf stretch tissue tightens it pulls the at a wall. Stand in front of arch upwards and stiffens a wall with one leg back. the foot allowing us to have Keeping your heel firmly on the ground and, most importantly, toes pointed forward and not out, lean into the wall and feel the stretch along the back of while you pull your big toe your leg. This can be done upwards and downwards. with both a straight back leg or slightly bent back leg atively flat and soft to raised (there are two calf muscles and ridged as you pull your and each position stretches big toe further. It is a truly one or the other). Hold this position for 60 seconds and strength improves.

system of loosening and ity we need to look at is can seem overwhelming. tightening. Here we will go within the foot its self. but by making a few simple over a few simple ways to Remember that the foot improvements on your own reduce common foot pain needs to be able to both it can often be treated quite problems and get you back loosen and tighten for you effectively. to walk correctly. Midfoot stiffness severely limits the is severe, having a medifoots ability to cushion each cal professional here at the step and once again all of Tribal Health Clinic check With 26 bones and 30 your weight, and possibly joints apiece, our feet are up to 5x your weight if you made to twist and flex and are running or jumping, now move in a variety of ways. is crunching through those

By Dr. Stephen Losing mobility with the tiny bones. To improve your foots flexibility take a tennis ball, or something similar, and place it on the ground in front of a chair. Then, while sitting step barefoot on the ball trying to wrap your foot over top of the ball. Try putting the ball in a few different spots under your foot and repeat. If this is pain free do the same thing in standing. Curling your foot over top of the ball forces the bones to

spread out and stretch. This technique can also be used to massage sore muscles in the foot, and if you swap out the ball for a frozen water bottle, 10-20minutes of rolling back and forth can work wonders for flared up foot pain.

The final tip for self-treating foot pain is to build up the strength within the foot. The muscles inside of the foot are called intrinsics. The intrinsic foot muscles assist in controlling the bones and joints of the foot and to tighten the arch as well. For the vast majority of us we have lost control of these muscles. Don't believe me? Try this:

Sit in a chair barefoot. While keeping your toes flat on the ground spread them all out using just your foot muscles. Remember, keep the toes flat on the ground the whole time.

Nearly everyone reading this will only manage a weak wiggle at best. Practice this movement over and over and soon your foot will "wake up" and it will become far easier. Foot pain will also dwindle as the

Managing pain in some-The second area of mobil- thing as complex as the foot

> If your pain persists, or it out is the best step to take. The team here is well equipped to get you back on both feet in no time.

January is Cervical Cancer Awareness Month

Ages 9-12

Persons initiating

vaccination before

receive 2 doses of

administered 6/12

months after the first

vaccine.

The second dose

should be

does (CDC)

their 15th birthday will

Cervical cancer is the most preventable female cancers due to cervical cancer screenings and HPV vaccination. So what causes cervical cancer, and how can

you prevent it? Cervical cancer stems from the human papillomavirus that can be transmitted, and currently infects about 79 million people. It is

estimated that an additional

14 million will be infected

each year as well.

The Gardasil HPV vaccine protects against 4 strains of HPV, two of which account for about 70% of all cervical cancers, and the other two causing 90% of genital

So when should you or your child receive the vaccines? The FDA has approved vaccination of both boys and girls, with given time

Optimally ages 11-12

- Persons initiating vaccine on or after their 15th birthday
- will receive 3 doses of the vaccine Second dose administered 1-2 months after first dose
- Third dose administered 6 months after first dose Women and men can be vaccinated up to 26 years Interrupted schedules:
- "If the vaccination schedule is interrupted, the series does not need to be restarted. The number of recommended doses is based on age at administration of the first dose." (CDC)

Join Shining Mountain Health and Wellness in January to watch "Someone You Love: The HPV Epidemic.

When should my child or I get vaccinated?

This event will be held on Monday, January 25th 2021 @ 10-12pm

ALL participants will receive a gift bag for attending filled with amazing goodies an educational information.

Participants who would like to discuss overcoming barriers to receiving cervical cancer screening may contact Morgann Box at mobox@southernute-

Barriers include but are not limited to:

- Food insecurity
- * Transportation
- Childcare . Lack of support

Shining Mountain Health and Wellness can help with these barriers by providing Walmart cards, gas cards, etc to women who qualify*

*qualification of women is assessed by place of residence, age, and possibly income and insurance if women have no means to pay for cervical cancer screening services

Sign Up Here!

https://www.surveymonkey.com/r/XSXXNLS

Or Scan the QR code using your mobile device





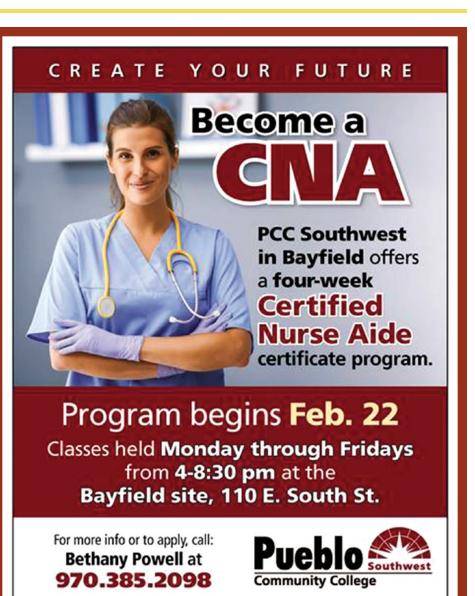
Southern Ute Indian Tribe Health Center Hours

Due to the evolving Covid 19 Outbreak the Southern Ute Health Center has updated all operational hours, until further notice.

All PATIENTS ARE REQUIRED TO CALL AHEAD FOR APPOINTMENTS 970-563-4581.

- S.U. HEALTH CENTER (CLINIC): 8 a.m. to 1 p.m. Daily. Covid-19 Testing: Mon. & Fri., 8 a.m. to 2 p.m.; Tue., Wed., Thur., 8 a.m. to 1 p.m.; <u>Lab hours</u>: Mon. 8 a.m. to 5 p.m.; Tue. – Fri., 8 a.m. to 1 p.m.
- PHARMACY: 8 a.m. to 1 p.m. daily. Only window service will be offered. No Pharmacy access from inside the clinic.
- NURSING VISITS: 8 a.m. to 1 p.m. daily. Appointment only. NO **WALK-INS!**
- <u>DENTAL:</u> Mon., Fri., 8 a.m. to 1 p.m.
- OPTOMETRY: Mon., and Wed. only, 8 a.m. to 1 p.m.
- PSYCHIATRY: Visits are no longer being offered; Patients will be treated via tele-medicine.
- All **SPECIALTY MEDICINE**: All appointments will take place via tele-medicine. SUHC staff will be calling patients to make
- person or group meetings at this time.

arrangements for service. • All BEHAVIORAL HEALTH: Patients are treated by phone, no in-Stay up to date with the Coronavirus and the Southern Ute Tribe online at www.southernute-nsn.gov and on Facebook at www.facebook.com/southernute



IGNACIO MIDDLE SCHOOL 2nd Quarter Honor Roll

Eighth Grade	
Ada-Rene Cruz	3.5
Alejandra Prambo Howe	3.5
Jonas Gerrits	3.8
Harley Martinez	3.8
Victoria Brown	4.0
Kimber Hatcher	4.0
Marissa Olguin	4.0
Kyndall Romero	4.0
DaLaney Wesner	4.0
Seventh Grade	
Joshua Kerrigan	3.5
Samantha Riddell	3.5
Andre Thompson	3.6
Aven Bourriague	3.7
Lincoln deKay	3.8
Sonny Flores	3.8
Micaela Ramirez	3.8
Alyssa Atencio	4.0
Trace Crane	4.0
Jania Jackson	4.0
Isabella Lorenzini	4.0
Maxamilian Montoya	4.0
Zane Pontine	4.0
Gregory Walker	4.0

Sixth Grade Tarah Baker 3.6 Alahna Cundiff 3.8 Katie Cundiff 3.8 Matrim Jones 3.8 Leandra Litz 3.8 Gage Smithson 3.8 Raiya Welker 3.8 Kenya Abaroa 4.0 Jaelyn Alston 4.0 Cayson Burcham 4.0 Maliyah Martinez 4.0 Leah Mulleneaux 4.0 Dave Joshua Pogoy 4.0 Kelly Sirios 4.0 Thunder Windy Boy 4.0



THE POWERHOUSE Aerospace Industry and Advancements

Join The Powerhouse virtually on Feb. 14 from 4:30 - 5:30 p.m., for "Aerospace" Industry and Advancements". Tune into @powscicenter live facebook stream to learn about space weather and the Artemis/Orion from two experts in their fields, Dr. Jo Ann Joselyn and Edwin Cooper. This free lecture is part of the Apollo 14 Speaker Series celebrating the 50th anniversary of the Apollo 14 launch. Live Q&A following the event.

PARENT EDUCATION **NETWORK**

One-hour Virtual Meetings



Contact: Linda K. Baker Southern Ute Tribal Council Member

Office: 970-563-2407 · Mobile: 970-553-0491 Fax: 970-563-0396 Email: Ikbaker@southernute-nsn.gov



MINI LAW SCHOOL ONLINE:

BUSINESS LAW & THE PANDEMIC RECOVERY FEBRUARY 2, 2021 - MARCH 16, 2021



About the Program

This seven-week online series will focus on business law and its role in the recovery from the COVID-19 pandemic. The program, designed for non-lawyers, is an excellent lifelong learning opportunity to get a taste of what law school is like. Participants who view at least five of the seven sessions receive a Mini Law School Certificate (no academic credit is received for participation). There are no required readings, tests, or homework assignments - just a great chance to learn about the law!

All participants can view any live lectures they miss by watching a recording at a later date.

Participation University of CO Boulder Mini Law lectures are live

Tuesday evenings 6 PM-7:30 PM MST. Lectures are recorded. Please sign up for this program if you intend to complete the course in full. The cost of this course will be covered for Tribal Members and Tribal Employees through the Education Department.

View Full Schedule: https://www.colorado.edu/law/academics/mini-law-school

Registration

Participants must have computer and internet access. Please email Nicole Cabral to register for this course. The deadline to register is Monday, February 8th, 2021.

Nicole Cabral

Distance Learning Coordinator ncabral@southernute-nsn.gov

SUIMA

From the Eagle's Nest

Dealing with 'Cabin Fever'



McKayla Lee/SU Drum archive

Whether schools are offering on-campus learning, remote learning, or a combination of both, being cooped up can create anxiety and exhaustion; especially for youth who are unable to socialize with friends and families like they are used to doing.

SOUTHERN UTE INDIAN and out. MONTESSORI ACADEMY

It's that time of year – a weekend that brings an end to the football games on television and the enjoyalso the time that we tend to forts or play hide and seek. get "Cabin Fever."

While "Cabin Fever" is often associated with a routine. It seems like a being stuck inside during cold, snowy, wet weather, after months of social distancing and lockdowns, "Cabin Fever" is taking on a new meaning for many of us. That includes students. Whether schools are offering on-campus learning, remote learning, or a combination of both, being cooped up can create anxiety and exhaustion. Not being able to socialize with friends and families like we used to can also cause these same feelings.

to help keep the students dance off. focused on schoolwork, SUIMA has implemented a social hour, two times per week. Students can join their virtual platform during lunch. While in this virtual social space, the students can laugh, share what they are having for lunch, tell silly jokes and spend time STAFF SPOTLIGHT together. They have the support of the SUIMA school counselor and Speech Therapist to guide discussions if needed – and to offer adult supervision.

No matter if it's the students or the adults, here are a few tips to help keep "Cabin Fever" at bay.

Keep yourself healthy by eating nutritious food. Comfort foods can bring some short-term relief and enjoyment to an otherwise uneventful day, neglecting nutrition will leave you feeling weighed down and sluggish. Healthy, nutritious food can provide you with energy so that you can keep

Staff report up with your child – indoors

With that being said, get moving. Bundle up and take a walk in the snow. Build a snowman. When the weather and streets allow, go for quick bike ride. ment of snowy days. It is Inside the house, build some

> When it comes to sleep, make sure you stick with no-brainer but going to bed and waking up at the same time every day can help you get a full night's sleep.

To help reduce "Cabin Fever" learn something new. This will help fend off boredom. By mixing things up and doing something completely new, we can help keep our brains from getting stuck in a rut. Try having a picnic with your family outdoors, (bundled up in snow clothes) or eating on the floor of the living room with a big blanket that To help students work represents the picnic area. through the feelings that Or make up a new dance annon can be found out-"Cabin Fever" causes, and routine and have a family side hunting, fishing, riding

your family can do to break the summertime, she enjoys up the feelings of "Cabin time in a boat on the lake. Fever," just have fun with each other. Make some youngest students, Rhianmemories and look forward to next year's normal "Cabin Fever."

For this edition, the SUIMA Staff Spotlight is on Infant/Toddler Guide Rhiannon Velasquez. Rhiannon lives in Tiffany with her husband Fidel, their three children: Phillip, as their four horses, two family.



Rhiannon Velasquez Infant/Toddler Guide

dogs and one cat.

Rhiannon has her roots here and graduated from Ignacio High School in

One of her favorite quotes is "Smile and the world will smile back." If you ever encounter Rhiannon, you will see that she is true to her quote and always carries a smile with her.

To break up any "Cabin Fever" she may have, Rhiher horses or enjoying din-No matter what you and ner at her mom's home. In

> While she works with our non has advice for all students out there- no matter the age: Finish your education, explore the world, then come back with knowledge and experience to help our tribe and tribal youth grow. She states that the best part of working at SUIMA is knowing she is giving back to her tribe and the tribal membership.

Thank you, Rhiannon, for Sage, and Easton, as well being part of the SUIMA

Upcoming SUIMA events

- PAG Family Night Wednesday, Feb. 3, "Storytelling" Family Conference Week - Feb. 8-11, Virtual meetings
- PAG Meeting Tuesday, Feb. 9
- No School (in lieu of conferences) Friday, Feb. 12
- No School (Presidents Day) Monday, Feb. 12
- PAG Family Night Wednesday, Feb. 17





CORONAVIRUS

Colorado launches new **COVID-19** vaccine hotline

Staff report COLO. DEPT. OF PUBLIC HEALTH AND ENVIRONMENT

This week, the Colorado Department of Public Health and Environment launched a new call center for the public to ask questions specifically about the COVID-19 vaccine. Now through the end of January, the vaccine call center is open Monday through Friday, 9 a.m. - 10 p.m., Saturday and Sunday, 9 a.m. - 5 p.m. Beginning Feb. 1, hours will extend to 24 hours a day, seven days a orado for general informaweek. The new toll-free tion about COVID-19, such number is 1-877-CO VAX as the number of cases in CO (1-877-268-2926).

Vaccine call staff are trained to answer tect yourself. COVID-19 vaccine-related questions, provide information about vaccine providers across the state, and give day, 9 a.m.- 5 p.m. by dialgeneral information about ing 303-389-1687 or 1-877-COVID-19. Fifty operators 462-2911. are available to answer calls and can provide information munity Resource Navigain multiple languages. Staffing will expand as call volume requires.

number is the go-to for vac- or toll-free 866-760-6489, or cine-related questions for by visiting 211Colorado.org. the general public, but they



should continue using the in phase 1A and 1B above Colorado Health Emergency Line for the Public (COHELP) and 2-1-1 Col-Colorado, the list of sympcenter toms, or how you can pro-

> COHELP can be reached Monday - Friday, 9 a.m. - 10 p.m. and Saturday and Sun-

2-1-1 Colorado Comtors are available to help by phone, Monday - Friday from 8 a.m. - 5 p.m. and can The 1-877-CO VAX CO be reached by dialing 2-1-1

Right now, Colorado is

the dotted line of its vacdistribution plan, which means frontline health care workers, first responders, and people age 70 and older are eligible to receive the vaccine. Until the vaccine is widely available and used, and community immunity is achieved, it is important to continue taking precautions to slow the spread of the virus, like wearing masks, avoiding large gatherings, and practicing physical distancing.

More information about Colorado's vaccine efforts is available at covid19.colorado.gov/vaccine.

Continue to stay up to date by visiting covid19. colorado.gov.

CORONAVIRUS

San Juan Basin Public Health: importance of COVID-19 testing and health precautions

Staff report SAN JUAN BASIN PUBLIC

thousands Archuleta and La Plata county residents receive COVID-19 vaccines, officials at San Juan Basin Public Health (SJBPH) urge locals to continue to practice public health precautions for halting the spread of the virus including testing and quarantine, when appropriate.

As of January 25, 6,351 vaccines have been administered to eligible residents in Archuleta and La Plata counties, meaning that less than 10% of the residents in both counties have been vaccinated. Therefore, many individuals remain susceptible to infection. Even if someone has been vaccinated or has cines are being adminisrecovered from COVID-19, it is still possible that they may become infected and spread the virus to others. Given these factors, SJBPH is urging everyone to continue to practice proven public health precautions until everyone can be vaccinated.

vaccinated should follow quarantine guidance if they develop COVID-19 symptoms after getting the vaccine. It can take a few weeks to build immunity after vaccination which means a person could be infected just before or just after vaccination. If an individual has COVID-19 symptoms after getting the vaccine, or at any time, they should contact their health care provider and get tested. Quarantine is not necessary once a person has received both doses of the COVID-19 vaccine and two weeks have passed after the second dose. People who live or work in high-risk congregate settings may still be required to quarantine, even

if fully vaccinated. "We are so grateful vactered to our most vulnerable community members," said Liane Jollon, SJBPH executive director. "However, vaccines don't mean we can quickly return to normal. The pandemic is still dangerous, and lives are at stake. As we wait our turn to get vaccinated, test-

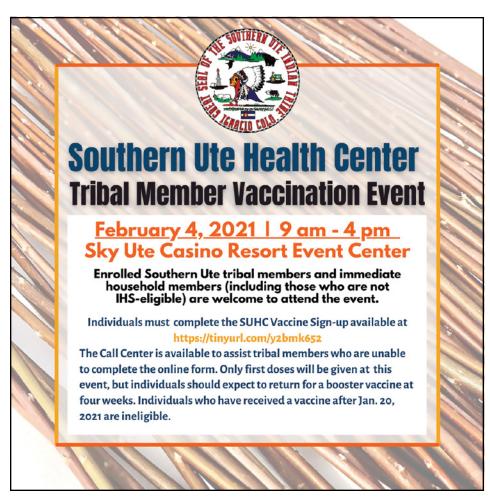
People who have been ing and public health precautions are critical to save lives, help our businesses stay open, and get schools back to in-person learning."

> SJBPH encourages residents to get tested if they are symptomatic, think they've been exposed, or work in a high-contact position. SJBPH provides free COVID-19 testing at the following locations:

The Archuleta County Community Testing Site provides testing from 10 a.m. to 1 p.m. on Monday, Wednesday, and Friday at the Archuleta County Fairgrounds at 344 U.S. HWY 84 in the all-weather Hughes Pavilion in Pagosa Springs.

The La Plata County Community Testing Site provides testing from 10 a.m. to 4 p.m. Monday through Thursday and Saturday at the La Plata County Fairgrounds, 2500 Main Ave in Durango.

The Bayfield Community Testing Site provides testing from 9 a.m. to 12 p.m. Wednesday and Friday at the Upper Pine Fire Protection District Administration Building, 515 Sower Drive in Bayfield.



Southern Ute Health Center Tribal Member Vaccination Event

Which vaccine will be given?

Staff will administer the Moderna vaccine.

Can I get my second vaccine at the event? No, only the first dose will be administered at this event. The next event will include the booster vaccine. Individuals who wish to receive the first vaccine must attend the next SUHC event.

Can I switch between Moderna & Pfizer?

No, you must stick with the same vaccine administered for your first dose. Staff advise against interchanging vaccine.

If my group is not included in the current **SUHC Phase, can I still attend?**

Yes! The SUHC Phases will not be followed at this event. The goal is to protect as many tribal households as possible!

Do I have to have an appointment?

Yes, sign-up at https://tinyurl.com/y2bmk652



SOUTHERN UTE INDIAN TRIBE

COVID-19 VACCINE GUIDANCE

about our future. We have been center stage to an unprecedented viral pandemic, one that has not been seen in over one hundred years. We have seen, and some have experienced, tragic illness and loss throughout our community. As the year draws to a close, two biotech companies have developed and launched a vaccine against the virus, bringing much needed hope.

Both Pfizer and Moderna have been granted Emergency Use Authorization (EUA). An EUA provided by the Food and Drug Administration (FDA) allows the use of a new medical product during the time of a public health emergency. Both vaccines developed by two separate biotech companies have proven to be highly efficacious (both over 90%). The Southern Ute Tribal Council has chosen to work with Indian Health Services (IHS) to secure and administer the vaccine as it becomes available, rather than with the State of Colorado.



Types of Vaccines Vaccines comes in three forms

- Live which is a weakened virus
- Inactivated which is often a killed virus
- · Genetically Engineered Vaccine this type of vaccine uses genetically engineered RNA or DNA that has instructions for making copies of the viruses' surface proteins. These copies prompt an immune response to the virus.

The COVID-19 is a genetically engineered vaccine.

What is the COVID-19 Vaccine?

Both Pfizer and Moderna vaccines use bits of genetic code to cause an immune response and is called an mRNA vaccine. It does not alter human cells, but merely presents the body with instructions to build immunity to Covid. The mRNA codes for a protein that triggers an immune response to your body - it tricks your body into thinking it is being invaded by a foreign substance that may cause harm.



SOUTHERN UTE INDIAN TRIBE

Who will be vaccinated first?

COVID-19 VACCINE GUIDANCE

Vaccine dissemination is divided into four phases.

- Phase 1a only those that reside in long term care or assisted living facilities
- Phase 1b police officers, congregate setting staff in jails and detention centers, teacher,
- other essential workers, and persons aged 75 years and older
- Phase 1c persons aged 65-74 years, high risk persons aged 16-64, and essential workers
- Phase 2 elderly and those with chronic disease are considered to be high risk
- Phase 3 wider distribution to general public Phase 4 - routine vaccination county wide

Where are we now?

The Tribal Health Department (THD) has received Pfizer and Moderna vaccines. Vaccination of all frontline healthcare workers has been completed. We are currently in Phase 1b, vaccinating essential workers and SUHC patients and tribal members aged 75 and older.



For tribal members who reside off-reservation or not within driving distance to SUHC:

If you are a healthcare worker or essential staff, you will be vaccinated soon. For everyone else, Elders will be given precedence followed by adults ages 16 and older. Please call your local health department or PCP and ask about their process. You must schedule your vaccination directly with your PCP. For tribal members residing in a longterm care facility or assisted living, if you or a loved one has not been vaccinated, please call the THD at 970.563.2400.

CORONAVIRUS

Gov. Polis renews call for more vaccines to be distributed

State, providers continue to exhaust supply

OFFICE OF GOVERNOR POLIS

Governor Polis renewed his call for more vaccines to be distributed to Colorado as the state and prothe supply allocated by the

federal government. Colorado has received a total of 376,920 first doses of the COVID-19 vaccine as of January 24. Of that, 147,420 were Pfizer first doses and 229,500 were Moderna first doses. The State has also received 217,520 second doses, of which 88,920 were Pfizer and 128,600 were Mod-Colorado expects 42,120 first doses and 16,380 second doses from Pfizer next week. Additionally, the State expects 38,170 first doses and

Staff report Moderna next week.

Colorado has administered 458.441 of the vaccine as of 9 a.m. this morning. 375,782 first doses and 82.659 second doses.

"Vaccines in Colorado are

viders continue to exhaust not sitting in a warehouse or on a shelf and we need more vaccines immediately to protect our most vulnerable residents over the age of 70 and ultimately to end this horrible pandemic," said Governor Jared Polis. "It's well known by now that the Trump administration failed Americans in many aspects of the COVID vaccine rollout and I continue to urge our federal partners and the new Biden administration in Washington to ramp up vaccine distribution right away."

"Colorado is ready to immediately use three to 33,200 second doses from four times as many vac-

cines as we are currently getting each week right away," Polis emphasized. "The sooner Colorado gets more vaccines, the quicker we can get them into arms, and the faster we can help our small businesses and economy build back stronger. We're ready and welcome renewed federal assistance to get the job done."

The Polis administration has been focused on distributing the COVID-19 vaccine in a way that is equitable, saves the most lives, and ends the public health crisis brought on by the COVID-19 virus as soon as possible. Colorado is dependent on the federal government for the state's weekly supply of the COVID-19 vaccine.

For up to date information visit https://covid19. colorado.gov/vaccine

CORONAVIRUS

SJBPH confirms COVID-19 related death in Archuleta County

San Juan Basin Public Health (SJBPH) reports the first instance of a COVID-19-positive resident of Archuleta County who has died. While the Centers for Disease Control and Prevention (CDC) will ultimately determine whether this individual's death was caused by COVID-19, the deceased, an older adult, is the first lab-confirmed individual to die after contracting the disease in Archuleta County.

"We extend our deepest condolences to the family and friends of this community member," said SJBPH Executive Director, Liane Jollon. "The virus remains a real threat in our communities. It is vital that we remain focused on prevention efforts to protect those who are particularly vulnerable to developing more seri-

Staff report ous illness, including older SAN JUAN BASIN PUBLIC HEALTH adults and those with underlying health conditions."

> To prevent further spread of disease and to protect vulnerable people, including older adults and those with underlying health conditions, such as those with heart and lung disease, pregnant women, and people with diabetes, SJBPH urges everyone to follow these important public health precautions:

- Wearing face masks · Social distancing of at
- least 6 feet Avoiding nonessen-
- tial indoor spaces, and gatherings with others not in your household
- Getting tested if you are symptomatic, think you've been exposed, or if you work in a high contact position
- Avoiding unnecessary
- · Washing hands well

• Getting the COVID-19 vaccine as it becomes available

To help residents to receive COVID-19 vaccine notifications, SJBPH has launched an online sign-up form, available in English and Spanish. By completing the online form, those who want to get the vaccine will be contacted as soon as it becomes available to them, according to the state's vaccine priorities.

"While vaccine supply is still extremely limited, we are working directly with community partners to prioritize vaccine availability among our communities most disproportionately impacted by the COVID pandemic," Jollon said. "We know the sooner people can get the vaccine, the sooner we can reduce hospitalizations and deaths. In the meantime, we cannot let our guard down."

SOUTHERN UTE INDIAN TRIBE

All tribal buildings on the tribal campus are

to all visitors in accordance with the "Stay at Home" Order issued on March 25, 2020 which remains in effect until further notice.

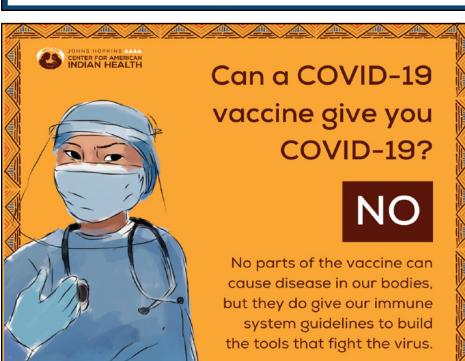
Tribal members who require entry to conduct business with a tribal department must call ahead to schedule an appointment with tribal staff. If you have arrived for your scheduled appointment, please call the tribal department or staff to notify them of your arrival. Tribal staff will allow access only under these circumstances. All visitors and staff are expected to comply with the tribal public health order requiring the use of appropriate face covering while inside the building. Please practice social distancing and other public health guidelines.

TAWI NUUCHU NA-GUKWI-VANI COVID-19

"Together, we will fight COVID-19"

The Southern Ute COVID-19 Call Center is available from Monday through Friday from 8:00 a.m. until 5:00 p.m. by dialing 970.563.0214.

SOUTHERN UTE INDIAN TRIBE COVID-19 UPDATE Southern Ute Health Center Cases Current Vaccination Phase Positives 164 Phase 1 (c) 114 Recovered **Total Tests** Southern Ute Tribal Member Cases 61 **Positives** 46 Recovered Vaccines Available Call SUHC for appointment **Deaths** TAWI NUUCHU NA-GUKWI-VANI COVID-19





SOUTHERN UTE INDIAN TRIBE COVID-19 Call Center

Hours of Operation Monday through Friday from 8:00 a.m. until 5:00 p.m.

970.563.0214



PRACTICE SOCIAL DISTANCING



STAY HOME



IN TOUCH



PRACTICE GOOD HYGIENE

If you are sick self-isolate. If your symptoms get worse call your healthcare provider.

Tribal members & Southern Ute Health Center patients can call the Health Center at 970.563.4581 to schedule an appointment. Photo Credit | Lindsay J. Box Designed & Published by Lindsay J. Box



SOUTHERN UTE INDIAN TRIBE

Effective Public Health Orders

Stay at Home Order



YOU CAN:



or get things





or supplies for your home.



medical supplies



banking



engage in nongroup activities

Get or buy

educational supplies

buy things for the household



Indoors and Outdoors when

social distancing measures are not possible

Both orders remain in effect until further notice. SOUTHERN UTE COVID-19 CALL CENTER - 970.563.0214 MONDAY - FRIDAY 8:00 A.M. UNTIL 5:00 P.M.

Designed & Published by Lindsay J. Box



Another successful hunting season



Avid hunter and Southern Ute tribal member, Alex Pena, during the 2020 archery season.



courtesy Alex Pena

Southern Ute tribal member, Bella Pena, gets her buck on Southern Ute lands in 2020.

THE KITCHEN TABLE • FROM PAGE 1

them as well.

Many stories were told at the kitchen table, passed down from one generation to the next. Some kitchen tables were loud, some were quiet, some were old, and some were new. Some had fruit and newspapers on them, some had bread and coffee. But one thing was the same, they all gave a platform for spoken words. Some of the words we had around the kitchen table were about life, love, death, birth, ceremonies, birthdays, holidays, and much more.

Today were going to talk bout one of those conversations and memories we might have had around how to process an animal. The morning started off early, way before the sun came up. The hunters would go out to harvest an animal. But before they'd go, someone always had prepared fresh coffee before their departure. As the day went on, depending on the animals and the hunter's ability to track or by luck come across them, they would come home with a fresh kill. And depending on what you had available, they might skin and quarter the animal right there in the back of the truck or maybe on the ground and some might string them up and quarter them up that just beginning.

The little ones would the hunter would tell them about the animal and maybe even talk to them about how to quarter and process that animal. Usually the small ones were the transporters of the meat from the animal to the kitchen table. And at the kitchen table there were usually grandma and aunties working on the big pieces coming in. There was a system. There were bowls and knives. There was grandma talking to you about what she was doing and why she would slice and cut certain parts of the animal a certain way. She would show us how to cut the meat to make jerky to hang up. She would show us how to cut the fat off the back straps. And if you were lucky, she'd share stories with in our lives right now, but you as you sat and watched or the work, skills, and words helped her work.



Six-year-old Jaxx Pena helps his father process an elk during hunting season, the passing down of traditions from one generation to the next is an important aspect of hunting, and Ute culture.

You didn't learn everything at once. You sat and listened. You would hear your named called and would run and help. As time went on, the story of how to process an animal came together way. Either way the job was and you learned your roles. You learned how to respect the animal and use as much stand around and watch as of that animal as possible. You even learned the perfect amount of salt to put on your jerky. You learned grandma's recipes and cooking techniques. You learned uncle's skinning skills and how to prepare the hide.

And at the end of the day, you sat around the kitchen table giving thanks to the animal that gave its life for you to eat. You gave thanks to everyone that helped kill and process that animal. The food at the kitchen table was never the same, there was a sense of gratitude and work that had to be done in order to eat and survive. This is what connects us to our ancestors. They may not have had a kitchen table like we have

that knowledge down to us and through the kitchen table, we pass that down to the next generations.

Don't forget to clean up. After the processing was complete and grandma prepared a fresh meal for us, we all did our part in helping clean up. The knives were re-sharpened and put away. The table was cleaned off and the dishes cleaned and so was the floor. And we all went to bed grateful for the ability to survive, talk and most of all

the ability to share. Some might have had different experiences or have different family beliefs or ways of processing animals. That's a good thing, that's what makes us all unique and different, but we all had a kitchen table. We all had a place where we could talk, eat and drink. We encourage you to pass this safe space on to your young ones. Rekindle your kitchen table as a place to laugh, cry, reminisce, but most of all talk to one another and share.

We will have another topic next month for another discussion around are the same. They passed Kitchen Table."



courtesy Isaac Pena

Lorenzo Pena, Isaac "Ike" Pena and Miranda Simmons field dress a mule deer on the Southern Ute Reservation during hunting season.

Multi-Purpose Facility January Craft Project



Call to reserve your kit: 970-563-2640 or e-mail eredd@southernute-nsn.gov

Kits will be mailed. Kits will be available on Monday January 18, 2021

Durango Farmers Market is now accepting vendor applications for the 2021 season!

We are encouraging family farms that grow their own produce or raise their own animals to sign up as agricultural vendors. Other vendor categories include: Ready to eat food, value added food products, service and artisan vendors. All applications, rules and regulations can be found on our web site: www.durangofarmersmarket. com. Deadline to apply is Monday, March 1.



2020 CENSUS

Census Bureau update on 2020 Census

By Dee Alexander U.S. CENSUS BUREAU

The U.S. Census Bureau is implementing the President's Executive Order "Ensuring a Lawful and Accurate Enumeration and Apportionment Pursuant to the Decennial Census," released Jan. 20, 2021. The 2020 Census data products including the P.L. 94-171 Redistricting include information on citizenship or immigration status.

The Census Redistricting and Voting Rights Data Office will reengage the Department of Justice's Voting Section to confirm that Citizen Voting Age Population (CVAP) data produced from the American Community Survey (ACS) continue to meet its statistical needs. The Census Bureau has released this product annually since 2011. All work on the immigration status of the population of the United States regarding the 2020 January 12, 2021.

About the Intergov-**Tribal Affairs**

works closely with Amer- Census Bureau.



ican Indian and Alaska Native (AIAN) tribal nations on a government-to-govern-Summary Data File will not ment basis to address issues concerning tribal self-government. The government-to-government relation is based on the United States Constitution, federal treaties, policy, law, court decisions, executive orders, and the ongoing political relationship among tribal nations and the federal government.

The Intergovernmental Affairs Office serves as the principal liaison office for tribal affairs and is the principal advisor to the Director and executive staff on tribal issues and concerns. The team's work focuses on col-Census was suspended on laborating with other agencies, building and maintaining relationships with tribal leaders, tribal associations, ernmental Affairs Office: and tribal citizens in order to educate, inform, consult and share program infor-The Tribal Affairs team mation from across the U.S.

Census Bureau to Release 2020 Census Geographic

The U.S. Census Bureau announced this week that 2020 Census redistricting (P.L. 94-171) geographic support products will be available for all states, the District of Columbia and Puerto Rico on a flow basis starting Jan. 19 and ending no later than Feb. 28.

These products sist of 2020 Census geography with the newly created 2020 Census blocks and updated block groups, census tracts, voting districts, and current boundaries for legal governments and school districts referenced to Jan. 1, 2020. Each state's package will include shapefiles, maps, block assignment files and name lookup tables. These products are provided to support redistricting efforts by state and local governments.

CLIMATE CHANGE

Biden issues Executive Order to rejoin Paris Climate Agreement

Staff report OFFICE OF U.S. SENATOR BENNET

On Wednesday, Jan. 20, Colorado U.S. Senator Michael Bennet issued the following statement after President Joe Biden's signing of an executive order to rejoin the Paris Climate Agreement:

"Rejoining the Paris Agreement is a win for our planet, our economy, our health, and our national security. Coloradans know that leading on climate innovation and protects us solutions spurs jobs and against worsening drought



Michael Bennet U.S. Senator

and wildfires. I applaud President Biden's commitment to tackling the climate crisis so that we can safeguard our way of life and build a 21st century, clean energy economy."

Last week. Bennet urged the Biden-Harris transition to restore use of science-based methods to address the cost of climate change. On Friday, Bennet joined his colleagues in calling on the new administration to strengthen safeguards limiting methane emissions from oil and natural gas production.

Haskell President rescinds directive that violated student press freedom

Staff report NATIVE AMERICAN JOURNALISTS ASSOCIATION

NATIVE JOURNALISM

The leadership of Haskell Indian Nations University has rescinded an October order barring The Indian Leader editor Jared Nally from engaging in basic news gathering practices.

On Oct. 26, 2020, The Native American Journalists Association (NAJA) joined the Foundation for Individual Rights in Education (FIRE) and the Student Press Law Center (SPLC) and called on Haskell President Ronald Graham to stop intimidating student journalists and respect press freedom.

Unbeknownst to NAJA, Nally (Miami), FIRE, and SPLC, Haskell president Graham rescinded this directive on Nov. 20, 2020, but as the Bureau of Indian Education informed NAJA on Jan. 13, 2021, notification was not sent due to an "administrative error." In the time since the initial directive, Nally and The Indian Leader spent months operating under its initial demands that vio-

lated the First Amendment. "I don't think a lot of the world, a lot of the U.S., and our university, think the press is their friend and there is that hesitancy to have a relationship with news organizations. I think that's both a



detriment to those institutions and the community because we're not seeing clear communication. There is so much good that can come out of having that relationship, and that directive being rescinded is one step towards developing that open communication to the community through the conduit of the student newspaper," Nally said.

NAJA's mission is to defend and support Indigenous journalists and press freedom. It is important to highlight these victories in a time when significant free press issues are spread across Indian Country, as many Indigenous communities lack access to information.

"I want this moment to have meaning, where Indian Country has to reflect on its students and the Indigenous youth that we're bringing up to have a voice; to make sure that voice exists in their educational institutions and that when we notice that voice isn't present, that we fight to get that voice back," Nally said.

NAJA is proud of this developing outcome, a win for press freedom, and commends FIRE for the important work being done here. The rescinding of this directive could not have been accomplished without FIRE's support. NAJA applauds their continuing efforts and looks forward to future partnerships.

NAJA looks forward to working with Haskell on further reforms. We also demand the immediate reinstatement of Rhonda LeValdo as the paper's advisor, and we join Nally, FIRE, and SPLC in demanding Haskell continue to commit to meaningful changes that support an independent press.

Student reporters like Nally who seek information from the academic administration should never be met with threats and challenges to their First Amendment rights. NAJA will continue to push forward on its mission to support Indigenous journalists and members through free press resources and education.

Multi-Purpose Facility January Quilt Project

Quilt as you go, Inspirational Mug Mats



Call to reserve your kit: 970-563-2640 or e-mail eredd@southernute-nsn.gov

Kits will be mailed to the first 12 people Kits will be available on Monday January 25, 2021



Attention **Tribal Members**



The Southern Ute Cultural Preservation Department is recruiting members for the Mentor's Circle. The member should have the following:

Knowledge of the Ute Language

Have experience in working with the Ute Language

The Mentor's Circle will assist in various activities around preservation and revitalization of the Ute language under the ANA grant project initiatives.



If interested please, contact Pedra White Eagle, Culture Education Coordinator, at 970-563-2306 or Shelly Thompson, Culture Pirector, at 970-563-2984.

Announcing Virtual Fashion Show March 29 - April 2, 2021

The Cultural Preservation Department and the Southern Ute Cultural Center and Museum is hosting a Virtual Fashion Show which is open to all Ute members and descendants. The Virtual Fashion Show is NOT a contest.

Those interested in participating may submit a maximum of five (5) photos of Ute Traditional hand-made items or regalia by mail to the Cultural Preservation Department, Special Events Coordinator Tara Vigil at PO Box 737 Ignacio, CO 81137 or email photo(s) to tvigil@southernute-nsn.gov Photos need to be sent in a JPG format. Along with the photols) please add a description, your name and if you would like, you may add your address, phone number and names of any individual(s) that model your item.

The Virtual Fashion Show will be on display March 29th - April 2nd, 2021 on the Southern Ute Tribal Website. The Peadline for submissions will be



For more information contact: Event Coordinator Tara Vigil at (970) 563-2985 or Education Outreach Coordinator for SUCCM, SkyPawn Moccasin-Flower email sflower@southernute-nsn.gov







KSUT introduces new online Air Pocket Player

Club members can win prizes for participaiton in ZOOM meetings as well

as sending in pictures of completed projects!

Introducing a new way of listening to KSUT on your desktop or mobile device!

A New and improved way to listen to information and direct links to buy and KSUT Four Corners Public Radio and KSUT Tribal Radio. Listeners will still be able to tune-in on their favorite app or platform and will simply visit our website and hit the Play Live button for the new To listen via our new player, visit: player link. The new player opens in a new window so you can listen while you work on your desktop or mobile device. The new player features built-in artist

share the song you're listening to. You can also see our program guides and easily make a donation.

- KSUT Four Corners Public Radio and click on the new Listen Live button.
- KSUT Tribal Radio and click on the new Listen Live button.





OFFICE HOURS

Monday Wednesday **Friday**

8am - 12pm

CURBSIDE SERVICES AVAILABLE BY APPOINTMENT ONLY

Mail run – 10:30 Monday, Wednesday, and Friday

PLEASE BE COURTEOUS AND ALLOW THE POST **OFFICE AMPLE TIME TO DISTRIBUTE MAIL**

AVAILABLE BY EMAIL/PHONE

Monday-Friday 8am-5pm

'TIS is not responsible for the content of distributed information'

ALL TRIBAL **BUILDINGS ARE CLOSED TO THE PUBLIC**

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INTERNAL AUDIT

Tribe consolidates Internal Audit, seeks associate internal auditor trainee

Staff Report INTERNAL AUDIT DEPARTMENT

The Southern Ute Indian Tribe recently consolidated its internal audit function. Prior to the consolidation, both the Permanent Fund and Growth Fund had their own internal audit departments. Under the reorganization, the consolidated Internal Audit Dept. reports directly to Tribal Council and works closely with each of the tribal divisions, including the Permanent Fund, Growth Fund, Southern Ute Shared Services, and Sky Ute Resort Casino.

The realignment of the internal audit function will assist Tribal Council, as the governing body of the Tribe, with ensuring accountability across the organization and promoting good government for the membership. "The Internal Audit Department and the tasks they are required to perform are vital to the checks and balances system which aims to create transparency and efficiency for the tribal membership and the organization as a whole," said Chairman Melvin J. Baker.

The Internal Audit Department performs audit, assurance, advisory, and non-audit services. Tribal Council approves these audit engagements each year as part of an audit plan.

Carolyne Washington, Southern Ute tribal member and auditor within the department, said, "I believe that this Department is an essential component for our government and tribal entities."

Audit and

Jeremy Wade Shockley/SU Drum

activities generally include the examination of records and other evidence for the purpose of providing an assessment of a program's adherence to operating policies. Auditors also review management and control processes to ensure appropriate design and operation.

Advisory and non-audit services include activities such as assisting, facilitating, or performing agreedupon activities with process owners in order to achieve organizational objectives, or to improve efficiencies and effectiveness.

Internal auditors carefully document results in a written report that is presented directly to the Tribal Council. Each audit report includes a description of the work performed plus specific findings and recommendations. After the completion of each audit, the department performs a follow-up to verify whether recommendations to address each finding have been implemented.

The department is currently seeking a Southern Ute tribal member to become an Associate Interassurance nal Auditor Trainee. The Bex at 970-563-0100.

trainee will learn how to perform beginning level professional internal auditing procedures. The position is currently being advertised.

Because of the magnitude of these responsibilities, employees of the department adhere to a stringent code of ethics by incorporating independence, objectivity, integrity, and confidentiality within each audit activity performed.

In addition, auditors in the department must adhere to the professional standards of the Institute of Internal Auditors, an international organization. The responsibilities of an internal auditor include maintaining ethical behavior and transparency, evaluating practices, assessing operational results, ensuring accuracy, reviewing policies and procedures, and when appropriate, investigating whistle-blower allegations.

Tribal members are encouraged to apply for the Associate Internal Auditor Trainee position. For further information regarding the position, please contact the Director of the Internal Audit Department, Brian M.

SOUTHERN UTE POLICE DEPARTMENT

SUBMIT A HE

Anonymous Tip Submissions

Do you have information about a crime?

emergency police number (970) 563-4401.

Please call the Southern Ute Police Department Anonymous Tip Line -(970) 563-4999. This "Tip Line" was designed to allow you the ability to provide law enforcement with information, anonymously if need be, regarding criminal, drug, or suspicious activity. The "Tip Line" is monitored around the clock by SUPD Investigators, but it DOES NOT replace 9-1-1 or the non-

If you prefer, you may also submit an anonymous tip online by visiting: https://www.southernute-nsn.gov/justice-and-regulatory/supd



SOUTHERN UTE FORESTY Firewood for Southern Ute members

The 2020/2021 firewood season began Oct. 1, 2020 and will run through April 30, 2021. Firewood will only be distributed (made available for pickup or delivery) Wednesdays, Thursdays, and Fridays from 8 a.m. to 12 p.m. during COVID-19 Phase 1 restrictions. To qualify for the firewood program, you must be an enrolled Southern Ute Tribal member 18-years or older and have a means (firewood place or wood stove) to burn firewood at your primary residence. In order to qualify for delivery, you must be a Tribal elder and live within the exterior boundary of the Southern Ute Indian Reservation (a copy of the approved procedures is available upon request from the Forestry





Joel Priest/Special to the Drum

Ignacio guard Triston Thompson, now a senior, scrambles upcourt during 2020 Class 2A State Championships' 'Great Eight' action versus Ault Highland inside Loveland's Budweiser Events Center.

BOBCATS BOYS BASKETBALL

Bobcat boys No. 8 in preseason hoops poll

IHS tipping off at non-league power Sanford

SPECIAL TO THE DRUM

Effectively picking up where they left off, Ignacio High School's boys will at long last begin the oft-delayed 2020-21 basketball season against a decorated program they'd have next faced in the 2020 Class 2A State Championships, had the event not been cut short by the COVID-19 restrictions after just one day.

Checking in at No. 8 in the classification's preseason CHSAANow.com poll released Jan. 18, the Bobcats (18-5 overall last winter) are set to travel to No. 5 Sanford for a Jan. 30 season-opener sure to catch statewide eyes considering not only the teams' denied encounter last March, but multiple thrillers ever since IHS' 2A arrival more than a decade ago.

Start time for the boys'/ game will be allowed meaning if a 'baller plays both varsity and JV, tickets for each game will be required. Tickets may be bought from IHS' coaching staffs or athletic director Leo Garand prior to game time; tickets will not be sold at the door.

Undoubtedly anticipating the Saturday afternoon to Kit Carson. test, SHS (20-5 in '19-20) steam by commencing play two days earlier versus Westcliffe-based Custer County, with IHS' 2A/1A San Juan Basin League arch-rival Mancos - start-

By Joel Priest ing off ranked No. 11 – on nasium – denying the Blue deck the following night.

> Longtime head coach Rhett Larsen's Southern Peaks League crew had been set to face Chris Valdez's 'Cats in Day 2 consolation-bracket semifinal play inside the Budweiser Events Center in Loveland when last year's run was suddenly halted; Sanford had fallen on Day 1 to Wray in the double-elimination spectacle's initial 'Great Eight' phase, and Ignacio later that night to Ault Highland - leaving both sides targeting a best-possible fifth-place finish.

Hosted this year by 4A Durango, the 2021 Four Corners Southwest Classic will be the Bobcats' second stop on their campaign trail. Set to be held Feb. 5-6, opponents and times are still to be determined.

SJBL competition will girls' junior-varsity/varsity then get underway with twinbill has been resched- Ignacio hosting Dolores member the 'Cats will face uled for 2 p.m. Only two (6-14 last year; lost to due to CHSAA's schedule parents per player, per Ridgway in the 2A-District 3 Tournament's play-in game) the evening of Feb. 9, before beginning a threegame road stretch at 1A Ouray on the 12th. Class 1A's preseason No. 15, the Trojans went 14-7 and reached the 1A State Championships, but that threeday cavalcade was cut short following a Great Eight loss

IHS will then visit is actually slated to pick up Ridgway the afternoon of the 13th, then Mancos on the 16th for the first rematch of last year's 2A-Region IV championship, which the 'Cats claimed inside MHS GymJays (19-4) a trip to State.

Non-league Sargent will pay Ignacio a visit on Feb. 19, with the Farmers looking to improve on an 8-12 season which fizzled out with blowout losses at SPL front-runners Crested Butte and Sanford, then a 2A-District 1 defeat courtesy Del Norte.

Ignacio's first pass through the SJBL's 2A members is scheduled to conclude on the 20th inside IHS Gymnasium versus Telluride (8-14), with the second cycle to begin at Dolores on the 23rd. RHS (8-14) comes to town Feb. 27, with MHS doing likewise on March 2, before the Bobcats take somewhat of a break traveling to Dove Creek - a low-end 'Others Receiving Votes' team in the preseason 1A poll despite last year's 6-14 result, and the only other 1A SJBL restrictions – on the 4th.

Regular-season action is to conclude March 6 inside THS' MinerDome.

CHANGE AT THE TOP

One major difference in the SJBL will be that Mancos will be under new leadership; head coach Elijah Knepper, who led the Jays past Ignacio to the District 3 tourney title, unexpectedly resigned during the offseason.

Reportedly taking his place will be one Bob Archibeque, former Mon-

Bobcat boys page 16



Ignacio's Charlize Valdez (12) prepares for a huddle break and return to the court during action last season at Dove Creek. The Lady 'Cats logged a solid victory over DCHS, and will again face the difficult Lady Bulldogs during the upcoming, shortened 2020-21 campaign.

Lady 'Cats starting off No. 7 in 2A

BOBCATS GIRLS BASKETBALL

Minus one longtime 2A/1A San Juan Basin League familiar this winter, Ignacio's girls' basketball schedule will still get underway with the Lady Bobcats (18-6 overall last winter, 11-0 against the SJBL, 8-0 versus its 2A side) facing numerous challenges including a season-opening Jan. 30 road test at nonleague Sanford.

Set to begin their own 2020-21 grind hosting Westcliffe-based Custer County on the 28th and SJBL'ers Mancos on the 29th prior to IHS, SHS went 16-7 last winter and won their first round 'Great Eight' game at the 2A State Championships over Rye, 46-31 shocking the No. 3 Lady T'bolts as the No. 6 in the bracket. Seeded No. 7, Ignacio fell in the same phase, 47-34 to No. 2 Holyoke, and would have next played Rye on Day 2 in the consolation-bracket semifinals.

ning of Feb. 5. The improving Lady Wolverines went 9-13 last season, but after Intermountain surviving League District Tournament play-in action against Montezuma-Cortez lost to both Pagosa Springs and Alamosa to conclude the campaign.

SJBL action is scheduled to commence on the 9th with Dolores (7-14 last winter) coming to town, but IHS will then travel to Ouray (2-14 in 2019-20, lost 39-33 to Nucla in the 1A-Dis-

Special to the Drum on the 12th, and to Mancos ford (2A's preseason No. 3) on the 16th. With Ridgway (6-17 last season) not entering a team in '20-21, taking away one home-andhome for each of the SJBL's 2A-level programs, Ignacio in the 2A-Region VIII Tourfilled a vacancy with a 2/18 home game (5 p.m. JV start, varsity follows) versus 3A Pagosa Springs.

Regular-season IML champions as well as IML District Tournament rulers, the Lady Pirates went 20-4 overall last year and advanced all the way to the 32-team Class 3A State Tournament's 'Final Four,' where they would have battled Colorado Springs St. Mary's had the COVID-19 scare not cut short the season.

PSHS will begin the COVID-shortened '20-21 campaign ninth in the preseason CHSAANow.com 3A rankings; the Lady 'Cats - who edged Pagosa 36-35 last season – check in at No. 7 in Class 2A.

The very next night, the Lady 'Cats will revisit their own postseason run The Lady 'Cats will then from last winter, with nonhost 3A Bayfield the eve- league Sargent returning to

By Joel Priest trict 1 Tournament play-in) IHS Gymnasium. Like Sanpart of the Southern Peaks League, the Lady Farmers finished 9-14 last winter but 1-8 in their last nine - including a loss at Ignacio nament semis.

> Ignacio's first look at 2A SJBL'ers Telluride concludes the week Saturday afternoon, Feb. 20. The Lady Miners went 8-14 last winter but crashed hard in postseason play – losing 71-2 to IHS in the 2A-District 3 Tournament championship and then 50-10 at Meeker in the Region III semis.

> DHS will host the Lady 'Cats next on the 23rd, before Ignacio welcomes Cedaredge Friday evening, Feb. 26. The Lady Bruins - this year part of a 2A/1A Western Slope League, South Division - finished 19-5 last year, taking second in the 3A WSL and then ultimately losing to Greeley's University High in the 3A State Tournament's second (or 'Sweet 16') round.

> > Bobcat girls page 16

Preseason CHSAANOW.com Class 2A Boys' Basketball Poll (1/18/21)

- Rye
- Limo
- Sanfor
- Holyoke Wray
- Rocky Ford
 - **IGNACIO** Del Norte
- 9. Meeker
- 10. Cedaredge
- 11. Yuma
- Christian

12. Fort Collins Heritage

- 13. Holly
- 14. Oak Creek Soroco 15. Peyton

BOBCATS WRESTLING

Ignacio wrestlers' schedule tri-heavy

By Joel Priest

Doubling up on each date, IHS Wrestling will hit the mats hard and fast in the COVID-shortened 2020-21 winter season. With official practices having commenced on Jan. 19, the Bobcats' revised schedule shows the team squaring off against two others at every turn.

Up first will be a Feb. 6 journey to Norwood, for an aggressive, high noon 2A San Juan Basin League triangular versus the Mavericks, plus Dove Creek and Mancos, with the latter the loop's defending champions. Non-league action will follow on the 12th, as IHS travels east to face Del Norte/Monte Vista at 5 p.m.

The next morning at 10 a.m., the 'Cats will grapple at Montezuma-Cortez versus a M-CHS/Dolores aggregation, with DCHS also slated to join the fray.

Special to the Drum the 2021 Riverside Rumble onships – its site still to be ging-rights tri involving 4A into two days, March 5 and Durango and 3A Bayfield – on Thurs., Feb. 18., begin- 145 pounds) will wrestle ning at 5 p.m., then head to on Day 1 and the uppers on Mancos on the 20th to face Day 2, with a maximum of the Blue Jays, M-CHS/DHS 112 competitors participatand even Nucla. A start time ing each day and up to 24 at is yet to be determined, any one time. however.

On the 25th, Jordan Larsen's Bobcats will face a supreme challenge with Pagosa Springs – On The Mat's preseason No. 1 team in Class 3A - coming to town, along with M-CHS/ DHS for a 5 p.m. battle. Regular season work then wraps up Saturday, Feb. 27, with a second trip into the San Luis Valley for a 9 a.m. non-league tri in La Jara against hosting Centauri (the preseason No. 2 in 2A) as well as 2A Trinidad.

tact-intense

Given COVID-19 concerns surrounding the consport, the

Ignacio will next host 2A-West Region Champi- La Plata County's brag- determined – will be split 6. The lower weights (106-

There will be no consolation-bracket until only four individuals remain at each weight, and only the top two wrestlers at each weight will earn the right to advance to State, wrapping up the 86th season of CHSAA-sanctioned wrestling.

Originally reduced this season to a one-day, double-elimination spectacle on March 6, the 2021 State Championships inside Ball Arena in Denver have been reset for Friday and Saturday, March 12-13, though eight-man brackets per weight will still be utilized.

ATTENTION: All Tribal Parks and Playgrounds are closed until further notice



To help stop the spread of COVID-19, and for your Health and Safety, By authority of the Southern Ute Tribal Council all parks are closed. Violation may result in a citation for trespassing. Southern Ute Tribal Code: Title 5; 5-1-104 Trespassing. Penalty of \$150 fine and/or up to 30 days in jail. Please practice social distancing.



2021 BGC Membership

Club is currently closed and will remain closed until further notice. Your registration will allow participation in virtual programming opportunities and reserve a spot for in person programming when we open back up.

As of Thursday, December 31, 2020 all BGC memberships expired, meaning **EVERYONE** will need to submit new paperwork.

For Club Members who were registered for year 2020:

Step 1: Download the Club Member Application under the "Join" tab on our website bgcsu.org

Step 2: Email completed form to bgcstaff@southernute-nsn.gov. (2020 fees will roll over to 2021)

For New Club Members or Members not registered for year 2020:

Step 1: Download the Club Member Application under the "Join" tab on our website bgcsu.org

Step 2: Email completed form to bgcstaff@southernute-nsn.gov.

Step 3: Pay annual registration fee on-line at bgcsu.org. Click on the "Donate" tab and add "Annual Registration Fee" to your cart. Add a note with your child's name and age. Registration fee for Southern Ute Tribal Members is \$5.00. All other members pay a \$15.00 annual fee.

You will receive a confirmation email when we receive all required components of your registration. We can only accept on-line payments at this time. We apologize for any inconvenience. We will need to cap registration, so it is recommended to register as soon as possible.

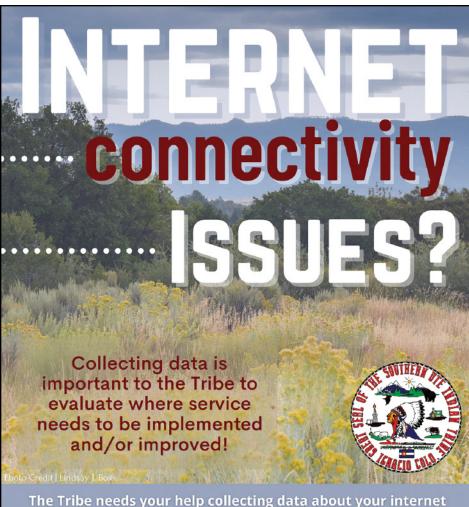
For questions or more information: (970)563-4753 or casanchez@southernute-nsn.gov





Upcoming Dates to remember

- Valentine's Day Sunday, Feb. 14
- President's Day Monday, Feb. 15 Southern Ute Tribal Offices Closed



connection and speed. This data will be used to evaluate where internet service can be improved in order to keep you connected to your school, work, and healthcare providers. The Tribe is applying for grant funding in order to build the infrastructure required to increase internet availability and usability across the Reservation and surrounding areas.

IF YOU DO HAVE INTERNET

https://bit.ly/20SUbsT

IF YOU DO NOT HAVE INTERNET

Desk at 970.563.5050.

EXPRESS YOUR OPINIONS

Nunai Niaa, (my name) is Jazmin Carmenoros. I am Miss Southern Ute 2020-2021.

I would like to wish all the Tribal Membership who live on and off the Southern Ute reservation a Happy New Year 2021! I hope that everyone has a great and wonderful year. As we are still in the Covid-19 Pandemic, continue to wash your hands frequently, wear your Masks out in public an keep your distance. I continue Praying for the Youth, Middle age, and Elders every day. I will also continue to pray that this Pandemic soon ends for everyone. Please continue staying strong and positive in these trying times. We are all in this together! May the Creator Bless your every need. Stay strong in Mind, Body and Spirit.

> Togoiak Jazmin Carmenoros Miss Southern Ute 2021-2021



EDITOR'S NOTE: ALL LETTERS PUBLISHED IN THE SOUTHERN UTE DRUM ARE PUBLISHED AS SUBMITTED AND DO NOT REFLECT THE OPINION OF THE SOUTHERN UTE DRUM OR THE SOUTHERN UTE INDIAN TRIBE IN ANY WAY.

The Southern Ute Drum encourages letters from readers on any topic. We ask that letters be 500 words or less. Letters deemed to be libelous will not be published. Letters should be submitted by email to Jeremy Shockley at jshockley@southernute-nsn.gov by the end of the day Monday preceeding publication.

COMMUNITY GREETINGS

Happy birthday to my granddaughter Alicia Happy birthday to my nephew AhKeem. Rock.

Love your Auntie Mel

Love U always - Your grandma Mel

Where to listen to KSUT Tribal Radio

- KSUT Tribal Radio 91.3 FM (Ignacio)
- KUUT 89.7 FM (Farmington/n.w. N.M.)
- KZNM 100.9 FM (Towaoc)
- Check out the new KSUT Tribal Radio website at www.tribalradio.org



2021 The Southern Ute Drum Deadlines

DEADLINE	PUBLISH DATE	FEDERAL & TRIBAL HOLIDAYS	OFFICE CLOSUR
Jan. 11	Jan. 15	New Year's Day (Jan. 1)	Jan. 1
Jan. 25	Jan. 29	Martin Luther King Jr. Day (Jan. 18)	Jan. 18
Feb. 8	Feb. 12		
Feb. 22	Feb. 26	President's Day (Feb. 15)	Feb. 15
Mar. 8	Mar. 12	SOUTH FRANCE OF THE PARTY OF TH	
Mar. 22	Mar. 26		
Apr. 5	Apr. 9	DRUM A A A A A A A A A A A A A A A A A A A	
Apr. 19	Apr. 23	DROM	
May 3	May 7	The same of the sa	
May 17	May 21	antin to	
May 28*	June 4	Memorial Day (May 31)	May 31
Jun. 14	June 18		
Jun. 28	July 2		
July 12	July 16	Independence Day (July 4)	July 5
July 26	July 30		
Aug. 9	Aug. 13		
Aug. 23	Aug. 27		
Sep. 3*	Sep. 10		
Sep. 20	Sep. 24	Labor Day (Sep. 6)	Sep. 6
Oct. 4	Oct. 8		
Oct. 18	Oct. 22		
Nov. 1	Nov. 5		
Nov. 15	Nov. 19	Veterans Day (Nov. 11)	Nov. 11 & 12
Nov. 29	Dec. 3	Thanksgiving (Nov. 25)	Nov. 25 & 26
Dec. 13	Dec. 17	Leonard C. Burch Day (Dec. 10)	Dec. 10
Dec. 23*	Dec. 30	Christmas (Dec. 25)	Dec. 24
* Denotes Early	Deadline		

NOTICE: All content; including classifieds ads, display ads, RFP/RFB notices, job announcements, stories and articles, press releases, letters, birthday greetings and holiday wishes must be submitted by the posted deadline. Anything submitted AFTER DEADLINE will be considered for the next issue. Requests for design work must be submitted by 5 p.m. on the above posted deadline dates The Drum reserves the right to edit all materials for spelling, grammar, clarity and libel.

THE SOUTHERN UTE DRUM • 970-563-0118 • www.sudrum.com Email: sudrum@southernute-nsn.gov • Mailing: PO Box 737, #96, Ignacio, CO 81137 Physical Address: 356 Ouray Drive, Ignacio, Colo. (Leonard C. Burch Building, 2nd floor)

Drum Deadline

Next issue Feb. 12

> **Deadline** Feb. 8

notices, letters and greetings may be submitted in person,

THE SOUTHERN UTE DRUM

A biweekly newspaper owned and operated by the Southern Ute Indian Tribe on the Southern Ute Indian Reservation in Ignacio, Colo.

> SUBSCRIPTION RATES: \$29 per year • \$49 two years PHONE: 970-563-0100 • DIRECT: 970-563-0118 TOLL FREE: 1-800-772-1236 • FAX: 970-563-0391

> > **MAILING ADDRESS**

The Southern Ute Drum: PO Box 737 #96, Ignacio, CO 81137 PHYSICAL ADDRESS

ding, Ignacio, CO 81137

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The Southern Ute Drum is a member of the Native American Journalists Association the Society of Professional Journalism and the Colorado Press Association jshockley@southernute-nsn.go

FINANCE DEPARTMENT NOTICE **Early Cut-Off for Minors Birthday Distributions**

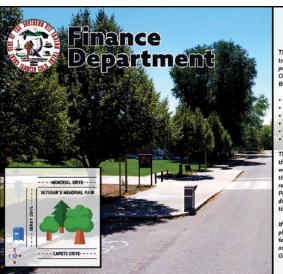
Requests received after the published cut off will be processed the following week. **Unless listed the cutoff for a Friday Minors distribution is 5 p.m. on Tuesday.

- · Distribution Friday, Feb. 26:
- · Distribution Friday, April 30:
- · Distribution Thursday, May 27:
- · Distribution Friday, July 30:
- · Distribution, Friday, Oct. 29: · Distribution, Wednesday, Nov. 10:
- · Distribution, Wednesday, Nov. 24:
- · Distribution, Thursday Dec. 9:
- · Distribution, Thursday, Dec. 20:
- · Distribution, Thursday, Dec. 27:

NOON, Monday, Feb. 23, 2021 NOON, Friday, April 23, 2021 NOON, Monday, May 24, 2021 NOON, Friday, July 23, 2021 NOON, Monday, Oct. 25, 2021 NOON, Friday, Nov. 5, 2021 NOON, Friday, Nov. 19, 2021 NOON, Monday, Dec. 6, 2021

NOON, Friday, Dec. 17, 2021

NOON, Thursday, Dec. 23, 2021



DROP-BOX

Tribal Credit loan documents
Accounts Receivable check payments
Other Finance-related documents NO CASH PAYMENTS can be put in the drop-box

The drop-box will be checked at 11:00 a.m. and 5:00 p.m., Monday through Friday. All documents received in the drop-box will be stamped with the date they are received. For payments on customer accounts, the payment will be posted to the customer account on the date it is received (if received by 5:00 p.m.), and a receipt will be mailed by US Postal Service to the customer. All documents deposited in the drop-box will be forwarded to the appropriate tribal staff for timely processing.

If you have questions for Accounts Receivable/Customer Account please contact the Cashier at 970.563.0110; if you have questions for Tribal Credit please contact Tribal Credit at 970.563.240 and if you have questions on the Tribal Distribution/COVID Relief Grant Program please contact the GL Manager at 970.563.2443

REQUEST FOR PROPOSALS **Southern Ute Indian Tribe Benthic Macroinvertabrate Study**

The Southern Ute Indian Tribe (SUIT) is seeking a qualified lab to conduct benthic macroinvertebrate analysis for an ongoing water quality monitoring within the Southern Ute Tribal Boundaries. For inquiries and a copy of the detailed RFP, contact the SUIT Environmental Programs Division: Attn: Rachel Vaughn, 106 Coordinator, rvaughn@southernute-nsn.gov. Proposals will be received through February 19, 2021. The Southern Ute Indian Tribe Tribal Employment Rights Office (TERO) has established a preference for contracting and subcontracting to certified Indian owned businesses. For information on certification, contact TERO at 970-563-0117. SUIT reserves the right to reject any and all bids and to accept the bid deemed, in the opinion of the Tribe, to be in the best interest of the SUIT. Published: January 29, 2021

REQUEST FOR PROPOSALS Southern Ute Indian Tribe Periphyton Study

The Southern Ute Indian Tribe (SUIT) is seeking a qualified lab to conduct Periphyton analysis for an ongoing water quality monitoring within the Southern Ute Tribal Boundaries. For inquiries and a copy of the detailed RFP, contact the SUIT Environmental Programs Division: Attn: Rachel Vaughn, 106 Coordinator, rvaughn@southernute-nsn.gov. Proposals will be received through February 19, 2021. The Southern Ute Indian Tribe Tribal Employment Rights Office (TERO) has established a preference for contracting and subcontracting to certified Indian owned businesses. For information on certification, contact TERO at 970-563-0117. SUIT reserves the right to reject any and all bids and to accept the bid deemed, in the opinion of the Tribe, to be in the best interest of the SUIT. Published: January 29, 2021

REQUEST FOR PROPOSALS **Kwiyagat Community Academy (KCA) Facility Master Plan**

Kwiyagat Community Academy (KCA) is a Colorado charter school, serving grades K-1 with 30 students in the upcoming 2021-22 school year in a temporary building at 450 Sunset Blvd Towaoc, CO, and eventually serving 90 students in 2025-26 in a permanent location. KCA and the NACA Inspired Schools Network (NISN) invite for bids in providing the school a Facility Master Plan found at http://www.naca inspired schools network.org/bids-and-rfps. All applications must be received for review and evaluation to Daniel Ulibarri at daniel@nacainspiredschoolsnetwork. org. No later than 4:00 PM MST on February 5, 2021.

DIVORCE & CUSTODY CLINIC JOIN US FOR A FREE PRESENTATION ON DOING YOUR OWN DIVORCE AND/OR CUSTODY CASE IN COLORADO Tues. January 19, 2021 from 5:30 pm - 7 pm via Zoom WEBSITE: ZOOM.US/JOIN PHONE: 346-248-7799 **MEETING ID: 817 7120 0015** PASSCODE: 8352021

For more info call 247-0266

Colorado

SOUTHERN UTE INDIAN TRIBE **Boards, Committees and Comissions Vacancies**

BOYS & GIRLS CLUB BOARD

Open until filled – The Boys & Girls Club of the Southern Ute Indian Tribe is currently looking to fill volunteer Board Member positions. A majority of the committee shall be tribal members. The Board of Directors is responsible for knowing and effectively articulating the mission, vision, core values, goals, policies, and program areas of the Club. Members of the Board must attend meetings regularly and attend applicable committee meetings on a regular basis; also attend a minimum of one priority event and one Club event annually. Members must maintain confidentiality of sensitive information and conduct oneself as a model for children in a manner that exemplifies high character. Interested parties must pick up an application available on the www.bgcsu.org website or by request from Mr. Bruce LeClaire at 970-563-2694 or bleclaire@ southernute-nsn.gov. Applications must be returned to Mr. LeClaire.

CREDIT COMMITTEE

Open Until Filled - The Southern Ute Tribal Credit Committee is looking for eligible tribal member applicants to serve on the Committee. The appointment is for up to three (3) years. This is a compensated Committee, and, you will be considered an employee of the Tribe, per IRS guidelines. The Credit Committee submits approved applicant recommendation to the Tribal Council for final appointment. Individuals seeking to serve on the Committee must demonstrate a reputation of personal integrity, dependability, honesty, a strong work ethic, and the ability to perform in a non-biased, confidential and fair manner. They must be familiar with the objectives of the Declaration and must maintain good financial standing with the Tribe. These individuals must also pass criminal background and reference checks, per the Credit Committee By-laws. Some of the duties of the Tribal Credit Committee are: Approve loans as required by the Credit Division Declaration; Monitor compliance with the Declaration; Monitor all approved loans for performance; Make recommendations to the Tribal Council on program revisions and updates regarding Committee operations; Maintain confidentiality, objectivity, and fairness in conducting all Committee business; and Hold weekly regular meetings and other special meetings, as needed; and Coordinate the Committee's annual budget with Tribal Credit Staff. Interested Tribal Members are asked to submit a letter of interest to the Tribal Credit Committee, PO Box 737 #60, Ignacio, CO 81137 or by email at dlarsen@ southernute-nsn.gov. If you have any questions, please speak with Daniel Larsen, Tribal Credit Division Head, at 970-563-2458.

ELECTION BOARD - ALTERNATE

BOARD MEMBER The Southern Ute Election Board is seeking one (1) Alternate Board Member. The closing date is Friday, Jan. 29, 2021 at 5 p.m. Qualifications; 11-2-102, (1) & (3): Must be a Southern Ute Tribal Registered Voter. Must reside within the exterior boundaries of the Southern Ute Indian Reservation. Shall not have been convicted of a felony, and shall not have been convicted of a misdemeanor involving dishonesty or on and off of the Southern Ute Reservation. fraud within five years immediately preceding a Criminal Background Check is necessary. Southern Ute Employee benefits are offered, and you will be considered an Official of the Southern Ute Tribe. Please submit your letter of Intent to: Southern Ute Indian Tribe-Election Board P. O. Box 737 #32, Ignacio,

CO 81137. Physical Location: 285 Lakin St., Ignacio, CO 81137. Contact the Election Board at 970-563-0100 ext. 2303/2305 or via email: electionboard@southernute-nsn.gov

GAMING COMMISSION

Open Until Filled - The Southern Ute Gaming Commission is seeking (2) Full time and (1) Alternate positions, must be Southern Ute Tribal Members. One Full-time Gaming Commission position term is 2 years 6 months. Second Full Time Gaming Commission position 11 month term. One Alternate Gaming position is a 3 year term. Applicants must possess the following attributes pursuant to the Regulation One of the Gaming Commission Rules and Regulations: Applicants must be at least twenty-one years of age; Applicants must possess a basic knowledge and understanding of gaming activities authorized on the Southern Ute Indian reservation; Applicants must have experience or expertise in regulatory matters or in administrative hearing procedures; Applicants must have the ability to observe restrictions concerning conflicts of interest and confidentiality; Applicants must submit an application form and a letter of interest explaining why the applicant wishes to be appointed to the Commission; and Applicants must undergo a background investigation. Applications may be obtained at the Division of Gaming Office - Licensing in the West Wing of the Justice Complex, 149 County Road 517, Ignacio, Colorado, 81137. Applications and letter of interest are required to be turned into the Division of Gaming Office. These positions are open until filled. Any questions can be answered by the Division of Gaming at 970-563-0180.

JOHNSON O'MALLEY COMMITTEE

JOM has TWO (2) vacant seats that need filling. If you are interested, please submit a letter to Ellen S. Baker at the Southern Ute Education Department or if you have any question you can contact her at 970-563-0235 or by email: esbaker@southernute-nsn.gov. Requirements: Two-year term; Meet once a month as a committee; and You must have a student(s) attending Ignacio and/or Bayfield School District K-12 (enrolled with JOM program). Write a letter of interest on why you would like to be a part of the committee. What changes do you want to see in order to help our JOM students?

WILDLIFE ADVISORY BOARD FOR SOUTHERN UTE TRIBAL MEMBERS

Open until filled - The Tribe is seeking enrolled Southern Ute Tribal Members to fill TWO seats on the Tribal Member Wildlife Advisory Board. The 8-member Board works closely with the Wildlife Division on planning and recommending actions related to tribal hunting and fishing programs. Board members not already employed by the Tribe receive \$20 per hour of meeting attendance. Meetings are held roughly on a quarterly basis throughout the year, and a commitment to attend and participate in all meetings is expected. Interested Tribal Members must submit a brief letter of interest that includes a description of the applicant's knowledge and experience with wildlife, hunting, or fishing, In addition, as a condition of appointment to appointment to the Election Board. The Election the Board, applicants must submit a standard Board is a paid committee, IRS Guidelines, job application through the Tribe's Human Resources Department, as well as agree to a State of Colorado background check. Please submit letter of interest to the Southern Ute Wildlife Division at P.O. Box 737, Ignacio CO 81137. For more information, please contact the Wildlife Division at 970-563-0130.

2021 Legal Rights Presentations

Presentations will take place via Zoom on the 3rd Tuesday of the Month from 5:30 pm to 7:00 pm.

Date	Topic		
January 19 th	Divorce & Custody		
February 19 th	Bankruptcy*		
	Social Security Disability*		
March 16 th	Tenant Rights		
April 20 th	Simple Wills		
May 18 th	Divorce & Custody		
June	Bankruptcy*		
	Social Security Disability*		
July 20 th	Tenant Rights		
August 17 th	TBD		
September 21st	Divorce & Custody		
October	Bankruptcy*		
	Social Security Disability*		
November 16 th	Tenant Rights		
December 21st	TBD		

Our legal presentations are designed to provide basic information about the law and are focused on the rights of low-income Coloradoans.

Presentations marked with an * require participants to pre-register by calling the CLS Durango office. All other presentations are free, open to the public, and do not require pre-registration. Presentations will be taught by a CLS attorney or a volunteer attorney.

CLS Durango Office: 970-247-0266 | 835 E. 2nd Ave., Ste. 300 CLS Statewide Website: www.coloradolegalservices.org







Classifieds



Ute Mountain Ute Personnel Dept.

Attention: We prefer all applications by email Carla.Cuthair@utemountain.org or ceyetoo@utemountain.org or fax to 970-564-5528. Thank you.

Job Openings as of Jan. 20, 2021

- Education, Bus Driver Closing 2/3/21
- RRI, Part-time Program Assistant Closing 2/3/21
- RRI, Full-time Advocate Closing 2/3/21
- RRI, OVC Apprentice Closing 2/3/21 Finance, Utility Tech – Closing 2/5/21
- Child Development Center, Full-time Paraprofessional Closing 2/5/21
- Child Development Center, Part-time Assistant Cook Until Filled
- Child Development Center, Full-time Day Care Teacher Until Filled
- Child Development Center, Family Service Manager Until Filled Counseling and Treatment, CAC III Counselor Until Filled

- Finance, Accountant (2) Until Filled Judicial Services, Bailiff - Until Filled
- Mineral Audit, Auditor Until Filled
- Public Safety, WM Security Until Filled Public Safety, Police Officer - Until Filled
- Public Safety, Firefighter / Paramedic Until Filled
- Public Works, Relief Propane Driver Until Filled
- Public Works, Propane Driver Until Filled
- Shelter, Full/Part-time House Parent Until Filled
- Social Services, Case Worker I Until Filled
- WM-Recreation, PT- Director's Assistant Until Filled

Southern Ute Growth Fund • Job announcements

Please visit our website at www.sugf.com/jobs.asp for full job details and to apply online. Tribal Member employment preference • Must pass pre-employment drug test/background check. Southern Ute Growth Fund, Human Resources • P.O. Box 367 • Ignacio, CO Phone: 970-563-5064 • Job hotline: 970-563-5024.

Gathering (Durango, CO)

Closing 2/5/21 – Supervising Process Plant Operators and Apprentice Operators, while also ensuring proper, safe, and reliable operation of all plant equipment including vessels, pumps, heat exchangers, plant engines, compressors, generators, fans, process equipment and dehydration equipment. Coordinates with Plant Manager to ensure that all plant equipment is maintained in a safe operating condition.

Minimum qualifications: High school diploma or equivalent is required. Must have eight years natural gas and amine plant process operating, gas dehydration systems and related pumps and filters experience; OR an Associate's degree in an Industrial Process Operator program and six years natural gas and amine plant process operating, gas dehydration systems and related pumps and filters experience. Must have 2 years' experience in overseeing or directing the work of others. Must have a thorough understanding of pumps and pumping systems to include single and multistage, centrifugal pumps, positive displacement, diaphragm, and energy exchange pumps. Must have thorough knowledge of pneumatic and electronic engine/ compressor control panels, plant process pumps, compressors, heating and cooling equipment. Must have thorough knowledge with natural gas engines, compressors and associated control systems with the ability to operate, maintain and troubleshoot. Must have thorough knowledge of pneumatic valve operators, positioners, controllers, electrical and generation systems. Must have detailed knowledge of OSHA CFR 29 1910. 119 Process Safety Management (PSM), as well as EPA 40 CFR 68 Risk Management Program (RMP). Must have good computer skills, with experience in Microsoft Windows based word processing and spreadsheet applications; and be willing to learn to create, code and submit purchase orders. Must be willing to assist others, learn new skills, and participate in a productive team-oriented environment. Must be willing to lead classroom type training on technical subject matter. Must be able to work under a rotating workweek schedule, including an oncall schedule and be available for overtime and weekend duty as needed. Must be willing to assist coworkers on call outs, outages, or as needed. Must live within a 50 mile radius of the plant facility. Must have valid driver's license for state of residency and be insurable under the Red Cedar vehicle insurance policy. Must pass a pre-employment drug test and criminal history background check.

Plant Maintenance Foreman - Red Cedar Gathering (Durango, CO)

Closing 2/05/21 – Supervising the Maintenance Technicians Apprentice Technicians in the repair and maintenance of all plant equipment including but not limited to the following; vessels, pumps, heat exchangers, engines, compressors, power generators, fans, process equipment and dehydration equipment. Coordinates with Plant Manager to ensure that all plant equipment is

maintained in a safe operating condition. Minimum qualifications: High school diploma or equivalent is required. Must have ten years of experience with natural gas engines/compressors, and associated control systems to include diagnostics, repairs, operations, and overhaul with the ability to operate, maintain and troubleshoot; AND eight years amine treating plant experience. Must have 2 years' experience in overseeing or directing the work of others. Must have advanced knowledge of pneumatic valve operators, positioners, and controllers. Must have thorough knowledge of pumps and pumping systems to include single and multistage, centrifugal pumps, positive displacement, diaphragm, and energy exchange pumps. Must have thorough knowledge of instrument and utility air systems; proficient in troubleshooting and repair of an air system to include filtration, desiccants, air/gas dryers, coolers, and liquid knock outs. Must have thorough knowledge of pneumatic and electronic engine/compressor control panels, plant process pumps, compressors, heating and cooling equipment. Must have thorough knowledge of gas dehydration systems and related pump and filter systems. Must have detailed knowledge of OSHA CFR 29 1910. 119 Process Safety Management (PSM), as well as EPA 40 CFR 68 Risk Management Program (RMP). Must be proficient in reading, troubleshooting, and planning work using schematics and equipment P&ID's. Must understand combustion gas analysis and emission limitations. Proficient in identifying and correcting permit deviations.

Plant Operations Foreman - Red Cedar Must have knowledge of electrical generators, motors, switchgear, busses, and breakers. Must have good computer skills, with experience in Microsoft Windows based word processing and spreadsheet applications; and be willing to learn to create, code and submit purchase orders. Must be willing to assist others, learn new skills, and participate in a productive team-oriented environment. Must be willing to lead classroom type training on technical subject matter. Must be able to work under a rotating workweek schedule, including an on-call schedule and be available for overtime and weekend duty as needed. Must be willing to assist coworkers on call outs, outages, or as needed. Must live within a 50 mile radius of the plant facility. Must have valid driver's license for state of residency and be insurable under the Red Cedar vehicle insurance policy. Must pass a pre-employment drug test and criminal history background check.

Financial Planning & Analysis Manager -Red Willow Production Co. (Ignacio, CO)

Closing 2/12/21 – Assists the Chief Financial Officer in managing Red Willow's budget, financial models and detailed forecasts of the company's future operations and in maintaining stewardship for financial assets and debt management. As department head, leads the FP&A team in working closely with the Accounting, Technical, Basin and Operations teams to develop the annual budget required to achieve senior management's long-term strategic plan. Provides financial insights and projections to Red Willow's CFO and senior management to

be used in decision-making and planning. Minimum qualifications: Bachelor's degree in Accounting, Finance, or Business Administration and nine years relevant work experience, including seven years of experience preparing oil and gas budgets & forecasts and evaluating oil and gas exploration and/or production activities; OR a Master's Degree in Business Administration and seven years relevant work experience including five years of experience preparing oil and gas budgets & forecasts and evaluating oil and gas exploration and/or production activities. Must have supervisory experience. Must have advanced computer skills in a Microsoft Office environment including Excel, Word, Outlook and PowerPoint. Must be able to demonstrate ability to develop, use and interpret spreadsheets. Must be willing to assist others, learn new skills and participate in a productive team-oriented environment. Must have a valid driver's license for state of residency and be insurable under the company vehicle insurance policy. Must pass a pre-employment drug test and criminal history background investigation.

Tribal Member At Large – GF Management Committee Member (Ignacio, CO)

Closing 2/18/21 – Assisting in the achievement of the goals and objectives of the Growth Fund, as established by Tribal Council, and in accordance with the Southern Ute Indian Tribe's Financial Plan. Serves as a representative of the Growth Fund and assists in providing recommendations, updates, business plans, and attending Growth Fund Management Committee, GFMC, LLC, and Tribal Council meetings. Reports to Tribal Council and must be a Southern Ute Tribal member.

Minimum qualifications: Must be a Southern Ute Tribal member. Must have a high school diploma or equivalent. Cannot be a current employee of the Southern Ute Growth Fund. Must have a flexible schedule in order to attend various meetings and work sessions, both prescheduled and last minute. Must have availability to thoroughly review all meeting materials prior to meetings in order to engage in discussion. Must have some business experience, including experience participating on a board or on formal committees. Must be willing and able to respond to and receive email communication. Must pass a criminal history background investigation. Must have experience with confidentiality, including issues of extreme sensitivity, privilege, and privacy, and must comply with federal privacy laws and regulations regarding disclosure, as well. Must have the ability to communicate clearly and accurately. Must have the ability to establish and maintain effective working relationships with Growth Fund Management Committee members, Growth Fund Directors, and Tribal Council. Responsible for arranging for transportation in order to attend Growth Fund Management Committee meetings and be present at other appropriate or requested Growth Fund meetings and events.

Apply online using the Southern Ute Growth Fund, Tribal members only link.

Southern Ute Indian Tribe • Job announcements

Visit the the tribe's website at www.southernute-nsn.gov/jobs for complete job descriptions. If you need help filling out an online application, please come the Human Resources office and we are happy to assist you on our applicant computer stations.

ALL EMPLOYMENT APPLICATIONS ARE TO BE SUBMITTED ONLINE

Applicants and employees, be sure the HR Dept. has your current contact information on file. Human Resources accepts applications for temporary employment on an ongoing basis. Southern Ute Indian Tribe, Human Resources • P.O. Box 737 - Ignacio, CO 81137 Phone: 970-563-0100 ext. 2424 • Fax: 970-563-0302 • Hotline: 970-563-4777

Caseworker II

Closes 2/3/21 – An advanced level position that requires knowledge of the theories, principles, and concepts of social casework practice (assessment and treatment oriented) related to all of the assigned program areas, including child and adult protection services. Pay grade 20; \$48/898/year.

Tribal Services Executive Assistant

Closes 2/1/21 – Performs administrative support and office management for the Department of Tribal Services including budget preparation and monitoring; report preparation, coordination and consolidation; office records management; reception and clerical services to the Department Director, Division Heads and Department staff and have knowledge of service delivery protocol for each Division/Program. Pay grade 17; \$17.20/hour.

Tribal Water AttorneyCloses 2/25/21 – Under the supervision of the Legal Department Director, attorney will serve as a member of the Tribe's Legal Department, with principal responsibility for representing the Tribe on water matters. Where time allows, the attorney will represent the Tribe in other matters that require the Legal Department's attention, including code review and drafting, litigation, contract review, and employment matters.

Air Quality Analyst

Open Until Filled – Under general supervision of the Air Quality Program Manager, provides oversight and management of the Air Quality Monitoring Program and technical assistance to the Air Quality Planning and Assessment team within the Tribal Air Quality Program. This position is grant funded; continued employment is contingent on renewed funding. Pay grade 19;

Associate Internal Auditor Trainee

Open Until Filled – Southern Ute tribal members only. A trainee position for a Southern Ute Tribal member interested in a career in Internal Audit with the Southern Ute Indian Tribe. Will learn how to perform beginning level professional internal auditing procedures for the Southern Ute Indian Tribe of routine difficulty involving a variety of auditing tasks that include, but are not limited to, assessing risk and identifying control deficiencies, unnecessary spending, and inefficient operations. The length of this program is designed to last one (1) year but may be extended or reduced based on circumstances. Upon successful completion of training curriculum requirements, incumbent will assume the Associate Internal Auditor position. This position will start at 20% below entry level for a grade 20 and be subject to quarterly evaluations and pay increases.

Clinical Supervisor

workers providing a full range of intake and/or ongoing social casework services for a variety of program areas such as child abuse and neglect cases, youth-in-conflict cases, and adults unable to protect their own interests. Provides clinical supervision and oversees Family Preservation and the Foster Care Program Coordinator. Pay grade 22; \$61,872/year.

Community Health Representative

Open Until Filled - Providing assistance and the coordination and development of activities for elderly and physically or mentally disabled Tribal Members. Performs community health duties to include patient transport and monitoring, home visits, conducting classes, and providing community education on Tribal health issues. Home Care may include house cleaning, personal hygiene, preparing meals, and other health and wellness related activities. Pay grade 13;\$12/hour.

Dental Assistant

Open Until Filled – Under dentist supervision, Perio-Dental Assistant is responsible for a wide range of tasks in the Southern Ute Health Center dental office including, but not limited to, providing chair side dental assistance, administrative and records duties and radiology functions. Pay grade 20; \$23.51/hour.

Open Until Filled - Assisting the Food Service Coordinator to facilitate all kitchen food service preparation and cleaning duties. Pay grade 13; \$12/hour.

Detention Officer

Open Until Filled – Under general supervision of the Detention Sergeant, maintains the safety and welfare of inmates and visitors and monitors all activities within the detention center. Pay grade 17; \$17.20/hour.

Dispatcher

Open Until Filled – Under general supervision of the Sr. Communications Officer, provides radio dispatch services for the Southern Ute Indian Tribe. Pay grade 17; \$17.20/hour.

Family Court Caseworker

Open Until Filled - Providing guardian ad litem, special advocacy, parent coordination, and mediation services as assigned through Court appointment and clinical supervisor. Psychosocial educational classes for youth as assigned by clinical supervisor. Case management activities and/or counseling services involving assigned adults and juveniles. This position is both Tribal funded and grant funded. Full time status is contingent on grant funding. Pay grade 20; \$48,898/year.

Language & Culture Educator (Part-time)

Open Until Filled - Southern Ute tribal members only. Assists Tribal Members, staff, clients, and the community in reaching the goals and objectives of the Cultural Preservation Department. Teaching the Ute history, culture, and folklore through the language and culture curriculum and instruction. Pay grade 17; \$17.20/hour.

Patrol Officer

Open Until Filled - Patrols the Southern Ute Indian Reservation and is responsible for preserving the life and property of all citizens within the Tribal Community. Pay grade 19; \$21.32/hour.

Patrol Officer Trainee

Open Until Filled - A trainee position for uncertified individuals interested in a career in law enforcement with the Southern Ute Indian Tribe. Will be required to attend and successfully complete an approved basic police-training course. Upon completion of the required trainings and certifications, incumbent will assume the position of Patrol Officer. Pay grade 17; \$17.20/hour.

Physical Therapist (Part-time w/benefits)

Open Until Filled - A professional position within the Department of Private Education. Works with Southern Ute Indian Montessori Academy students in need of physical therapy services. Pay grade 20; \$23.51/hour.

Plumber

Open Until Filled - Installation, repair and maintenance of mechanical and plumbing equipment to include gas, water and sewer, pipping and fixtures. Must be capable of both small and large scale work and have the dexterity to maneuver in small spaces. Pay grade 19; \$21.32/hour.

Public Education Tutor (Part-time/ Temporary)

Open Until Filled - A senior level position Open Until Filled - Guiding students to improve that provides Clinical Supervision to staff their academic performance through extended lessons creati e teaching, and materials. Will work one-on-one or with small groups of students. Position pays \$30/hour.

Security Officer

Open Until Filled - Will provide security for throughout Tribal Campus. Patrolling and observing the activities of persons in and around the Moache Capote building. Work involves assessing problem situations and exercising tact and judgment in bringing about their resolution. Pay grade 15; \$14.22/hour.

Substance Abuse Program Lead Therapist

Open Until Filled - Under general supervision of the Behavioral Health Manager, provides mental health, substance abuse, and dual diagnosis treatment. This position will supervise day-today services, counselors, and therapists within the Substance Abuse program, including CAC-I / CAT and CAC-II / CAS counselors working to achieve CAC-III / CAS credentialing. This position is grant funded; continued employed is contingent on grant funds. Pay grade 23; \$69,597/year

TEAM Worker

Open Until Filled - Southern Ute tribal members only. The TEAM program is an opportunity for enrolled Southern Ute Tribal Members to find temporary employment within the various departments of the Southern Ute Indian Tribe. This is for both part-time and fulltime temporary positions.

TERO Worker

Open Until Filled - Under the supervision of the TERO office. It is an opportunity for enrolled Southern Ute Tribal Members and other local Native Americans to find temporary employment within the various departments of the Southern Ute Indian Tribe. This is for both part-time and full-time temporary positions.

TERO Business Hours

8 a.m. - 12 noon · Monday - Friday, unless a Tribal/Federal holiday

Call 970-563-0117

If you come to the TERO office, wear a mask, temperature will be taken upon entry.

Southern Ute Tribal Offices will closed Monday, Feb. 15 in observance of President's Day.

Covid operational hours will resume on Tuesday, Feb. 16.

Picking the correct fly

By Don Oliver SPECIAL TO THE DRUM

Not long ago, a friend asked me how I knew to use a San Juan Worm one day, while fly fishing the Animas River. I thought about giving her some technical reason, but then I decided the truth was best. I told her I had run out of ideas for the correct fly. Then I thought, fish like worms, so I decided to see if they liked a red San Juan Worm; they did. End of scientific discussion.

However, sometimes a well-thought-out approach works best. A good option is to use the one from Dave Whitlock's book Guide to Aquatic Trout Foods. Mr. Whitlock suggests you use size, action, texture, shape, and color, in that order to fool fish. That's great, if you have the time or interest, to thoroughly investigate everything in the air and water. Or, you can use the flying around or approach a gentleman was using one day while fishing next to me on the San Juan River. He was catching fish and having a great time. I asked him what he was using, and he told me a Royal Wulff. For those of you that regularly fish the San Juan River you might find this somewhat odd. I asked him why he was using a Royal Wulff, and he told me because he could see it. I think that runs the

gamut from A-to-Z. For me, I use techniques in-between those two approaches. The first one I use is matching



Whatever is in the air, mayflies or caddis for example, are the easiest to match. If there is nothing in the air, I think back to what bugs were crawling on the ground when I walked to the river.

the hatch. Whatever is in the air, mayflies or caddis for example, are the easiest to match. If there is nothing in the air, I think back to what bugs were flying around or crawling on the ground when I walked to the river. Ants, beetles, and hoppers are good examples. If I don't see anything flying or crawling on my way to the river, I look around to see if anything is flying around or trying to swim across the river when I get to where I am going to fish. If there is, I use a hybrid of Mr. Whitlock's formula. I go with size and color and forget the other three criteria. I know trout are smart and can drive you nuts when you're trying to get them to eat something, anything. I just don't think trout can count the number of legs on a bug, know whether it's crunchy or soft, or how it swims through the water.

The best example I can think of for picking a fly, based on size and color, is a black fly. If I get in a river and notice black flies, horse or household, I'm tying on a Black Gnat that matches the sizes on the rocks, or buzzing around my head. This holds true for midges or the itty bitty bugs crawling up my waders. Just being aware of what's going on around you, or in the water goes a long way in selecting the correct fly. If none of the above techniques works, I suggest you try a method my good friend Steve Meyers likes to use. It's called the hmmm method. First, take out your box of favorite flies. Look at all the flies, say hmmm, then close your eyes and pick one. Regardless of what you think about the fly you pick, use it. You just might have a trout see it, swim up to it, think hmmm, and eat it.

No matter what technique you use, just have fun with it, and enjoy the day.

BOBCAT BOYS NO. 8 • FROM PAGE 12

tezuma-Cortez skipper and father of 2003 M-CHS graduate Kirk, a 6'9" collegiate standout at both NCAA Div. I University of Northern Colorado and D-II Fort Lewis College, and an overseas pro for nearly a decade after that.

DID YOU KNOW?

Even in a crushing loss to Highland, IHS' reserves continued a season-long trend of outscoring foes'

backups. Including cur-Dylan Labarthe, the Bobcat bench outscored eventual 2A Coach-of-the-Year Pete sters Eppie Quintana, Tea-Freeman's 15 to 12, with Garcia logging six points and Labarthe five, while current junior Gabe Tucson netted four.

(Substitutes' efforts had been particularly crucial for Ignacio in the previous weekend's 2A-Region IV Tournament championship game, as they outscored

SJBL force Mancos' by an rent seniors Joe Garcia and 11-0 margin, helping IHS prevail by ten.)

> Promoted from JV, younggan Taylor and Dylan McCaw also made scoreless fourth-quarter cameos against the Huskies, wetting their collective feet on the ultimate stage, and all are available to return this winter.

DID YOU ALSO KNOW?

Since joining the 2A/1A San Juan Basin League in the 2008-09 season, the Bobcat boys' varsity program has compiled a colossal 239-57 (.807) overall record, and hasn't had a losing season since finishing '05-06 standing 10-13 following a Class 3A State Tournament loss to Carbondale Roaring Fork in the opening Round-of-32.

Ignacio bounced back to form the next winter, ending up 13-10 after a 'Sweet 16' setback at Eaton.

Preseason CHSAANOW.com Class 2A Boys' Basketball Poll (1/18/21)

- Limon
- Yuma
- Fowler
- Wray
- Peyton **IGNACIO**
- (Julesburg-Ovid Revere) 11. Mancos
- 12. Crested Butte Sanford
- **Denver Christian** 13. Meeker
 - 14. Holyoke
 - 15. Vail Mountain

'Cats starting off No. 7 • from page 12

10. Sedgwick County

evening of March 2, before IHS closes out regular season play visiting Dove Creek on the 4th and Telluride on Saturday, March 6.

Despite losing to the loss to State-bound Coto- champion.)

Mancos (6-17 in 2019- Lady 'Cats, DCHS still paxi in Region I, Bracket 20) will come calling the ended up a solid 18-4 over- 2. (CHS advanced along all – winning 1A-District 1 with Mosca Sangre de by defeating both SJBL'ers Cristo but did not have to Nucla and WSL'ers De play the Bracket 1-best-Beque, but then suffer- ing Lady Thunderbirds to ing a season-ending 41-32 crown an overall regional

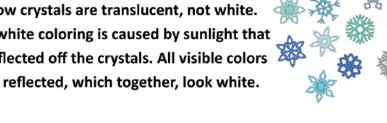
The Southern Ute Drum's **Crossword Puzzle**

	1	2	3		4	5	6	7	8	9
10					11					
12				13						
14				15				16		
17			18				19			
			20			21				
22	23	24			25			26	27	28
29				30				31		
32			33				34			
35							36			
37							38			

THE THE VEAL DEGGE AND

nid you know?

Snow crystals are translucent, not white. The white coloring is caused by sunlight that is reflected off the crystals. All visible colors are reflected, which together, look white.



or jseebach@southernute-nsn.gov with any questions, comments or co

Air Quality in real time!

Friendly reminder - you can visit the Southern Ute Indian Tribe's Environmental Programs Division Ambient Air Quality Monitoring page to find updates on air quality throughout the Southern Ute Indian Reservation as well as real-time EPA Air Quality Index health forecasts.

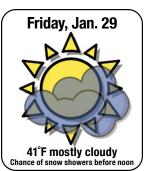


The link to the Tribe's Air Quality Stations:

www.southernute-nsn.gov/justice-and-regulatory/epd/air-quality/ambient-monitoring/

LOCAL IGNACIO WEATHER

Your weekend forecast!









Across

- U S N apprentice seamen
- Have-not
- "White Singing ---"
- Lakota subtribe
- Lawmakers Lennon's other half
- The Braves, on scoreboards
- 16 Cut off
- Confused jumble 17
- Verbalizes 19
- Medicinal shrub, --- Santa, known to 10 the Concow Maidu as wä-sä-got'-o
- 22 Stalk
- 25 Stroller
- 29 Succeeded
- 30 Evergreen tree 31 "O Sole ---"
- 32 Incapable of separation, disorganized ibis lived-in
- 35 Feeds the fire
- 36 Poetic reward
- 37 Unvarnished
- 38 Prepare scrapple, say

- **Down** Saint Catherine of ---, mystic
- A noble gas Ronald Reagan's "Star Wars" program
- Split up, reptiles got spirit
- Lyrical Kalamazoo asset 5
- Of last month
- 7 Queen of the Belgians 1993-2013
- Pro Football Hall-of-Famer --- "Crazy Legs" Hirsch
- Coarse files
- Rorschach test feature
- Cut price event
- 18 Where to work on a six-pack?

23 --- Basin AZ, site of ancient Salado

- 19 Fox partner in Oklahoma, these days
- 21 They're taken onstage 22 Fashionable
- culture 24 Lengthwise
- 26 Fossil resin used in jewelry
- 27 Proverbial high liver
- 28 He obeyed and --- the line
- 30 The "Y" of YSL
- 33 He came between Harry and John
- 34 UN financial agency

Answers for this crossword will appear in Feb. 12 issue of the Drum.

Answers for Dec. 30, 2020 Crossword Puzzle

Across: 1 Apache, 7 Ilk, 10 Relaid, 11 Dais, 13 Cremes, 14 Loot, 15 Spee, 16 One-two, 18 Tina, 20 Saw, 21 Chaos, 24 Suess, 26 Oar, 27 Egan, 29 Slater, 31 Rama, 35 Toby, 36 Asides, 38 An in, 39 Sapiah, 40 Ace, 41 Steele.

Down: 1 Arcs, 2 Perp, 3 Alee, 4 Came to, 5 Hie, 6 Edson, 7 Idle, 8 Lao-Tse, 9 Kiowas, 12 Stows, 17 NASA, 19 I see, 21 Costa, 22 Halona, 23 Arabic, 25 Unripe, 28 Grass, **30** Tyne, **32** A die, **33** Meal, **34** Ashe, **37** Sat.